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› UFFAE 5-in-1 Electric Cupping Therapy Set Instruction Manual

UFFAE UFFAE-US03

UFFAE 5-in-1 Electric Cupping Therapy Set Instruction Manual

Model: UFFAE-US03

1. INTRODUCTION

This manual provides essential instructions for the safe and effective use of your UFFAE 5-in-1 Electric Cupping Therapy Set. Please read this manual thoroughly before operating the device and retain it for future reference.



Figure 1: UFFAE 5-in-1 Electric Cupping Therapy Set and components.

2. SAFETY INFORMATION AND PRECAUTIONS

To ensure safe operation and prevent injury or damage to the device, please observe the following safety guidelines:

- **General Use:** Avoid using the device near water or in wet environments. Do not use on open wounds, inflamed skin, or areas with skin conditions.
- **Medical Conditions:** Consult a healthcare provider before use if you have any medical conditions, especially if you are pregnant, have heart disease, or blood disorders.
- **Application Time:** The device has a built-in 15-minute timer shut-off. For beginners, do not spend more than 3 minutes on one area. Novices should limit total device use to 5 minutes and use on the same body part to 10 minutes each time.
- **Skin Reaction:** A small number of people may develop blisters if cupping the same area for too long. To avoid this, keep cupping time to less than 10 minutes per area.
- **Post-Cupping Care:** Avoid bathing or swimming within 8 hours after cupping. Do not puncture blisters if they occur; they usually disappear on their own within 5-7 days. Avoid contact with water for 3 days after cupping.

- **Charging:** Use only the original charging cable provided with the device. Ensure the device is fully charged before first use to prevent low voltage issues.
- **Cleaning:** Do not clean the device with water. Refer to the Maintenance section for proper cleaning instructions.
- **Storage:** Store the device in a cool, dry place away from direct sunlight and out of reach of children.



Figure 2: Important safety considerations and skin reactions after cupping.

3. PRODUCT OVERVIEW

The UFFAE 5-in-1 Electric Cupping Therapy Set is a versatile device designed for targeted pain relief and muscle recovery. It integrates multiple functions:

- **Flameless Electric Cupping:** Provides adjustable suction levels without the need for traditional flames.
- **Dynamic Suction:** Offers a rhythmic suction experience.
- **Red Light Therapy:** Incorporates red light for enhanced therapeutic effects.
- **Heating Function:** Adjustable temperature control (38°C to 50°C / 100.4°F to 122°F) to promote circulation and relaxation.
- **Gua Sha / Scraping:** Can be used for scraping therapy with the appropriate cup.

The device features 12 levels of suction strength and heating adjustments, an intelligent 15-minute timer, and an ultra-quiet operation (35-45 decibels). Its portable design and Type-C charging make it convenient for use at home, in the office, or while traveling.



Figure 3: Key features of the UFFAE Electric Cupping Device.

4. SETUP AND ASSEMBLY

Before first use, ensure the device is fully charged. The package includes a default jar and a scraping jar. Follow these steps to prepare your device:

1. **Unpack:** Carefully remove the device and all accessories from the packaging.
2. **Separate Jars:** If the built-in jar is attached, gently remove it and separate the default jar and the scraping jar.
3. **Charge Device:** Connect the device to a power source using the provided Type-C charging cable. Ensure it is fully charged before initial operation.
4. **Attach Cup:** Select the desired massage cup (default or scraping) and securely attach it to the device.

HOW TO USE



Figure 4: Visual guide for assembling the cupping device.

5. OPERATING INSTRUCTIONS

Follow these steps for effective use of your electric cupping device:

1. **Prepare Skin:** For optimal results and to facilitate gliding, apply massage oil to the treatment area before use. (Massage oil is not included).
2. **Power On:** Long press the **(Open/Mode)** button to turn on the electric cupper.
3. **Select Mode/Suction:** Short press the **(+)** or **(-)** buttons to adjust the suction level (1-12) and heating intensity. For first-time users, start at level 1. The default setting is level 0; please select the breathing mode (-2).
4. **Apply Device:** Place the cupper firmly on the treatment area and press gently to generate suction.
5. **Treatment Duration:** Massage for 3-5 minutes per area. The device has a 15-minute automatic shut-off.
6. **Release Suction:** Press the **Release** button to immediately release the pressure and remove the cup. This button has a raised dot for easy identification.

