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trenzu Smart Watch

trenzu Bluetooth Smart Watch User Manual

Model: Smart Watch

1. Introduction and Overview

Welcome to the user manual for your new trenzu Bluetooth Smart Watch. This guide provides detailed instructions on how to set up, operate, and maintain your device, ensuring you get the most out of its advanced features. Your smart watch is designed to enhance your daily life with seamless connectivity, comprehensive health monitoring, and versatile activity tracking.



Image: The trenzu Smart Watch with its main display showing various metrics.

2. What's in the Box

Please check the contents of your package to ensure all items are present:

- 1 x trenzu Smart Watch
- 1 x Charging Cable
- 1 x User Manual (this document)

3. Product Features

- **Bluetooth Calling & Smart Notifications:** Make and receive calls directly from your watch, and get real-time notifications from social media apps.
- **24/7 Advanced Health Monitoring:** Track heart rate, blood oxygen (SpO2), and sleep quality.
- **Multi-Sports Modes with IP67 Water Resistance:** Monitor various activities including running, cycling, and basketball. Suitable for workouts and daily use.
- **Interactive 2.2-Inch Touch Display:** Seamless navigation and clear display of information.
- **Long-Lasting Battery & Magnetic Charging:** Up to 7 days of battery life with convenient magnetic charging.
- **All-in-One Lifestyle Features:** Includes music controls, calculator, stopwatch, games, and voice assistant support.

4. Setup

4.1. Charging Your Smart Watch

Before first use, fully charge your smart watch. Connect the magnetic charging cable to the charging points on the back of the watch and plug the USB end into a compatible power adapter (5V/1A recommended) or a computer USB port.

1. Ensure the charging pins are clean and make proper contact.
2. The watch display will show a charging indicator.
3. A full charge typically takes approximately 2 hours.

4.2. App Installation and Pairing

To unlock the full potential of your smart watch, download and install the companion app on your smartphone.

1. Scan the QR code in the included quick start guide or search for the app name (refer to the packaging or quick start guide for the specific app name) in your smartphone's app store (Google Play Store for Android, Apple App Store for iOS).
2. Install the app and create an account if prompted.
3. Enable Bluetooth on your smartphone.
4. Open the app and follow the on-screen instructions to add your device. The app will search for available smart watches.
5. Select your trenzu Smart Watch from the list of found devices to initiate pairing. Confirm the pairing request on both your watch and smartphone.

Once paired, the watch will synchronize data with the app, and you can customize settings, watch faces, and more.

5. Operating Instructions

5.1. Basic Navigation

1. **Touch Screen:** Swipe left, right, up, or down to navigate through menus and screens. Tap to select an item.
2. **Spin Button (Digital Crown):** Rotate to scroll through lists or zoom in/out. Press to return to the home screen or access the app menu.
3. **Switch Button (Side Button):** Press to turn the watch on/off (long press), or to quickly access a pre-assigned function (short press).

Video: An overview of the trenzu Smart Watch features, including button functions and display interaction.

5.2. Bluetooth Calling

Once paired with your smartphone, you can make and receive calls directly from your watch.

1. **Making Calls:** Access the dialer or contacts list on your watch to initiate a call.
2. **Receiving Calls:** When a call comes in, the watch will display the caller ID. Tap the green icon to answer or the red icon to reject.



Image: The smart watch showing an incoming call on the display.

5.3. Smart Notifications

Receive notifications from your smartphone directly on your watch.

1. Ensure notification permissions are enabled in the companion app and your phone's settings.
2. Swipe down from the top of the watch face to view recent notifications.



Image: The smart watch showing notifications from various social media applications.

5.4. Health Monitoring

Your smart watch continuously monitors key health metrics.

1. **Heart Rate:** Access the heart rate monitor from the app menu to view real-time readings.
2. **Blood Oxygen (SpO2):** Measure your blood oxygen levels on demand.
3. **Sleep Monitoring:** Wear the watch to bed to track your sleep patterns and quality. View detailed reports in the app.



Image: Visual representation of the watch's health monitoring capabilities, including sleep, heart rate, and SpO2.

5.5. Multi-Sports Modes

Track your workouts with various sports modes.

1. Select your desired activity (e.g., running, cycling, basketball) from the sports mode menu.
2. The watch will record duration, calories burned, and other relevant metrics.



Image: A person engaged in a sports activity, illustrating the multi-sports tracking feature.

5.6. Music Control

Control music playback on your smartphone directly from your watch.

1. Open the music control feature on your watch.
2. Play, pause, skip tracks, and adjust volume without taking out your phone.

