

## SunsGrove ADB-2406

# SunsGrove Full Adjustable Bed Frame User Manual

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Model: ADB-2406

## 1. INTRODUCTION

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This manual provides detailed instructions for the assembly, operation, maintenance, and troubleshooting of your SunsGrove Full Adjustable Bed Frame, Model ADB-2406. This electric bed frame is designed to enhance comfort and support with features such as wireless remote control, zero gravity positioning, head and foot incline, anti-snore mode, and memory presets. Please read this manual thoroughly before installation and use to ensure proper function and safety.



*Image: The SunsGrove Full Adjustable Bed Frame shown with both head and foot sections elevated, positioned in a modern bedroom.*

## 2. IMPORTANT SAFETY INFORMATION

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Please observe the following safety guidelines to prevent injury or damage to the product:

- A maximum weight capacity of **700 LBS** is recommended for this adjustable bed frame. Exceeding this limit may cause damage or injury.
- Be aware of potential **pinch points** from moving parts during operation. Keep hands, feet, and pets clear of the frame's mechanisms.
- Ensure proper assembly according to the provided manual to prevent instability or collapse.
- Always read the assembly manual completely before beginning installation or use.
- This product is not intended for medical use unless specifically advised by a healthcare professional.

## 3. PACKAGE CONTENTS

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Your SunsGrove Adjustable Bed Frame will arrive in **TWO PACKAGES**. Please ensure you have received both packages and all parts before beginning installation.



**Please note that your order will arrive in TWO PACKAGES. Make sure you receive all parts before INSTALLATION!**

*Image: Illustration showing two separate packages, reminding users to check for both before assembly.*

Included components:

- Adjustable Bed Base
- Wireless Remote Control
- Assembly Guide
- Installation Tool
- Non-Slip Cover
- Adjustable Legs (multiple sections)
- Mattress Retainer Bar

## 4. SETUP AND ASSEMBLY

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The SunsGrove Adjustable Bed Frame is designed for effortless assembly, typically completed within 30 minutes. Follow the numbered parts and the detailed assembly guide provided in the package.

### 4.1. Adjustable Leg Height

The bed frame legs consist of two sections, allowing for adjustable heights of 7 inches or 12 inches during installation. Choose the height that best suits your preference and mattress thickness.



*Image: Detail of the adjustable leg design, illustrating how the two sections can be configured for different bed heights.*

#### **4.2. General Assembly Steps**

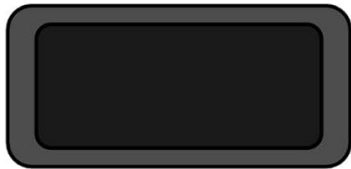
Refer to the included Assembly Guide for step-by-step instructions. Key steps typically involve:

1. Unpacking all components and verifying against the parts list.
2. Attaching the adjustable legs to the frame, selecting the desired height.
3. Connecting the frame sections (if applicable for your size).
4. Installing the mattress retainer bar at the foot of the bed.
5. Plugging in the power cord and connecting the remote control (if not pre-paired).

0-64°  
Head Incline

0-35°  
Feet Incline

750Lbs



Anti-Slip Fabric Cover

*Image: Underside view of the bed frame, highlighting the ease of installation.*

## 5. OPERATING INSTRUCTIONS

Your SunsGrove Adjustable Bed Frame is operated using a wireless remote control. Familiarize yourself with the remote's functions for optimal use.

### Features

- Mattress Retainer Bar
- Independent Head Incline
- 7"--12" Optional Height
- Independent Feet Incline

### Remote Control

- 1 Head Lift
- 2 Head Down
- 3 Feet Lift
- 4 Feet Down
- 5 Zero Gravity Positioning
- 6 Anti-Snoring Mode
- 7 Memory Function
- 8 Flat Position



*Image: Diagram illustrating the bed frame's adjustable features and the corresponding buttons on the wireless remote control.*

## 5.1. Remote Control Functions

- **Head Lift (1) / Head Down (2):** Adjusts the head section incline from 0 to 74 degrees.
- **Feet Lift (3) / Feet Down (4):** Adjusts the foot section incline from 0 to 37 degrees.
- **Zero Gravity Positioning (ZG):** Elevates both the head and foot sections to a position that mimics weightlessness, reducing pressure on the body.
- **Anti-Snoring Mode (Anti-Snore):** Slightly elevates the head to help open airways and reduce snoring.
- **Memory Function (M):** Allows you to save your preferred custom position. Press and hold the 'M' button until the bed reaches your desired position, then release. To save, press and hold 'M' again until the remote beeps.
- **Flat (FLAT):** Returns the bed frame to a completely flat position.

