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> User Manual: Red Light Therapy for Body: Infrared Light Therapy Panel Lamp with Stand, 660nm Deep Red and 850nm Near Infrared LED Device at Home for Face and Body

## i-Venoya B0D86HCGK8

# User Manual: Red Light Therapy Panel Lamp

Model: B0D86HCGK8

Brand: i-Venoya

## 1. INTRODUCTION

Thank you for choosing the i-Venoya Red Light Therapy Panel Lamp. This innovative device is designed to bring the benefits of red light therapy into your home, offering a convenient and effective solution for various applications. Featuring a combination of 660nm deep red and 850nm near-infrared LEDs, this lamp is engineered to provide comprehensive coverage for both face and body.

This manual provides essential information on how to set up, operate, and maintain your red light therapy device to ensure optimal performance and longevity. Please read all instructions carefully before use.



Image: The i-Venoya Red Light Therapy Panel Lamp in use during a meditation session, highlighting its adjustable nature and broad coverage.

## 2. PRODUCT OVERVIEW

### Key Features

- **Innovative Design:** Features an adjustable stand for multi-directional and height-variable therapy sessions.
- **Enhanced Light Focus:** Equipped with reflecting cups to concentrate infrared red light, maximizing therapeutic effect.
- **Dual Wavelength LEDs:** Contains 150 LEDs, including 75 pcs of 660nm (visible deep red) and 75 pcs of 850nm (invisible near-infrared) for optimal wavelength combination.
- **Broad Coverage:** Large panel footprint provides even red light distribution, suitable for full body application.
- **Versatile Use:** Convenient for use at home, office, or during travel, targeting areas like neck, shoulder, back, joints, knees, and ankles.
- **Easy Assembly:** Designed for quick, tool-free setup.

## Package Contents

Please ensure all the following components are present in your package:

- 1x Red Light Panel
- 1x Stable Base
- 1x Adjustable Tube
- 1x Power Cord
- 1x 360° Ball Joint
- 1x Protective Glasses
- 1x Adjustable Pole
- 4x Cord Clips
- 1x User Manual (this document)



Image: Detailed illustration of all components included in the i-Venoya Red Light Therapy Panel Lamp package.

## 3. SETUP INSTRUCTIONS

The i-Venoya Red Light Therapy Panel Lamp is designed for quick and easy assembly without the need for additional tools. Follow these steps to set up your device:

1. **Attach the Pole to the Base:** Secure the adjustable pole to the stable base. The screw for the base is typically attached to the pole in the package.
2. **Insert Adjustable Tube:** Place the bendable adjustable tube into the top of the main pole.
3. **Connect Ball Joint:** Attach the 360° ball joint to the end of the adjustable tube.
4. **Mount Light Panel:** Securely connect the red light panel to the 360° ball joint.
5. **Manage Power Cord:** Use the provided cord clips to neatly route and secure the power cord along the pole.

Ensure all connections are firm before proceeding to operation.



Image: Step-by-step guide for assembling the i-Venoya Red Light Therapy Panel Lamp.

