

## VITALmaxx VITALmaxx Shiatsu Nackenmassagegerät

# VITALmaxx Shiatsu Massager Instruction Manual

Model: VITALmaxx Shiatsu Nackenmassagegerät

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## 1. IMPORTANT SAFETY INSTRUCTIONS

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Please read all instructions carefully before using the VITALmaxx Shiatsu Massager. Retain this manual for future reference.

- **Water Proximity:** Do not use the device near water or in damp environments.
- **Discomfort:** Discontinue use immediately if you experience pain, discomfort, or any adverse reactions.
- **Power Off:** Always ensure the device is switched off and unplugged when not in use or before cleaning.
- **Contraindications:** Do not use on open wounds, inflamed skin areas, swollen areas, or areas with skin eruptions. Consult a physician before use if you have any medical conditions, including but not limited to pregnancy, pacemakers, diabetes, or circulatory disorders.
- **Children and Impaired Individuals:** This appliance can be used by children aged 8 years and above and persons with reduced physical, sensory or mental capabilities or lack of experience and knowledge if they have been given supervision or instruction concerning use of the appliance in a safe way and understand the hazards involved. Children shall not play with the appliance. Cleaning and user maintenance shall not be made by children without supervision.
- **Power Cord:** Do not pull, twist, or damage the power cord. Keep it away from hot surfaces.
- **Repairs:** Do not attempt to repair the device yourself. Contact qualified service personnel for any repairs.

## 2. PRODUCT OVERVIEW

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The VITALmaxx Shiatsu Massager is designed to provide a relaxing and invigorating massage experience. It features 8 rotating massage balls that mimic traditional Shiatsu finger pressure, combined with an optional red light heat function to soothe muscles.



Figure 2.1: Main view of the VITALmaxx Shiatsu Massager. The device is black with a central red mesh area where the massage nodes are located, and two arm loops for user control.

### Key Features:

- **3 Massage Types:** Pressure massage, kneading massage, and soothing red light heat.
- **Full Body Application:** Suitable for neck, shoulders, back, legs, abdominal muscles, thighs, and buttocks.
- **Adjustable Intensity:** Control massage intensity by adjusting pressure through the arm loops.
- **Customizable Settings:** 3 adjustable speed levels, switchable heat function (42-45°C), and reversible rotation direction.
- **Ergonomic Design:** Compact and flexible for easy transport and use anywhere.