## 5.2. Quiet Operation

The bed frame is equipped with independent heavy-duty motors designed for quiet adjustments, operating at less than 40 decibels to ensure minimal disturbance to your sleep.



*Image: A person sleeping soundly, emphasizing the quiet operation of the bed frame's motors.*

## 6. MAINTENANCE

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To ensure the longevity and optimal performance of your SunsGrove Adjustable Bed Frame, follow these simple maintenance guidelines:

- **Cleaning:** Wipe the frame with a dry cloth to remove dust and debris. Avoid using harsh chemicals or abrasive cleaners.
- **Inspections:** Periodically check all bolts and connections to ensure they are secure. Tighten any loose fasteners.
- **Motor Care:** The motors are designed to be maintenance-free. Do not attempt to open or lubricate them.
- **Power Cord:** Ensure the power cord is not pinched or damaged. Keep it away from moving parts.
- **Non-Slip Cover:** The included non-slip fabric protector helps keep your mattress in place. Clean as needed according to its care instructions.

## 7. TROUBLESHOOTING

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If you encounter any issues with your adjustable bed frame, refer to the following common troubleshooting steps:

- **Bed Not Responding:**
  - Check if the power cord is securely plugged into a working electrical outlet.
  - Ensure the remote control has fresh batteries and is properly paired with the bed frame. Refer to the assembly guide for pairing instructions.
  - Verify that no objects are obstructing the moving parts of the bed frame.
- **Unusual Noises:**
  - Check for any loose bolts or connections and tighten them.
  - Ensure the bed frame is on a level surface.
- **Inconsistent Movement:**
  - Reset the system by unplugging the power cord for 30 seconds, then plugging it back in.
  - Ensure the weight on the bed is evenly distributed and within the maximum capacity.

If the issue persists after attempting these steps, please contact SunsGrove customer support for further assistance.

## 8. SPECIFICATIONS

Feature	Detail
Model Number	ADB-2406
Size	Full
Product Dimensions	74"L x 54"W x 14.17"H
Maximum Weight Capacity	700 lbs
Head Elevation Range	0-74 degrees
Foot Elevation Range	0-37 degrees
Adjustable Leg Heights	7" or 12"
Compatible Mattress Thickness	10-14" (memory foam or hybrid)
Motor Noise Level	< 40 Decibel
Frame Material	Alloy Steel
Color	Black
Assembly Required	Yes (approx. 30 minutes)
Care Instructions	Wipe with Dry Cloth

