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KNQZE KP7

KNQZE Lumbar Support Pillow KP7 User Manual

Model: KP7

1. Introduction

Thank you for choosing the KNQZE Lumbar Support Pillow. This manual provides essential information for the safe and effective use of your new lumbar support pillow, featuring adjustable traction height and heating functions. Please read this manual thoroughly before use and retain it for future reference.



Image 1: KNQZE Lumbar Support Pillow with heating element, control panel, and manual inflator bulb.

2. Safety Information

Please observe the following safety precautions to prevent injury or damage to the product:

- Always unplug the pillow before adjusting its height or moving it.
- Do not use the heating feature continuously; limit sessions to a maximum of 30 minutes.
- Avoid using the pillow while driving or operating heavy machinery.
- Keep the pillow away from water and other liquids.
- Do not use the pillow if you have any medical conditions or are pregnant without consulting a doctor first.
- Always follow the instructions in this user manual for safe and effective use.
- Do not remove the pillowcase for washing, as it contains heating wires.

3. Package Contents

Verify that all items are present in the package:

- KNQZE Lumbar Support Pillow (Model KP7)
- Manual Inflatable Ball (attached to pillow)
- Power Adapter (for home use)
- Car Adapter (for vehicle use)
- User Manual (this document)

4. Product Features

The KNQZE Lumbar Support Pillow is designed to provide comfort and support with the following key features:

- **Adjustable Traction Height:** Manually inflate to adjust height from 4.3 to 6.1 inches (11-15.5 cm) for personalized lumbar support.
- **Adjustable Heating:** Three heat levels (Low: 100.4°F, Medium: 113.0°F, High: 126.9°F) to soothe muscles.
- **Timer Settings:** Three timer options (10, 20, 30 minutes) for automatic shut-off.
- **Ergonomic Design:** Streamlined shape to fit the natural curve of the lumbar spine.
- **Memory Foam:** High-quality slow-rebound memory foam for comfort and support.
- **Breathable Cover:** Super breathable 4D mesh pillowcase.
- **Non-Slip Strap:** Adjustable strap to secure the pillow to various chairs.
- **Versatile Use:** Suitable for office chairs, recliners, car seats, and beds.

5. Setup

5.1 Attaching the Pillow to a Chair

1. Position the lumbar support pillow against the backrest of your chair at the desired height for your lower back.
2. Wrap the adjustable non-slip strap around the back of the chair.
3. Fasten the buckle and pull the strap to tighten it, ensuring the pillow is securely in place and does not slip.



Image 2: The lumbar support pillow secured to an office chair with its adjustable strap, and an illustration of the car adapter for in-vehicle use.

5.2 Power Connection

- **For Home/Office Use:** Connect the pillow's power cable to the provided power adapter, then plug the adapter into a standard wall outlet.
- **For Car Use:** Connect the pillow's power cable to the provided car adapter, then plug the car adapter into your vehicle's cigarette lighter socket.

6. Operating Instructions

6.1 Adjusting Traction Height

The pillow's traction height can be adjusted manually to provide optimal support for your lumbar spine.

1. Locate the manual inflatable ball attached to the pillow.
2. To **increase** the height (inflate), repeatedly squeeze the inflatable ball until the desired firmness and height are

achieved (ranging from 4.3 to 6.1 inches).

3. To **decrease** the height (deflate), press and hold the small button on the side of the inflatable ball until the pillow reaches the desired softness or minimum height.



Image 3: A user demonstrating how to adjust the pillow's height using the manual inflator, with an illustration showing the adjustable range from 4.3 to 6.1 inches.

6.2 Using the Heating Function and Timer

The integrated control panel allows you to manage heating levels and set a timer.



Image 4: The control panel for the lumbar support pillow, detailing the power button, heat level selection (L, M, H), and timer settings (10, 20, 30 minutes).

1. **Power On/Off:** Press the power button () to turn the heating function on or off. The indicator light will illuminate when on.
2. **Adjust Heat Level:** Press the heat button (♨) to cycle through the three heating levels:
    - **L (Low):** Approximately 100.4°F (38°C)
    - **M (Medium):** Approximately 113.0°F (45°C)
    - **H (High):** Approximately 126.9°F (52.7°C)

    Note: The heating element has overheating protection. If it becomes too hot, heating will pause and resume after cooling. Limit sessions to 30 minutes.
3. **Set Timer:** Press the timer button () to select a duration for the heating function: 10, 20, or 30 minutes. The heating will automatically turn off after the selected time.



Image 5: A user experiencing the heating function of the lumbar support pillow, illustrating the three available temperature settings.

7. Maintenance

Proper care ensures the longevity and performance of your lumbar support pillow.

- **Cleaning:** Do not remove the pillowcase for washing, as it contains heating wires. For cleaning, gently wipe the surface with a damp cloth and mild detergent. Allow it to air dry completely before use.
- **Storage:** Store the pillow in a cool, dry place away from direct sunlight when not in use.
- **Memory Foam Note:** Memory foam may harden in cold conditions and soften in warmth. This is a normal characteristic of the material and does not affect its functionality.

8. Troubleshooting

Problem	Possible Cause	Solution

Problem	Possible Cause	Solution
Pillow does not heat.	Not properly plugged in; power button not pressed; power source issue.	Ensure the power cable is securely connected to the pillow and the adapter, and the adapter is firmly plugged into a working outlet or car socket. Press the power button on the control panel.
Pillow is too firm/soft (traction height).	Incorrect inflation level.	Use the manual inflatable ball to adjust the height. Squeeze to inflate, press the button to deflate, until desired firmness is reached.
Pillow slips on chair.	Strap not tightened sufficiently.	Ensure the non-slip strap is securely fastened and tightened around the chair backrest.
Heating stops unexpectedly.	Overheating protection activated; timer expired.	Allow the pillow to cool down; it will resume heating automatically. Check the timer setting and reset if necessary.

9. Specifications

- **Model Number:** KP7
- **Product Dimensions:** 18.9 x 8.3 x 4.3 inches (48 x 21 x 11 cm)
- **Item Weight:** 2.14 Pounds (0.97 kg)
- **Material:** Memory Foam, 4D Mesh Polyester
- **Power Source:** Corded Electric (AC adapter / Car adapter)
- **Adjustable Traction Height:** 4.3 - 6.1 inches (11 - 15.5 cm)
- **Heating Levels:** Low (100.4°F), Medium (113.0°F), High (126.9°F)
- **Timer Settings:** 10, 20, 30 minutes
- **Manufacturer:** KNQZE

10. Warranty and Support

KNQZE offers a **1-year warranty** for this product. This warranty covers free replacements for any damage that occurs within the first year from the date of purchase.
For warranty claims, technical support, or any inquiries regarding your KNQZE Lumbar Support Pillow, please contact KNQZE customer service through the retailer where the product was purchased or visit the official KNQZE website for contact information.
Legal Disclaimer: Statements regarding dietary supplements have not been evaluated by the FDA and are not intended to diagnose, treat, cure, or prevent any disease or health condition. This product is intended for comfort and support, not as a medical device.

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