

Matast T60

Matast Smart Watch T60 User Manual

Model: T60

INTRODUCTION

Thank you for choosing the Matast Smart Watch T60. This manual provides essential information for setting up, operating, and maintaining your device. Please read it carefully to ensure optimal performance and longevity of your smartwatch.

WHAT'S IN THE BOX

Product Detail



Image: The Matast Smart Watch T60 package contents, showing the smartwatch, an extra watch strap, a charging cable, and the user manual.

- Matast Smart Watch T60 (Light Pink)
- Silicone Watch Strap
- Magnetic Charging Cable
- User Manual

SETUP

1. Charging the Device

Before initial use, fully charge your Matast Smart Watch T60. Connect the magnetic charging cable to the charging points on the back of the watch and plug the USB end into a standard USB power adapter (not included). A full charge typically takes approximately 2 hours.



7 day
Daily Battery Life

14 day
Stand-By Time

Image: The Matast Smart Watch T60 screen showing battery percentage and daily usage statistics, indicating a 300mAh battery with 7 days daily battery life and 14 days standby time.

2. App Installation (GloryFit)

To unlock all features and synchronize data, download the **GloryFit** app on your smartphone.

- Scan the QR code provided in the physical manual or search for "GloryFit" in your smartphone's app store (Apple App Store for iOS, Google Play Store for Android).
- Install the app and create an account or log in.

3. Pairing with Your Smartphone

Ensure your watch is charged and your phone's Bluetooth is enabled.

A: For iOS 13.0 and above models and Android 5.0 and above phones only need one-time connection, please follow below steps A:

1. Download the APP "GloryFit"
2. Turn on Phone's bluetooth
3. Open the APP for the device "T60"
4. Click "T60", bind successfully.

B: Only for iOS 13.0 and below smartphone, after completing Step A, continue to Step B to complete the audio Bluetooth connection (answer/make) function:

1. Make sure the "GloryFit" binding is Successful:
2. Open the phone's setting
3. Find "T60" and click it to bind:
4. You can use the watch to answer/make calls.

Image: A visual guide demonstrating the pairing process: 1. Download GloryFit app. 2. Turn on phone's Bluetooth. 3. Open GloryFit app and search for device. 4. Click 'T60' to bind successfully. For iOS 13.0+ and Android 5.0+, a one-time connection is sufficient. For iOS 13.0 and below, an additional Bluetooth connection in phone settings is required for audio

functions.

1. **For iOS 13.0+ and Android 5.0+ devices:**
 - a. Download and open the **GloryFit** app.
 - b. Turn on your phone's Bluetooth.
 - c. In the GloryFit app, navigate to the device section and search for available devices.
 - d. Select "T60" from the list to bind. The watch should now be connected.
2. **For iOS 13.0 and below devices (for audio functions):**
 - a. After successfully binding the watch in the GloryFit app, go to your phone's Bluetooth settings.
 - b. Find "T60" in the list of available devices and tap to connect.
 - c. Once connected, you can use the watch to answer/make calls.

OPERATING YOUR SMART WATCH

1. Basic Navigation



Image: The Matast Smart Watch T60 featuring a large 1.91-inch high-definition touch screen, showcasing a vibrant display.

- **Touch Screen:** Swipe left/right, up/down to navigate through menus and features. Tap to select.
- **Side Button:** Press to wake the screen, return to the home screen, or access the main menu.

2. Making and Receiving Calls

Once paired via Bluetooth, your watch supports direct calls.