# FULL

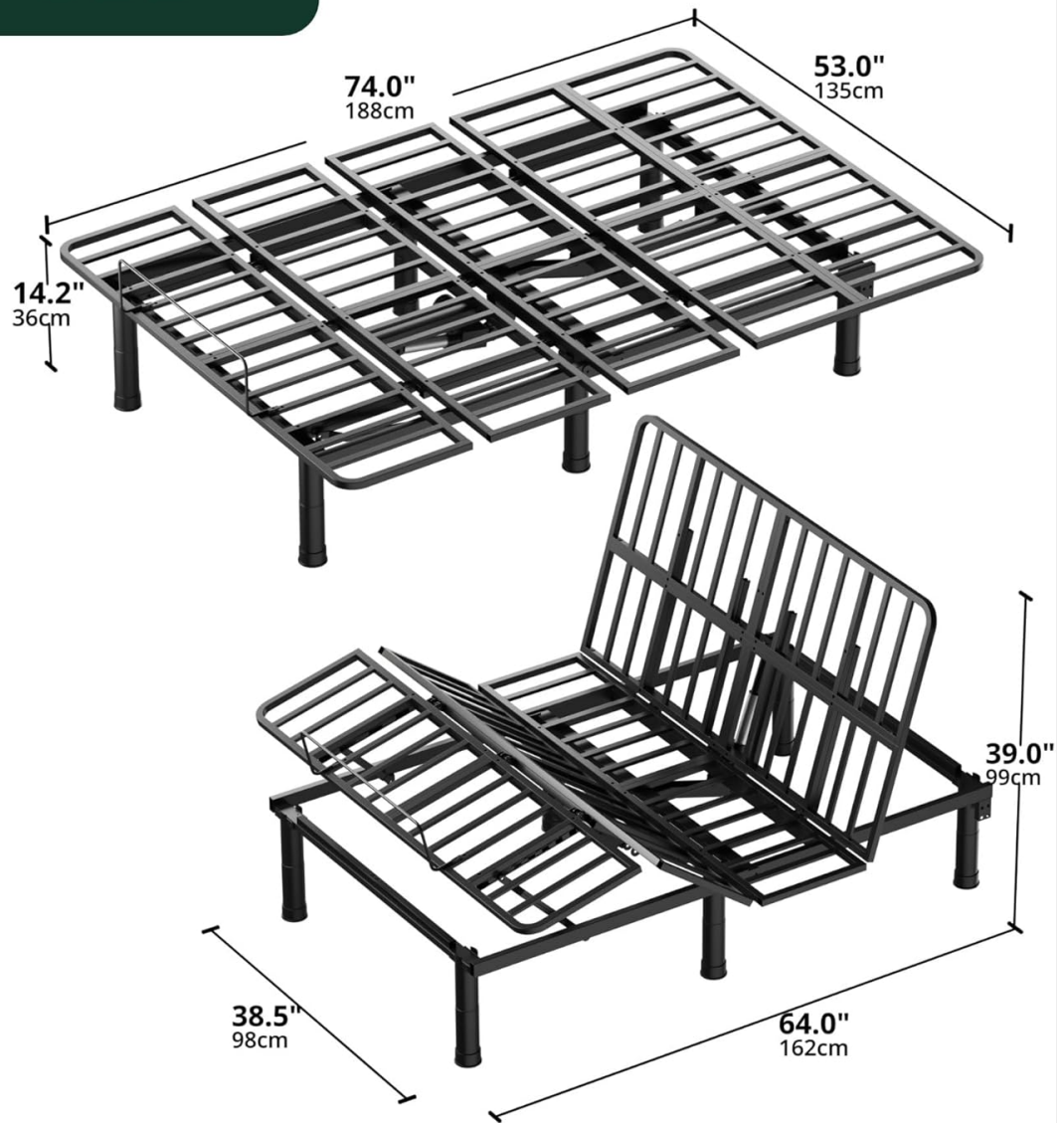
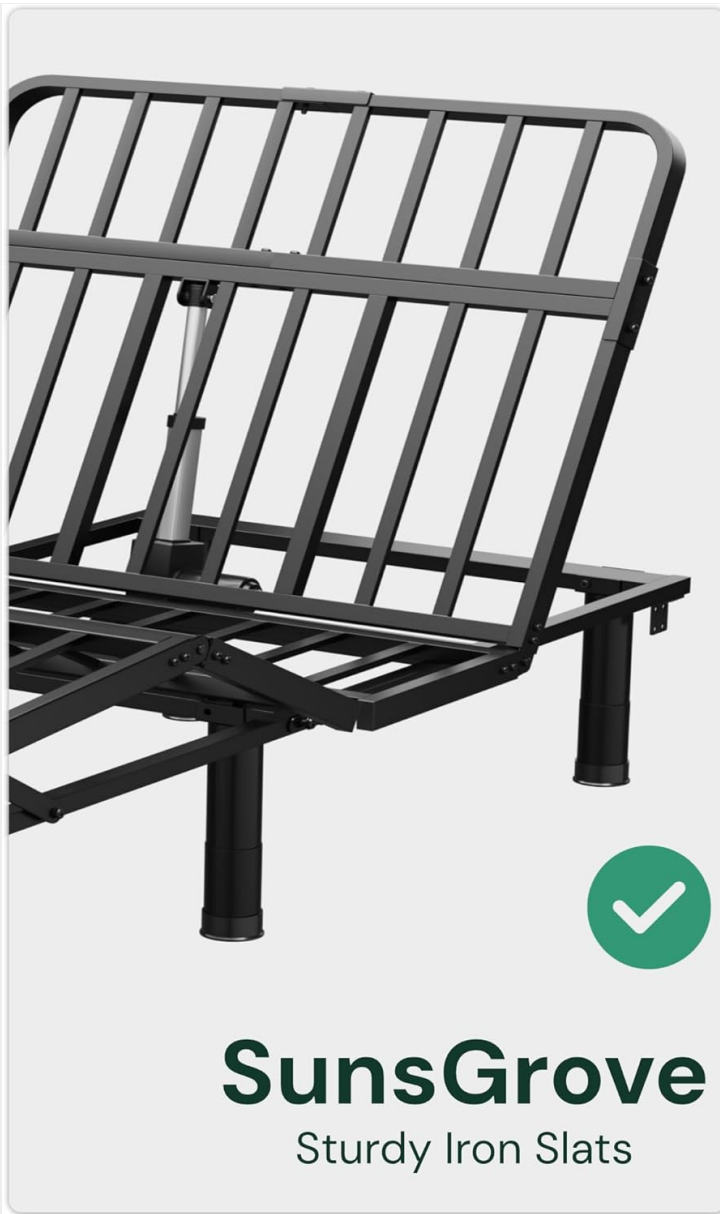


