**Bodyfriend BFR-7210US**

# Bodyfriend Falcon XD 4D Massage Chair

Model: BFR-7210US

## Important Safety Information

For your safety and to prevent damage to the product, please read and understand all instructions before use.

- Do not exceed the maximum weight limit of 265 pounds (120 kg).
- Keep children and pets away from the chair during operation to prevent accidents.
- Ensure adequate space around the chair for full recline and operation.
- Do not attempt to disassemble or repair the chair yourself. Contact qualified service personnel.

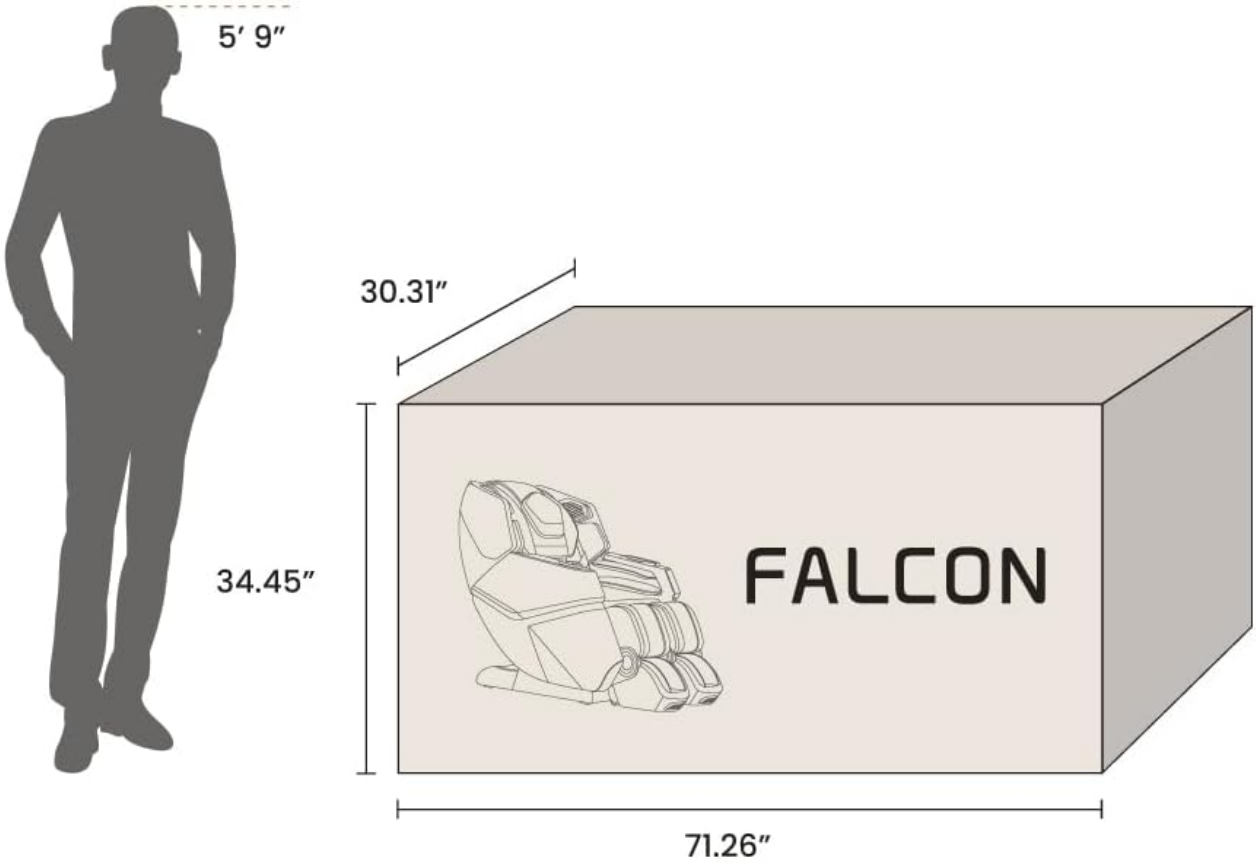
## Setup and Installation

### 1. Unboxing and Placement

The Falcon massage chair is delivered in two separate boxes. Carefully unpack all components, including the main chair body, leg rests, remote control, power cord, and screw set.