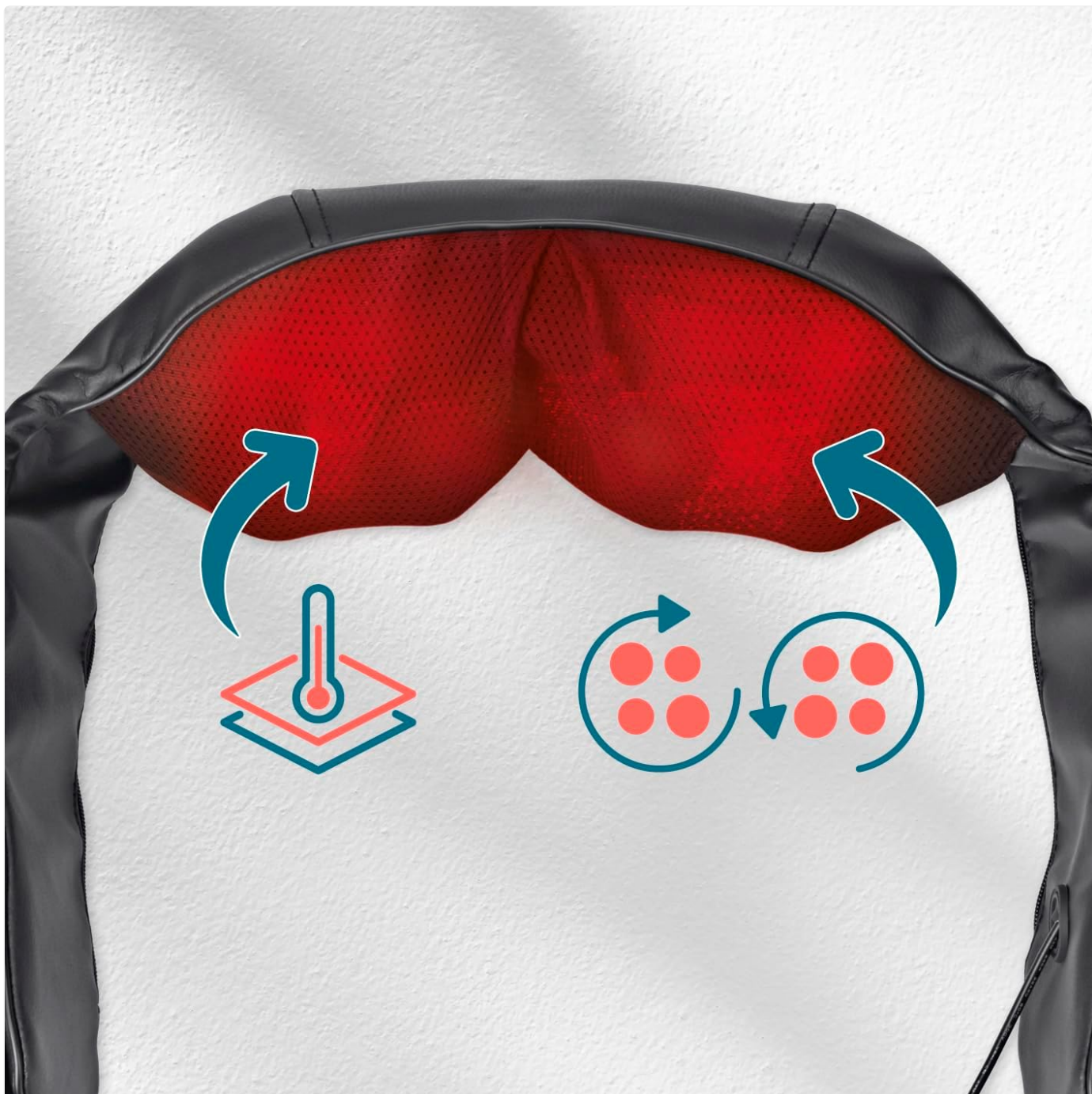


Figure 2.2: Illustration showing the heat function (thermometer icon) and the rotating massage balls (circular arrows with dots) of the VITALmaxx Shiatsu Massager.

### 3. SETUP

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1. **Unpack:** Carefully remove the VITALmaxx Shiatsu Massager from its packaging.
2. **Inspect:** Check the device and power cord for any signs of damage. Do not use if damaged.
3. **Placement:** Ensure the device is placed on a stable surface or positioned correctly on the body part to be massaged.
4. **Power Connection:** Plug the power adapter into a suitable electrical outlet. The device is powered by a cable and is not wireless.

### 4. OPERATING INSTRUCTIONS

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The VITALmaxx Shiatsu Massager features intuitive controls for a personalized massage experience.



Figure 4.1: Close-up of the control panel on the VITALmaxx Shiatsu Massager, showing buttons for power, heat, speed, and rotation direction.

## 4.1. Basic Operation

1. **Positioning:** Place the massager around the desired body area (e.g., neck, shoulders, back). Insert your forearms through the loops to hold the device in place and adjust pressure.
2. **Power On:** Press the **Power Button** (usually marked with a circle and vertical line) to turn on the massager. The massage nodes will begin rotating.
3. **Adjust Intensity:** To increase or decrease massage intensity, pull your forearms through the loops to apply more or less pressure against your body.
4. **Power Off:** Press the **Power Button** again to turn off the device.

## 4.2. Advanced Settings

- **Heat Function:** Press the **Heat Button** (often marked with a wavy line or thermometer icon) to activate the red light heat function. Press again to deactivate. The heat function operates between 42-45°C.
- **Speed Adjustment:** Use the **Speed Button** (often marked with a fan icon or multiple wavy lines) to cycle through 3

adjustable speed levels.

- **Rotation Direction:** Press the **Rotation Button** (often marked with circular arrows) to change the direction of the massage nodes' rotation.



**Figure 4.2:** A woman comfortably using the VITALmaxx Shiatsu Massager on her neck and shoulders, demonstrating typical usage.



## 5. MAINTENANCE

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### 5.1. Cleaning

- Always unplug the device from the power outlet before cleaning.
- Wipe the surface of the massager with a soft, slightly damp cloth.
- Do not use abrasive cleaners, solvents, or harsh chemicals.
- Ensure no water enters the device. The device is not waterproof.
- Allow the device to dry completely before storing or next use.

### 5.2. Storage

- Store the massager in a cool, dry place, away from direct sunlight and extreme temperatures.
- Keep the device out of reach of children.
- Do not place heavy objects on the massager during storage.



Figure 5.1: The VITALmaxx Shiatsu Massager shown folded, demonstrating its compact design for easy storage or transport.

## 6. TROUBLESHOOTING

If you encounter any issues with your VITALmaxx Shiatsu Massager, please refer to the following common problems and solutions:

Problem	Possible Cause	Solution
Device does not turn on.	Not plugged in, power outlet malfunction, damaged power cord.	Ensure the power cord is securely plugged into a working outlet. Check the power cord for visible damage.
Heat function is not working.	Heat function not activated, device malfunction.	Press the Heat Button to activate. Allow a few minutes for the heat to become noticeable.

Problem	Possible Cause	Solution
Massage feels too intense or too weak.	Incorrect pressure applied, speed setting.	Adjust the pressure by pulling or loosening your grip on the arm loops. Change the speed setting using the Speed Button.
Unusual noises during operation.	Internal malfunction.	Discontinue use immediately and contact customer support.

If the problem persists after trying these solutions, please contact VITALmaxx customer support.

## 7. SPECIFICATIONS

Model Name	VITALmaxx Shiatsu Nackenmassagegerät
Brand	VITALmaxx
Dimensions (L x W x H)	34 x 14.5 x 17.5 cm
Item Weight	1.3 Kilograms
Material	Plastic
Power Source	Corded Electric
Special Feature	Heat Function (42-45°C)
Massage Technique	Kneading, Pressure
Target Body Part	Full Body (Neck, Shoulders, Back, Legs, Abdomen)
Water Resistance Level	Not Waterproof
Components Included	Kneading massage, vibrating massage, and heat therapy

## 8. WARRANTY AND CUSTOMER SUPPORT

For warranty information or if you require assistance with your VITALmaxx Shiatsu Massager, please contact VITALmaxx customer support. Refer to the product packaging or the official VITALmaxx website for contact details.

**Manufacturer:** DS Produkte GmbH