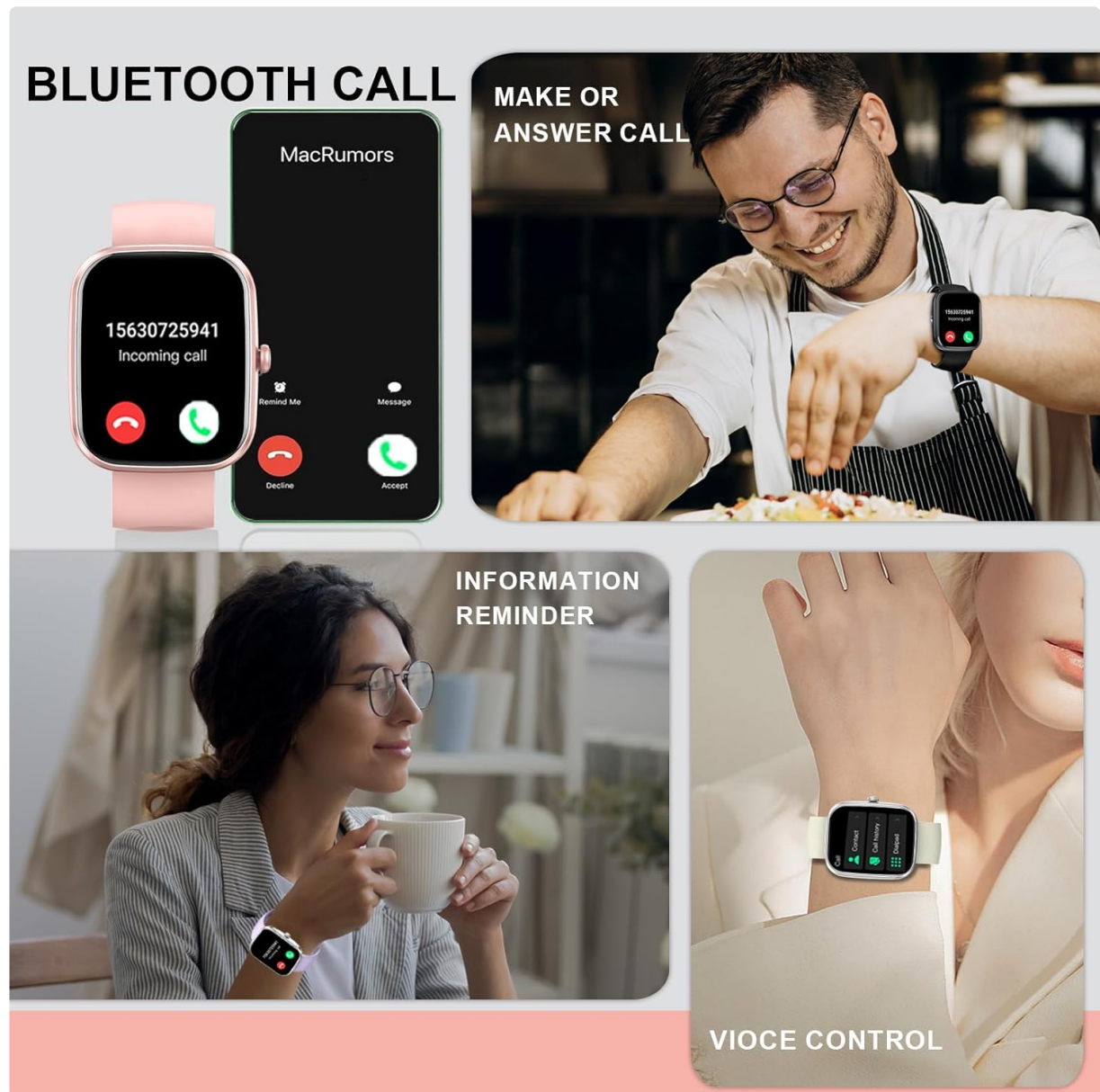


Image: The Matast Smart Watch T60 displaying an incoming call and a user making a call, alongside a user receiving information reminders, highlighting Bluetooth call and notification features.

- **Make a Call:** Access the dial pad or contact list on your watch to initiate a call.
- **Receive a Call:** When a call comes in, the watch will display the caller ID. Tap the green icon to answer or the red icon to decline.

3. Notifications

Receive real-time notifications from your smartphone directly on your watch.

Information Reminder

Receive notifications directly on your watch so you don't miss a single instant message, open your app, call and SMS reminder in GloryFit app.

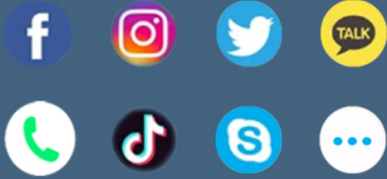


Image: A man smiling while using a laptop, with icons for Facebook, Instagram, Twitter, Talk, WhatsApp, TikTok, and Skype, illustrating the watch's ability to provide information reminders from various apps.

- Ensure notification permissions are enabled for the GloryFit app and specific applications on your phone.
- Swipe down from the watch face to view recent notifications.

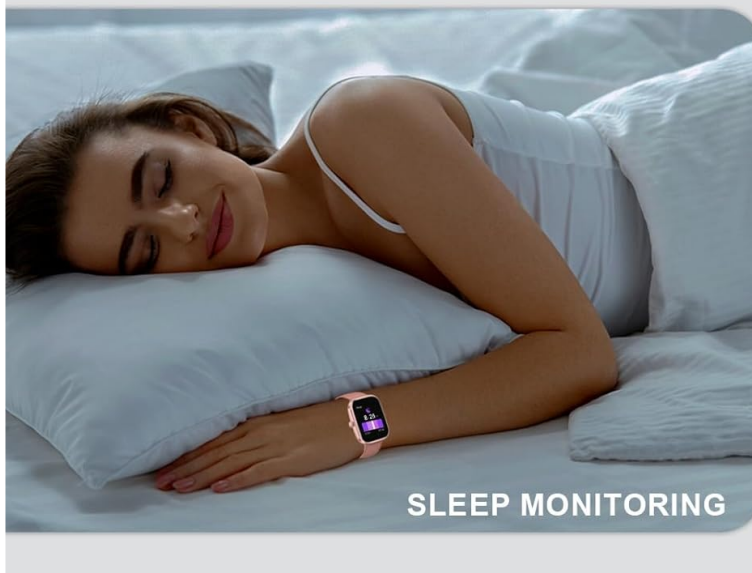
4. Health Monitoring



SPO2 MONITORING



HEART RATE MONITORING



SLEEP MONITORING

MULTI-MONITORING



Image: A collage showing the Matast Smart Watch T60 monitoring heart rate, SpO2 (blood oxygen), and sleep patterns, with a detailed multi-monitoring interface displayed on a smartphone.