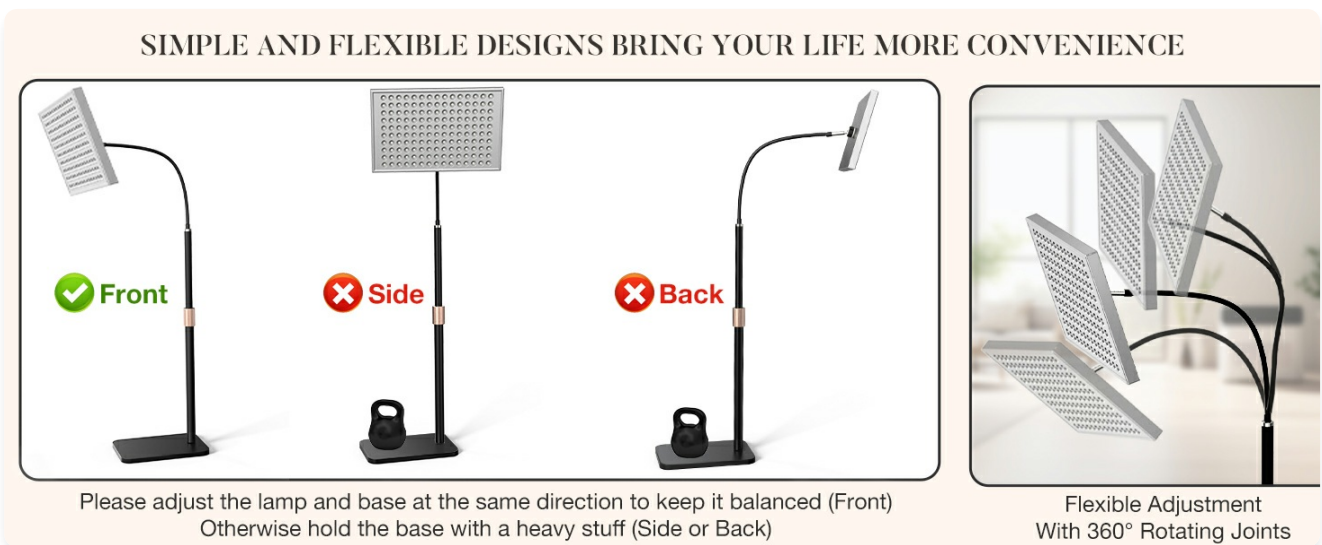


Image: Illustration of the lamp's adjustable height and bendable tube for versatile positioning.

## 4. OPERATING INSTRUCTIONS

### Powering On/Off

Connect the power cord to a suitable electrical outlet. The device features a simple on/off switch for easy operation. Ensure the switch is in the 'Off' position before plugging in, and then toggle to 'On' to begin therapy.

### Usage Guidelines

- **Session Duration:** For optimal results, use the device for 10-30 minutes per session.
- **Frequency:** It is recommended to use the red light therapy device 3-7 times per week.
- **Eye Protection:** Always wear the provided protective glasses when irradiating your face or when the light is directed towards your eyes. The red light is bright and direct exposure can be uncomfortable.
- **Wavelengths:** The device emits both 660nm (visible deep red) and 850nm (invisible near-infrared) light. It is normal for the 850nm LEDs to appear unlit, as near-infrared light is not visible to the human eye.
- **Optimal Distance:** Position the light panel at a distance that provides comfortable coverage for the target area. Refer to the power density chart for guidance on intensity at various distances.

