

## Yoidesu Yoidesugwaz8ducpe-17

# Yoidesu Smart Ring Health Tracker User Manual

Model: Yoidesugwaz8ducpe-17

## 1. INTRODUCTION

Thank you for choosing the Yoidesu Smart Ring Health Tracker. This smart ring is designed to help you monitor your health and fitness activities with convenience and precision. It features step counting, sleep tracking, and exercise data recording, all within a waterproof and durable design. Please read this manual carefully to ensure proper use and maintenance of your device.



Image: A close-up view of the Yoidesu Smart Ring, showcasing its black faceted exterior and the internal sensor components.

## 2. PACKAGE CONTENTS

Please check the package contents upon opening. If any items are missing or damaged, please contact customer support.

- 1 x Yoidesu Smart Ring Health Tracker
- 1 x User Manual (this document)
- 1 x Charging Cable



Image: The Yoidesu Smart Ring displayed alongside its dedicated magnetic charging cable.

### 3. PRODUCT OVERVIEW

---

The Yoidesu Smart Ring is a compact and powerful health tracking device designed for daily wear. Its key features include:

- **Activity Tracking:** Records steps, distance, calories burned, and speed.
- **Sleep Monitoring:** Tracks sleep patterns and quality.
- **Waterproof Design:** IP68 rated, suitable for swimming, diving, and snorkeling.
- **Long Battery Life:** Up to 7 days of continuous use on a single charge.
- **Durable Construction:** Made from resin and stainless steel.

Activity Tracker Ring



IP68 Waterproof  
and Dustproof



7-10 Days  
Long Battery Life

Image: An illustration showing three Yoidesu Smart Rings in different colors (black, silver, gold) along with icons highlighting key features: activity tracking, IP68 waterproof and dustproof rating, and 7-10 days long battery life.

# IP68 waterproof technology



Image: The Yoidesu Smart Ring partially submerged in water, illustrating its IP68 waterproof technology.

## 4. SETUP GUIDE

---

### 4.1 Charging the Smart Ring

Before first use, fully charge your smart ring. The charging time is approximately 60 minutes.

1. Connect the provided charging cable to a USB power source (e.g., computer USB port, USB wall adapter).
2. Attach the magnetic end of the charging cable to the charging contacts on the inside of the smart ring. Ensure a secure connection.
3. The ring will indicate charging status (e.g., a light indicator or app notification).

### 4.2 App Installation and Pairing

To view and manage your health data, you need to download and pair the "LuckRing" application.

1. **Download the App:** Search for "LuckRing" in your device's app store (Google Play Store for Android, Apple App Store for iOS) and install it. The app supports Android 5.0 or iOS 10.0 and newer versions.
2. **Create an Account:** Open the LuckRing app and follow the on-screen instructions to create a new user account or log in if you already have one.
3. **Enable Bluetooth:** Ensure Bluetooth is enabled on your smartphone.
4. **Pair the Ring:**
  - In the LuckRing app, navigate to the device pairing section (usually found in "Settings" or "My Device").
  - The app will search for nearby Yoidesu Smart Rings. Select your ring from the list of discovered devices.
  - Follow any prompts to confirm the pairing. Once paired, the app will display "Connected" or a similar status.

## 5. OPERATING INSTRUCTIONS

---

### 5.1 Wearing the Ring

Wear the smart ring on any finger that feels comfortable. For optimal data accuracy, ensure the sensors on the inside of the ring are in contact with your skin.



Image: A close-up of a woman's hand, showing the Yoidesu Smart Ring comfortably worn on her finger.

## 5.2 Activity Tracking

The ring automatically tracks your daily activities. Data such as steps, distance, calories, and speed are recorded continuously.

- **Viewing Data:** Open the LuckRing app on your smartphone. Your activity data will sync automatically and be displayed on the dashboard.
- **Multiple Sport Modes:** The ring supports various sports activities. Ensure the app is running in the background for continuous data synchronization during workouts.