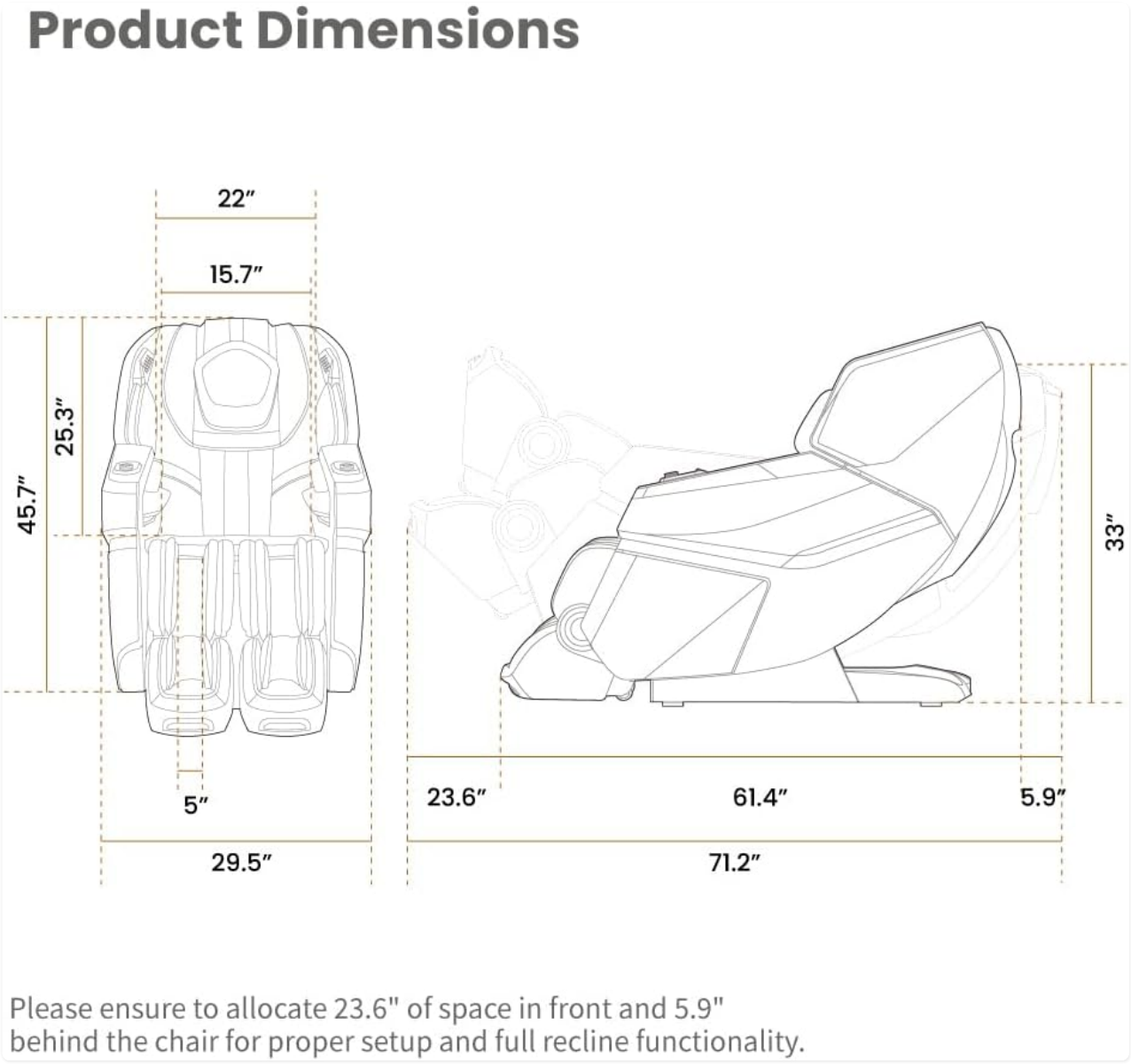
Choose a suitable location for your massage chair. Ensure there is sufficient space for the chair to fully recline. The chair requires approximately **23.6 inches (60 cm) of space in front** and **5.9 inches (15 cm) behind** for proper setup and full recline functionality.

# Box Dimensions




Please note that delivery comes in two separate boxes.
Check the product dimensions for a smoother delivery and
ensure you have adequate space before purchasing.

