MP myPhone Watch Mini

myPhone Watch Mini Smartwatch User Manual

Model: Watch Mini

1. Introduction

This manual provides detailed instructions for the setup, operation, and maintenance of your myPhone Watch Mini Smartwatch. Please read this manual thoroughly before using your device to ensure proper function and longevity.
The myPhone Watch Mini combines functionality with a refined design, featuring a metallic gold casing and a compact form factor. It is equipped with a 1.04-inch AMOLED display, offering vibrant colors and deep blacks for excellent readability.

2. Package Contents

Upon opening the package, please verify that all items are present:

- myPhone Watch Mini Smartwatch
- Charging Cable (Magnetic)
- User Manual (This document)

3. Product Overview

Familiarize yourself with the main components of your myPhone Watch Mini.



Image 3.1: Front view of the myPhone Watch Mini, displaying a ginkgo leaf design on its circular AMOLED screen. The watch features a rose gold bezel and a light-colored silicone strap.



Image 3.2: Rear view of the myPhone Watch Mini, showing the optical heart rate sensor and charging contacts. The text "myPhone Watch Mini" and a serial number are visible on the back casing.

- **Display:** 1.04-inch AMOLED touch screen.
- **Side Button:** Typically used for power on/off, screen wake, and menu navigation.
- **Sensors:** Located on the back for heart rate and blood oxygen monitoring.
- **Charging Contacts:** Magnetic contacts on the back for charging.
- **Strap:** Silicone strap with a metallic buckle.

4. Setup

4.1. Charging the Device

Before initial use, fully charge your myPhone Watch Mini.

1. Connect the magnetic charging cable to a USB power adapter (not included) or a computer's USB port.
2. Align the magnetic end of the charging cable with the charging contacts on the back of the watch. The magnets will snap it into place.
3. The watch display will indicate charging status. A full charge typically takes approximately 2 hours.

Note: *Use a 5V/1A charger for optimal charging. Avoid using fast chargers that may damage the device.*

4.2. Power On/Off

- **Power On:** Press and hold the side button for a few seconds until the myPhone logo appears.
- **Power Off:** From the watch face, swipe down or navigate to the settings menu, then select "Power Off" or "Shutdown." Alternatively, press and hold the side button and select "Power Off" when prompted.

4.3. App Installation and Pairing

The myPhone Watch Mini uses the **FitCloudPro** application for full functionality and data synchronization.

1. **Download the App:** Search for "FitCloudPro" in the Apple App Store (for iOS devices) or Google Play Store (for Android devices) and install it.
2. **Create Account:** Open the FitCloudPro app and follow the on-screen instructions to create a new account or log in if you already have one.
3. **Pair the Watch:**
    - Ensure Bluetooth is enabled on your smartphone.
    - Open the FitCloudPro app.
    - Navigate to the "Device" or "My Device" section within the app.
    - Tap "Add Device" or "Bind Device."
    - The app will search for nearby devices. Select "myPhone Watch Mini" from the list.
    - Confirm the pairing request on both your phone and the watch if prompted.
4. **Initial Synchronization:** Once paired, the watch will synchronize data with the app. Ensure the watch is close to your phone during this process.

5. Operating Instructions

5.1. Basic Navigation

- **Swipe Up/Down:** Access quick settings, notifications, or different widgets.
- **Swipe Left/Right:** Navigate through various functions like activity tracking, heart rate, weather, etc.
- **Tap:** Select an item or confirm an action.
- **Press Side Button:** Return to the watch face or access the main menu.

5.2. Health Monitoring

The myPhone Watch Mini offers several health tracking features:

- **Heart Rate Monitoring:** Access the heart rate function on the watch to measure your current heart rate. The watch can also be set to monitor continuously via the FitCloudPro app.
- **Blood Oxygen (SpO2) Monitoring:** Similar to heart rate, you can initiate an SpO2 measurement from the watch.
- **Sleep Tracking:** Wear the watch to bed, and it will automatically track your sleep patterns, including deep sleep,

light sleep, and wake times. View detailed analysis in the FitCloudPro app.

- **Menstrual Cycle Tracking:** For female users, the FitCloudPro app allows you to log and track your menstrual cycle, providing predictions and reminders.
- **Sedentary Reminders:** Set reminders in the app to alert you when you have been inactive for too long.
- **Hydration Reminders:** Configure reminders to drink water at regular intervals through the FitCloudPro app.