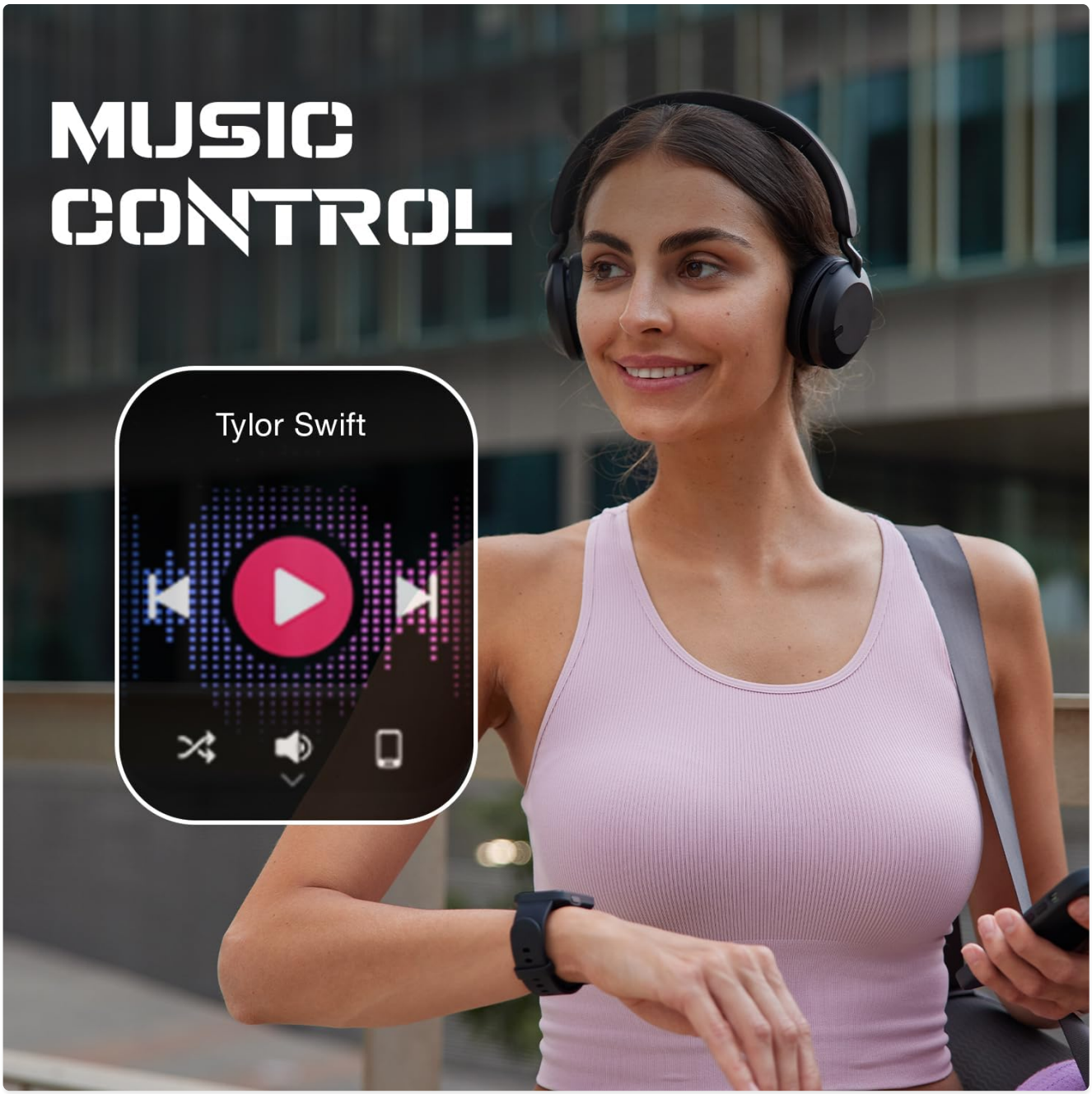


Image: A person controlling music playback on their smart watch while wearing headphones.

5.7. Other Features

Explore additional functionalities:

1. **Voice Assistant:** Activate your smartphone's voice assistant through the watch.
2. **Calculator, Stopwatch, Games:** Access these utilities from the app menu.

6. Maintenance

6.1. Cleaning

Regularly clean your smart watch to ensure optimal performance and hygiene.

1. Wipe the screen and body with a soft, lint-free cloth.
2. For stubborn smudges, slightly dampen the cloth with water. Avoid harsh chemicals.
3. Clean the charging contacts periodically with a dry cloth or cotton swab.

6.2. Water Resistance (IP67)

Your trenzu Smart Watch has an IP67 water resistance rating, meaning it is protected from dust and can withstand immersion in water up to 1 meter for up to 30 minutes. It is suitable for daily use, hand washing, and light rain.

1. Do not use the watch for swimming, diving, or in hot water/steam (e.g., showers, saunas).
2. Avoid exposing the watch to high-velocity water or sudden temperature changes.
3. If the watch gets wet, wipe it dry thoroughly before charging.



Image: The smart watch being splashed with water, demonstrating its water resistance.

6.3. Battery Care

1. Avoid extreme temperatures, which can degrade battery life.
2. Do not leave the watch fully discharged for extended periods.
3. Use only the provided charging cable.

7. Troubleshooting

If you encounter issues with your trenzu Smart Watch, refer to the table below for common problems and solutions.

Problem	Possible Solution
Watch does not turn on	Ensure the watch is fully charged. Press and hold the Switch Button for several seconds.
Cannot pair with smartphone	Ensure Bluetooth is enabled on both devices. Restart both the watch and smartphone. Make sure the watch is within range. Check app permissions.
Notifications not received	Verify notification settings in the companion app and your phone's system settings. Ensure the watch is connected via Bluetooth.
Inaccurate health data	Ensure the watch is worn snugly on your wrist, not too loose or too tight. Clean the sensors on the back of the watch.
Short battery life	Reduce screen brightness, disable unnecessary features (e.g., always-on display), limit frequent heart rate monitoring, and ensure proper charging.

8. Specifications

Feature	Detail
Model Number	Smart Watch
Screen Size	2.2 Inches
Display Type	Touch Display
Connectivity	Bluetooth (802.11a/b/g/n)
Battery Capacity	420 Milliamp Hours (1 Lithium Ion battery required)
Operating System	Android Wear 1.0
Water Resistance	IP67
Memory Storage Capacity	1 GB
Item Weight	6.7 ounces
Manufacturer	SWANKIZ LIMITED

9. Warranty and Support

For warranty information and customer support, please refer to the warranty card included with your product or visit the official trenzu website. If you experience any issues not covered in this manual, please contact trenzu customer service for assistance.

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