

ErgoHide EH003

ErgoHide® Height-Adjustable Desk User Manual

Brand: ErgoHide

Model: EH003

1. PRODUCT OVERVIEW

The ErgoHide® Premium Height-Adjustable Desk is crafted from FSC-certified solid oak or walnut wood, sourced locally. Each desk features an advanced cable management system with integrated power strips, ensuring a clean and organized workspace. The design allows for easy access to cables and power distributors, which are elegantly hidden within an integrated cable channel.

This desk is designed for superior quality, featuring a robust height-adjustable frame that can lift up to an additional 100 kg (140 kg including the wood panel). It operates quietly and quickly, offering up to four predefined height profiles and adjustable collision detection sensitivity.

Customize your desk with various additional options like a PC stand, LED lamp, cup holder, or monitor arm, all manufactured in our workshop.



Image 1.1: The ErgoHide® Height-Adjustable Desk, showcasing its solid walnut top and sturdy black adjustable legs. Note the

2. SAFETY INFORMATION

Caution: This desk weighs 55 kg (121 lbs) and therefore requires two people for safe setup and positioning. Please read the assembly instructions carefully and follow all safety guidelines provided to prevent injury or damage.

3. SETUP

The ErgoHide® desk is designed for straightforward assembly. Before beginning, ensure you have all components listed in the packaging. It is highly recommended to assemble the desk with the assistance of another person due to its weight and size.

Follow the step-by-step assembly instructions provided in the separate assembly manual included with your purchase. Ensure all screws and fasteners are securely tightened before use. Do not overtighten.

ErgoHide



Massives Eichenholz



Beständigkeit & Langlebigkeit



5 Jahre Garantie

Image 3.1: A diagram illustrating key features and dimensions of the ErgoHide desk, including height adjustment range and ergonomic design. This image provides an overview of the desk's structure.

4. OPERATING YOUR DESK

4.1. Height Adjustment

Your ErgoHide® desk features an intuitive control panel for height adjustment. Use the up and down arrows to manually adjust the desk to your desired height. The desk can store up to four predefined height profiles for quick transitions between sitting and standing positions.

To save a height setting, adjust the desk to the desired height, then press the 'M' button followed by a number button (1, 2, 3, or 4). The desk will beep to confirm the setting has been saved.



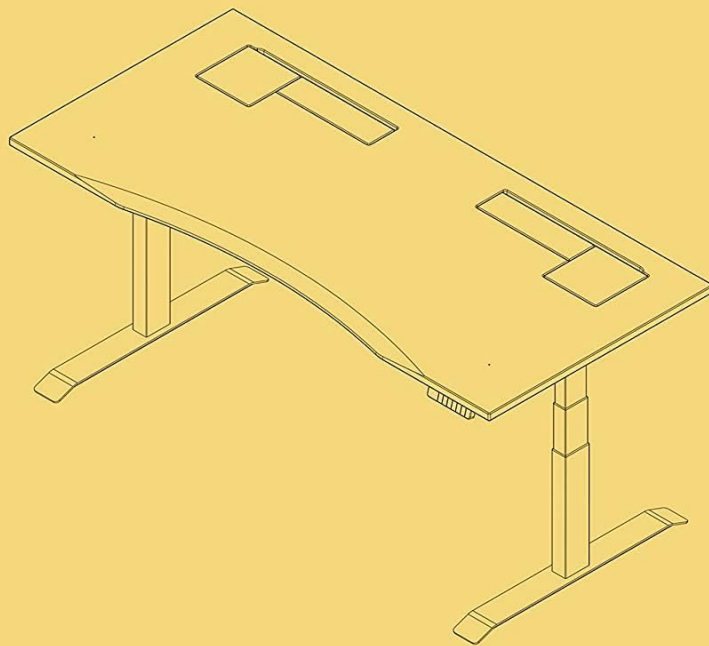
Image 4.1: A detailed view of the desk's control panel, showing the up/down arrows, memory preset buttons (1-4), and the 'M' button for saving height settings.

4.2. Cable Management System

The desk's unique cable management system allows for easy access to power and data cables. The integrated cable compartment, accessible via opening lids on the desktop, neatly conceals all wires, routers, and power distributors.

The desk includes three integrated power strips (two for 120x80cm models). These power strips can be easily removed by pressing them left or right, depending on their securing mechanism, allowing for flexible cable organization.

ErgoHide



Gesundes Arbeitsumfeld

Höhenspannbreite: 63-128cm
Ergonomische Form



Beständigkeit & Stabilität

Bis 100kg belastbar
Leiser und schneller Betrieb: 43dB, 40mm/s



4 gespeicherte Höhenprofile



Kollisionserkennung und -vermeidung



Einstellbare Erinnerung mit Ton



Massives Eichenholz

Image 4.2: A close-up view of the desk's cable management compartment with the wooden covers open, revealing the integrated power strips and ample space for cable organization.

5. CARE AND MAINTENANCE

To maintain the beauty and longevity of your ErgoHide® solid wood desk, follow these care guidelines:

- **Cleaning:** Wipe the wooden surface with a soft, damp cloth. For deeper cleaning, use a wood-safe cleaner. Avoid harsh chemicals or abrasive materials.
- **Wood Care:** The desk is hand-oiled. Periodically re-oil the wood surface with a suitable wood oil to protect it and maintain its finish. Consult a wood care specialist for recommended products and frequency.
- **Spills:** Immediately wipe up any spills to prevent staining or damage to the wood.
- **Heat and Moisture:** Avoid placing hot items directly on the surface. Use coasters for drinks to prevent water rings.
- **Frame Maintenance:** Keep the adjustable frame free of dust and debris. Do not lubricate the moving parts unless specifically instructed by ErgoHide support.

6. TROUBLESHOOTING

If you encounter any issues with your ErgoHide® desk, please refer to the table below for common problems and solutions. If the issue persists, contact customer support.

Problem	Possible Cause	Solution
Desk does not move or respond to controls.	Power cable disconnected; overload; motor error.	Check power connection. Reduce weight on desk. Unplug for 30 seconds, then plug back in to reset.
Desk moves unevenly or makes unusual noises.	Uneven load; loose components; obstruction.	Distribute weight evenly. Check all assembly screws. Clear any obstructions under or around the desk.
Collision detection activates too frequently.	Sensitivity set too high.	Refer to your assembly manual for instructions on adjusting collision detection sensitivity.
Memory presets not working.	Settings not saved correctly.	Re-save your desired height settings by adjusting the desk, pressing 'M', then the desired number (1-4).

7. TECHNICAL SPECIFICATIONS

Feature	Specification
Brand	ErgoHide
Model Number	EH003
Color	Walnut, Black, Ergonomic
Product Dimensions (L x W x H)	150 x 80 x 63-128 cm (Adjustable Height)
Item Weight	55 Kilograms
Material	Solid Walnut Wood
Special Feature	Ergonomic, Height Adjustable, Cable Management
Top Material Type	Walnut Wood
Finish Type	Oil Rubbed
Load Capacity	Up to 100 kg additional (140 kg including wood panel)
Operation Noise Level	43 dB
Adjustment Speed	30 mm/s
Tabletop Thickness	25 mm

8. WARRANTY AND CUSTOMER SUPPORT

ErgoHide® offers a **5-year warranty** for all parts of your desk, ensuring long-term performance and reliability. Additionally, we provide a **180-day customer satisfaction guarantee**. If you are not completely satisfied with your order, you may return the desk at our expense for a full refund.

For any questions, technical assistance, or warranty claims, please contact ErgoHide customer support through the retailer's platform or visit our official website. Please have your model number (EH003) and purchase details ready when contacting support.