FUNMILY B0D9GVM3SY

FUNMILY Walking Pad Treadmill Under Desk

Model: B0D9GVM3SY

1. INTRODUCTION

Thank you for choosing the FUNMILY Walking Pad Treadmill. This manual provides essential information for the safe and efficient operation, maintenance, and troubleshooting of your new fitness equipment. Please read this manual thoroughly before initial use and retain it for future reference.

Important Safety Information

- Always consult with a healthcare professional before starting any new exercise program.
- Place the treadmill on a flat, stable surface with adequate clearance around it.
- Ensure the safety key is properly attached to both the treadmill and your clothing during operation.
- Do not allow children or pets near the treadmill while it is in use.
- Maximum user weight capacity is 300 lbs (approximately 136 kg).
- Keep hands and feet clear of all moving parts.
- Unplug the treadmill from the power outlet when not in use or before cleaning/maintenance.

2. PRODUCT OVERVIEW AND COMPONENTS

The FUNMILY Walking Pad Treadmill is designed for convenient home or office use, featuring an adjustable desk workstation and a compact, foldable design.

Package Contents

- FUNMILY Walking Pad Treadmill (Main Unit)
- Power Cord
- Safety Key
- User Manual (this document)
- Remote Control

Key Features

- **Adjustable Height Desk:** Desk height can be adjusted from 33 inches to 50 inches.

- **Armrest Button Adjustment:** Convenient height adjustment buttons located on the armrests.

- **Powerful Motor:** 2.5 HP motor with a speed range of 0.6-7.5 MPH.

- **Quiet Operation:** Designed for minimal noise during use.

- **Kids Mode:** Safety feature limiting speed to 3 MPH and restricting certain controls.

- **Adjustable Inclines:** Three levels of manual incline adjustment.

- **Running Belt:** 7-layer high-tech non-slip shock-absorbing belt.

- **Display:** LED touch screen showing distance, time, and speed.

- **APP Connectivity:** Bluetooth connection for exercise data tracking, mode selection, and music playback.

- **Foldable Design:** Hydraulic rod soft-drop system for easy folding and storage.

- **Transport Wheels:** Integrated wheels for easy movement.

Figure 2.1: Overview of the FUNMILY Walking Pad Treadmill with its integrated adjustable desk.

3. Setup and Initial Placement

3.1 Unpacking

1. Carefully remove the treadmill from its packaging.

2. Remove all packing materials and inspect the treadmill for any signs of damage. If damaged, do not use and contact customer support.

3. Confirm all listed package contents are present.

3.2 Placement

The FUNMILY Walking Pad Treadmill is designed for minimal installation. It arrives largely pre-assembled.

- Choose a flat, stable, and level surface for the treadmill.

- Ensure there is at least 2 feet (60 cm) of clear space on all sides of the treadmill, especially at the rear for safety.

- Position the treadmill near a grounded electrical outlet.

3.3 Initial Assembly (Desk Adjustment)

The desk workstation is adjustable. To set it up for use:

1. Gently lift the desk workstation to its upright position.

2. Adjust the desk height using the adjustment buttons located on the main column or the armrests. The desk can be set between 33 inches and 50 inches to suit your height.

3. Ensure the desk is securely locked in place at your desired height before placing any items on it.

Figure 3.1: Illustration of the adjustable desk height mechanism, ranging from 33.5 to 49.6 inches.

4. OPERATING INSTRUCTIONS

4.1 Power On/Off

1. Plug the power cord into a grounded electrical outlet.

2. Attach the safety key to the designated slot on the treadmill console and clip the other end to your clothing. The treadmill will not operate without the safety key in place.

3. Press the Power button on the LED touch screen or remote control to turn on the treadmill.

4.2 Basic Operation

- **Start:** Press the 'Start' button on the console or remote control. The treadmill will begin at a low speed.

- **Speed Adjustment:** Use the '+' and '-' buttons on the console or remote to increase or decrease the speed. The speed range is 0.6 MPH to 7.5 MPH.

- **Stop:** Press the 'Stop' button to gradually bring the treadmill to a halt. In an emergency, pull the safety key to

immediately stop the belt.

- **Display:** The LED touch screen will show your exercise data, including time, distance, and current speed.

Figure 4.1: The control panel with LED display, showing time, distance, and speed, along with various control buttons.

4.3 Kids Mode

To ensure child safety, the treadmill features a dedicated Kids Mode:

- In Kids Mode, preset speed buttons (P, M, 2, 3, 5, 6) are disabled.
- Only the 'Start' and 'Stop' buttons are operational.
- The maximum running speed is limited to 3 MPH.
- Refer to the specific instructions in the full manual for activating and deactivating Kids Mode.

4.4 Adjustable Incline

The treadmill offers 3 levels of manual incline adjustment to vary your workout intensity.

1. **Power Off:** Ensure the treadmill is powered off and unplugged before adjusting the incline.