# IMPROVE YOUR SKIN

Tips: Please wear the gla-ss-es included when irradiating face

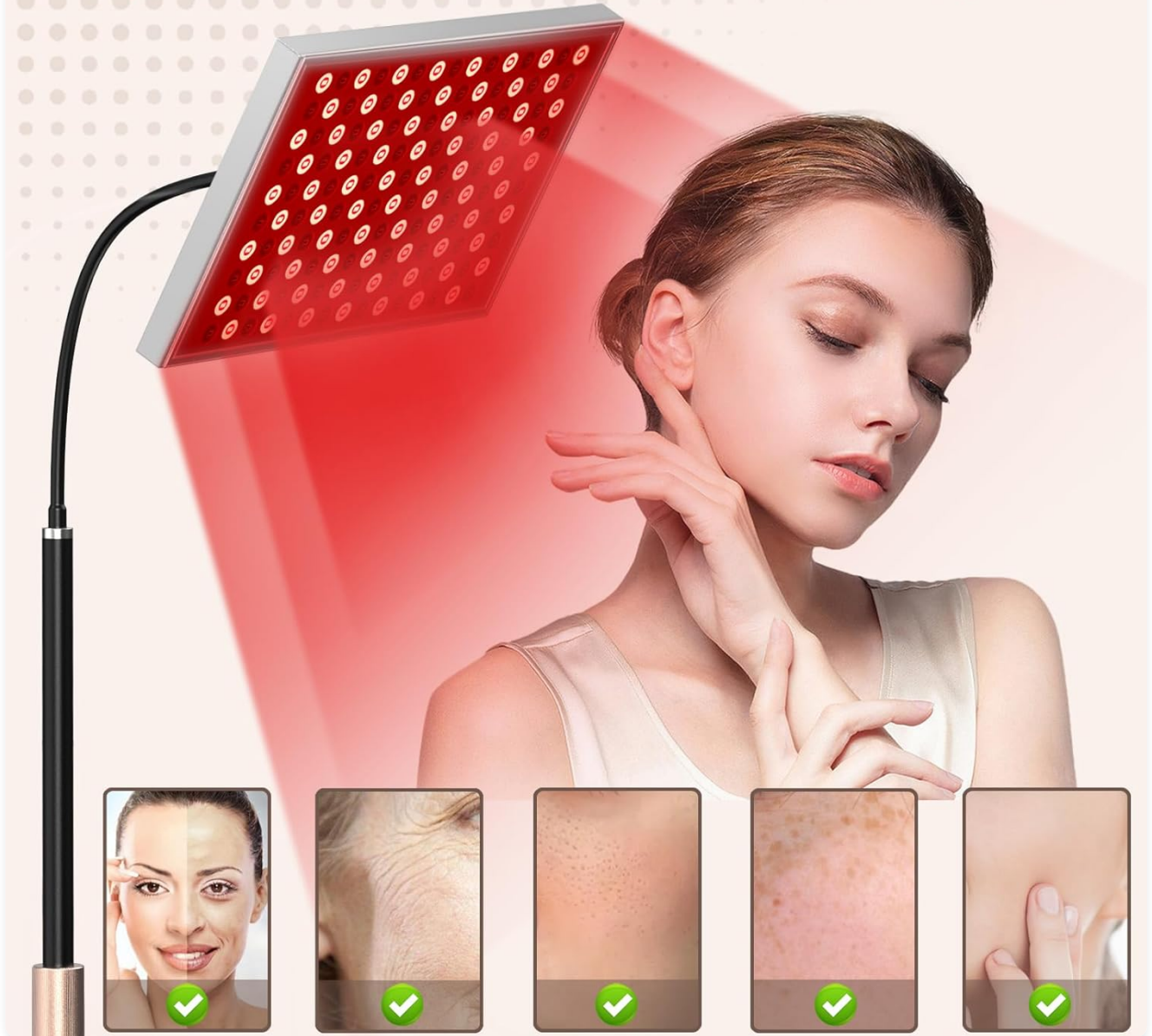


Image: Importance of wearing protective glasses during facial red light therapy.

