

ANLAN 01-AVLY41-02A

ANLAN EMS Facial Massager User Manual

Model: 01-AVLY41-02A

1. INTRODUCTION

Thank you for choosing the ANLAN EMS Facial Massager. This device is designed to assist in facial toning, skin firming, and anti-wrinkle treatments using EMS microcurrent technology, light therapy, and gentle heating. Please read this manual thoroughly before first use to ensure safe and effective operation.

2. SAFETY INFORMATION

- Do not use this device near water or in a bathtub.
- Avoid using on broken skin, open wounds, or directly near the eyes.
- If you experience any discomfort or pain, discontinue use immediately.
- Consult a physician before use if you have any pre-existing medical conditions, electronic implants (e.g., pacemakers), or are pregnant.
- Keep out of reach of children.
- This device is not waterproof. Avoid direct contact with water.

3. PACKAGE CONTENTS

Verify that all items are present in the package:

- ANLAN EMS Facial Massager Device
- USB Charging Cable
- User Manual

4. PRODUCT FEATURES

The ANLAN EMS Facial Massager incorporates several technologies for comprehensive facial care:

- **EMS Microcurrent Technology:** Features four distinct EMS modes (push, knead, acupuncture, tap) combined with low-frequency vibration to stimulate facial muscles and improve elasticity.
- **Red and Blue Light Therapy:**
 - **Red Light (625nm):** Activates collagen production and helps reduce the appearance of fine lines.
 - **Blue Light (480nm):** Soothes inflammation and contributes to skin firming.
- **42°C Constant Heating:** Gently warms the skin to help open pores and enhance the absorption of skincare products.
- **Adjustable EMS Intensity:** Offers 9 adjustable speeds for customized treatment, from gentle stimulation to deep muscle toning.
- **Automatic Shut-off:** The device automatically turns off after 15 minutes of continuous use.

