

SEDSEY B0D78Y5BMM

SEDSEY Smart Watch User Manual

Model: B0D78Y5BMM

INTRODUCTION

This manual provides comprehensive instructions for the operation, maintenance, and troubleshooting of your SEDSEY Smart Watch. Please read this manual carefully before using the device to ensure proper functionality and to maximize your user experience.



Figure 1: SEDSEY Smart Watch (Orange Silver variant) with active display and flashlight feature.

SETUP

1. Charging the Device

Before first use, fully charge your smart watch. Connect the magnetic charging cable to the charging points on the back of the watch and plug the USB end into a compatible power adapter (not included) or a computer USB port.

- Charging Time: Approximately 2 hours for a full charge.
- Battery Life: Up to 15 days of working time, or 30 days standby time.



Figure 2: Smart Watch with LED Flashlight and Battery Information.

2. App Installation and Pairing

To unlock the full features of your smart watch, download and install the **FitCloudPro** application on your smartphone.

1. Scan the QR code in the watch manual (if provided) or search for "FitCloudPro" in your smartphone's app store (compatible with Android 4.4+ and iOS 8.0+).
2. Open the FitCloudPro app and follow the on-screen instructions to create an account or log in.
3. Enable Bluetooth on your smartphone.
4. In the FitCloudPro app, navigate to the device pairing section and select your SEDSEY Smart Watch from the list of available devices. Confirm the pairing request on both your watch and smartphone.

OPERATING INSTRUCTIONS

1. Basic Navigation

The smart watch features a 1.43" AMOLED HD display. Swipe across the screen to access different functions and menus. Use the physical buttons on the side for power, back, and quick access to features like the flashlight.



Figure 3: 1.43" AMOLED Display Features.

2. Making and Receiving Calls

The smart watch supports Bluetooth calls. Once paired with your mobile phone, you can dial, receive, and reject calls directly from your wrist using the built-in high-quality speaker and microphone.

- **Dialing:** Access the dial pad on the watch or select a contact from your synced phonebook.
- **Receiving:** When a call comes in, the watch will vibrate and display the caller ID. Tap to answer or reject.

Bluetooth Call & Smart Notification



Figure 4: Bluetooth Call and Smart Notification Features.

3. Smart Notifications

Receive notifications for calls, messages, and app alerts (e.g., Twitter, Facebook, Skype, WhatsApp) directly on your watch. Ensure notification permissions are enabled in the FitCloudPro app and your phone settings.

4. Health Monitoring

The smart watch features upgraded sensors for continuous health monitoring.

- **Heart Rate Monitoring:** Real-time heart rate tracking throughout the day.
- **Sleep Monitoring:** Tracks your sleep patterns and provides comprehensive analysis.
- **Activity Tracking:** Accurately tracks steps, calories burned, distance, and activity time.

View detailed health data and trends within the FitCloudPro app.

24h Heart Rate Monitoring



Sleep Monitoring



Figure 5: Health Monitoring Features.

5. Sports Modes

The watch supports over 100 sports modes, including walking, running, hiking, cycling, and more. Select your desired mode before starting an activity to record specific data.



Figure 6: 100+ Sports Modes.

6. LED Flashlight

Activate the built-in LED flashlight for convenience in low-light conditions. This feature is useful for outdoor adventures, night running, or short-term home lighting.

7. Customizable Watch Faces

Personalize your watch with over 200 watch faces available through the FitCloudPro app. You can also customize watch faces with your own images.

Cool dials, change them whenever you want

A large number of personalized dials to cater to diversified aesthetics, you can pick and choose, match with your heart, show your own personalized trend.



Figure 7: Customizable Watch Faces.

