Snailax SL-682

Snailax Cordless Neck and Shoulder Massager SL-682 User Manual

Model: SL-682

1. Introduction

Thank you for choosing the Snailax Cordless Neck and Shoulder Massager, Model SL-682. This device is designed to provide deep tissue kneading and heat therapy to help relieve muscle tension in your neck, shoulders, and other body areas. Please read this manual thoroughly before use to ensure safe and effective operation.



Image 1.1: Snailax Cordless Neck and Shoulder Massager SL-682. The massager is shown in a light green color, designed to fit around the neck and shoulders, with control buttons visible on the left strap and illuminated heat nodes.

2. Important Safety Instructions

To reduce the risk of electric shock, burns, fire, or injury, always follow these basic safety precautions:

- Read all instructions before using this appliance.
- Do not use this massager near water or in damp environments.
- Always unplug the appliance from the electrical outlet immediately after using and before cleaning.
- Do not leave the appliance unattended when plugged in.
- Close supervision is necessary when this appliance is used by, on, or near children, invalids, or disabled persons.
- Use this appliance only for its intended use as described in this manual. Do not use attachments not recommended by the manufacturer.
- Never operate this appliance if it has a damaged cord or plug, if it is not working properly, if it has been dropped or damaged, or dropped into water. Return the appliance to a service center for examination and repair.

- Keep the cord away from heated surfaces.
- Never use while sleeping or drowsy.
- Never drop or insert any object into any opening.
- Do not operate where aerosol (spray) products are being used or where oxygen is being administered.
- Do not use on sensitive skin areas or where circulation is poor.
- Do not use on infants, invalids, or a sleeping or unconscious person.
- Do not use on areas with skin disorders such as eczema, herpes, or open wounds.
- Consult your doctor before using this massager if you have a pacemaker, artificial joints, or any other medical conditions, including pregnancy.
- Limit use to 10 minutes per session and a maximum of 5 times daily to avoid overstimulating muscles and nerves.
- The massager has a 10-minute automatic shutoff feature for safety.

3. Product Overview

3.1 Components

- Snailax Cordless Neck and Shoulder Massager (Model SL-682)
- USB Type-C Charging Cable
- User Manual



Image 3.1: Package contents including the massager, USB cable, and user manual.

3.2 Features

- **4D Deep Tissue Kneading:** Six massage heads simulate human hand movements for deep muscle relief.
- **Heat Therapy:** Rapid heating in 10 seconds with two adjustable temperature settings (104°F/40°C and 120°F/49°C).
- **Cordless Design:** Powered by a large-capacity battery, offering up to a week of daily use on a single charge. USB Type-C charging for convenience.
- **Hands-Free Operation:** Ergonomic, wearable design with an adjustable strap for a secure fit.
- **Multi-functional:** Suitable for neck, shoulders, back, waist, thighs, and abdomen.
- **Automatic Shutoff:** 10-minute auto-off timer for safety.



Image 3.2: Illustration of the professional massage mechanism and ergonomically designed nodes for deep tissue kneading.

3.3 Control Panel

The control panel is located on the left strap of the massager and features the following buttons:

- **Power Button:** Turns the massager ON/OFF.
- **Mode Button:** Cycles through 3 different massage modes.
- **Heat Button:** Toggles heat function (High/Low/Off).
- **Speed Button:** Adjusts massage intensity (Low/Medium/High).



Image 3.3: Close-up of the control panel showing the Power, Mode, Heat, and Speed buttons.

4. Setup

4.1 Charging the Massager

1. Before first use, fully charge the massager.

2. Connect the USB Type-C charging cable to the charging port on the massager.
3. Plug the other end of the USB cable into a compatible USB power adapter (not included) or a computer USB port.
4. The battery indicator light will show charging status. Once fully charged, the indicator will change (refer to the massager's display for specific indications).
5. A full charge can provide up to a week of daily use, depending on usage patterns and heat function activation.



