

WMF 555224290

# WMF Flavour 22 cm Cast Iron Roasting Dish

Model: 555224290

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1. INTRODUCTION

The WMF Flavour 22 cm Cast Iron Roasting Dish is designed for versatile cooking, offering excellent heat conduction and retention. Its enamelled surface ensures durability and ease of use across various cooking methods, from stewing and roasting to baking. The innovative lid with condensation nubs promotes delicate and flavorful results by recirculating moisture.



*Image: The WMF Flavour 22 cm Cast Iron Roasting Dish, showcasing its elegant black design with the lid in place.*

## 2. SAFETY INSTRUCTIONS

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- **Always use oven mitts or heat-resistant gloves** when handling the roasting dish and its lid, as they become extremely hot during and after cooking.
- Avoid sudden temperature changes (thermal shock), such as placing a hot dish under cold water, as this can damage the enamel.
- Ensure the dish is stable on the cooktop to prevent spills or accidents.
- Keep out of reach of children when hot.
- Do not use in a microwave oven.

## 3. SETUP AND FIRST USE

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1. **Unpacking:** Carefully remove all packaging materials and labels from the roasting dish and lid.
2. **Initial Cleaning:** Before first use, wash the roasting dish and lid thoroughly with warm soapy water. Rinse well and dry completely.
3. **Preheating:** For optimal cooking results, preheat the dish gradually on low to medium heat before adding ingredients.



*Image: The interior of the WMF Flavour 22 cm Cast Iron Roasting Dish, showing its smooth enameled surface.*

## 4. OPERATING INSTRUCTIONS

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### 4.1. Cooktop Compatibility

The WMF Flavour roasting dish is suitable for all standard types of cookers:

- Induction hob
- Gas stove

- Electric hob
- Glass ceramic hob

It is also oven-safe up to 250°C (400°C with lid).



*Image: The base of the WMF Flavour 22 cm Cast Iron Roasting Dish, indicating its suitability for various cooktops, including induction.*

## 4.2. Cooking with the Dish

- **Heat Settings:** Due to excellent heat retention, use low to medium heat settings for most cooking tasks. High heat should only be used for short periods, such as searing.
- **Lid with Condensation Nubs:** The innovative lid is designed to collect and redistribute condensed moisture back into the dish, ensuring ingredients remain tender and flavorful. Place the lid securely on the dish during cooking to utilize this feature.



*Image: The interior of the WMF Flavour 22 cm Cast Iron Roasting Dish lid, highlighting the condensation nubs designed to enhance moisture retention.*

## 5. MAINTENANCE AND CLEANING

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- **Hand Washing Recommended:** Wash the roasting dish and lid by hand with warm soapy water. Avoid harsh detergents or abrasive cleaners, scouring pads, or steel wool, as these can damage the enamel.
- **Stubborn Food:** For stuck-on food, fill the dish with warm water and a small amount of dish soap, let it soak for 15-20 minutes, then clean with a soft sponge or brush.
- **Drying:** Always dry the dish and lid thoroughly immediately after washing to prevent water spots and maintain the finish.
- **Storage:** Store the dish in a dry place. To prevent scratches, place a paper towel or cloth between the dish and the lid if stacking.

## 6. TROUBLESHOOTING

## 6.1. Food Sticking

If food sticks, ensure you are using adequate cooking fat or oil and that the dish is properly preheated before adding ingredients. Avoid using excessively high heat, which can cause food to burn and stick.

## 6.2. Discoloration

Minor discoloration of the enamel over time is normal with regular use and does not affect the performance of the dish. For persistent stains, a paste of baking soda and water can be gently applied and then rinsed.

## 7. SPECIFICATIONS

Feature	Detail
Model Number	555224290
Material	High quality traditional cast iron with enamelled surface
Capacity	4.3 Liters
Product Dimensions	7.87"D x 7.87"W x 6.1"H (20 cm diameter)
Item Weight	5.6 Kilograms (12.32 pounds)
Color	Black
Oven Safe	Yes, up to 250°C (with lid 400°C)
Stovetop Compatibility	Induction, Gas, Electric, Glass Ceramic
Coating Description	Non-sticky enamel

## 8. WARRANTY AND SUPPORT

WMF products are manufactured to high-quality standards and come with a manufacturer's warranty. For specific warranty details, claims, or technical support, please refer to the official WMF website or contact WMF customer service directly. Please retain your proof of purchase for warranty purposes.