**Box Dimensions:** The Falcon massage chair is shipped in two separate boxes. Please verify the dimensions to ensure smooth delivery and adequate space for setup.




**Product Dimensions:** This diagram illustrates the chair's dimensions, highlighting the space required for full recline.

### 2. Assembly

Refer to the detailed assembly instructions provided in the separate manual included with your chair. Typically, assembly involves attaching the leg rests and connecting the power supply. Ensure all connections are secure before proceeding.

### 3. Initial Power-On

Plug the power cord into a grounded electrical outlet. Turn on the main power switch, usually located at the back or side of the chair. The chair will typically perform a brief self-check.

## Operating Instructions

### 1. Remote Control and Quick Dial

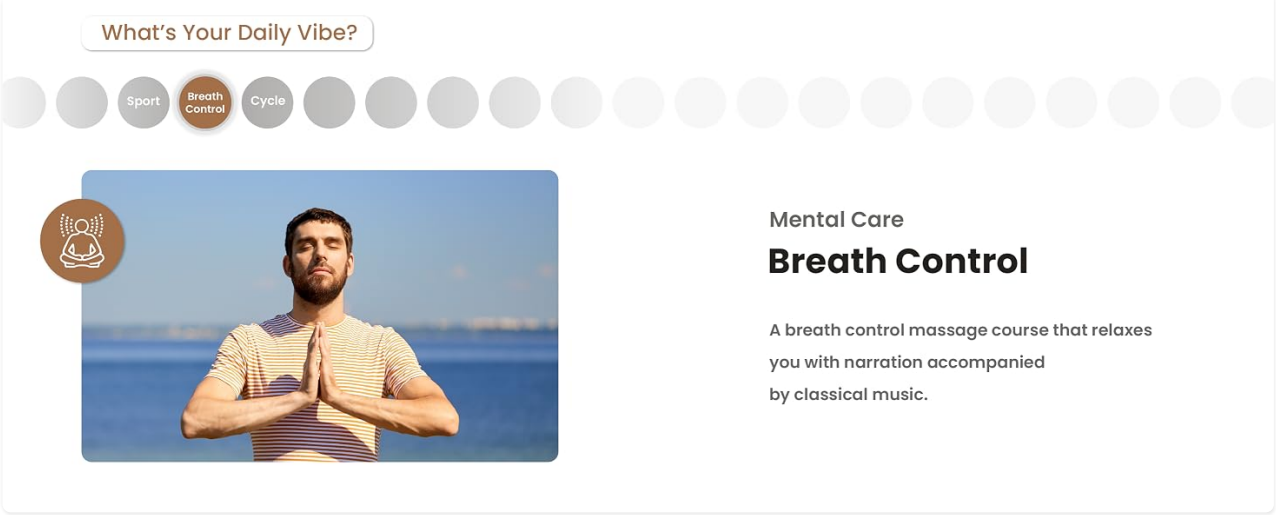
The Falcon chair is controlled via an intuitive LCD remote and a convenient Quick Dial Controller. Familiarize yourself with the buttons and functions on both devices to navigate through massage programs and settings.




**Effortless Control:** The LCD remote and Quick Dial Controller provide easy access to all chair functions and settings.

## 2. Auto-Scan Technology

Upon starting a program, the chair's advanced auto-scan technology will map your height and body type to adjust massage points with precision, ensuring personalized comfort and effective massage for every user.



**Custom Comfort for All:** The intelligent scanner maps your body contours for a personalized massage experience.

## 3. Massage Programs and Features

The Falcon chair offers a wide array of massage options:

- **27 Auto Multi-Massage Programs:** Choose from a variety of themed programs for different needs and preferences, including 19 Auto Massage Modes and 8 ROVO Modes.
- **XD Massage Module:** Experience deeper, wider, and adjustable massage for greater relaxation. The XD module provides a firm massage even under load, with 5 intensity levels.
- **ROVO Leg Technology:** Patented bipedal system delivering single leg stretching, PNF stretches, and walking movements for healthy pelvis and enhanced flexibility.
- **Heat Therapy:** Targeted heat for the back and calves, reaching up to 131°F (55°C), to soothe muscles and enhance relaxation.
- **36 Full Body Airbags:** Strategically placed airbags provide compression massage for hands, arms, shoulders, calves, feet, and heels.
- **Foot Rollers:** Integrated rollers provide invigorating foot massage.
- **Magnetic Hand Acupressure Pads:** Patented pads in the armrests offer unique hand acupressure.
- **Zero Gravity Recline:** Recline up to 150 degrees to distribute body weight evenly, reducing pressure on the spine and enhancing the massage experience.