Image: A collage depicting various sports activities including rock climbing, running, and cycling, with the Yoidesu Smart Ring prominently featured, highlighting its versatility for multiple sport modes.

### 5.3 Sleep Tracking

Wear the ring while sleeping to automatically track your sleep duration and quality. The app provides insights into your sleep stages (deep, light, REM) and overall sleep score.

- Ensure the ring is worn comfortably throughout the night.
- Sync the ring with the app in the morning to view your sleep analysis.

## 6. MAINTENANCE AND CARE

- **Cleaning:** Wipe the ring regularly with a soft, damp cloth. Do not use harsh chemicals or abrasive cleaners.
- **Water Exposure:** While the ring is IP68 waterproof, it is recommended to rinse it with fresh water after exposure to saltwater or chlorinated water to prevent residue buildup.

- **Storage:** Store the ring in a cool, dry place when not in use. Avoid extreme temperatures.
- **Charging:** Only use the provided charging cable. Do not attempt to force the charger if it does not connect easily.

## 7. TROUBLESHOOTING

Problem	Possible Solution
Ring not pairing with app.	<ul style="list-style-type: none"> <li>• Ensure Bluetooth is enabled on your phone.</li> <li>• Make sure the ring is charged.</li> <li>• Restart the LuckRing app and try again.</li> <li>• Restart your phone.</li> <li>• Ensure the ring is within Bluetooth range of your phone.</li> </ul>
Data not syncing to app.	<ul style="list-style-type: none"> <li>• Check if the ring is connected to the app (check app status).</li> <li>• Ensure your phone has an active internet connection for data upload.</li> <li>• Close and reopen the app.</li> </ul>
Ring not charging.	<ul style="list-style-type: none"> <li>• Verify the charging cable is securely connected to both the ring and the power source.</li> <li>• Try a different USB port or power adapter.</li> <li>• Ensure the charging contacts on the ring and cable are clean and free of debris.</li> </ul>
Inaccurate data readings.	<ul style="list-style-type: none"> <li>• Ensure the ring is worn snugly on your finger, with sensors in contact with skin.</li> <li>• Calibrate the ring through the LuckRing app if a calibration option is available.</li> <li>• Ensure the app is updated to the latest version.</li> </ul>

## 8. SPECIFICATIONS

Feature	Detail
Item Type	Smart Ring Health Tracker

Feature	Detail
Material	Resin, Stainless Steel
Battery Type	Lithium Battery, 20mAh
Standby Time	About 7 Days
Charging Time	60 Minutes
Compatible App	LuckRing
Operating System Compatibility	Android 5.0+, iOS 10.0+
Water Resistance	IP68 (up to 1000 meters depth for swimming, diving, snorkeling)
Model Name	Yoidesugwaz8ducpe-17
Color	Black (for this specific variant)
Size	18# (Inner Diameter: 17.8mm / 0.7in, Circumference: 55.8mm / 2.2in)

# Size 18



**Inner Diameter:  
17.8mm / 0.7in,**

**Circumference:  
55.8mm / 2.2in**

Image: A visual representation of the Yoidesu Smart Ring, size 18, with its inner diameter (17.8mm / 0.7in) and circumference (55.8mm / 2.2in) clearly marked.

## 9. WARRANTY AND SUPPORT

---

Yoidesu products come with a standard manufacturer's warranty. For specific warranty terms and conditions, please refer to the warranty card included in your product packaging or visit the official Yoidesu website.

For technical support, troubleshooting assistance, or any inquiries regarding your Yoidesu Smart Ring, please contact our customer support team:

- **Website:** [Visit the Yoidesu Store on Amazon](#) (for general inquiries and product information)
- **Email:** Refer to your product packaging or the official website for direct support email.
- **Phone:** Refer to your product packaging or the official website for direct support phone number.

When contacting support, please have your product model number (Yoidesugwaz8ducpe-17) and purchase details ready.