7. **Power Off:** Long press the (Open/Mode) button to turn off the electric cupper.

Instructions for Use



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1 Long press the (Open/Mode) button to turn on the electric cupper!
- 

2 Short press (+) button screen display 01.
- 

3 Put the cupper on the treatment area and press gently to generate suction.
- 

4 Massage for 3-5 minutes and then press the Release button to release the pressure immediately.
- 

5 Long press (Open/Mode) button to turn off the electric cupper!

Figure 5: Detailed operating steps for the cupping device.

5.1. Special Usage Notes

- **Sliding Cupping:** Use mode 2 or 4 for sliding cupping. Ensure massage oil is applied to the skin before attempting to slide the cup.
- **Breathing Cupping:** Use mode 1 or 3 for breathing cupping.

WRONG METHOD



Q: WHY IS THERE NO SUCTION ?
A: Do not use two jars on top of each other.



Q: WHY WON'T IT RECHARGE?
A: Please use the original charging cable.



Q: WHY THE CLICKING SOUND?
A: The cupping device is in breathing mode!



Please use mode 1 or 3 to use breath cupping.



Use mode 2 or 4 for sliding cupping. Apply massage oil before use. (Essential oils are not included)

Figure 6: Correct and incorrect usage methods, including jar types and charging.

6. MAINTENANCE AND CARE

Proper maintenance ensures the longevity and hygiene of your device:

- **Cleaning:** After each use, wipe the cups and the device's contact surface with a soft, damp cloth. Do not clean the device with water directly or immerse it in water.
- **Storage:** Store the device in its original packaging or a clean, dry place when not in use.
- **Charging:** Recharge the device when the battery is low to maintain battery health.

7. TROUBLESHOOTING

If you encounter issues with your UFFAE Electric Cupping Therapy Set, refer to the following common problems and solutions:

- **No Suction:**

- Ensure the cup is properly attached and sealed against the skin.
- Verify that only one jar is attached at a time. Do not use two jars on top of each other.
- Check battery level; recharge if low.

• **Device Not Charging:**

- Ensure you are using the original charging cable.
- Verify the charging cable is securely connected to both the device and the power adapter.
- Try a different power adapter or USB port.

• **Clicking Sound:**

- A clicking sound indicates the device is in breathing mode. This is normal operation.

• **Device Shuts Off Immediately:**

- This may indicate a low battery. Fully charge the device.
- If the issue persists after charging, contact customer support.

WRONG METHOD



Q: WHY IS THERE NO SUCTION ?
A: Do not use two jars on top of each other.



Q: WHY WON'T IT RECHARGE?
A: Please use the original charging cable.



Q: WHY THE CLICKING SOUND?
A: The cupping device is in breathing mode!



DEFAULT JAR



SLIDING JAR



Please use mode 1 or 3 to use breath cupping.



Use mode 2 or 4 for sliding cupping. Apply massage oil before use. (Essential oils are not included)

Figure 7: Visual troubleshooting tips for common device issues.

8. SPECIFICATIONS

Feature	Detail
Model Number	UFFAE-US03
Product Dimensions	3.5 x 3.5 x 3 inches
Item Weight	8.8 ounces
Power Source	Battery Powered (1 Lithium Ion battery required)
Material	Acrylonitrile Butadiene Styrene
Temperature Range	38°C to 50°C (100.4°F to 122°F)
Suction Levels	12 levels
Noise Level	35-45 decibels
Charging Type	Type-C
Battery Life	Up to 2 hours of uninterrupted use on a single charge

9. WARRANTY AND SUPPORT

For warranty information or customer support, please refer to the product packaging or contact UFFAE customer service directly. Keep your purchase receipt for warranty claims.

Legal Disclaimer: Statements regarding this device have not been evaluated by the FDA and are not intended to diagnose, treat, cure, or prevent any disease or health condition.

