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› [BEALIFE](#) /

› [BEALIFE Arm Compression Sleeves User Manual](#)

**BEALIFE CJX000000278003**

# BEALIFE Arm Compression Sleeves User Manual

Model: CJX000000278003

## PRODUCT OVERVIEW

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The BEALIFE Arm Compression Sleeves are designed to provide support and promote perspiration during various physical activities. Each package contains a pair of sleeves, allowing for use on both arms. These sleeves feature an adjustable, self-adhesive design for a secure and comfortable fit, making them suitable for sports such as basketball, tennis, and yoga.



Image: A pair of BEALIFE Arm Compression Sleeves in black with yellow trim, laid flat, showcasing the product's design.

### Key Features:

- **Pair Included:** Each package contains two arm sleeves for simultaneous use on both arms.
- **Adjustable Fit:** Designed with a self-adhesive mechanism for a customizable and firm fit.
- **Versatile Use:** Ideal for various sports and fitness activities, including basketball, tennis, and yoga.
- **Sweat-Wicking:** Helps promote perspiration to support fitness goals.
- **Reusable & Washable:** Constructed for repeated use and easy cleaning.

### SETUP AND APPLICATION

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Follow these steps to correctly apply your BEALIFE Arm Compression Sleeves:

1. **Unpack:** Remove both arm sleeves from the packaging.
2. **Position:** Place one sleeve around your upper arm, ensuring the inner rubberized lining is against your skin.

3. **Adjust:** Wrap the sleeve firmly around your arm. The self-adhesive material will secure it in place. Adjust the tightness to a comfortable level that provides compression without restricting circulation.
4. **Repeat:** Apply the second sleeve to your other arm following the same procedure.



Image: A user applying a BEALIFE Arm Compression Sleeve, showing the adjustable wrap-around design.

## OPERATING INSTRUCTIONS

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Once applied, the arm compression sleeves are ready for use during your chosen activity.

- **During Activity:** Wear the sleeves throughout your workout or sports session. The material is designed to promote increased perspiration in the covered area.
- **Comfort Check:** Periodically check that the sleeves remain comfortable and do not cause any discomfort or numbness. Re-adjust if necessary.
- **Post-Activity:** Remove the sleeves after your activity.

# Adjustable

The arm protector is designed to be adjustable that you can use according to your different need.



Image: A person wearing BEALIFE Arm Compression Sleeves on both arms, highlighting their adjustable nature and suitability for active use.

## MAINTENANCE

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Proper care will extend the life of your BEALIFE Arm Compression Sleeves:

- **Washing:** The sleeves are washable. Hand wash with mild soap and cold water is recommended.
- **Drying:** Air dry completely before storing or reusing. Do not tumble dry, iron, or bleach.
- **Storage:** Store in a cool, dry place away from direct sunlight.



Image: Detailed views of the arm sleeve material and construction, illustrating its washable design.

## TROUBLESHOOTING

If you encounter any issues with your arm compression sleeves, consider the following:

- **Sleeves feel too tight/loose:** Re-adjust the self-adhesive closure to achieve a comfortable and effective fit.
- **Skin irritation:** Ensure the sleeves are clean before each use. If irritation persists, discontinue use and consult a healthcare professional.
- **Reduced effectiveness:** Ensure the sleeves are applied directly to clean, dry skin for optimal performance.

## SPECIFICATIONS

Attribute	Detail
Brand	BEALIFE
Model Number	CJX000000278003

<b>Color (for this variant)</b>	Yellow
<b>Product Dimensions (L x W x H)</b>	42 x 12 x 1 cm
<b>Item Weight</b>	47 g
<b>Country of Origin</b>	China

## WARRANTY INFORMATION

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Specific warranty details for the BEALIFE Arm Compression Sleeves are not provided in the product information. Please refer to the retailer's return policy or contact the seller directly for warranty inquiries.

## CUSTOMER SUPPORT

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For further assistance or questions regarding your BEALIFE Arm Compression Sleeves, please contact the seller through the platform where the purchase was made. Please have your order details and product model number (CJX000000278003) available when contacting support.