IOWODO

IOWODO Military Smart Watch User Manual

Model: W60

1. Introduction

Thank you for choosing the IOWODO Military Smart Watch. This device is designed to be a robust and versatile companion for your daily life and outdoor adventures, offering advanced features such as Bluetooth calling, comprehensive health monitoring, and a long-lasting battery. This manual provides detailed instructions to help you set up, operate, and maintain your smartwatch.



Image: The IOWODO Military Smart Watch, showcasing its rugged design and digital display.

2. What's in the Box

- 1 x Smart Watch
- 1 x Silicone Strap
- 1 x Nylon Braided Strap
- 1 x Magnetic Charging Cable
- 1 x Instruction Manual

3. Setup Guide

3.1 Charging the Smart Watch

Before first use, fully charge your smartwatch. Connect the magnetic charging cable to the charging points on the back of the watch and plug the USB end into a compatible power source (e.g., computer USB port, 5V/1A USB adapter). A full charge takes approximately 2.5 hours.



Image: Visual representation of the smartwatch's 900mAh battery capacity and charging process.

3.2 App Installation and Pairing

1. **Download the App:** Scan the QR code in the manual or search for "GloryFitPro" in your smartphone's app store (compatible with Android 6.0 & iOS 9.0 or above).
2. **Register/Log In:** Open the "GloryFitPro" app and follow the on-screen instructions to create an account or log in.
3. **Pair the Watch:** Enable Bluetooth on your smartphone. In the "GloryFitPro" app, navigate to the device section and search for your smartwatch. Select the device (e.g., "W60") to pair. Confirm the pairing request on both your phone and the watch.
4. **Enable Permissions:** Grant necessary permissions (e.g., notifications, location, contacts) to the app for full functionality.

3.3 Customizing Watch Faces

The smartwatch comes with built-in watch faces. You can also connect to the "GloryFitPro" app to download various online dials or customize your watch face using your own photos.



Image: Examples of personalized watch faces available for the smartwatch.

4. Operating Instructions

4.1 Basic Navigation

The smartwatch features a 2.01-inch HD LCD TFT touch screen for intuitive interaction. Swipe across the screen to navigate through menus and functions. Physical buttons on the side provide quick access to specific features like the flashlight and menu/back functions.



Image: The smartwatch's 2.01-inch HD touch screen, highlighting its durability and waterproof rating.

4.2 Bluetooth Calls and AI Voice Assistant

With built-in HiFi stereo speakers and a microphone, your smartwatch allows you to make and receive calls directly from your wrist once connected via Bluetooth. The "GloryFitPro" app can store multiple contacts. You will also receive real-time notifications for incoming calls and messages from various apps (e.g., WhatsApp, Facebook, Instagram). The integrated AI voice assistant enables hands-free control for calls and music playback.



Image: A user interacting with the smartwatch to answer a Bluetooth call.



Image: Detailed views of the smartwatch interface for call logs, dial pad, contacts, and notifications.



Image: The smartwatch displaying smart notifications from social media and messaging applications.

