

NAVIFORCE NF7105

NAVIFORCE Men's Watch NF7105 Instruction Manual

Model: NF7105

1. INTRODUCTION

Thank you for choosing the NAVIFORCE NF7105 Men's Quartz Watch. This manual provides detailed instructions for the proper setup, operation, and maintenance of your new timepiece. Please read this manual carefully to ensure optimal performance and longevity of your watch.

The NAVIFORCE NF7105 features a precise quartz movement, chronograph functionality, a calendar display, luminous hands and markers, and 3ATM water resistance, all encased in a durable design with a comfortable silicone strap.





Image 1.1: Front view of the NAVIFORCE NF7105 watch, showcasing its rectangular case, chronograph sub-dials, and silicone strap.

2. SETUP

2.1 Setting the Time

1. Pull the crown (B) out to the second click position.
2. Rotate the crown to set the hour and minute hands to the desired time.
3. Push the crown back to the normal position.

2.2 Setting the Date

1. Pull the crown (B) out to the first click position.
2. Rotate the crown clockwise or counter-clockwise to set the date. Avoid setting the date between 9:00 PM and 3:00 AM, as this may interfere with the automatic date change mechanism.
3. Push the crown back to the normal position.

2.3 Chronograph Hand Position Adjustment (If hands are not at zero)

If the chronograph hands (1/10 second, second, minute) are not aligned to the zero position, follow these steps:

1. Pull the crown (B) out to the second click position.
2. Press button (A) to adjust the 1/10 second chronograph hand.
3. Press button (C) to adjust the second chronograph hand.
4. Once all chronograph hands are at the zero position, push the crown back to the normal position.



Image 2.1: Close-up of the watch face, highlighting the crown (B) and pusher buttons (A and C) used for time, date, and chronograph adjustments.

3. OPERATING INSTRUCTIONS

3.1 Basic Timekeeping

Once the time and date are set, the watch will operate continuously, displaying the current time and date. The quartz movement ensures accurate timekeeping.

3.2 Using the Chronograph

The chronograph function allows for precise measurement of elapsed time.

- **Start/Stop:** Press button (A) to start the chronograph. Press button (A) again to stop it.

- **Reset:** While the chronograph is stopped, press button (C) to reset all chronograph hands to the zero position.

3.3 Luminous Feature

The hands and markers of your watch are treated with a luminous material. For optimal glow in the dark, expose the watch face to a bright light source (natural or artificial) for a few minutes. The intensity and duration of the glow will depend on the exposure time and light intensity.

3.4 Water Resistance (3ATM/30M)

Your NAVIFORCE NF7105 watch is water resistant to 3ATM (30 meters or 100 feet). This means it is suitable for daily use, such as splashes, rain, and hand washing. However, it is **not** suitable for swimming, diving, showering, or bathing. Do not operate the crown or pushers when the watch is wet or submerged in water. Avoid exposure to hot water or steam, as this can compromise the water seals.



Image 3.1: The NAVIFORCE NF7105 watch displayed on a metallic stand, illustrating its robust design suitable for various activities.

4. MAINTENANCE

4.1 Cleaning

Regularly wipe your watch with a soft, dry cloth to remove dust and dirt. For the silicone strap, you can use a slightly damp cloth with mild soap, then rinse and dry thoroughly. Avoid using harsh chemicals or abrasive materials.

4.2 Battery Replacement

The watch is powered by a battery. When the watch stops or the second hand moves erratically, it indicates a low battery. Battery replacement should be performed by a qualified watch technician to ensure proper sealing and functionality.

4.3 Storage

When not wearing your watch for an extended period, store it in a cool, dry place away from direct sunlight, extreme temperatures, and strong magnetic fields.

4.4 General Precautions

- Avoid exposing the watch to extreme temperatures (above 60°C / 140°F or below 0°C / 32°F).
- Keep the watch away from strong magnetic fields, which can affect the accuracy of the quartz movement.
- Avoid direct contact with solvents, detergents, perfumes, and cosmetics, as they can damage the case, strap, or seals.
- Do not attempt to open the watch case yourself, as this will void the warranty and may cause damage.

5. TROUBLESHOOTING

- **Watch not running:** Check if the crown is pushed in completely. If it is, the battery may need replacement.
- **Time or date is incorrect:** Refer to Section 2.1 and 2.2 to re-adjust the time and date.
- **Chronograph hands not resetting to zero:** Follow the Chronograph Hand Position Adjustment steps in Section 2.3.
- **Condensation inside the watch:** This may indicate a breach in the water resistance. Stop using the watch immediately and have it inspected by a professional watch repair service.

6. SPECIFICATIONS

Brand	NAVIFORCE
Model Number	NF7105
Movement	Quartz Movement (Japanese Quartz)
Gender	Men
Display Type	Analog
Case Material	Stainless Steel
Case Diameter	42.5 mm
Case Thickness	14 mm
Band Material	Silicone / Rubber

Band Width	22 mm
Band Length	255 mm (including case)
Clasp Type	Buckle
Water Resistance	3ATM / 30 Meters (100 Feet)
Additional Features	Chronograph, Luminous Hands & Calibration, Calendar Display

7. WARRANTY AND SUPPORT

7.1 Warranty Information

Warranty terms and conditions for your NAVIFORCE NF7105 watch are typically provided at the time of purchase or can be found on the official NAVIFORCE website. Please retain your proof of purchase for any warranty claims.

7.2 Customer Support

For further assistance, technical support, or service inquiries regarding your NAVIFORCE watch, please contact NAVIFORCE customer support. You can often find contact details on the official brand website or through the retailer where you purchased the watch.

Visit the official NAVIFORCE Store: [NAVIFORCE Store](#)