iKeener Knee Massager

iKeener Cordless Knee Massager User Manual

Model: Knee Massager

Brand: iKeener

Introduction

Thank you for choosing the iKeener Cordless Knee Massager. This device is designed to provide relief from knee pain and discomfort through a combination of heat, vibration, and red light therapy. Please read this manual thoroughly before use to ensure safe and effective operation.

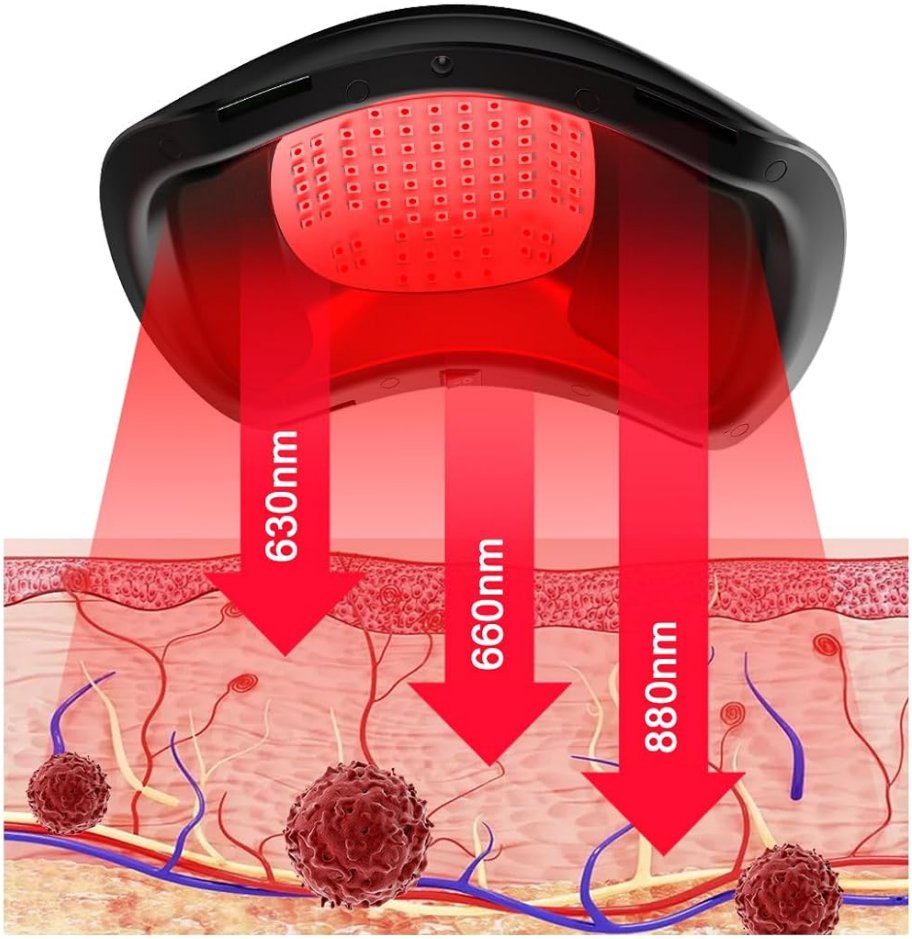

H
M
R

Image: Front view of the iKeener Cordless Knee Massager, showcasing its sleek black design and control panel.

Product Features

- **Cordless Operation:** Equipped with a 3000 mAh high-performing battery for portable use.
- **Dual Vibration Modes:** Offers two distinct vibration patterns for varied massage intensity.
- **Adjustable Heating:** Two heating levels, ranging from 90°F to 130°F, for soothing warmth.
- **Red Light Therapy:** Utilizes different wavelengths (630nm, 660nm, 880nm) to penetrate tissues, promote muscle recovery, and reduce swelling and stiffness.
- **Ergonomic Design:** Custom-designed with adjustable Velcro and a detachable buckle to fit knee joints, elbows, or shoulders.
- **LED Screen:** Large, clearly visible LED display for easy monitoring of settings.
- **Simple Controls:** Built-in control panel with only 3 buttons for straightforward operation.

MULTIFUNCTIONAL KNEE MASSAGER



The 630nm and 660nm wavelengths penetrate up to 3cm and help with sports injury recovery, pain relief, and reducing inflammation.

The high-power 880nm wavelength penetrates deeper, making it effective for muscle recovery, treating conditions like neuro-knee arthritis, and acute soft tissue injury recovery.

Image: Diagram illustrating how the 630nm, 660nm, and 880nm wavelengths of red light penetrate the skin and tissue to provide therapeutic benefits.



Image: A user comfortably using the iKeener Wireless Infrared Red Light Therapy Knee Massager, highlighting its key features such as 2 vibration modes, red light deep relief, 2 heating modes, long battery life, knee heating therapy, and cordless portability.

