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> FUNMILY TR58 Walking Pad Treadmill with Incline User Manual

FUNMILY TR58

FUNMILY TR58 Walking Pad Treadmill with Incline

User Manual

INTRODUCTION

This manual provides essential information for the safe and effective use of your FUNMILY TR58 Walking Pad Treadmill with Incline. Please read all instructions carefully before operating the device and retain this manual for future reference.

IMPORTANT SAFETY INSTRUCTIONS

To reduce the risk of serious injury, read all important precautions and instructions in this manual before using the treadmill.

- Always place the treadmill on a level surface. Ensure adequate clearance around the treadmill (at least 2 feet on sides and front, 6 feet at the rear).
- Keep children and pets away from the treadmill during operation.
- Do not operate the treadmill if it has a damaged cord or plug, or if it is not working correctly.
- Wear appropriate exercise clothing and athletic shoes. Avoid loose clothing that could get caught in moving parts.
- The maximum user weight capacity for this treadmill is 300 lbs (136 kg).
- Always hold onto the handrails (if applicable) when starting or stopping the treadmill.
- Disconnect the power cord from the outlet before cleaning, performing maintenance, or moving the treadmill.
- This treadmill is designed for home use only.
- Consult a physician before starting any exercise program.

PACKAGE CONTENTS

Verify that all components are present in the package:

- FUNMILY TR58 Walking Pad Treadmill
- Remote Control
- Power Cord

- Battery Cell (CR2032 for remote)
- Wrench
- Lubricant (Silicone oil)
- User Manual (this document)

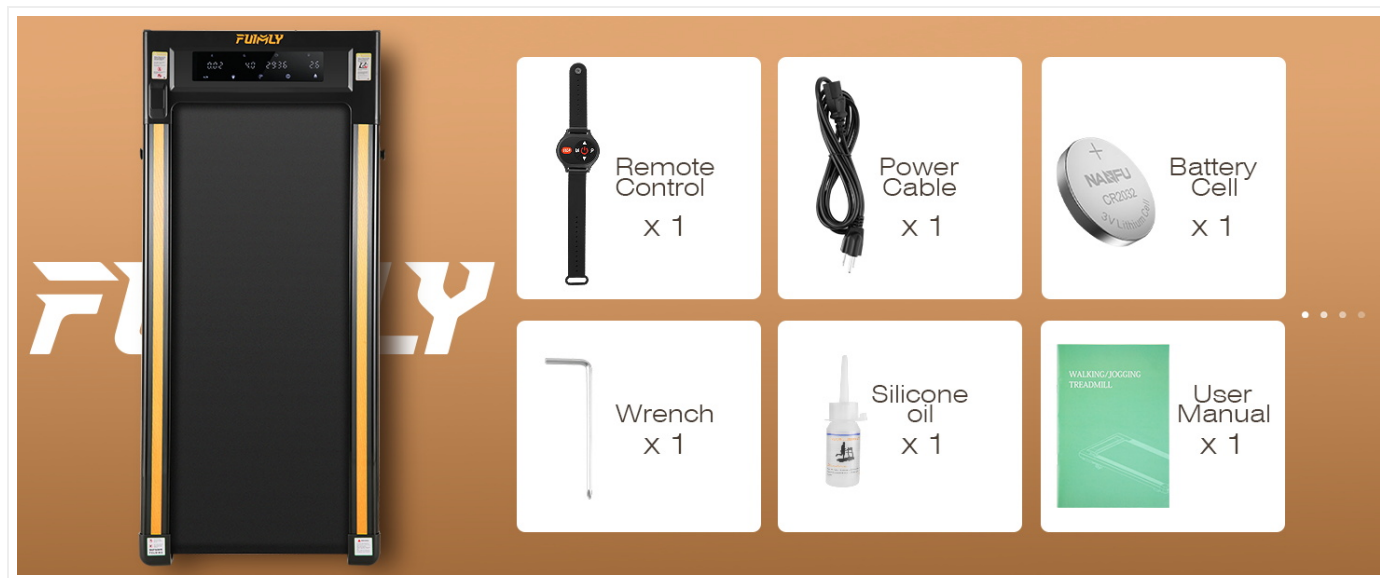


Figure 1: Included Components

This image displays the FUNMILY TR58 Walking Pad Treadmill along with its accessories: a remote control, power cord, a CR2032 battery, a wrench, a bottle of silicone oil, and the user manual.

PRODUCT OVERVIEW

The FUNMILY TR58 is a compact walking pad treadmill designed for home and office use, featuring a manual incline and remote control operation.



Figure 2: Treadmill in Walking and Running Modes

This image illustrates the FUNMILY TR58 treadmill being used for both running and as an under-desk walking pad. The treadmill features an 8% manual incline capability.

Key Features:

- **8% Manual Incline:** The treadmill includes a buckle system for manual incline adjustment, simulating uphill walking.
- **Dual 2.5HP Motors:** Provides consistent power for speeds up to 4 mph, supporting users up to 300 lbs. Operates with low noise, typically below 45dB.
- **7-Layer Shock Absorption:** A 16x42 inch running deck with a multi-layer cushioning system designed to reduce impact on joints.
- **LED Display & Remote Control:** An integrated LED display tracks speed, distance, time, and calories. A remote control allows for easy operation and selection of 12 preset workout modes.
- **Compact and Portable:** Designed for easy storage and movement with built-in wheels. No assembly is required.



Figure 3: 2-in-1 Under Desk Treadmill Functionality

This image demonstrates the treadmill's versatility, allowing it to be used for running (2.5-4 MPH) or as an under-desk walking pad (0.5-2.5 MPH).



