MYNTA MC1810

MYNTA MC1810 Full Body Massage Chair User Manual

Model: MC1810

1. Safety Instructions

Please read all instructions carefully before using the MYNTA MC1810 Massage Chair. Failure to follow these instructions may result in injury or damage to the product.

- Always unplug the chair when not in use or before cleaning.
- Do not use the chair if you are pregnant, have a heart condition, or any other medical condition that could be affected by massage. Consult a physician before use if you have any health concerns.
- Keep children and pets away from the chair when it is in use. This chair is not intended for use by persons with reduced physical, sensory, or mental capabilities unless supervised.
- Do not use the chair if you have recently consumed alcohol or any medication that could affect your ability to safely operate the chair.
- Ensure the power cord is not damaged and is properly connected to a grounded outlet.
- Do not attempt to repair or disassemble the chair yourself. Contact qualified service personnel for any repairs.

2. Product Overview

The MYNTA MC1810 Massage Chair is designed to provide a comprehensive and relaxing massage experience. It features an ergonomic SL-Track, 3D massage rollers, full-body airbag compression, heating therapy, zero-gravity recline, and integrated smart features for enhanced comfort.



Figure 2.1: MYNTA MC1810 Massage Chair (Black)

3. Setup Guide

3.1 Unboxing and Placement

The MYNTA MC1810 Massage Chair comes in one-piece packaging and requires no complex installation. It is designed for easy unboxing and placement.

1. Carefully remove the chair from its packaging.
2. Move the massage chair to your desired location. The chair is equipped with wheels for easier relocation.
3. Ensure there is at least 6 inches (15 cm) of space between the back of the chair and any wall to allow for reclining.

Figure 3.1: Unboxing and Moving the Massage Chair

3.2 Initial Assembly (Minimal)

The chair is largely pre-assembled. Follow these steps for final setup:

1. Lower the foot massager into position.
2. Attach the LCD Remote Screen Control to its designated holder.

3. Plug the power cord into a suitable electrical outlet.

Video 3.1: MYNTA 3D Massage Chair MC1810 - No Installation Required. This video demonstrates the simple unboxing and setup process, including lowering the foot massager and attaching the remote control.

4. Operating Instructions

4.1 Controls

The MYNTA MC1810 features both a quick access control panel and an LCD touch screen for easy operation.

- **Quick Access Control Panel:** Located on the armrest, this panel allows for basic functions like power on/off, speed adjustment, heating, foot roller control, recline adjustments, and quick access to auto modes.
- **LCD Touch Screen:** Provides a comprehensive interface to select massage modes, techniques, adjust intensity, and control special features.



Figure 4.1: Quick Access Control Panel

Figure 4.2: LCD Touch Screen Interface

4.2 Body Scan Technology

Upon activation, the chair automatically scans the user's height and body shape to map key areas of the shoulder, neck, and back. This ensures a personalized and effective massage experience tailored to your body's contours.



Figure 4.3: Auto Body Scan

4.3 SL-Track and 3D Massage Rollers

The ergonomic SL-Track design follows the natural curve of your spine, providing massage from the neck down to the hips. The 3D massage rollers mimic human massage techniques, offering multi-directional and three-dimensional massage.



Figure 4.4: SL-Track Massage Path

4.4 Massage Techniques and Auto Programs

The chair offers 12 distinct massage techniques and 12 auto programs, including options for work relief, recovery, deep tissue, rest & sleep, athletic, vertebral, Thai stretch, gentle, and targeted massages for neck & shoulders or waist & hip. Intensity, speed, and width are adjustable.



Figure 4.5: 3D Intelligent Massage Techniques



Figure 4.6: 12 Auto Programs Selection

4.5 Full Body Airbag Compression

With 36 airbags strategically placed, the chair provides full-body compression massage to your shoulders, arms, calves, and feet. This helps relieve muscle tension and fatigue. Air intensity can be adjusted to 5 levels.



Figure 4.7: Full Body Airbag Coverage

4.6 Heating Therapy

Integrated heating elements in the waist and hip areas provide soothing heat therapy, promoting blood circulation and effectively alleviating aches and pains.

Figure 4.8: Waist & Hip Heating Therapy

4.7 Zero Gravity Recline

The chair offers 4 zero-gravity positions, elevating your legs above your heart to relieve pressure on the spine and enhance the weightless massage sensation for deeper relaxation. It also includes a Thai stretch function to improve flexibility.