Image 4.1: The massager's cordless design allows for use in various settings, such as while working at a desk.

5. Operating Instructions

5.1 Wearing Options

The Snailax SL-682 offers two primary wearing methods:

- **Back-Packed:** Secure the massager around your neck and shoulders using the adjustable strap for hands-free operation.
- **Pull-Typed:** Hold the hand straps to manually adjust pressure and position for a more targeted or intense massage.



Image 5.1: Demonstrates the 'Back-Packed' method where the massager is secured, and the 'Pull-Typed' method where the user holds the straps.

5.2 Basic Operation

1. **Power ON:** Press the Power button once to turn on the massager. It will start in a default mode.
2. **Adjust Mode:** Press the Mode button to cycle through the 3 available massage modes.
3. **Activate Heat:** Press the Heat button to turn on the heat function. Press again to switch between high and low heat, or to turn it off.
4. **Adjust Speed/Intensity:** Press the Speed button to select between Low, Medium, and High massage intensity levels.
5. **Power OFF:** Press and hold the Power button to turn off the massager. The device will also automatically shut off after 10 minutes of continuous use.

5.3 Recommended Usage

- Each massage session should not exceed 10 minutes.
- Do not use the massager more than 5 times per day.
- Allow a break between sessions to prevent overstimulation.



Image 5.2: Visual representation of the warm heat compression feature, showing areas of heat application on the neck and shoulders.

5.4 Multi-functional Use

The massager can be applied to various body parts for targeted relief:

- **Neck & Shoulders:** Position the massager around your neck and shoulders.
- **Waist:** Place the massager on your lower back or waist area.
- **Thigh:** Apply to the thigh muscles.

- **Abdomen:** Use on the abdominal area for gentle massage.