**ROVO Walking Technology:** Experience unique leg stretching and walking movements for improved pelvic health.

Going Beyond 4D Massage

## 27 Multi-Massage Programs

Patented XD MASSAGE



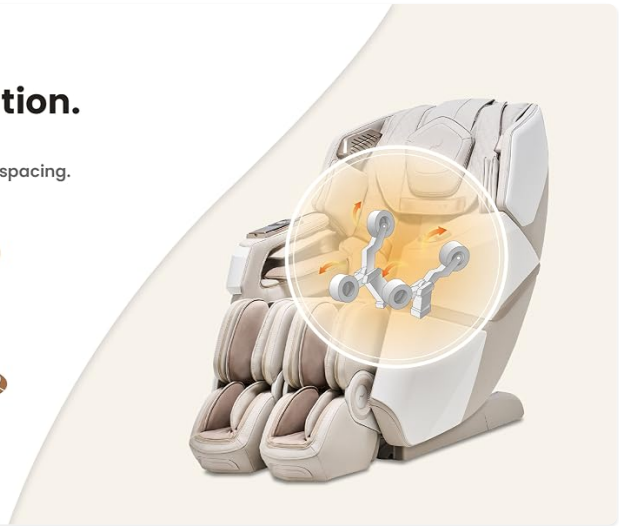

**27 Multi-Massage Programs:** A wide selection of programs ensures a new massage experience every day.

XD Massage

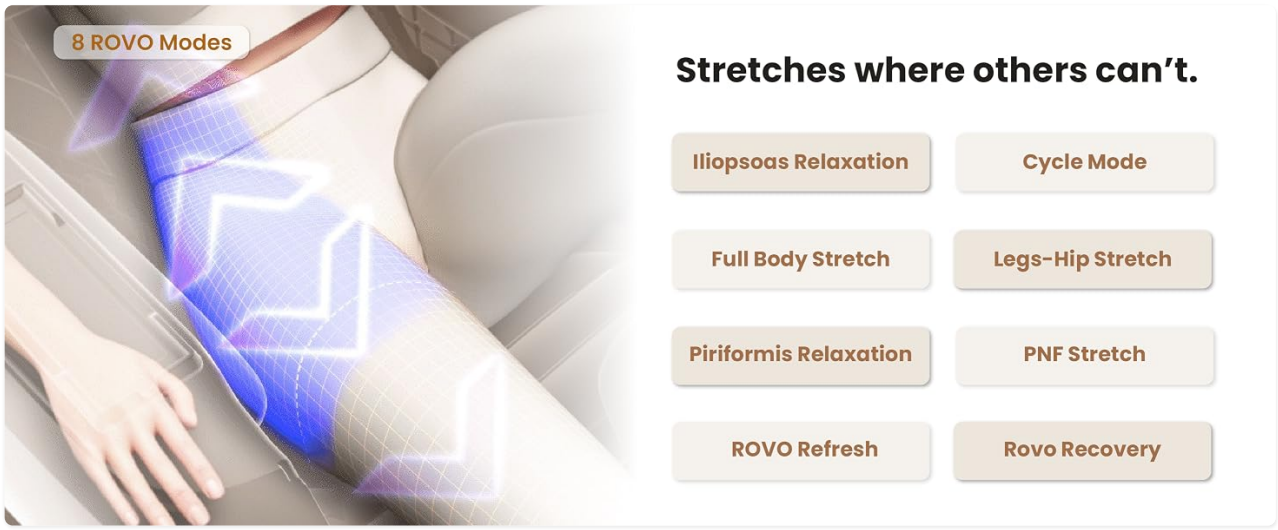
### Deeper and wider for more relaxation.

Our XD Massage module lets you choose intensity and massage roller spacing.
Creates a strong and firm massage even under load.

