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› OneBlis OB-RLT03 Red Light Lamp User Manual

## OneBlis OB-RLT03

# OneBlis OB-RLT03 Red Light Lamp User Manual

Model: OB-RLT03

## 1. INTRODUCTION

Thank you for choosing the OneBlis OB-RLT03 Red Light Lamp. This device is designed to provide targeted red light therapy for various body parts. Please read this manual thoroughly before use to ensure proper operation and safety. Keep this manual for future reference.

## 2. IMPORTANT SAFETY INFORMATION

**WARNING: Read all safety warnings and instructions before using this product. Failure to follow the warnings and instructions may result in electric shock, fire, or serious injury.**

- Do not look directly into the LED lights during operation. Protective eyewear (goggles) is included and recommended for use.
- Keep the device away from water or damp environments. Do not use if wet.
- Do not use on broken, irritated, or infected skin. Consult a healthcare professional if you have any skin conditions.
- Keep out of reach of children and pets.
- Do not disassemble or modify the device. This will void the warranty.
- Unplug the device from the power outlet when not in use or before cleaning.
- If you experience any discomfort or adverse reactions, discontinue use immediately and consult a healthcare professional.
- Statements regarding dietary supplements have not been evaluated by the FDA and are not intended to diagnose, treat, cure, or prevent any disease or health condition. This device is not intended to diagnose, treat, cure, or prevent any disease.

## 3. PACKAGE CONTENTS

Verify that all items listed below are included in your package:

- 1 x Red Light Lamp with Wired Controller (4 heads)
- 1 x Power Adapter

- 1 x Tripod Stand
- 1 x Connecting Rod
- 1 x User Manual (this document)
- 1 x Goggles



Image 3.1: All components included in the OneBlis Red Light Lamp package. This includes the lamp with its wired controller, power adapter, tripod stand, connecting rod, user manual, and protective goggles.

## 4. SETUP INSTRUCTIONS

Follow these steps to assemble your OneBlis Red Light Lamp:

1. **Assemble the Tripod Stand:** Extend the legs of the tripod stand to form a stable base. Ensure all legs are fully spread and locked into position.
2. **Attach the Connecting Rod:** Screw the connecting rod onto the top of the tripod stand. Tighten securely.
3. **Mount the Lamp:** Attach the main body of the red light lamp (with the four flexible arms) onto the top of the connecting rod. Ensure it is firmly attached.
4. **Adjust Height:** Use the adjustable support bar on the tripod stand to set the desired height (15-63 inches). Secure the height adjustment lock.
5. **Position Lamp Heads:** Adjust the 360° flexible arms to direct the four lamp heads as needed for your target area.
6. **Connect Power:** Plug the power adapter into the wired controller of the lamp, then plug the adapter into a standard electrical outlet.

# Who needs it ?



Image 4.1: The OneBlis Red Light Lamp fully assembled, demonstrating its adjustable height and flexible arms for precise positioning of the light heads.

## 5. OPERATING INSTRUCTIONS

The OneBlis Red Light Lamp features a smart controller for easy operation.

### 5.1. Controller Functions

The wired controller allows you to manage the device settings:

- **Power Button:** Press to turn the device ON/OFF.
- **Mode Button:** Cycle through 3 available modes (e.g., Red Light only, Near-Infrared only, or combined).
- **Brightness Adjustment (P0-P4):** Adjust the light intensity. P0 is the lowest, P4 is the highest.
- **Timer Setting (5-30 minutes):** Set the desired session duration in 5-minute increments. The device will automatically shut off after the set time.

### 5.2. Usage Guidelines

1. **Wear Goggles:** Always wear the provided protective goggles before turning on the device to protect

your eyes from direct light exposure.

2. **Position the Lamp:** Adjust the flexible arms to direct the red light towards the desired area of your face or body. Maintain a comfortable distance from the light source.
3. **Select Mode:** Press the Mode button to choose between the available light modes (e.g., 660nm Red Light, 850nm Near-Infrared Light, or both).
4. **Set Brightness:** Use the brightness adjustment buttons to select an intensity level from P0 to P4.
5. **Set Timer:** Use the timer buttons to set your session duration (e.g., 5, 10, 15, 20, 25, or 30 minutes).
6. **Start Session:** Press the Power button to begin your red light therapy session.
7. **End Session:** The device will automatically turn off after the set time. You can also manually turn it off by pressing the Power button.



Image 5.1: A user demonstrating the OneBlis Red Light Lamp in use, positioned to provide light therapy during a yoga or meditation session.