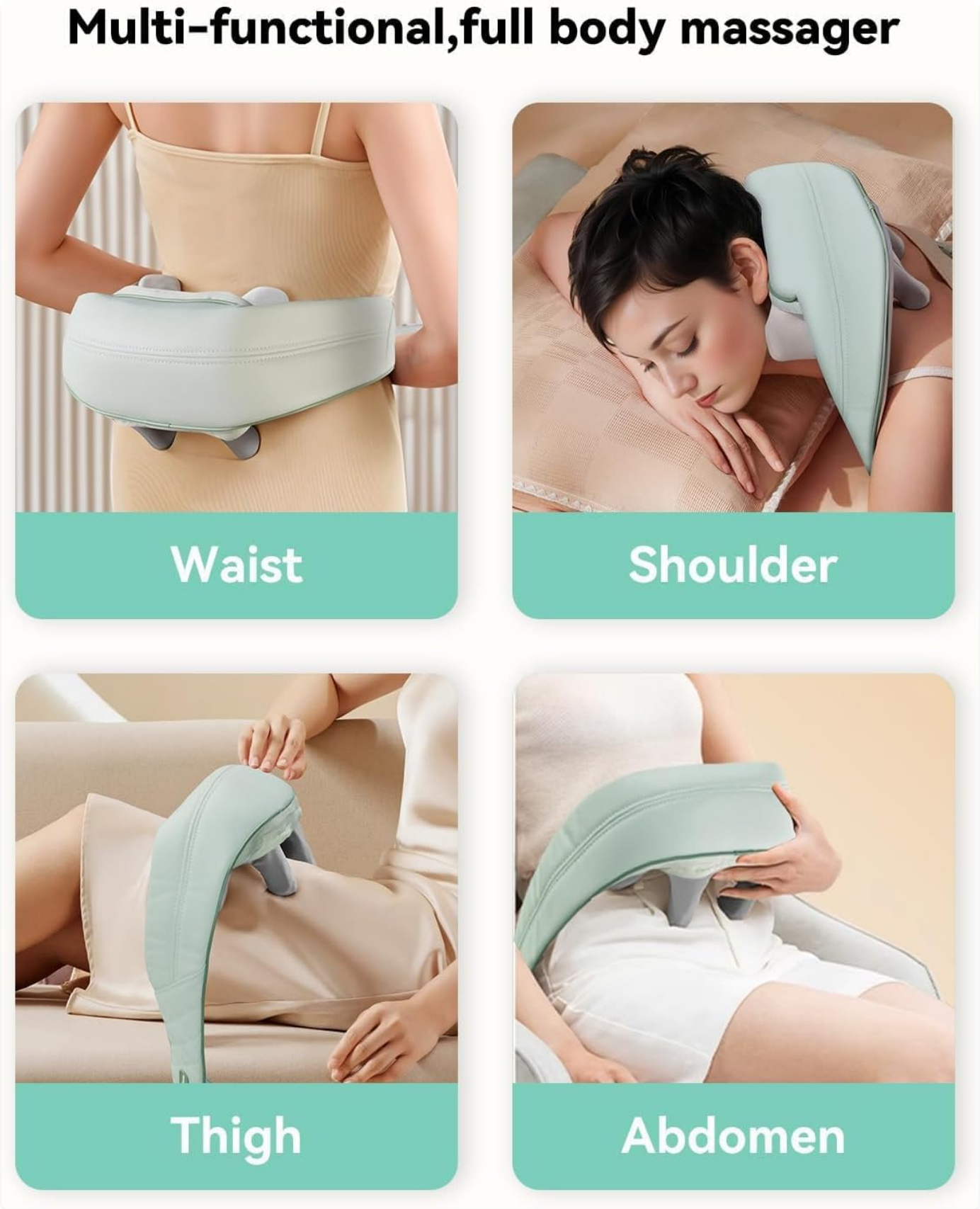


Image 5.3: Demonstrates the versatility of the massager for use on the waist, shoulder, thigh, and abdomen.

6. Maintenance and Care

6.1 Cleaning

1. Ensure the massager is turned off and unplugged before cleaning.

2. Wipe the surface of the massager with a soft, slightly damp cloth.
3. Do not use abrasive cleaners, solvents, or harsh detergents.
4. Do not immerse the massager in water or any other liquid.

6.2 Storage

- Store the massager in a cool, dry place when not in use.
- Avoid direct sunlight and extreme temperatures.
- Do not place heavy objects on the massager.

7. Troubleshooting

If you experience issues with your Snailax SL-682 massager, please refer to the following common solutions:

Problem	Possible Cause	Solution
Massager does not turn on.	Low battery or no power.	Charge the massager fully using the provided USB Type-C cable. Ensure the charging cable is securely connected.
Heat function is not working.	Heat function not activated or low battery.	Press the Heat button to activate. Ensure the massager has sufficient battery charge.
Massage feels too weak or too strong.	Incorrect speed setting or improper positioning.	Adjust the speed using the Speed button. Reposition the massager or use the hand-pull method to adjust pressure.
Massager stops unexpectedly.	Automatic 10-minute shutoff or low battery.	This is a safety feature; wait a few minutes before restarting. If not due to auto-shutoff, charge the battery.

If the problem persists after trying these solutions, please contact Snailax customer support.

8. Specifications

- **Model Number:** SL-682
- **Product Dimensions:** 6.3 x 6.4 x 9.2 inches
- **Weight:** 2.78 Pounds
- **Power Source:** Battery Powered (2 x 9V batteries included)
- **Material:** Polyester
- **Color:** Green
- **Manufacturer:** Snailax
- **Date First Available:** September 26, 2023

9. Warranty and Support

For warranty information, please refer to the warranty card included with your product or visit the official Snailax website. If you require technical assistance or have questions regarding your Snailax SL-682 massager, please contact Snailax customer support through their official channels.

Note: Protection plans may be available for purchase separately. Refer to your retailer for details.

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Question

Example: How do I reset this device or fix this error?

Details

Model number, symptoms, what you tried, or the section of the manual you are using.

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