- **Heart Rate Monitoring:** The watch continuously monitors your heart rate. View real-time data on the watch or detailed trends in the GloryFit app.
- **SpO2 Monitoring:** Measure your blood oxygen saturation levels.
- **Sleep Monitoring:** The watch automatically tracks your sleep patterns (deep sleep, light sleep, awakening) and provides a sleep score and analysis in the app.
- **Menstrual Health Tracking:** For female users, the watch offers comprehensive tracking and reminders for menstrual cycles.

5. Activity Tracking



Image: The Matast Smart Watch T60 highlighting its support for over 100 sport modes, with icons representing activities like running, cycling, swimming, and yoga.

- **100+ Sport Modes:** Select from a wide range of activities to track your workouts, including steps, distance, calories burned, and heart rate during exercise.
- **Pedometer:** Automatically tracks your daily steps.
- **GPS via Smartphone:** Connects to your phone's GPS for accurate outdoor activity tracking.

6. Additional Features

- **Music Control:** Control music playback on your smartphone directly from the watch.
- **Camera Control:** Use your watch as a remote shutter for your phone's camera.
- **Weather Forecast:** Get real-time weather updates.
- **Alarm Clock:** Set alarms directly on the watch.
- **Sedentary Reminder:** Receive alerts to move after periods of inactivity.
- **Breathing Exercises:** Guided breathing exercises for relaxation.

7. Customizing Watch Faces



Image: A collection of Matast Smart Watch T60 devices showcasing different customized watch dials, highlighting the variety of available wallpapers.

Personalize your watch by choosing from a variety of watch faces available in the GloryFit app. You can also upload your own photos to create custom watch faces.

MAINTENANCE

1. Cleaning

- Wipe the watch screen and strap regularly with a soft, damp cloth.
- Avoid using harsh chemicals or abrasive materials, as these can damage the device.
- Ensure the charging contacts are clean and dry before charging.

2. Water Resistance

The Matast Smart Watch T60 is IP68 waterproof, meaning it is resistant to dust and can withstand immersion in water up to 1.5 meters for 30 minutes. It is suitable for daily use, such as hand washing, rain, and shallow swimming. However, it is not recommended for hot showers, saunas, or diving, as steam and high water pressure can compromise the seal.

3. Battery Care

- Avoid fully discharging the battery frequently.
- Charge the watch using the provided magnetic charging cable.
- Store the watch in a cool, dry place when not in use for extended periods.

TROUBLESHOOTING

1. Connectivity Issues

- Ensure Bluetooth is enabled on your smartphone.
- Make sure the watch is within the Bluetooth range of your phone.
- Restart both your watch and smartphone.
- If pairing fails, try unpairing the device from your phone's Bluetooth settings and re-pairing through the GloryFit app.

2. Inaccurate Readings

- Ensure the watch is worn snugly on your wrist, but not too tight.
- Clean the sensor on the back of the watch.
- Environmental factors and skin conditions can affect sensor accuracy.

3. Battery Draining Quickly

- Reduce screen brightness.
- Disable continuous heart rate monitoring if not needed.
- Limit the number of notifications received.
- Ensure the watch is fully charged.

4. Watch Not Turning On

- Connect the watch to its charger and ensure it is charging correctly.
- If the watch does not respond, try holding the side button for 10-15 seconds to force a restart.

SPECIFICATIONS

Feature	Specification
Model Name	T60
Display Size	1.91 Inches
Resolution	320 x 380
Maximum Display Brightness	600 Nit
Operating System	Wear OS 2.0 (Note: App integration is via GloryFit)
Connectivity Technology	Bluetooth
Battery Capacity	300 mAh
Battery Average Life	7 days (typical use)

Battery Standby Time	14 days
Battery Charge Time	2 Hours
Water Resistance Level	IP68 (up to 1.5 meters for 30 minutes)
Case Material	Stainless Steel
Band Material	Silicone
Item Weight	30 Grams
Compatible Phone Models	iOS 9.0+ and Android 6.0+ devices
Special Features	Bluetooth Calls, Touch Screen, Heart Rate Monitor, SpO2 Monitor, Sleep Monitor, 100+ Sport Modes, Multifunctional

WARRANTY INFORMATION

The Matast Smart Watch T60 comes with a standard limited warranty. For specific details regarding warranty coverage, duration, and terms, please refer to the warranty card included in your product packaging or visit the official Matast website. Keep your proof of purchase for warranty claims.

CUSTOMER SUPPORT

If you encounter any issues or have questions not covered in this manual, please refer to the following resources:

- **Official Matast Website:** Visit the manufacturer's website for FAQs, updated manuals, and support contact information.
- **GloryFit App:** The app often includes a help section or direct support contact.
- **Retailer Support:** Contact the retailer from whom you purchased the product for assistance.