Figure 4: 300 lbs Weight Capacity

This image highlights the treadmill's robust construction, capable of supporting a maximum user weight of 300 pounds.



Figure 8: Easy Storage and Portability

This image demonstrates the treadmill's design for easy storage, featuring flexible wheels for convenient relocation and a slim profile to save space.

SETUP

Unpacking and Placement:

1. Remove the treadmill from its packaging. The unit comes pre-assembled.
2. Place the treadmill on a firm, level surface. Ensure there is sufficient clear space around the unit for safe operation.
3. Connect the power cord to the treadmill's power input and then to a grounded electrical outlet.

Adjusting the Manual Incline:

The TR58 treadmill features an 8% manual incline. To adjust the incline:

1. Ensure the treadmill is powered off and unplugged.

2. Locate the incline adjustment mechanism, typically at the rear of the treadmill. This system uses buckles or similar manual supports.
3. Carefully lift the rear of the treadmill and engage the support mechanism to the desired incline level. Ensure it is securely locked in place before use.
4. To return to a flat position, disengage the support mechanism and lower the treadmill carefully.



Figure 5: Manual Incline Adjustment

This image shows the manual incline adjustment feature of the FUNMILY treadmill, which allows users to increase calorie expenditure compared to a flat treadmill.

OPERATING INSTRUCTIONS

Powering On/Off:

- Ensure the treadmill is plugged into a grounded outlet.
- Locate the main power switch, usually at the front or rear of the treadmill, and turn it to the "ON" position.
- The LED display will illuminate.
- To power off, turn the main power switch to the "OFF" position and unplug the unit.

Using the Remote Control:

The treadmill is operated using the included remote control.



Figure 6: Smart Remote Control

This image displays the smart remote control, which allows users to power on/off, adjust speed, switch motion modes, and perform an emergency stop.

- **Power Button:** Press to turn the treadmill on or off.
- **Speed Adjustment:** Use the '+' and '-' buttons to increase or decrease the speed. The speed range is 0.5 to 4 mph.
- **Mode Button:** Cycle through different workout modes or programs. The treadmill offers 12 preset workout modes.
- **Emergency Stop:** The remote control includes a dedicated stop button for immediate cessation of the treadmill belt.

LED Display Functions:

The integrated LED display provides real-time workout data.



Figure 7: Multi-functional LED Display

This image shows the treadmill's LED display, which monitors speed, calories burned, distance, and time during a workout.

- **Speed:** Displays current walking/running speed.
- **Distance:** Shows the total distance covered during the current session.
- **Time:** Tracks the duration of your workout.
- **Calories:** Estimates the calories burned during the workout.

MAINTENANCE

Regular maintenance ensures the longevity and safe operation of your treadmill.

Lubrication:

- The running belt requires periodic lubrication with the provided silicone oil.
- Frequency of lubrication depends on usage, typically every 3-6 months for moderate use.
- To lubricate, lift the edge of the running belt and apply a small amount of silicone oil directly onto the center of the deck beneath the belt.
- Run the treadmill at a low speed for a few minutes to distribute the lubricant evenly.

Cleaning:

- Always unplug the treadmill before cleaning.
- Wipe down the treadmill's surfaces with a damp cloth. Avoid using abrasive cleaners or solvents.
- Regularly vacuum underneath the treadmill to prevent dust and debris buildup.

Belt Adjustment:

- If the running belt becomes off-center or slips, it may require adjustment.
- Use the provided wrench to make small adjustments to the tension bolts at the rear of the treadmill.
- Turn the bolts in small increments (e.g., quarter turns) and test the belt's alignment and tension. Refer to specific diagrams in the printed manual for detailed instructions.

TROUBLESHOOTING

Problem	Possible Cause	Solution
Treadmill does not power on.	Power cord not connected; main switch off; circuit breaker tripped.	Ensure power cord is securely plugged in. Turn main switch ON. Check household circuit breaker.
Running belt slips or hesitates.	Belt tension too loose; insufficient lubrication.	Adjust belt tension using the provided wrench. Apply silicone lubricant to the deck.
Unusual noise during operation.	Loose components; belt friction; motor issue.	Check for and tighten any loose screws. Lubricate the belt. If noise persists, contact customer support.
Remote control not responding.	Battery depleted; remote out of range; interference.	Replace the CR2032 battery in the remote. Ensure you are within range of the treadmill. Remove any obstructions.

SPECIFICATIONS

Feature	Detail
Model Name	TR58
Brand	FUNMILY

Feature	Detail
Product Dimensions (LxWxH)	50"D x 25"W x 5"H (approx. 127cm x 63.5cm x 12.7cm)
Item Weight	42.6 Pounds (approx. 19.3 kg)
Material	Alloy Steel
Maximum Speed	4 Miles per Hour (approx. 6.4 km/h)
Maximum Horsepower	2.5 Horsepower
Maximum Incline Percentage	8% (Manual)
Maximum Weight Recommendation	300 Pounds (approx. 136 kg)
Deck Length	42 Inches (approx. 106.7 cm)
Deck Width	16 Inches (approx. 40.6 cm)
Display Type	LCD
Metrics Measured	Calories Burned, Distance, Speed, Time
Power Source	Corded Electric
Assembly Required	No

WARRANTY AND SUPPORT

Warranty Information:

The FUNMILY TR58 Walking Pad Treadmill comes with a one-year manufacturer's warranty, which includes free parts replacement. This warranty covers defects in materials and workmanship under normal use.

Customer Support:

For any questions, concerns, or warranty claims, please contact FUNMILY customer service. Refer to the contact information provided on the product packaging or the official FUNMILY website for the most current support details.