Components and Parts

Familiarize yourself with the different parts of your iKeener Cordless Knee Massager:



Image: Detailed diagram of the iKeener Knee Massager, labeling key components such as Battery Capacity indicator, Time Display, Heating Mode button, Massage Mode button, Red Light Therapy indicator, Knee Injury Protection Pads, Turn On/Off button, Fastening Straps, and Power/Charging Indicator.

- **LED Display:** Shows time, battery, and mode settings.
- **Control Buttons (H, M, R):**
  - **H (Heat):** Controls heating intensity.
  - **M (Massage):** Controls vibration intensity.
  - **R (Red Light):** Activates red light therapy.
- **Power Button:** Located on the side, used to turn the device on/off.
- **Fastening Straps:** Adjustable Velcro straps for securing the massager to the knee, elbow, or shoulder.
- **Knee Injury Protection Pads:** Internal padding for comfort and protection.
- **Red Light Diodes:** Internal LEDs for therapeutic light emission.
- **Charging Port:** For recharging the internal battery.

Setup

1. **Charge the Device:** Before first use, fully charge the knee massager using the provided charging cable. The power/charging indicator will show charging status.
2. **Adjust Straps:** Loosen the adjustable Velcro straps.
3. **Position the Massager:** Place the massager on your knee, elbow, or shoulder, ensuring the red light diodes are positioned over the desired area.
4. **Secure the Device:** Tighten the Velcro straps to secure the massager comfortably but firmly. Ensure it is not too tight to restrict circulation.

Operating Instructions

The iKeener Cordless Knee Massager is designed for simple operation. The three modes (Heat, Massage, Red Light) can be used separately or simultaneously.

