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› LifePro Red Light Therapy Glove User Manual

## LifePro TLB1000

# LifePro Red Light Therapy Glove User Manual

Model: TLB1000

## INTRODUCTION

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The LifePro Red Light Therapy Glove is a portable and comfortable device designed to support your body's natural recovery process. It utilizes two effective wavelengths, 660 nm red light and 850 nm near-infrared light, to target muscles, joints, and tissues, promoting comfort and flexibility in your hands and wrists. This device is ideal for individuals seeking to alleviate discomfort, reduce stiffness, and support overall hand wellness, especially after strenuous activities or due to daily wear and tear.



Image: The LifePro Red Light Therapy Glove, showcasing its design and accompanying product box.

## SAFETY INFORMATION

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- Consult with a healthcare professional before using this device if you have any pre-existing medical conditions, are pregnant, or are taking medications that may increase light sensitivity.
- Do not use the device on open wounds, broken skin, or areas with active infections.
- Avoid direct eye exposure to the light. Although the near-infrared light is invisible, prolonged direct exposure to any intense light source can be harmful.
- Keep the device out of reach of children.
- Do not immerse the device in water or any other liquid.
- Use only the provided charging cable and adapter.
- If you experience any discomfort or adverse reactions during use, discontinue immediately and consult a healthcare professional.

## WHAT'S IN THE BOX

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Your LifePro Red Light Therapy Glove package includes the following components:

- LifePro Red Light Therapy Glove (1)
- USB-C Charging Cable (1)
- User Manual (this document)

## SETUP

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### Charging the Device

Before first use, fully charge your LifePro Red Light Therapy Glove. A full charge typically provides 1.5 to 2 hours of operation.

1. Locate the USB-C charging port on the device.
2. Connect the provided USB-C cable to the glove and the other end to a compatible USB power adapter (not included) or a computer USB port.
3. The indicator light will show charging status (refer to device for specific light behavior, typically red for charging, green for full).
4. Once fully charged, disconnect the cable.



Image: The LifePro Red Light Therapy Glove highlighting its cordless design, built-in battery, and USB-C charging port.

### Wearing the Glove

The glove is designed for a comfortable, snug fit. Simply slide your hand into the glove, ensuring the light-emitting diodes (LEDs) are positioned over the desired area of your hand or wrist.



### LASTING COMFORT TREAT YOUR HANDS



Joints &  
Muscles



Stiffness  
& Tension



Tired  
Hands



Rejuvenate  
Your Skin

Image: A woman comfortably wearing the LifePro Red Light Therapy Glove, demonstrating its application for hand wellness, including joints, stiffness, tired hands, and skin rejuvenation.

### Powering On/Off and Session Selection

The device features a simple one-button operation.

- To Power On:** Press and hold the power button located on the top of the glove for a few seconds until the lights illuminate.
- To Select Session Duration:** The device offers pre-set session durations (typically 15 or 20 minutes). A short press of the power button after turning on may cycle through these options, or the device may default to one. Refer to the device's specific indicator lights for confirmation of the selected duration.
- Automatic Shut-off:** The device will automatically turn off once the selected session duration is complete.

4. **To Power Off Manually:** Press and hold the power button again for a few seconds until the lights turn off.



USE FOR 20 MINUTES  
JUST 7 TIMES A WEEK



Charge it.



Insert  
your hand.



Turn on.



Enjoy relief &  
relaxation.

Image: Visual guide demonstrating the simple steps to use the glove: charge it, insert your hand, turn it on, and enjoy relief and relaxation. Recommended use is 20 minutes, 7 times a week.

## UNDERSTANDING RED LIGHT THERAPY

The LifePro Red Light Therapy Glove utilizes two specific wavelengths of light for therapeutic benefits:

- **660 nm Red Light:** This visible red light primarily reaches the dermis layer of the skin. It is associated with supporting circulation and addressing various skin-related concerns.
- **850 nm Near-Infrared (NIR) Light:** This invisible light penetrates deeper, reaching the hypodermis, bones, and muscles. It is known for its ability to support deeper tissue recovery and comfort.

## RED LIGHT THERAPY:

# HOW DOES IT WORK?

Different wavelengths enhance wellness at different levels.