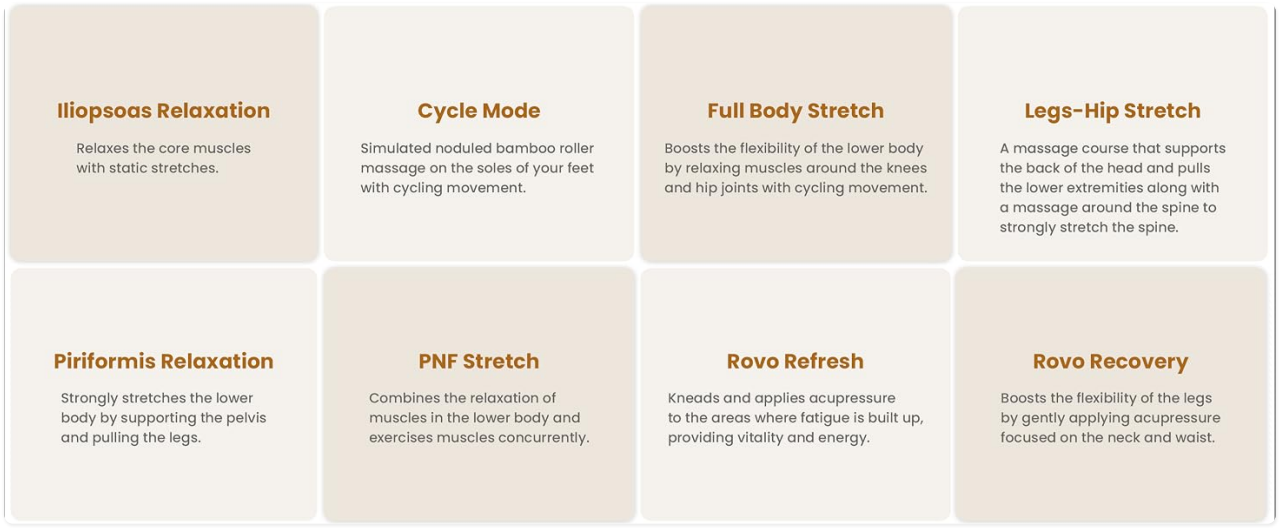


**XD Massage:** Deeper and wider massage with adjustable intensity levels for enhanced relaxation.



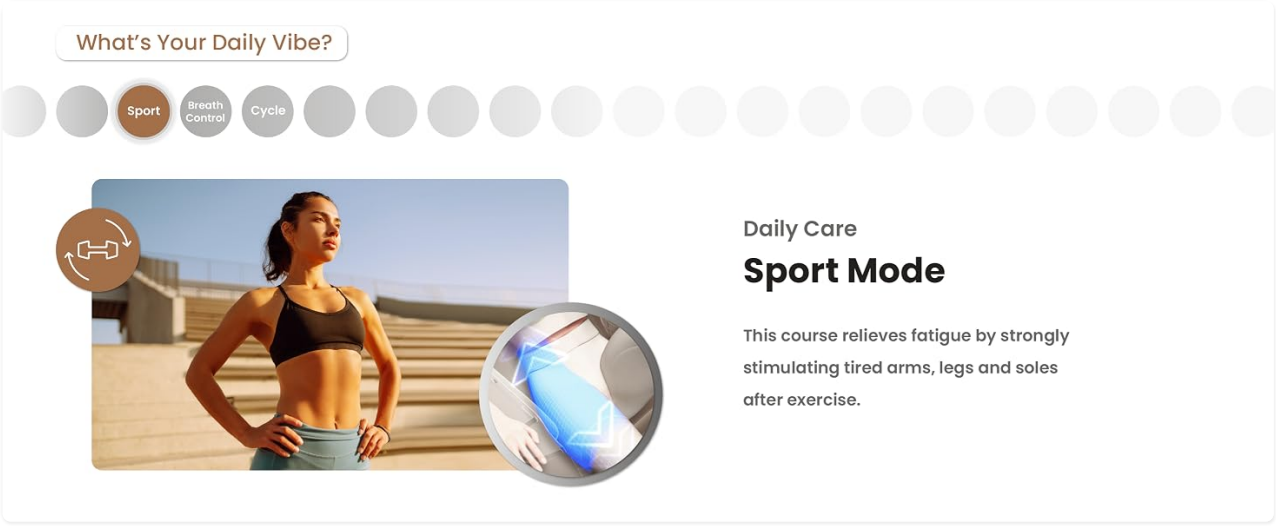

**8 ROVO Modes:** Specialized stretching and relaxation modes for the lower body.



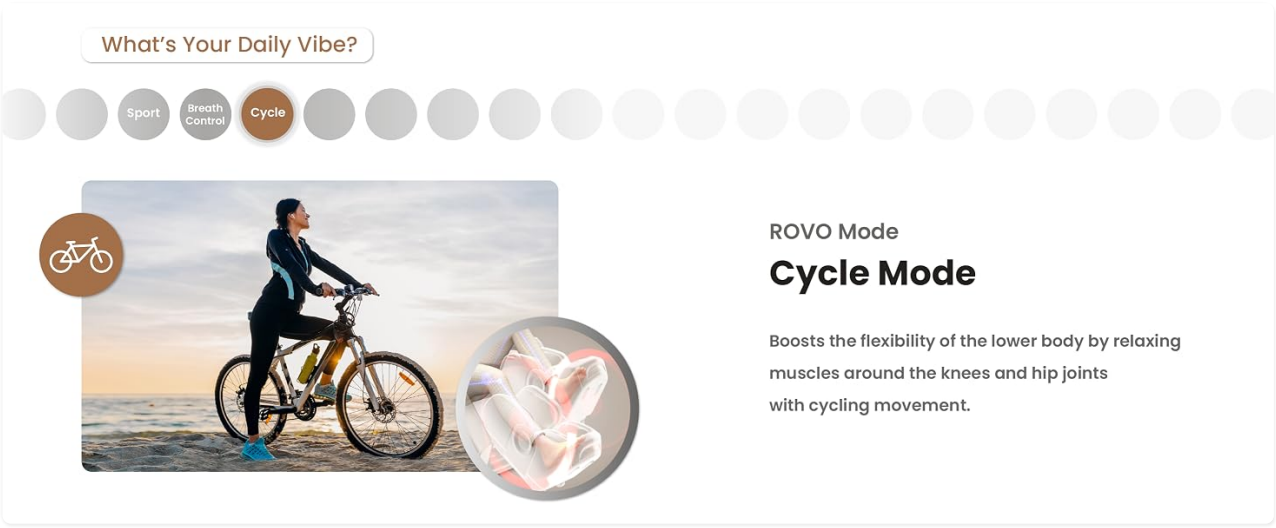

**19 Auto Massage Modes:** Choose from a wide range of full body or targeted massage options.



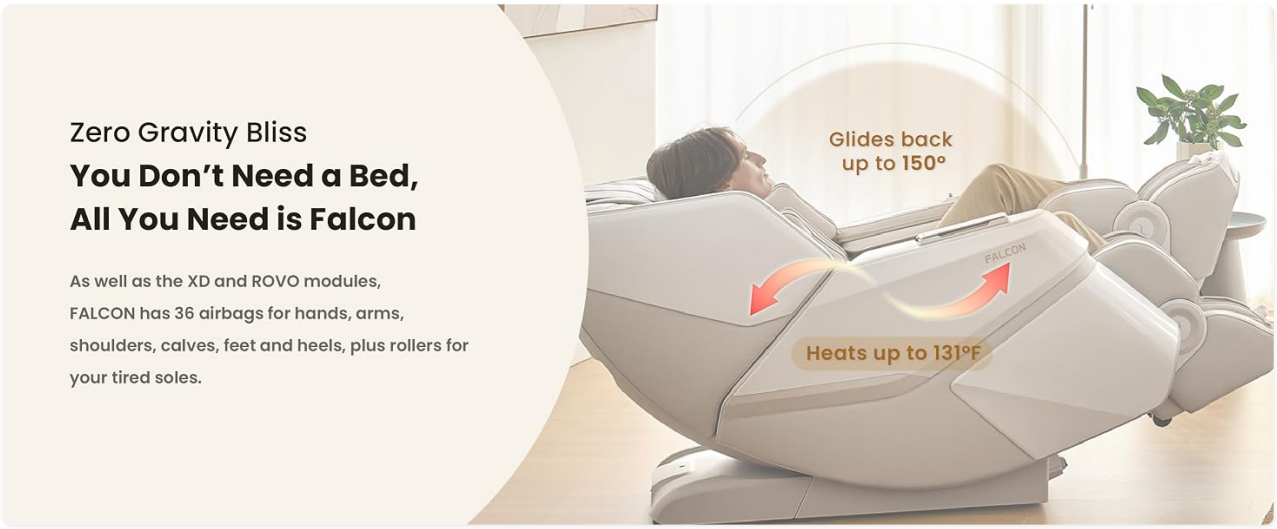

**Sport Mode:** A daily care mode designed to relieve fatigue in arms, legs, and soles after physical activity.




**Breath Control Mode:** A mental care massage course that promotes relaxation through narration and classical music.




**Cycle Mode:** A ROVO mode that boosts lower body flexibility by relaxing muscles around the knees and hip joints with cycling movements.




