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## DeerRun B0D8VRMDMH

# DeerRun 3-in-1 Under Desk Treadmill Instruction Manual

Model: B0D8VRMDMH

## IMPORTANT SAFETY INFORMATION

Please read all instructions carefully before using this treadmill. Retain this manual for future reference.

- **Weight Capacity:** Do not exceed the maximum user weight of 300 lbs (approximately 136 kg).
- **Placement:** Place the treadmill on a flat, stable surface. Ensure adequate clear space around the treadmill for safe operation.
- **Power Source:** Use only with a grounded electrical outlet. Do not use extension cords.
- **Children and Pets:** Keep children and pets away from the treadmill during operation.
- **Emergency Stop:** Familiarize yourself with the emergency stop function and safety key. Always attach the safety key clip to your clothing during use.
- **App Activation:** This treadmill requires activation via the PitPat app before first use. Refer to the 'Setup' section for details.
- **Maintenance:** Perform regular maintenance as described in this manual to ensure safe and optimal performance.

## PACKAGE CONTENTS

Verify that all components are present in the package:

- DeerRun 3-in-1 Under Desk Treadmill
- Remote Control
- Power Cord
- Tool Kit
- Safety Key
- User Manual (this document)

## PRODUCT OVERVIEW

The DeerRun 3-in-1 Under Desk Treadmill is designed for versatile fitness routines, offering walking, running, and under-desk working modes. Its compact, foldable design makes it suitable for home and office environments with limited space.

### Key Features:

- **3-in-1 Functionality:** Easily switch between under-desk walking (0.6-3.8 mph) and running (0.6-7.5 mph) by adjusting the handrail.
- **Powerful & Quiet Motor:** Equipped with a 3.0 HP motor, operating at less than 60 dB, suitable for quiet environments.
- **Smart Connectivity:** Features an LED display and smart app integration (PitPat app) for real-time tracking, training, and social interaction.
- **Comfortable Running Surface:** A 43-inch x 16-inch widened belt with 5 layers of anti-slip shock absorption protects joints and muscles.
- **Space-Saving Design:** Foldable design with transport wheels for easy movement and storage under furniture.
- **High Weight Capacity:** Supports users up to 300 lbs.

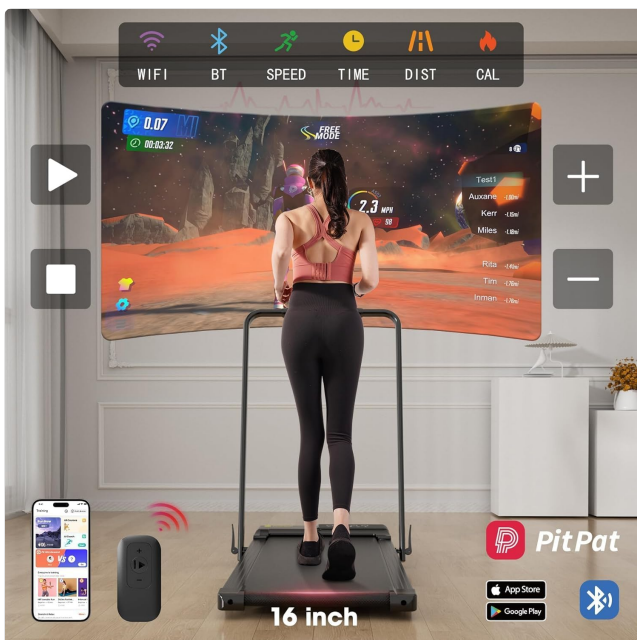


Image: The DeerRun 3-in-1 Under Desk Treadmill showing its LED display, remote control, and integration with the PitPat app for tracking and interactive workouts.



Image: Demonstrates the treadmill's two primary modes: walking mode for under-desk use (0.6-3.8 mph) and running mode with the handrail raised (0.6-7.5 mph).



Image: Close-up view of the treadmill's 3.0 HP powerful and quiet motor, highlighting its low noise operation (under 60 dB) and speed range of 0.6-7.5 mph.



Image: Shows the treadmill's control panel with speed adjustment buttons, start/pause, stop, and quick speed shortcuts. Also indicates the widened belt dimensions of 43 inches by 16 inches.



Image: Illustrates the treadmill's multi-layer shock absorption system for joint protection and highlights its 300 lbs weight capacity.

## SETUP

The DeerRun 3-in-1 Under Desk Treadmill requires no assembly and can be used directly out of the box after initial setup.

1. **Unboxing:** Carefully remove the treadmill from its packaging. Inspect for any damage during transit.
2. **Placement:** Place the treadmill on a firm, level surface. Ensure there is at least 2 feet of clear space behind the treadmill and 1 foot on each side.
3. **Power Connection:** Plug the power cord into a grounded electrical outlet.
4. **Handrail Adjustment (Optional):** If you intend to use the running mode, raise the handrail to its upright position until it locks securely. For under-desk walking, the handrail can remain folded down.

## 5. App Download and Activation:

- Download the **PitPat** app from your device's app store (available on App Store and Google Play).
- Follow the in-app instructions to connect your treadmill via Bluetooth and complete the activation process. The treadmill will not function without app activation.
- If you encounter issues with app activation, refer to the 'Troubleshooting' section or contact customer support.