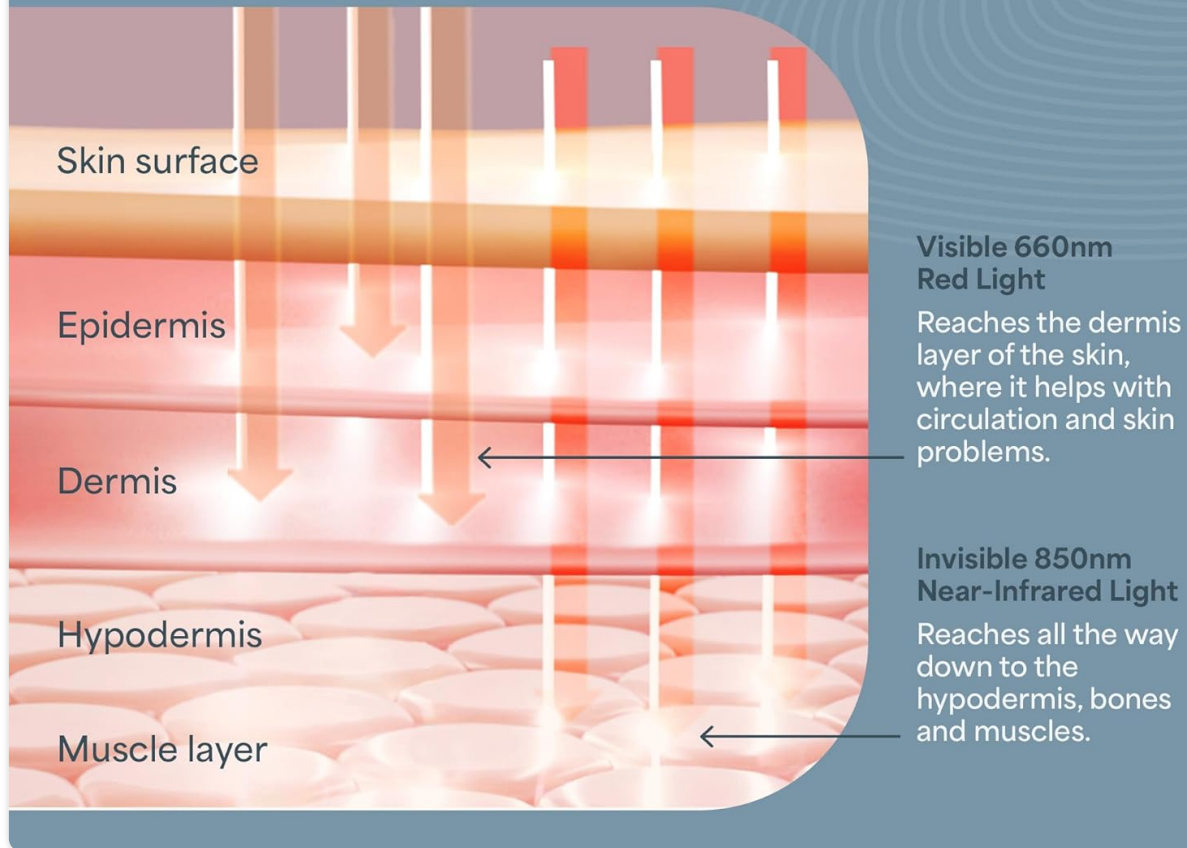


Image: A diagram illustrating how 660nm red light penetrates to the dermis and 850nm near-infrared light penetrates deeper to the hypodermis, bones, and muscles, explaining the mechanism of red light therapy.

## MAINTENANCE

### Cleaning the Device

To ensure hygiene and longevity of your glove:

- Ensure the device is powered off and disconnected from any power source before cleaning.
- Wipe the surface of the glove with a soft, damp cloth. A mild, non-abrasive cleaner can be used if necessary.
- Do not use harsh chemicals, abrasive pads, or immerse the device in water.
- Allow the glove to air dry completely before storing or next use.

### Storage

Store the LifePro Red Light Therapy Glove in a cool, dry place, away from direct sunlight and extreme temperatures. Keep it in its original packaging or a protective case to prevent damage.

## EASY TO USE & PORTABLE

- ALLEVIATE HAND PAIN
- TARGET PAIN FROM REPETITIVE MOTION
- OVERCOME GENERAL DISCOMFORT



Image: A woman demonstrating the portability of the LifePro Red Light Therapy Glove by placing it into a bag, highlighting its ease of transport for an active lifestyle and its benefits for hand pain, repetitive motion discomfort, and general discomfort.

## TROUBLESHOOTING

If you encounter any issues with your LifePro Red Light Therapy Glove, please refer to the following common problems and solutions:

Problem	Possible Cause	Solution
Device does not turn on.	Low battery or not charged.	Charge the device fully using the provided USB-C cable.
Lights are dim or flickering.	Low battery.	Recharge the device.

Problem	Possible Cause	Solution
Device does not hold a charge.	Battery degradation or faulty charging cable/port.	Ensure the charging cable is securely connected. Try a different compatible USB power source. If the issue persists, contact customer support.
Device turns off unexpectedly.	Session duration completed or low battery.	This is normal if the session timer has elapsed. If not, recharge the device.

If your issue is not listed or persists after attempting these solutions, please contact LifePro customer support for further assistance.

## SPECIFICATIONS

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Feature	Detail
Model Number	TLB1000
Light Wavelengths	660 nm (Red Light), 850 nm (Near-Infrared Light)
Power Source	Built-in Rechargeable Battery
Battery Life	Up to 1.5-2 hours per full charge
Session Timers	15 or 20 minutes (automatic shut-off)
Dimensions	24.99 x 18.49 x 4.7 cm
Item Weight	60 g
Material	Plastic
Color	Red

## WARRANTY AND SUPPORT

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LifePro products are designed for quality and durability. For information regarding your product's warranty, please refer to the warranty card included with your purchase or visit the official LifePro website.

If you require technical assistance, have questions about your device, or need to report an issue, please contact LifePro customer support. Contact details can typically be found on the LifePro website or on your product packaging.

*Please retain your proof of purchase for warranty claims.*