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› OURA Ring 4 Charger - Grey - Size 9 - Instruction Manual

OURA JZ95-54834-09

OURA Ring 4 Charger - Grey - Size 9 - Instruction Manual

INTRODUCTION

This manual provides essential instructions for the safe and efficient use of your OURA Ring 4 Charger. This charger is specifically designed for the OURA Ring 4 and is size-specific. Please ensure you have the correct charger size for your OURA Ring 4.

The OURA Ring 4 Charger is a USB-C compatible charging dock that recharges your smart ring battery, typically providing a full charge in 20-80 minutes, depending on the current battery level. You can monitor your ring's battery status via the OURA app.

SETUP

Before first use, ensure you have the correct charger size for your OURA Ring 4. Your ring's size is typically indicated on its inner surface.

1. **Identify Your Ring Size:** Locate the size marking on the inside of your OURA Ring 4. This charger is for Size 9 rings.
2. **Connect the Charger:** Connect the provided USB-C cable to the charging dock.
3. **Power Source:** Connect the other end of the USB-C cable to an external 5Vdc power supply that complies with the IEC 62368-1 standard. This could be a compatible USB wall adapter or a computer's USB-C port.

Charger for **Size 9** Oura Ring 4



 Chargers are size-specific

Image: The OURA Ring 4 Charger, specifically for Size 9 rings, shown from a top-down perspective.



Image: The OURA Ring 4 Charger dock with its detachable USB-C cable, illustrating the connection point.

OPERATING INSTRUCTIONS

To charge your OURA Ring 4:

1. **Place the Ring:** Gently place your OURA Ring 4 onto the charging dock. The ring should fit snugly around the central charging post. A magnetic connection will help secure it in place.
2. **Charging Indication:** The charger typically features an indicator light that illuminates to confirm charging has begun. (Note: Specific light behavior may vary; refer to the OURA app for precise battery status).
3. **Charging Time:** A full charge usually takes between 20 to 80 minutes.
4. **Check Battery Level:** Open the OURA app on your smartphone. Tap the circular icon in the upper right-hand corner of the home tab to view the current battery level of your ring.



Image: An OURA Ring 4 placed on the charging dock, with a green indicator light showing that it is actively charging.



Image: The OURA Ring 4 Charger with a ring on it, positioned on a wooden surface, demonstrating typical usage.

MAINTENANCE

- **Cleaning:** To clean the charger, disconnect it from the power source. Wipe the surface with a soft, dry cloth. Avoid using abrasive cleaners or solvents.
- **Storage:** Store the charger in a cool, dry place when not in use.
- **Avoid Moisture:** Do not expose the charger to water or excessive humidity.

TROUBLESHOOTING

Problem	Possible Solution
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Problem	Possible Solution
Ring not charging	• Ensure the USB-C cable is securely connected to both the charger and the power source. • Verify the power source is active and providing 5Vdc. • Check if the OURA Ring 4 is correctly seated on the charging dock. • Confirm the charger is the correct size for your OURA Ring 4.
Slow charging	• Ensure the power adapter meets the recommended 5Vdc output. • Avoid charging in extremely hot or cold environments.

If you continue to experience issues, please contact OURA customer support.

SPECIFICATIONS

Brand	OURA
Model Number	JZ95-54834-09
Colour	Grey
Connector Type	USB Type C
Compatible Devices	Smart rings, Oura Ring 4
Input Voltage	5 Volts (DC)
Amperage	0.1 Amps
Form Factor	Dock
Item Weight	0.06 Kilograms
Specification Met	IEC 62368-1

WARRANTY INFORMATION

This OURA Ring 4 Charger comes with a**2-year limited manufacturer warranty**. Please retain your proof of purchase for warranty claims. For detailed warranty terms and conditions, refer to the official OURA website or contact customer support.

CUSTOMER SUPPORT

For further assistance, technical support, or warranty inquiries, please contact OURA directly:

- **Manufacturer:** Oura Health OY
- **Address:** Elektronikkatie 10, Oulu, 90590 Finland
- **Website:** <https://ouraring.com>