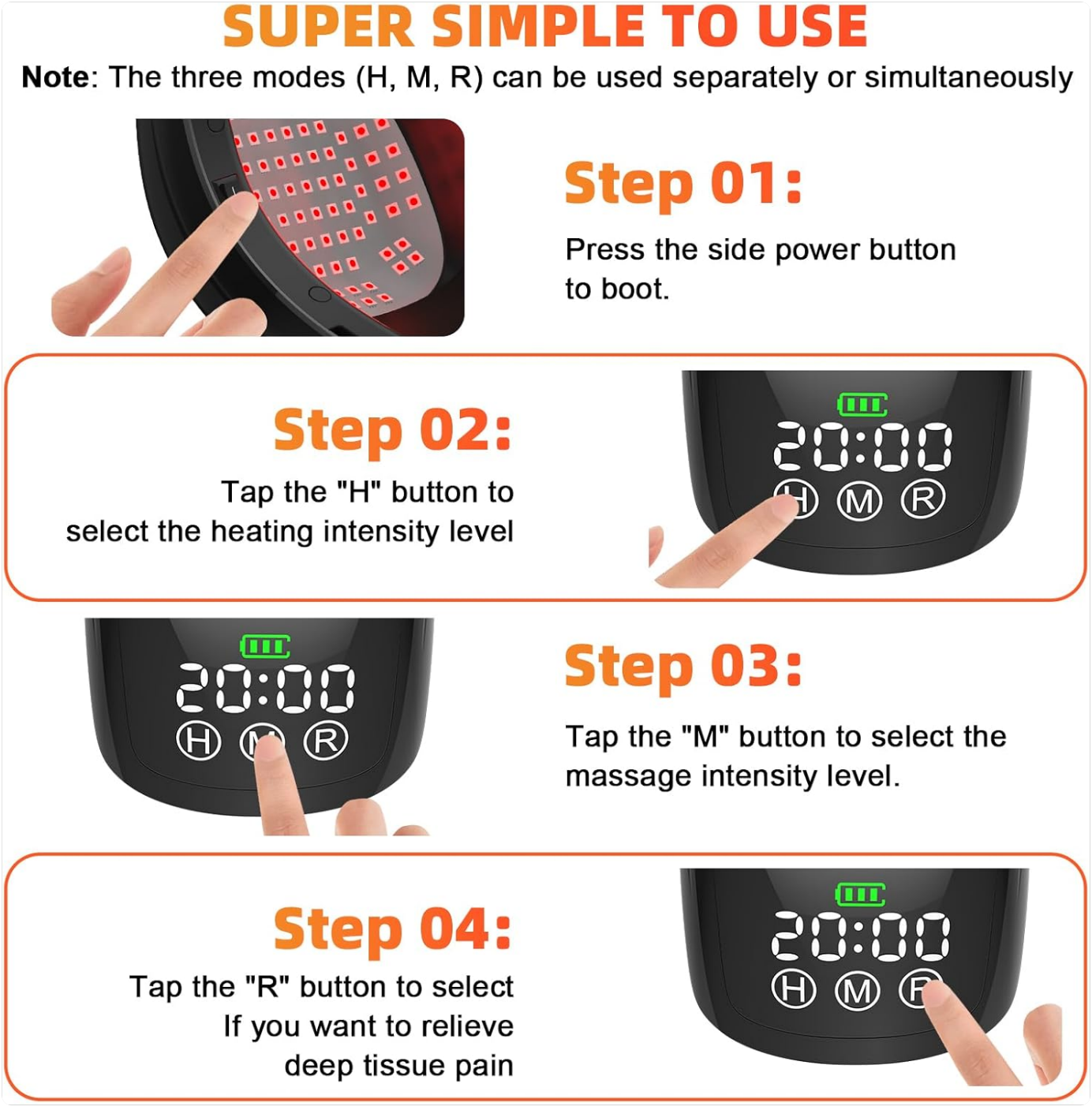


Image: Visual guide demonstrating the four simple steps to operate the iKeener Knee Massager: powering on, selecting heating intensity, selecting massage intensity, and activating red light therapy.

1. **Step 1: Power On**

   Press the side power button to turn on the device. The LED screen will illuminate.

2. **Step 2: Select Heating Mode (H)**

   Tap the "H" button to select the desired heating intensity level. There are two levels: Low (90°F-110°F) and High (110°F-130°F).

3. **Step 3: Select Massage Mode (M)**

   Tap the "M" button to select the desired vibration intensity level. There are two vibration modes.

4. **Step 4: Activate Red Light Therapy (R)**

   Tap the "R" button to activate the red light therapy. This mode uses 630nm, 660nm, and 880nm wavelengths for deep tissue relief.

You can adjust any of these settings during your session. The device typically operates for a set duration, which will be

displayed on the LED screen.



Image: Visual explanation of the three different massage modes (H for Heat, M for Massage, R for Red Light Therapy), detailing their functions and intensity levels.

Maintenance

- **Cleaning:**

  Wipe the surface of the massager with a soft, damp cloth. Do not use abrasive cleaners or immerse the device in water.

- **Storage:**

  Store the device in a cool, dry place away from direct sunlight and extreme temperatures. Ensure the straps are

neatly folded to prevent damage.

- **Battery Care:**

  To prolong battery life, charge the device regularly, even if not in frequent use. Avoid completely draining the battery before recharging.

Troubleshooting

Problem	Possible Cause	Solution
Device does not turn on.	Low battery or device not charged.	Charge the device fully. Ensure the charging cable is properly connected.
Heat function not working.	Heat mode not activated or low battery.	Press the "H" button to activate. Ensure the device is sufficiently charged.
Vibration is weak or absent.	Massage mode not activated or low battery.	Press the "M" button to activate. Ensure the device is sufficiently charged.
Red light not visible.	Red light mode not activated.	Press the "R" button to activate. Note that some wavelengths are not visible to the naked eye.
Device feels uncomfortable.	Straps too tight or improper positioning.	Adjust the straps for a comfortable fit. Reposition the device on your knee.

Specifications

- **Product Dimensions:** 11 x 8 x 6 inches
- **Weight:** 1.4 Pounds
- **Model Number:** Knee Massager
- **Brand:** iKeener
- **Battery Capacity:** 3000 mAh
- **Heating Temperature Range:** 90°F - 130°F
- **Red Light Wavelengths:** 630nm, 660nm, 880nm

Safety Information

Please observe the following safety precautions:

- Do not use this device if you have a pacemaker, defibrillator, or other implanted electronic device.
- Consult your physician before use if you have any pre-existing medical conditions, including but not limited to, heart conditions, diabetes, blood clots, or skin sensitivities.
- Do not use on open wounds, swollen or inflamed areas, or skin eruptions.
- Keep out of reach of children.
- Do not use while sleeping.
- Do not disassemble or attempt to repair the device yourself. Contact customer support for assistance.
- Statements regarding dietary supplements have not been evaluated by the FDA and are not intended to diagnose, treat, cure, or prevent any disease or health condition.

Warranty and Support

iKeener products are designed for quality and durability. For specific warranty information, please refer to the warranty card included with your product or visit the official iKeener website.
If you encounter any issues or have questions regarding your iKeener Cordless Knee Massager, please contact our customer support team:

- **Website:** Visit the iKeener Store on Amazon (for general inquiries and product information)
- **Email:** Refer to product packaging or official website for direct support email.
- **Phone:** Refer to product packaging or official website for direct support phone number.

Please have your model number (Knee Massager) and purchase date ready when contacting support.

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Ask a question about this manual

Ask about setup, troubleshooting, compatibility, parts, safety, or missing instructions. Manuals+ will review the question and use this page's manual context to help answer it.

Name

Anonymous

Email

you@example.com

After a successful submission, we securely hash the supplied account or form email before sending it to Microsoft Advertising for conversion attribution. Privacy details.

Question

Example: How do I reset this device or fix this error?

Details

Model number, symptoms, what you tried, or the section of the manual you are using.

Submit question