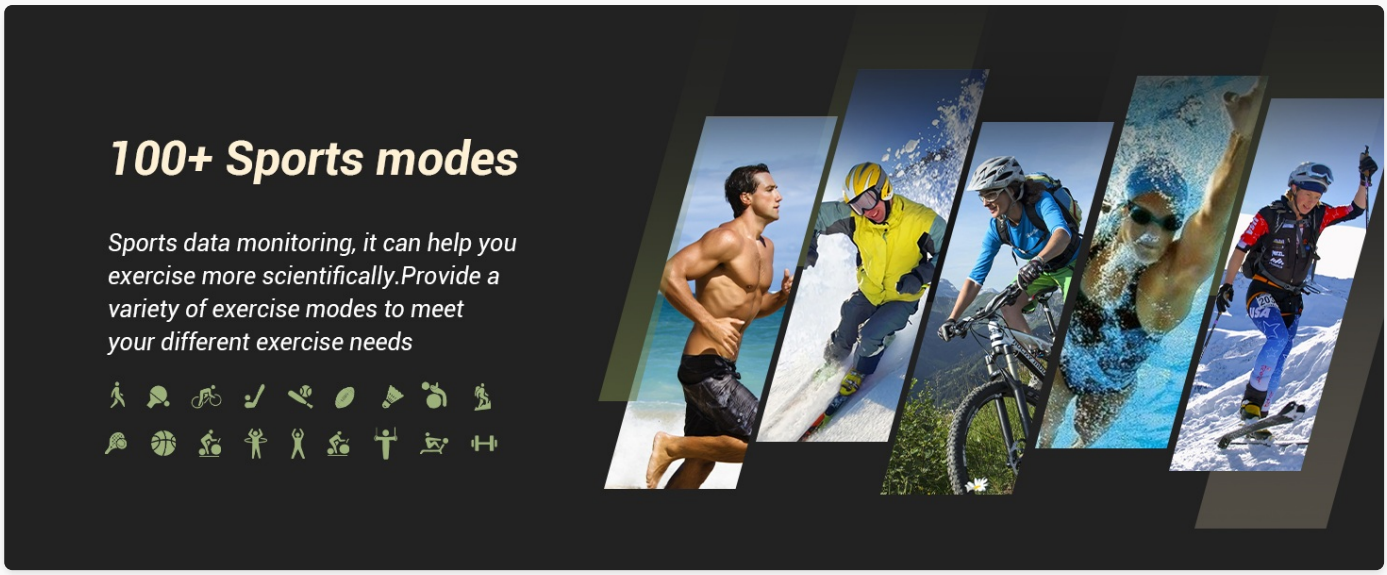


Image: A user interacting with the smartwatch's voice assistant feature.

4.3 24/7 Health Monitoring

The IOWODO smartwatch features a built-in optical tracking sensor for continuous health monitoring. It can track:

- **Heart Rate:** Real-time 24/7 monitoring.
- **Blood Oxygen Saturation (SpO2):** Detects blood oxygen levels.
- **Stress Levels:** Monitors and provides insights into stress.
- **Sleep Tracking:** Accurately tracks personal sleep stages (light/deep/awake) and provides detailed analysis reports in the app.

NOTE: This watch is not a medical device and cannot be used for medical diagnostic purposes.



Image: The smartwatch interface showing real-time data for heart rate, SpO2, stress, and sleep quality.



Image: The smartwatch's health monitoring capabilities, including heart rate, SpO2, stress, and sleep tracking, shown in an outdoor setting.

4.4 100+ Sports Modes

The fitness tracker supports over 100 sports modes, including treadmill, walking, outdoor training, running, cycling, climbing, yoga, skiing, football, and more. It precisely tracks daily data such as steps, time, distance, and calories. Connect to your phone's GPS via the "GloryFitPro" app to record your training routes.



Image: The smartwatch tracking various sports activities, showing data like speed, exercise route, steps, calories, duration, and distance.