8. Other Features

- AI Voice Assistant
- 7-day Weather Forecast
- Stopwatch

- Alarm Clock
- Music Control
- Camera Control
- Sedentary Reminder

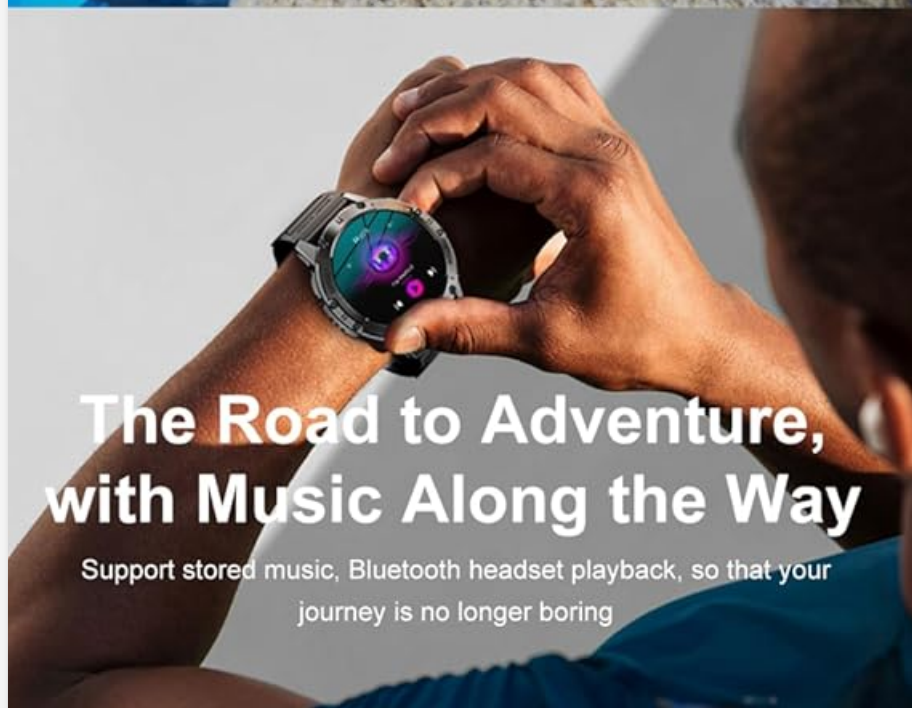
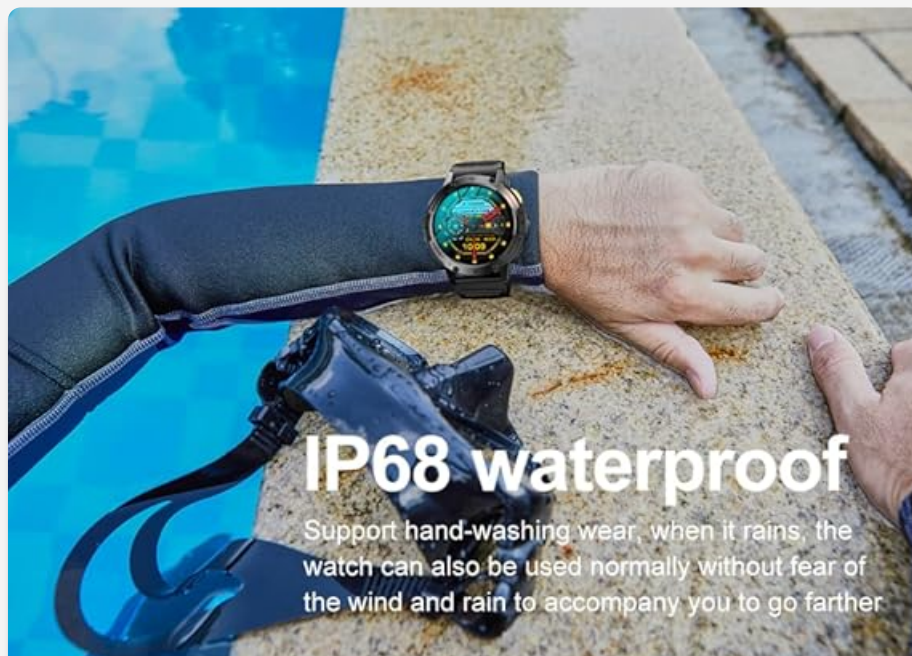
MAINTENANCE

1. Cleaning

Regularly clean your smart watch and wrist strap with a soft, dry cloth. If necessary, use a slightly damp cloth and then dry thoroughly. Avoid using harsh chemicals or abrasive materials.

2. Water Resistance

The watch is IP68 waterproof, meaning it can withstand hand washing and rain. However, it is **not** suitable for diving, saunas, or hot showers. Avoid prolonged submersion in water.



Numerous features for you to explore

Sedentary Reminder, Alarm Clock, Stopwatch, Timer, Incoming Call Notification, Message Reminder, Multi-language Push, Remote Photo
Wear a wonderful smart life on your wrist



Figure 8: IP68 Waterproof and Additional Features.

3. Storage

Store the watch in a cool, dry place away from direct sunlight and extreme temperatures when not in use for extended periods.

TROUBLESHOOTING

- **Watch not turning on:** Ensure the watch is fully charged. Connect it to the charger for at least 10 minutes.
- **Cannot pair with phone:**
 - Ensure Bluetooth is enabled on your phone and the watch.
 - Make sure the watch is within the Bluetooth range of your phone.
 - Restart both the watch and your phone.
 - Clear Bluetooth cache on your phone (if applicable) and try pairing again.
- **Notifications not received:**
 - Check notification permissions in the FitCloudPro app.
 - Ensure app notifications are enabled in your phone's system settings.
 - Verify that the watch is properly connected via Bluetooth.
- **Inaccurate health data:**

- Ensure the watch is worn snugly on your wrist, not too loose or too tight.
- Clean the sensor area on the back of the watch.
- Note that health data is for reference only and not for medical diagnosis.

SPECIFICATIONS

Feature	Detail
Display	1.43" AMOLED HD (460*460 resolution)
Battery Capacity	530mAh
Charging Time	Approx. 2 hours
Battery Life	15 days (working), 30 days (standby)
Waterproof Rating	IP68
Connectivity	Bluetooth
Operating System Compatibility	Android 4.4+ / iOS 8.0+
App Name	FitCloudPro
Case Material	Zinc Alloy (Military-grade tested)
Dimensions	48mm (diameter), 12.9mm (thickness)
Wrist Strap Size	150-260mm

Product parameter



Figure 9: Product Dimensions.

SUPPORT

For any questions or assistance, please contact our customer service. We provide 7/24 service to ensure your satisfaction.

Please refer to your purchase documentation or the FitCloudPro app for specific contact details.