**Zero Gravity Bliss:** The chair glides back up to 150 degrees, and provides heat up to 131°F for ultimate relaxation.

## 4. Smart Features

The Falcon chair integrates several smart features for enhanced user experience:

- **Auto-Connect Bluetooth:** Easily connect your device to the chair's built-in speakers for audio playback.

- **In-Chair USB Charging:** Conveniently charge your mobile devices while enjoying a massage.
- **Safety Sensors:** Equipped with 14 safety sensors to ensure safe operation and prevent accidental entrapment.
- **OTA Auto Firmware Updates:** The chair can receive over-the-air firmware updates to ensure you always have the latest features and improvements.




**Smart Features:** USB charging, Bluetooth speakers, auto safety sensors, and over-the-air firmware updates.

## 5. Product Video

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**Falcon Massage Chair Overview:** This video provides a visual demonstration of the Falcon massage chair's design and key features, showcasing its elegant appearance and various functionalities in a home setting.

## Maintenance and Care

### 1. Cleaning

For general cleaning, use a soft, dry cloth to wipe down the chair's surfaces. For more thorough cleaning, the manufacturer recommends **dry cleaning**. Do not use harsh chemicals, abrasive cleaners, or excessive moisture, as this may damage the upholstery or internal components.

### 2. General Care

- Avoid exposing the chair to direct sunlight or extreme temperatures, which can cause material degradation.
- Keep the chair away from sources of moisture or humidity.
- Regularly check the power cord for any signs of damage. If damaged, discontinue use and contact customer support.

## Troubleshooting

If you encounter any issues with your Falcon massage chair, please refer to the following common troubleshooting steps before contacting support:

- **Chair not powering on:** Ensure the power cord is securely plugged into both the chair and a working electrical outlet. Check the main power switch on the chair.
- **Remote control not responding:** Check the batteries in the remote control and replace if necessary. Ensure there are no obstructions between the remote and the chair's receiver.
- **Massage intensity too weak/strong:** Adjust the intensity settings using the remote control. For XD massage, there are 5 levels of adjustment.
- **Unusual noises during operation:** Minor operational sounds are normal. If you hear loud or unusual noises, turn off the chair and contact customer support.

For issues not resolved by these steps, please contact Bodyfriend customer support.

## Specifications

| | |
|---|---|
| **Brand** | Bodyfriend |
| **Model Name** | Falcon |
| **Item Model Number** | BFR-7210US |
| **Color** | Grey |
| **Product Dimensions (Upright)** | 61.4"D x 45.7"W x 29.5"H (156cm D x 116cm W x 75cm H) |
| **Item Weight** | 225 pounds (102 kg) |

| | |
|---|---|
| **Maximum Weight Recommendation** | 265 pounds (120 kg) |
| **Special Features** | Hand Acupressure, ROVO Leg Technology, XD Massage Module, Heat Massage, 36 Airbags full body massage, Zero Gravity Recline, Bluetooth, USB Charging, Safety Sensors, OTA Firmware Updates |
| **Included Components** | Remote Control, Power Cord, Screw Set |
| **Product Care Instructions** | Dry Clean |
| **UPC** | 850021586294, 850052024635 |

## Warranty and Support

Your Bodyfriend Falcon XD 4D Massage Chair comes with a manufacturing warranty. For specific details regarding the warranty period and coverage, please refer to the warranty card included with your product or contact Bodyfriend customer support.

Additionally, purchases made through Amazon are subject to Amazon's 30-Day Right of Return policy.

### Customer Support

For technical assistance, troubleshooting, or warranty claims, please contact Bodyfriend Customer Support. Contact information can typically be found on the product packaging, in the included documentation, or on the official Bodyfriend website.

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