Disclaimer: *The health monitoring features of this device are not intended for medical use and should not replace professional medical advice.*

5.3. Sport Modes

The watch supports various sport modes to track your workouts:

1. Navigate to the "Sport" or "Workout" menu on the watch.
2. Select your desired activity from the available options: Walk, Run, Cycle, Jump, Badminton, Basketball, Football, Climbing, Tennis, Rugby, Golf, Yoga, Fitness, Dance, and more.
3. Tap to start the activity. The watch will display real-time data such as duration, calories burned, and heart rate.
4. To end an activity, swipe right or press the side button and select "End" or "Pause."



Image 5.1: The myPhone Watch Mini displaying a sport mode interface, likely showing activity duration or other workout metrics. The watch face features a floral design.

5.4. Notifications and Music Control

- **Notifications:** Once paired with your smartphone, the watch can display notifications for calls, messages, and

various apps. Configure which app notifications you wish to receive via the FitCloudPro app.

- **Music Control:** When connected to your phone, you can control music playback directly from your watch. This includes playing, pausing, skipping tracks, and adjusting volume.

5.5. Water Resistance (IP68)

The myPhone Watch Mini is rated IP68 for water and dust resistance. This means it is protected against immersion in water up to 1.5 meters for up to 30 minutes. It is suitable for:

- Daily use, such as washing hands or in the rain.
- Showering (avoid hot water and steam).
- Swimming in shallow water (e.g., pool).

Important Considerations:

- Do not use the watch in hot water, saunas, or steam rooms.
- Avoid exposing the watch to high-velocity water, such as diving or waterskiing.
- Water resistance is not permanent and may decrease over time with normal wear and tear.
- Do not charge the watch if it is wet.

6. Maintenance

6.1. Cleaning

- Regularly clean the watch and strap with a soft, damp cloth.
- Ensure the charging contacts and sensors on the back are free of dirt and debris.
- Do not use harsh chemicals, abrasive cleaners, or solvents.
- Dry the watch thoroughly after cleaning or exposure to water.

6.2. Storage

When not in use for extended periods, store the watch in a cool, dry place. It is recommended to charge the watch to about 50% before long-term storage to preserve battery health.

7. Troubleshooting

If you encounter issues with your myPhone Watch Mini, refer to the following common solutions:

Problem	Possible Solution
Watch does not power on.	Ensure the watch is fully charged. Connect it to the charger for at least 30 minutes.
Cannot pair with smartphone.	• Ensure Bluetooth is enabled on your phone. • Make sure the watch is charged and powered on. • Restart both the watch and your smartphone. • Ensure the FitCloudPro app is updated to the latest version. • If previously paired, try unpairing from your phone's Bluetooth settings and then re-pairing through the app.

Problem	Possible Solution
Inaccurate health data.	• Ensure the watch is worn snugly on your wrist, about one finger's width above the wrist bone. • Clean the sensor area on the back of the watch. • Avoid excessive movement during measurements.
Notifications not appearing.	• Check if the watch is properly connected to the FitCloudPro app. • Verify that app notifications are enabled in the FitCloudPro app settings. • Ensure your phone's notification settings allow the FitCloudPro app to send notifications.

8. Specifications

Feature	Detail
Model	Watch Mini
Display	1.04-inch AMOLED, 340 x 340 pixels
Battery Capacity	160 mAh
Battery Life	Up to 5 days (typical usage)
Water Resistance	IP68
Connectivity	Bluetooth (for FitCloudPro app)
Compatible App	FitCloudPro (Android & iOS)
Health Monitoring	Heart Rate, Blood Oxygen, Sleep Tracking, Menstrual Cycle Tracking, Sedentary Reminder, Hydration Reminder
Sport Modes	Walk, Run, Cycle, Jump, Badminton, Basketball, Football, Climbing, Tennis, Rugby, Golf, Yoga, Fitness, Dance, etc.
Casing Material	Metallic (Gold-toned)
Supported Languages	English, Bulgarian, Croatian, Czech, Estonian, French, Greek, Spanish, Dutch, Latvian, German, Polish, Romanian, Slovak, Slovenian, Hungarian, Italian.

9. Warranty and Support

The myPhone Watch Mini comes with a standard manufacturer's warranty. Please refer to the warranty card included in your package or visit the official MP myPhone website for detailed warranty terms and conditions.
For technical support, troubleshooting assistance, or further inquiries, please contact MP myPhone customer service through their official channels. Contact information can typically be found on the product packaging or the brand's website.

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Example: How do I reset this device or fix this error?

Details

Model number, symptoms, what you tried, or the section of the manual you are using.

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