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> KCNN Ophthalmic Prone Pillow User Manual

KCNN A

KCNN Ophthalmic Prone Pillow User Manual

Model: A

PRODUCT OVERVIEW

The KCNN Ophthalmic Prone Pillow is specifically designed to provide comfort and support for individuals who need to maintain a face-down position, such as those recovering from retinal vitreous surgery or requiring prone therapy. Its ergonomic design ensures proper alignment of the head, neck, and shoulders, promoting relaxation and aiding recovery.



Image: A person comfortably positioned face down on the KCNN Ophthalmic Prone Pillow, illustrating its primary use for maintaining a prone posture.

- **Ergonomic Design:** Features a 3D structure that fully supports the cervical spine, helping to prevent neck pain and hand numbness.
- **Breathable Comfort:** Designed to fit the face shape, promoting easy breathing even when lying face down.

- **Adjustable Height:** Offers two interchangeable heights (6cm and 8cm) for personalized comfort and adaptability to various sleeping postures.
- **Durable Material:** Constructed from soft, skin-friendly, and durable materials for long-lasting use.

SETUP

The KCNN Ophthalmic Prone Pillow requires minimal setup. Follow these steps to prepare your pillow for use:

1. **Unpack:** Carefully remove the pillow from its packaging.
2. **Allow to Expand:** If the pillow was compressed for shipping, allow it to expand to its full shape for a few hours in a well-ventilated area.
3. **Adjust Height (Optional):** The pillow offers two height options (6cm and 8cm). To adjust, locate the internal inserts or adjustable sections. Select the height that provides the most comfortable and supportive position for your specific needs.
4. **Placement:** Place the pillow on a flat, stable surface such as a bed, massage table, or desk, ensuring it is positioned securely.

OPERATING INSTRUCTIONS

Using the KCNN Ophthalmic Prone Pillow is straightforward. Follow these guidelines for optimal comfort and support:

1. **Positioning:** Lie face down with your head resting in the central hollow area of the pillow. Ensure your forehead and chin are comfortably supported without excessive pressure.
2. **Arm Placement:** Utilize the designated space beneath the pillow to comfortably rest your arms. This feature helps prevent arm compression and numbness, enhancing overall comfort during extended periods of prone positioning.
3. **Breathing:** The hollow design is engineered to facilitate easy breathing. Ensure your nose and mouth are clear and unobstructed.
4. **Comfort Check:** Adjust your position slightly until you find the most comfortable and stable alignment for your head, neck, and shoulders. The gentle slope is designed to provide optimal relaxation.

頭、首、肩に自然にフィット
快適、リラックス、快眠



Image: An overhead view showing how the pillow naturally conforms to the head, neck, and shoulders, emphasizing comfort and relaxation.

中空の通気性のあるデザインにより、
うつ伏せで寝ているときでも呼吸がスムーズになります。



Image: This image demonstrates the hollow and breathable design of the pillow, which ensures smooth breathing even when lying face down.

高低の調整 さまざまな寝姿勢に適応



Image: The pillow's adjustable height feature is shown, highlighting its adaptability for use in various prone positions, such as on a table.

5 快適さ

快適な顔の形、呼吸しやすい、胸の圧迫感なし

顔の形により適しており、眼球を圧迫しません。

胸部クッション

ネックサポート



Image: A detailed diagram illustrating the pillow's key features, including the chest cushion and neck support, designed to fit the face shape and avoid eyeball compression.

MAINTENANCE

Proper care and maintenance will extend the life of your KCNN Ophthalmic Prone Pillow:

- **Cleaning:** Spot clean the pillow surface with a mild detergent and a damp cloth. Do not submerge the pillow in water.
- **Drying:** Allow the pillow to air dry completely in a well-ventilated area, away from direct sunlight or heat sources.
- **Storage:** Store the pillow in a clean, dry place when not in use. Avoid placing heavy objects on top of it to maintain its shape.
- **Fabric Care:** The pillow's fabric is soft and skin-friendly. Avoid using harsh chemicals or abrasive cleaners that could damage the material.