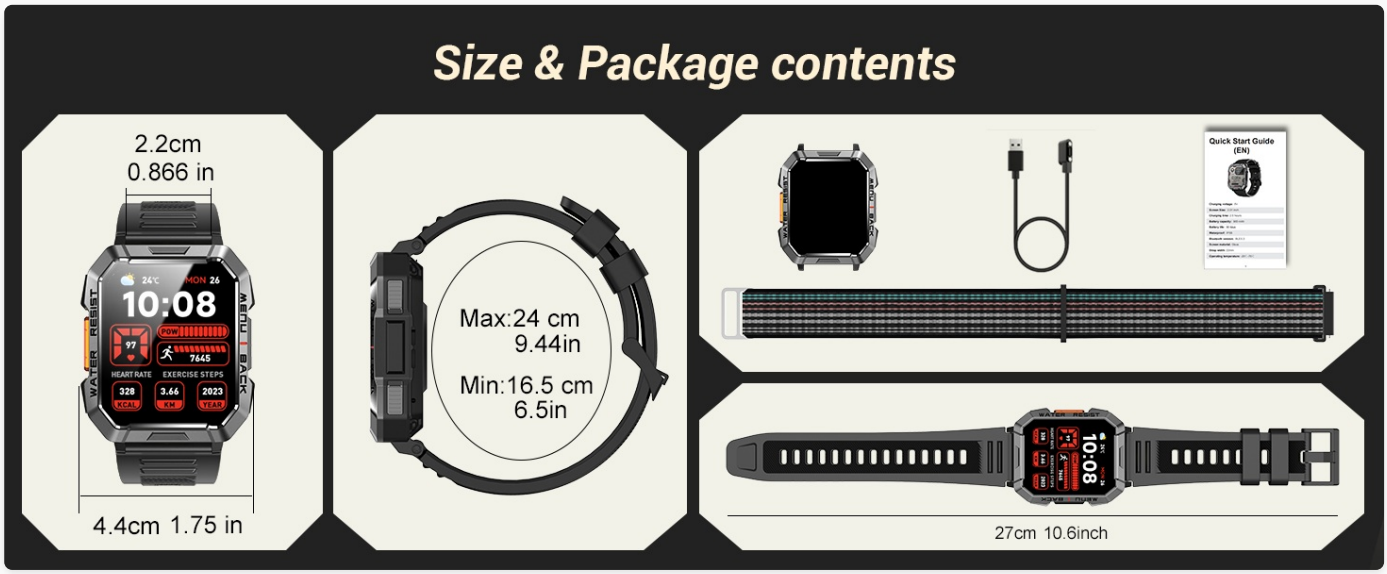


Image: A collage of different sports activities, illustrating the smartwatch's extensive sports mode tracking.

4.5 LED Flashlight and Compass

The smartwatch is equipped with an LED flashlight (lighting range up to 6-10m) and an independent flashlight button. You can switch between constant light and flash mode. It also features a built-in compass, designed for professional outdoor exercise, providing accurate orientation.



Image: The smartwatch displaying its integrated compass, with a user navigating in a mountainous landscape.



Image: The smartwatch's strong LED flashlight illuminating a path, demonstrating its utility in low-light conditions.

Your browser does not support the video tag.

Video: A demonstration of the IOWODO W60 Smart Watch's features, including its interface and various functions.

4.6 Other Functions

The smartwatch includes many other built-in functions for a more efficient life:

- Music Control
- Camera Control (remote photography)
- Weather Forecast
- Sedentary Reminders
- Alarm Clock
- Stopwatch
- Timer
- Find Phone
- Menstrual Cycle Tracker
- Drink Water Reminder
- Calculator
- Breath Training



Image: The smartwatch interface showing various utility functions like Find Phone, Weather, Alarm, Calendar, Remote Photography, Play Music, Calculator, Breath Training, and Timer.

5. Maintenance

5.1 Water Resistance

The smartwatch has an IP68 waterproof rating, meaning it can withstand daily splashes, rain, and brief immersion in shallow water. However, it is **not** suitable for:

- Sauna
- Hot water
- Swimming
- Diving

Exposure to hot water or steam may damage the device.

5.2 Battery Care

To maximize battery life (up to 30 days of normal use, 100 days standby):

- Avoid extreme temperatures.
- Charge fully before first use.
- Do not leave the watch uncharged for extended periods.

5.3 Cleaning

Wipe the watch and straps regularly with a soft, dry cloth. For stubborn dirt, use a slightly damp cloth and dry thoroughly. Avoid harsh chemicals or abrasive materials.

6. Troubleshooting

- **Watch not turning on:** Ensure the watch is fully charged. Connect it to the charger and wait a few minutes.
- **Unable to pair with phone:** Ensure Bluetooth is enabled on your phone and the watch. Make sure the "GloryFitPro" app has necessary permissions (especially location). Try restarting both the watch and your phone.
- **Notifications not received:** Check app permissions for notifications. Ensure the app is running in the background and not restricted by your phone's battery optimization settings.
- **Inaccurate health data:** Ensure the watch is worn snugly on your wrist, not too tight or too loose. Clean the sensor regularly.
- **Short battery life:** Reduce screen brightness, disable unnecessary notifications, and limit continuous heart rate monitoring if not needed.

7. Specifications

Feature	Detail
Model Number	W60
Screen Size	2.01 Inches
Display Type	HD LCD TFT
Battery Capacity	900 mAh
Usage Duration	Up to 30 days (normal use)
Standby Duration	Up to 100 days
Charging Time	Approx. 2.5 hours
Connectivity	Bluetooth 5.3
Compatibility	Android 6.0 & iOS 9.0 or above
Water Resistance	IP68
Item Weight	4.6 ounces
Material	Special Aluminum Alloy (frame)

8. Warranty and Support

IOWODO is committed to providing wholehearted after-sales service. For any product-related inquiries, technical support, or warranty claims, please refer to the contact information provided on the product packaging or the official IOWODO website. Please retain your proof of purchase for warranty purposes.

Ask a question about this manual

Ask about setup, troubleshooting, compatibility, parts, safety, or missing instructions. Manuals+ will review the question and use this page's manual context to help answer it.

Name

Anonymous

Email

you@example.com

After a successful submission, we securely hash the supplied account or form email before sending it to Microsoft Advertising for conversion attribution. Privacy details.

Question

Example: How do I reset this device or fix this error?

Details

Model number, symptoms, what you tried, or the section of the manual you are using.

Submit question