RUQIJI

RUQIJI 17"x33" Weighted Heating Pad User Manual

Model: 02 Weighted Dark Gray

Important Safety Information

Please read all instructions carefully before using this product. Failure to follow these instructions may result in electric shock, fire, or serious injury.

- Do not sit or put the pad underneath your body.
- Do not fold the pad sharply while using.
- Always unplug the pad when not in use.
- Keep the pad away from heat sources and flammable materials.
- Do not use the pad if the cord is damaged.
- Consult a doctor before use if you are pregnant, have a heart condition, or any other medical condition.
- Keep out of reach of children and pets.
- In case of a malfunction, stop using the pad immediately and contact the manufacturer.
- The appliance is only to be operated through its control.
- Do not puncture the heating pad.
- Do not use the heating pad when it is wet.
- Do not expose the control to moisture or humidity.

This product is UL certified, ensuring built-in overheat protection for maximum safety.

Product Overview

The RUQIJI 17"x33" Weighted Heating Pad is designed to provide therapeutic heat for pain relief and muscle relaxation across various body parts. Its weighted design ensures better contact and heat retention.

Key Features:

- **XXXL Size (17"x33"):** Offers double-wide therapeutic coverage for back, legs, shoulders, neck, and abdomen.
- **Weighted Design (5.2lbs):** Distributed glass beads provide gentle pressure, enhancing contact and heat focus for more effective pain relief and anxiety reduction.
- **LED Large Screen Controller:** Easy-to-read display for temperature and timer settings.

- **12 Temperature Settings:** Ranging from 104°F (40°C) to 144°F (62°C).
- **4 Auto-Off Countdown Timers:** Settings for 0.5H, 1H, 1.5H, and 2H.
- **Fast-Heating Technology:** Warms up in seconds.
- **Ultra Soft Flannel Material:** Provides maximum comfort.
- **Machine Washable:** Removable controller for easy cleaning.
- **UL Certified:** Ensures safety with built-in overheat protection.

Package Contents

- 1 x RUQIJI 17"x33" Weighted Heating Pad
- 1 x LED Controller with Power Cord (3M Extra Long Cord)
- 1 x User Guide



Image: The Ruqiji 17"x33" Weighted Heating Pad in dark gray, shown with its detachable LED controller. A person is comfortably using the pad on a couch, illustrating its large size and application for full body pain relief. The product packaging is also visible, highlighting key features.

Setup and First Use

1. **Unpack the Heating Pad:** Carefully remove the heating pad and its controller from the packaging. Ensure all components listed in the "Package Contents" section are present.
2. **Inspect for Damage:** Before first use, visually inspect the heating pad and power cord for any signs of damage. Do not use if any damage is observed.
3. **Connect the Controller:** Plug the controller cord securely into the heating pad's connector. Ensure a firm connection.
4. **Position the Pad:** Place the heating pad on the desired body area (back, neck, shoulders, abdomen, legs). The weighted design helps it conform to your body.
5. **Plug into Power:** Plug the power cord into a standard AC 120V, 60Hz electrical outlet.



Image: A woman sitting on a chair, using the Ruqiji Weighted Heating Pad on her lap while working on a laptop. This demonstrates the versatility of the pad for various body areas and activities.

Operating Instructions

Controller Functions:



Image: A close-up of the white LED controller for the Ruqiji Weighted Heating Pad. The screen displays temperature and timer settings, and the buttons for temperature adjustment (+/-), timer, and power are clearly visible.

- **Power Button ( ):** Press to turn the heating pad ON or OFF.
- **Temperature Up Button (+):** Increases the heat setting. There are 12 temperature levels (104°F to 144°F).
- **Temperature Down Button (-):** Decreases the heat setting.
- **Timer Button ( ):** Cycles through the auto-off timer settings: 0.5H, 1H, 1.5H, 2H. The LED screen will show the time remaining.

Using the Heating Pad:

1. **Turn On:** Press the Power Button to activate the heating pad. The LED screen will illuminate.
2. **Set Temperature:** Use the Temperature Up (+) or Down (-) buttons to select your desired heat level from 1 to 12. The

maximum temperature is approximately 144°F (62°C) at setting "12". Adjust according to your comfort and specific application.

3. **Set Timer:** Press the Timer Button to choose an automatic shut-off time (0.5, 1, 1.5, or 2 hours). The pad will automatically turn off after the selected time.
4. **Enjoy Therapy:** Use the heating pad for approximately 20 minutes daily, or as recommended by a healthcare professional, to help increase blood flow and reduce pain and muscle spasms.
5. **Turn Off:** To manually turn off the pad, press the Power Button again. Always unplug the pad from the outlet when not in use.

Maintenance and Care

Cleaning Instructions:

The ultra-soft flannel material of the heating pad is machine washable for easy maintenance.

1. **Disconnect Power:** Always unplug the heating pad from the electrical outlet before cleaning.
2. **Detach Controller:** Carefully detach the controller from the heating pad. The controller is NOT washable.
3. **Machine Wash:** The heating pad can be washed in a normal wash cycle at a maximum temperature of 40°C (104°F). Use mild detergent.
4. **Do Not Bleach:** Avoid using bleach or harsh chemicals.
5. **Drying:** Do not tumble dry. Do not iron the heating pad. Do not dry clean. Air dry completely before re-connecting the controller and using.

Storage:

- Ensure the heating pad is completely cool and dry before storing.
- Store in a cool, dry place, away from direct sunlight and moisture.
- Do not place heavy objects on top of the heating pad during storage.

Troubleshooting

Problem	Possible Cause	Solution
Heating pad does not turn on.	Not plugged in correctly; Power outlet issue; Controller not connected properly; Internal fault.	Ensure the power cord is securely plugged into a working outlet. Check the connection between the controller and the pad. Try a different outlet. If the issue persists, contact customer support.
Heating pad is not heating sufficiently.	Low heat setting selected; Pad is folded or bunched up; Environmental factors.	Increase the temperature setting on the controller. Ensure the pad is laid flat and not folded. Note that the maximum temperature is 144°F (62°C) and may feel less intense in very cold environments.
Controller display is not working.	Power issue; Controller damage.	Check power connection. If the pad is heating but the display is off, or if neither works, contact customer support.
Pad automatically shuts off unexpectedly.	Timer setting reached; Overheat protection activated.	Check the timer setting. If the pad feels excessively hot, the overheat protection may have activated. Unplug and allow to cool before attempting to use again. Ensure proper ventilation and do not cover the controller.

Specifications

- **Model:** 02 Weighted Dark Gray
- **Material:** Ultra Soft Flannel
- **Size:** 17" x 33" (43.18 cm x 83.82 cm)
- **Item Weight:** Approximately 5.2 lbs (2.36 kg)
- **Power Supply:** AC 120V, 60Hz, 150W
- **Temperature Settings:** 12 levels (approx. 104°F ~ 144°F / 40°C ~ 62°C)
- **Auto-Off Timer:** 0.5H, 1H, 1.5H, 2H
- **Cord Length:** 3M (approx. 9.8 ft)
- **Certification:** UL Certified

Warranty and Support

RUQIJI products are manufactured with quality and durability in mind. For any quality problems or concerns, please contact our customer service support team.
Please refer to your purchase documentation for specific warranty terms and contact information. Keep your proof of purchase for warranty claims.
For further assistance, please visit the official RUQIJI website or contact the seller directly through the platform where the product was purchased.

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Example: How do I reset this device or fix this error?

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