Figure 4.9: 4 Stage Zero Gravity

4.8 Foot Massage

Enjoy a comprehensive foot massage with upgraded foot rollers and air compression for calves and feet. The footrest can extend up to 7 inches to accommodate users of different heights.



Figure 4.10: Foot Massage Features

4.9 Special Features

- **HD Bluetooth Speaker:** Connect your device via Bluetooth to enjoy music with 360-degree immersive surround sound during your massage.
- **White Noise Function:** Access built-in white noise sounds (e.g., Ocean Surf, Crickets, Rain, Nature) to enhance relaxation and stress relief.
- **Negative Ion Oxygen Function:** Releases negative oxygen ions to purify the air around you, doubling the relaxing effect.
- **Wireless Charging:** Conveniently charge your compatible smartphone on the integrated wireless charging pad.

Figure 4.11: Bluetooth Speaker, White Noise, and Negative Ions

Figure 4.12: Wireless Phone Charging

5. Maintenance

5.1 Cleaning

- Always unplug the chair before cleaning.
- Wipe the chair's surface with a soft, damp cloth. Do not use abrasive cleaners or harsh chemicals.
- For fabric areas, use a mild upholstery cleaner if necessary, testing on an inconspicuous area first.
- Keep the chair dry and avoid exposing it to direct sunlight or high humidity.

5.2 Storage

If storing the chair for an extended period, ensure it is clean, dry, and covered to protect it from dust and moisture.

6. Troubleshooting

If you encounter any issues with your MYNTA MC1810 Massage Chair, please refer to the following common solutions:

Problem	Possible Cause	Solution
Chair does not power on.	Power cord not properly connected; Power outlet malfunction.	Ensure the power cord is securely plugged into both the chair and a working electrical outlet. Check the circuit breaker.
Massage rollers are not moving.	Auto body scan not completed; Program paused or stopped.	Ensure you are seated correctly for the body scan. Select an auto program or manual massage mode. Check if the massage is paused.
Airbags are not inflating.	Airbag function is off; Air intensity set too low.	Activate the airbag function via the control panel or touch screen. Increase the air intensity setting.
No heat from heating function.	Heating function is off.	Turn on the heating function via the control panel or touch screen. Allow a few minutes for the heat to build up.
Bluetooth speaker not connecting.	Bluetooth is off on chair or device; Device too far.	Ensure Bluetooth is enabled on both the chair and your device. Keep your device within range. Refer to your device's Bluetooth pairing instructions.

If the problem persists after attempting these solutions, please contact customer support.

7. Specifications

Feature	Detail
Brand	MYNTA
Model Number	MC1810
Color	Black
Product Dimensions (Upright)	35"D x 30.3"W x 35"H
Item Weight	190 pounds
Maximum Weight Recommendation	250 Pounds

Feature	Detail
Material	Faux Leather, Stainless Steel, Foam
Massage Track	SL-Track
Massage Rollers	3D Intelligent Massage Rollers
Massage Techniques	12 (Kneading, Knocking, Rolling, Swedish, Shiatsu, Tapping)
Auto Programs	12
Airbag Count	36 (Shoulders, Arms, Lumbar, Calves, Feet)
Heating Therapy	Waist & Hip
Zero Gravity Positions	4
Footrest Extension	7 inches
Connectivity	HD Bluetooth Speaker
Additional Features	White Noise Function, Negative Ion Oxygen Function, Wireless Charging, Space Saving Technology (6" from wall)
Recommended Uses	Relaxing
Date First Available	September 16, 2025

8. Warranty and Customer Support

MYNTA massage chairs undergo strict quality tests before shipping. We are committed to providing professional customer service before and after your purchase.
For any questions, concerns, or issues regarding your MYNTA MC1810 Massage Chair, please do not hesitate to reach out to our customer support team. We aim to reply within 24 hours and offer the best possible solution.
Please refer to your purchase documentation for specific warranty details and contact information.

Ask a question about this manual

Ask about setup, troubleshooting, compatibility, parts, safety, or missing instructions. Manuals+ will review the question and use this page's manual context to help answer it.

Name

Anonymous

Email

you@example.com

After a successful submission, we securely hash the supplied account or form email before sending it to Microsoft Advertising for conversion attribution. Privacy details.

Question

Example: How do I reset this device or fix this error?

Details

Model number, symptoms, what you tried, or the section of the manual you are using.

Submit question