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Milex Igia Air Compression Leg Massager

Milex Igia Air Compression Leg Massager User Manual

Model: Igia Air Compression Leg Massager

1. Important Safety Information

Please read all instructions carefully before using the Milex Igia Air Compression Leg Massager. Retain this manual for future reference.

- This device is intended for personal, non-medical use to relax calf and foot muscles.
- Consult your doctor before use if you have any pre-existing medical conditions, including but not limited to: heart conditions, pacemakers, blood clots, varicose veins, diabetes, or if you are pregnant.
- Do not use on open wounds, swollen areas, or inflamed skin.
- Discontinue use immediately if you experience pain or discomfort.
- Keep out of reach of children.
- Do not immerse the device in water or use it in a wet environment.
- Use only the provided power adapter.

2. Product Overview

The Milex Igia Air Compression Leg Massager is designed to provide a relaxing massage experience for your calves and feet through intermittent air compression and optional heat.

Key Features:

- **Air Compression Massage:** Utilizes 2x2 airbags to simulate a hand massage, promoting circulation and relieving muscle tension.
- **Soothing Heat Function:** Optional heat to enhance circulation and muscle relaxation.
- **Multiple Modes & Intensities:** Three distinct massage modes and three intensity levels for personalized comfort.
- **20-Minute Auto Shut-Off:** Automatically powers off after 20 minutes for safety and optimal session duration.
- **Portable Design:** Easy to wrap and control with a handheld wired controller.

Components:



Image 2.1: The Milex Igia Air Compression Leg Massager, showing the two leg wraps and the central wired controller.



Image 2.2: Detailed view of the massager's components, including large airbags, secure Velcro straps, soft fabric, and air hose connections.

3. Setup Instructions

Follow these steps to set up your leg massager:

1. **Unpack:** Carefully remove all components from the packaging.
2. **Connect Air Hoses:** Connect the air hoses from each leg wrap to the corresponding ports on the handheld controller. Ensure a secure connection.
3. **Wrap Leg Massagers:** Place each leg wrap around your calves and/or feet. Secure them firmly using the Velcro straps. Ensure they are snug but not uncomfortably tight. The wraps are designed to fit most leg sizes (45 cm wide with Velcro, 35 cm length).
4. **Connect Power:** Plug the power adapter into the handheld controller, then plug the adapter into a standard

electrical outlet.



Image 3.1: A user demonstrating the correct placement of the leg massager wraps on the calves while seated.

4. Operating Instructions

Once set up, you can begin your massage session using the handheld controller.



Image 4.1: The handheld controller, displaying the power, mode, and heat buttons, along with the intensity and pressing indicators.

1. **Power On:** Press the **POWER** button to turn on the device. The display will illuminate.
2. **Select Mode:** Press the **MODE** button to cycle through the three available massage modes. Each mode offers a different compression pattern (e.g., sequential, simultaneous).
3. **Adjust Intensity:** Use the intensity buttons (usually indicated by arrows or a dedicated intensity button) to select your desired compression strength: Min, Mid, or Max. If you are a first-time user, start with the 'Min' setting.
4. **Activate Heat Function:** Press the **HEAT** button to turn on the soothing heat function. Press it again to turn it off.
5. **Enjoy Massage:** Relax and enjoy your 20-minute massage session. The device will automatically shut off after 20 minutes.
6. **Power Off:** To end a session early, press the **POWER** button again.

5. Maintenance

Cleaning:

- Always unplug the device before cleaning.
- Wipe the surface of the leg wraps and controller with a soft, damp cloth.
- Do not use abrasive cleaners, solvents, or harsh chemicals.
- Do not wash the leg wraps in a washing machine or immerse them in water.

Storage:

- Store the device in a cool, dry place, away from direct sunlight and extreme temperatures.
- Avoid placing heavy objects on the device.
- Keep the air hoses free from kinks or sharp bends.

6. Troubleshooting

Problem	Possible Cause	Solution
Device does not power on.	Not plugged in correctly. Power outlet issue.	Ensure power adapter is securely connected to the controller and the wall outlet. Try a different outlet.
No compression or weak compression.	Air hoses not connected properly. Leg wraps too loose.	Check all air hose connections to the controller. Re-adjust Velcro straps to ensure a snug fit. Increase intensity setting.
Heat function not working.	Heat function not activated.	Press the **HEAT** button on the controller to activate. Allow a few minutes for the heat to become noticeable.
Device shuts off unexpectedly.	Auto shut-off activated.	This is normal operation after 20 minutes. Restart the device if you wish to continue.

7. Specifications

Model Name: Igia Air Compression Leg Massager

Brand: Milex

Rated Voltage: 12V 1.5A

Power Consumption: 18W

Default Massage Time: 20 minutes (Auto Shut-Off)

Material: Cotton

Colour: Black

Item Weight: 1.1 kg

Package Dimensions: 36 x 16.5 x 11 cm

Leg Wrap Dimensions: 35cm (Length) x 45cm (Width with Velcro)

8. Warranty and Support

For warranty information or product support, please refer to the purchase documentation or contact the retailer where the product was purchased. You may also visit the official Milex store for additional resources:

Visit the Milex Store

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