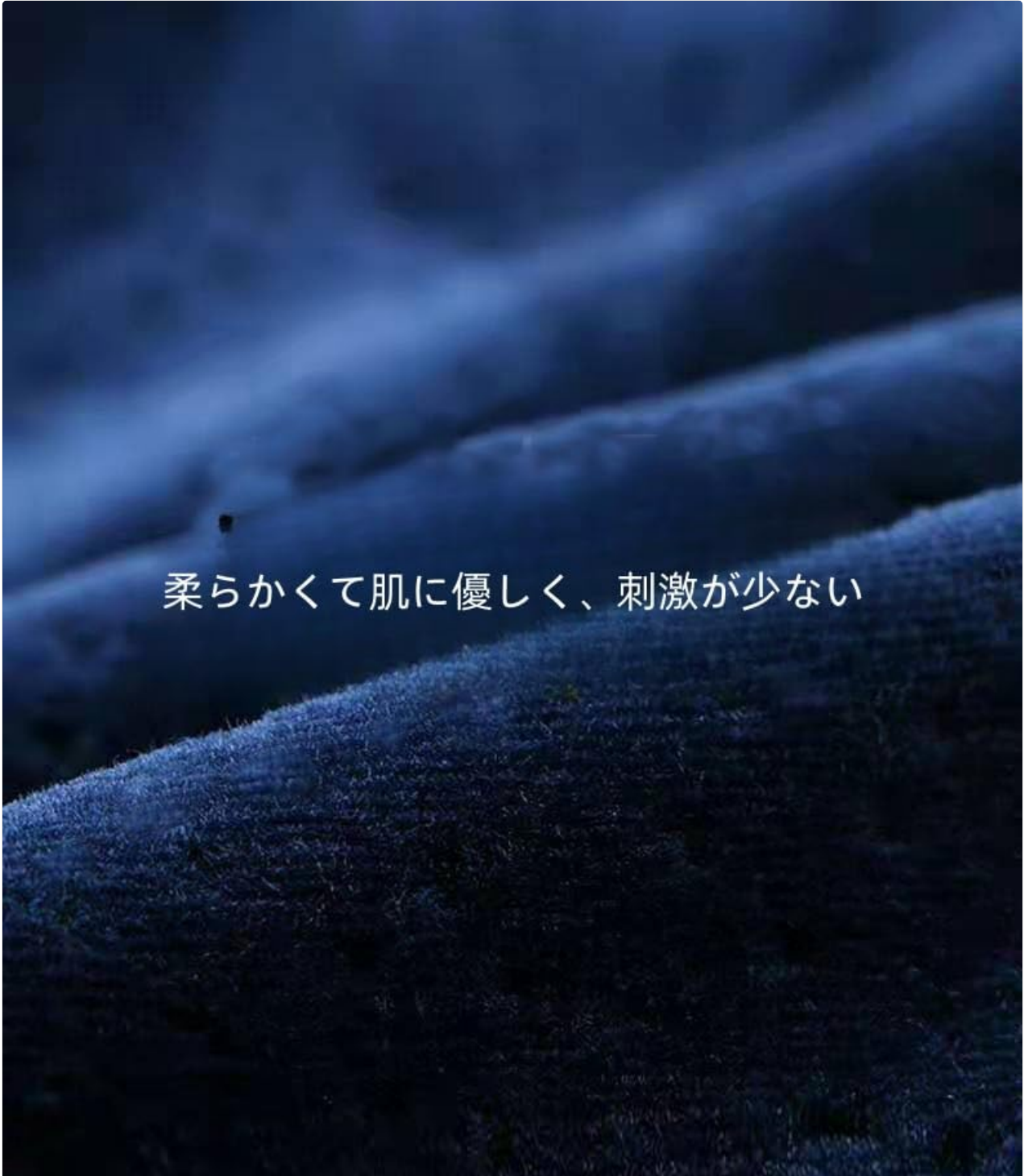


Image: A close-up view of the pillow's soft and skin-friendly fabric, highlighting its gentle texture.

TROUBLESHOOTING

If you encounter any issues with your KCNN Ophthalmic Prone Pillow, refer to the following common solutions:

- **Discomfort:** If you experience discomfort, try adjusting the pillow's height or your body's position. Ensure your head

is centered in the hollow area and your arms are comfortably placed.

- **Breathing Difficulty:** Verify that the pillow is positioned correctly and that your nose and mouth are not obstructed. The hollow design is intended to facilitate breathing; if issues persist, consult a healthcare professional.
- **Pillow Not Expanding:** If the pillow does not fully expand after unpacking, gently knead it to help restore its shape. Allow more time in a warm, well-ventilated room.

SPECIFICATIONS

Brand	KCNN
Model	A
Adjustable Height	6cm to 8cm
Material	Soft, skin-friendly fabric (details may vary)
ASIN	B0D78WHWFV
UPC	755132864135

WARRANTY AND SUPPORT

For warranty information or product support, please contact KCNN customer service directly. Details regarding specific warranty periods and support procedures are typically provided with your purchase documentation or available on the official KCNN website.

Please retain your proof of purchase for any warranty claims.