Image: Illustrates the folding mechanism of the treadmill and its compact dimensions when folded, making it easy to move and store, such as under a sofa.

## OPERATING INSTRUCTIONS

### 1. Power On/Off

- **To Power On:** Ensure the treadmill is plugged in. Press the power button on the treadmill or the remote control. The LED display will light up.
- **To Power Off:** Press and hold the stop button on the remote control or the treadmill's console until the display turns off.

### 2. Safety Key

Always attach the safety key clip to your clothing before starting a workout. If the safety key is detached, the treadmill will stop immediately for safety.

### 3. Selecting Modes and Speed

The treadmill automatically adjusts its maximum speed based on the handrail position:

- **Under-Desk Walking Mode (Handrail Folded):** Speed range 0.6 - 3.8 mph. Ideal for walking while working or light exercise.
- **Running Mode (Handrail Raised):** Speed range 0.6 - 7.5 mph. Suitable for brisk walking, jogging, and running.

## 4. Using the Remote Control

The remote control allows you to start, stop, and adjust the speed of the treadmill.

- **Start/Pause:** Press the 'Start/Pause' button to begin or temporarily stop your workout.
- **Speed Adjustment:** Use the '+' button to increase speed and the '-' button to decrease speed.
- **Stop:** Press the 'Stop' button to end your workout.
- **Speed Shortcuts:** Use the preset speed buttons (e.g., 3 mph, 6 mph) for quick adjustments.

## 5. Using the PitPat Smart App

The PitPat app enhances your workout experience by providing advanced features:

- **Real-time Tracking:** Monitor your exercise time, speed, distance, and calories burned.
- **AI-Guided Training:** Access various training programs and events.
- **Social Features:** Connect with other users and participate in global competitions.
- **Remote Control:** The app can also be used to control the treadmill's speed and start/stop functions.

## MAINTENANCE

Regular maintenance ensures the longevity and safe operation of your treadmill.

- **Cleaning:** Wipe down the treadmill surface with a damp cloth after each use. Avoid using abrasive cleaners.
- **Belt Lubrication:** The running belt requires periodic lubrication to reduce friction and extend its lifespan. Refer to the specific instructions provided with your lubrication kit or contact customer support for guidance.
- **Belt Tension and Alignment:** Check the running belt tension and alignment regularly. If the belt slips or moves off-center, adjust it according to the instructions in the tool kit or contact customer support.
- **Storage:** When not in use, fold the treadmill and store it in a dry, safe place away from direct sunlight and extreme temperatures.

## TROUBLESHOOTING

If you encounter any issues with your DeerRun treadmill, refer to the common problems and solutions below. If the problem persists, contact customer support.

Problem	Possible Cause	Solution
Treadmill does not power on.	Power cord not properly connected; power outlet issue; safety key not in place.	Ensure power cord is securely plugged in. Check the power outlet. Ensure the safety key is correctly inserted.
Treadmill does not start after powering on.	Safety key not attached; PitPat app not activated.	Attach the safety key clip to your clothing. Download and activate the treadmill via the PitPat app.

Problem	Possible Cause	Solution
Unusual noise during operation.	Running belt needs lubrication; loose components.	Lubricate the running belt as per maintenance instructions. Check for and tighten any loose screws or bolts.
Running belt slips or is off-center.	Belt tension or alignment issue.	Adjust belt tension and alignment using the provided tool kit. Refer to the maintenance section or contact support.
Remote control not working.	Batteries are dead; remote control not paired.	Replace batteries in the remote control. Refer to the pairing instructions in the full manual (if applicable) or contact support.

## SPECIFICATIONS

Feature	Detail
Brand	DeerRun
Model	B0D8VRMDMH
Color	Midnight
Material Type	Alloy Steel, Plastic
Frame Material	Alloy Steel
Product Dimensions (Unfolded)	137.6 cm (Depth) x 64.8 cm (Width) x 12.7 cm (Height)
Product Dimensions (Folded)	54.17 x 25.51 x 5 inches (approx. 137.6 x 64.8 x 12.7 cm)
Item Weight	61.51 lbs (approx. 27.9 kg)
Maximum Horsepower	3 HP
Speed Range	0.6 to 7.5 mph
Maximum Speed	7.5 mph
Display Type	LED
Display Metrics	Time, Calories Burned, Distance, Speed
Number of Programs	1 (referring to basic operation, app provides more)
Power Source	Corded Electric
Special Features	App Connectivity, Lightweight, Foldable, Shock Absorbing, Portable
Recommended Uses	Under-desk treadmill for running, walking, and jogging
Target Audience	Unisex

Feature	Detail
Batteries Included	Yes (for remote control)

## WARRANTY AND SUPPORT

DeerRun is committed to providing innovative fitness equipment and excellent customer service.

- **Warranty:** We offer a one-year after-sales service to ensure 100% customer satisfaction.
- **Customer Support:** If you have any questions, concerns, or require assistance with your treadmill, please do not hesitate to contact us. We are dedicated to providing prompt support.

*For specific contact details, please refer to the packaging or the official DeerRun website.*