## ENJOY RED LIGHT THERAPY AT ANYWHERE & ANYTIME

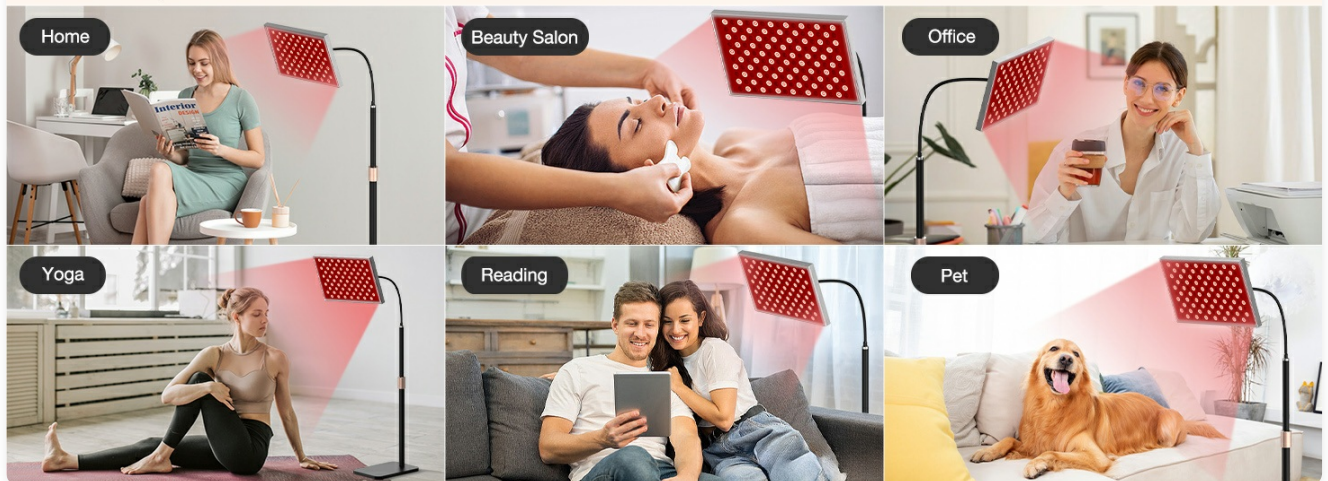


Image: Power density and body coverage at various distances for 660nm and 850nm wavelengths.

## Adjusting the Device

The lamp features an adjustable pole (18"-50" height) and a bendable tube with a 360° ball joint, allowing for flexible positioning of the light panel. You can angle the panel to target specific areas of your body with ease.

When adjusting the lamp, especially to extreme angles (side or back), ensure the base is stable. For optimal stability, it is recommended to adjust the lamp and base in the same direction. If positioning requires an unbalanced setup, consider placing a heavy object on the base for added support.



Image: Guide to flexible adjustment and maintaining stability of the lamp.

## 5. MAINTENANCE

Proper maintenance ensures the longevity and optimal performance of your red light therapy device.

- **Cleaning:** Always unplug the device before cleaning. Use a soft, dry cloth to wipe down the light panel and stand. Do not use abrasive cleaners, solvents, or excessive moisture, as this can damage the LEDs or electronic components.
- **Storage:** When not in use, store the device in a cool, dry place away from direct sunlight and extreme temperatures. If disassembling for storage, ensure all parts are clean and dry.
- **Handling:** Handle the light panel with care. Avoid dropping or subjecting it to strong impacts.

## 6. TROUBLESHOOTING

If you encounter any issues with your i-Venoya Red Light Therapy Panel Lamp, please refer to the following troubleshooting guide:

Issue	Possible Cause / Solution
Device does not turn on.	Ensure the power cord is securely plugged into both the device and a working electrical outlet. Check if the power switch is in the 'On' position. Test the outlet with another appliance.
Some LEDs appear unlit.	This is normal. The device uses both 660nm (visible red) and 850nm (invisible near-infrared) LEDs. The 850nm LEDs emit light that is not visible to the human eye. They are functioning correctly even if they do not glow.

Issue	Possible Cause / Solution
Lamp feels unstable or tilts.	Ensure the base is properly assembled and tightened. When adjusting the light panel to extreme angles (side or back), ensure the base is positioned to counterbalance the weight. For added stability, place a heavy object on the base if necessary.
Light output seems weak.	Ensure the device is positioned at the recommended distance from the target area. Check for any obstructions blocking the light.

If the issue persists after attempting these solutions, please contact customer support.

## 7. SPECIFICATIONS

Feature	Detail
Manufacturer	Venoya
Product Dimensions	29.72 x 19.56 x 127 cm
Item Weight	2.27 kg
LED Wavelengths	660nm (Deep Red), 850nm (Near Infrared)
Number of LEDs	150 (75 x 660nm, 75 x 850nm)
Adjustable Height	18" - 50"
Material (Shade)	Acrylic
Material (Base)	Plastic
Switch Type	Touch
Style	Modern

## 8. WARRANTY AND SUPPORT

The i-Venoya Red Light Therapy Panel Lamp comes with a manufacturer's warranty. Please refer to the warranty card included in your package for specific terms and conditions, including the duration of coverage (typically 2 years).

For any product inquiries, technical support, or warranty claims, please contact the seller or manufacturer directly through the platform where you purchased the device. Provide your purchase details and a clear description of the issue to facilitate prompt assistance.