Image: Detailed dimensional drawing for the Full size bed frame.





*Image: Visual representation of the adjustable head (0-64 degrees) and feet (0-35 degrees) incline, along with the 750 lbs weight capacity (note: JSON states 700 lbs, using JSON value in text).*



## Install in Minutes

*Image: A side-by-side comparison highlighting the robust iron slats of the SunsGrove frame against a thinner wire frame design.*

### 9. WARRANTY AND SUPPORT


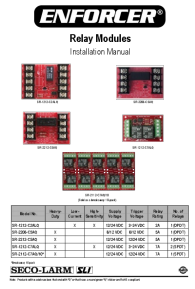

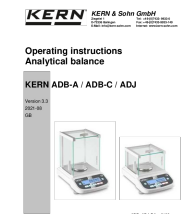
For information regarding warranty coverage, product support, or to purchase replacement parts, please contact SunsGrove customer service. Refer to the contact information provided with your purchase documentation or visit the official SunsGrove website.

#### Related Documents - ADB-2406



#### [USACYN1033919 Wireless Adjustable Base Owner's Manual: Installation & Operation](#)

Official owner's manual for the USACYN1033919 Wireless Adjustable Base by SunsGrove. This guide provides detailed instructions for installation, operation, remote control usage, programmable positions, synchronization, and troubleshooting. Learn about safety warnings, product ratings, and FCC compliance for your adjustable bed.

	<p><a href="#">Zinus Adjustable Bedframe Owner's Manual and Assembly Guide</a></p> <p>Comprehensive owner's manual for the Zinus Adjustable Bedframe, covering return policy, safe use guidelines, weight restrictions, product rating, components, step-by-step assembly instructions, remote control operation, and a 5-year limited warranty statement. Includes details for TwinXL, Full, and Queen sizes.</p>
	<p><a href="#">SECO-LARM ENFORCER Relay Modules Installation Manual</a></p> <p>Comprehensive installation manual for SECO-LARM ENFORCER Relay Modules, detailing model specifications, connection diagrams, sample applications, and related products like power supply chargers and timer modules.</p>
	<p><a href="#">NDTC Remote Control Programming Guide for Set Top Boxes and TVs</a></p> <p>A comprehensive guide from NDTC on how to program remote controls for various set-top boxes (STB), TVs, and other devices such as AUD, DVD, and VCR. Includes instructions for Backlit, Royal, and Big Button remotes, covering STB setup, TV programming, and master power control.</p>
	<p><a href="#">KERN ADB-A/ADB-C/ADJ Analytical Balance Operating Instructions</a></p> <p>Comprehensive operating instructions for KERN ADB-A, ADB-C, and ADJ series analytical balances, covering technical data, setup, operation, applications, maintenance, and troubleshooting.</p>