2. **Locate Adjustment Points:** Identify the incline adjustment points at the rear base of the treadmill.

3. **Adjust:** Rotate or reposition the incline mechanism to select Degree 1, Degree 2, or Degree 3.

4. **Secure:** Ensure the incline is securely locked in place before resuming operation.

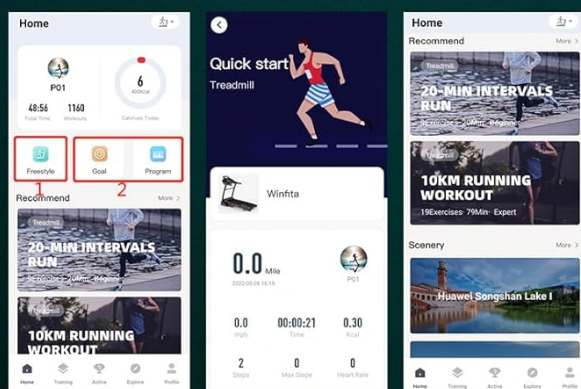**Figure 4.2:** The 7-layer running belt construction and the three manual incline adjustment options.

4.5 APP Connectivity (FitShow App)

Enhance your workout experience by connecting your treadmill to the FitShow App via Bluetooth.

1. **Download App:** Scan the QR code on the treadmill console or visithttp://fitshow.com/qr to download the FitShow App.

2. **Enable Bluetooth:** Ensure Bluetooth is enabled on your mobile device.

3. **Connect:** Open the FitShow App and follow the on-screen instructions to connect to your FUNMILY treadmill.

4. **Features:** The app allows you to control the treadmill, record exercise data, choose different workout modes, and play music.

Figure 4.3: The FitShow App interface and QR code for easy download and connectivity.

5. MAINTENANCE

Regular maintenance ensures the longevity and optimal performance of your treadmill. Always unplug the treadmill before performing any maintenance.

5.1 Cleaning

- Wipe down the treadmill surfaces, including the console and desk, with a damp cloth after each use.
- Avoid using abrasive cleaners or solvents that could damage the finish.
- Periodically vacuum underneath the treadmill to prevent dust and debris buildup.

5.2 Running Belt Lubrication

The running belt requires periodic lubrication to reduce friction and extend its lifespan. Refer to the specific instructions in the full manual for the recommended lubrication schedule and procedure. Use only silicone-based treadmill lubricant.

5.3 Running Belt Adjustment

If the running belt starts to slip or drift to one side, it may need adjustment. Consult the full manual for detailed instructions on how to center and tension the running belt using the adjustment bolts at the rear of the treadmill.

6. TROUBLESHOOTING

This section addresses common issues you might encounter. For problems not listed here, please contact customer support.

Problem	Possible Cause	Solution
Treadmill does not power on.	Power cord not plugged in; Safety key not in place; Power switch off.	Ensure power cord is securely plugged in. Insert safety key. Check main power switch.
Running belt slips or hesitates.	Belt too loose; Belt needs lubrication.	Adjust belt tension (refer to manual). Lubricate belt (refer to manual).
Unusual noise during operation.	Loose components; Belt friction; Motor issue.	Check for loose bolts and tighten. Lubricate belt. If noise persists, contact support.
Remote control not working.	Dead battery; Out of range; Interference.	Replace remote battery. Ensure remote is within operating range. Remove obstructions.

7. PRODUCT SPECIFICATIONS

Feature	Specification
Model	B0D9GVM3SY
Brand	FUNMILY
Motor Horsepower	2.5 HP
Speed Range	0.6 - 7.5 MPH
Maximum User Weight	300 lbs (approx. 136 kg)
Product Dimensions (L x W x H)	142.24 x 68.58 x 17.78 cm (56 x 27 x 7 inches)
Item Weight	45.4 kg (approx. 100 lbs)
Material	Alloy Steel
Colour	Black
Desk Height Adjustment	33 - 50 inches
Incline Levels	3 (Manual Adjustment)
Special Features	Adjustable Height, Bluetooth, Foldable, Music Player, Wheeled

Feature	Specification
Assembly Required	No (Minimal setup)
Included Components	Power Cord, Safety Key, User Manual

8. WARRANTY INFORMATION

FUNMILY provides a one-year warranty covering the motor, frame, and all treadmill parts. This warranty ensures peace of mind regarding the quality and durability of your product. Please retain your proof of purchase for warranty claims.

9. CUSTOMER SUPPORT

Should you have any questions, require assistance with setup, operation, or encounter any issues with your FUNMILY Walking Pad Treadmill, please do not hesitate to contact our customer support team. We are committed to providing satisfactory after-sales service.

- **Response Time:** You can expect a reply within 24-48 hours.
- **Contact Method:** Please refer to the contact information provided on your purchase receipt or the official FUNMILY website.

Documents - FUNMILY – B0D9GVM3SY

no relevant documents