# 3-IN-1 Design Red Light Lamp

660 nm  
850 nm

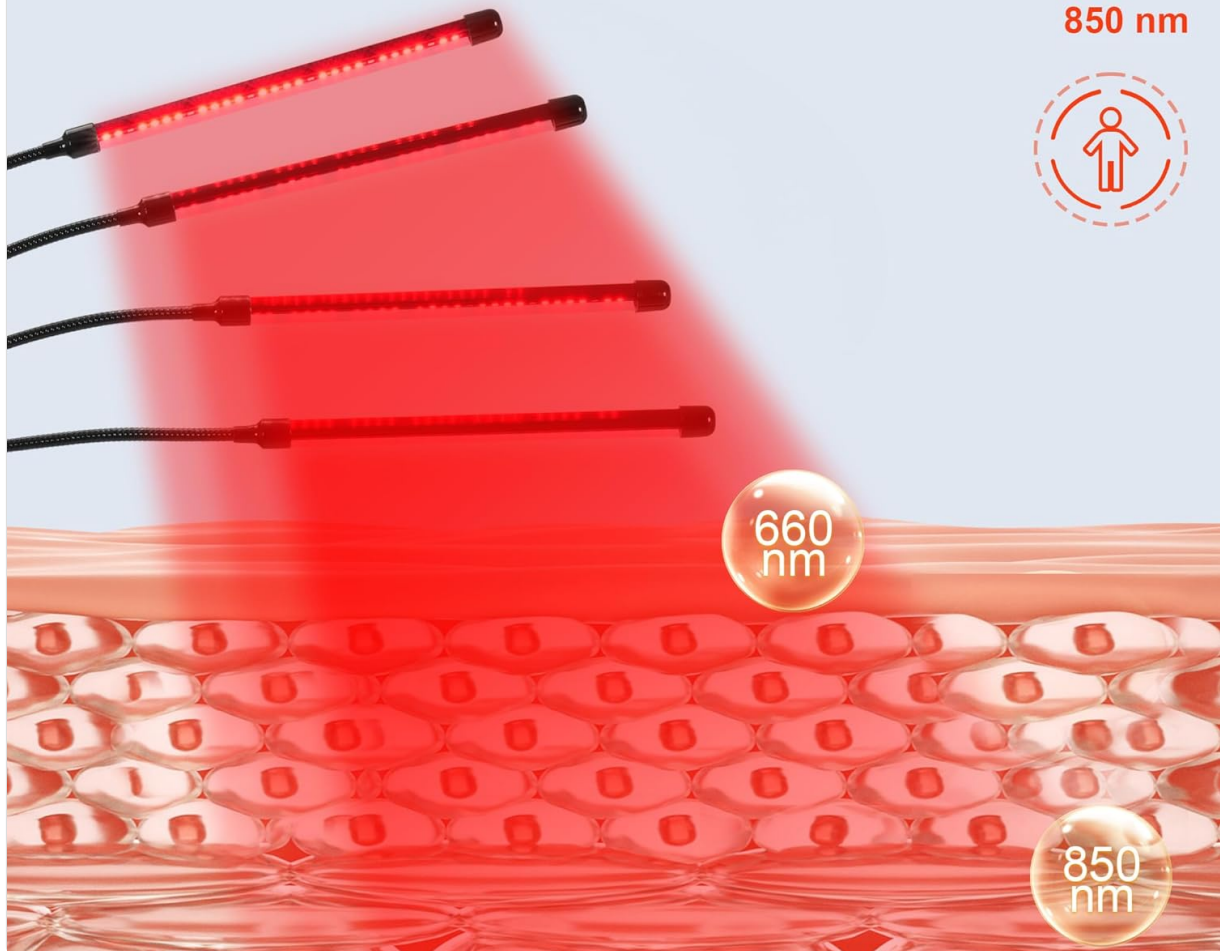


Image 5.2: An illustration depicting the 3-in-1 design of the red light lamp, highlighting the penetration of 660nm and 850nm wavelengths into different layers of the skin.

## 6. MAINTENANCE

Proper care ensures the longevity and performance of your device.

- **Cleaning:** Ensure the device is unplugged before cleaning. Use a soft, dry cloth to wipe the lamp heads and stand. Do not use abrasive cleaners, solvents, or immerse the device in water.
- **Storage:** Store the device in a cool, dry place away from direct sunlight and moisture when not in use.
- **Inspection:** Periodically check the power cord and connections for any signs of damage. If any damage is found, discontinue use and contact customer support.

## 7. TROUBLESHOOTING

If you encounter issues with your OneBlis Red Light Lamp, refer to the following table:

Problem	Possible Cause	Solution
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Problem	Possible Cause	Solution
Device does not turn on.	Not plugged in. Power outlet malfunction. Power adapter or cable damage.	Ensure the power adapter is securely plugged into both the device and a working electrical outlet. Test the outlet with another appliance. Inspect the power adapter and cable for visible damage. Contact customer support if damaged.
Lights are dim or flickering.	Low brightness setting. Loose connection.	Increase the brightness level using the controller (P0-P4). Check all connections, including the power adapter and lamp head connections.
Controller buttons are unresponsive.	Temporary software glitch. Controller damage.	Unplug the device, wait 30 seconds, then plug it back in. If the issue persists, contact customer support.

## 8. SPECIFICATIONS

- **Model:** OB-RLT03
- **LEDs:** 120 individual chips (30 per head x 4 heads)
- **Wavelengths:** Dual wavelengths (e.g., 660nm Red Light, 850nm Near-Infrared Light)
- **Modes:** 3 selectable modes
- **Brightness Settings:** P0-P4
- **Timer Settings:** 5-30 minutes (in 5-minute increments)
- **Adjustable Height:** 15-63 inches
- **Lamp Head Rotation:** 360° flexible arms
- **Package Dimensions:** 16.77 x 5.94 x 4.09 inches
- **Weight:** 3.57 Pounds
- **Manufacturer:** OneBlis

## 9. WARRANTY AND CUSTOMER SUPPORT

OneBlis products are manufactured to high-quality standards. For warranty information or technical support, please contact our customer service team.

**Contact Information:** Please refer to the contact details provided on the product packaging or the official OneBlis website for the most up-to-date support information.

*Note: This manual does not contain specific warranty periods or contact details as these may vary. Always refer to the official product documentation or manufacturer's website for precise warranty terms and support channels.*