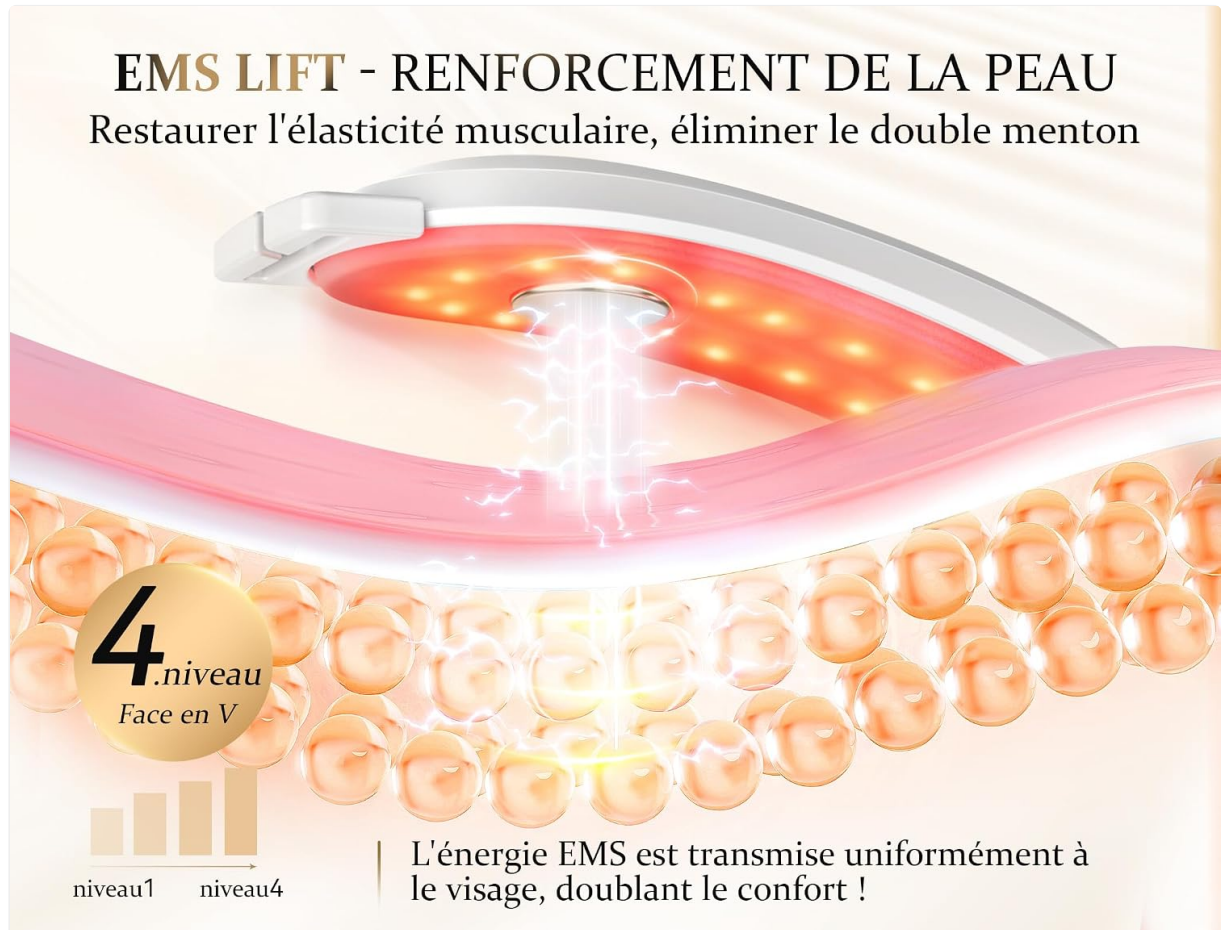


Image: The ANLAN EMS Facial Massager applying microcurrent for V-face contouring, showing different intensity levels.



LUMIÈRE ROUGE ET BLEUE

- Combattre divers problèmes de visage

**Mode lumière rouge**

Anti-rides, Améliore
Peau blanchissant la matité

**Mode lumière bleue**

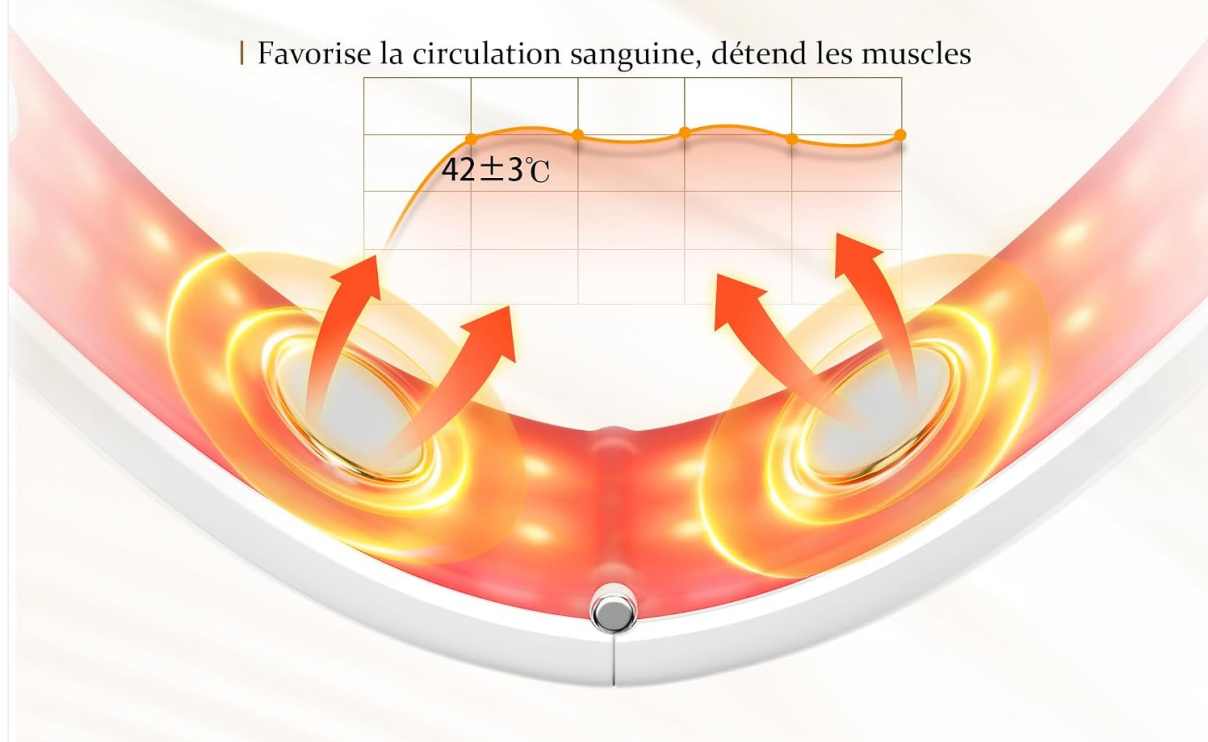
Restaure la fermeté de la peau
Améliore l'élasticité de la peau

Image: The ANLAN EMS Facial Massager highlighting its red and blue light therapy functions for various skin concerns.

CHAUFFAGE CONSTANT À $42\pm3\text{ C}$

- Améliore l'absorption des produits de soin

| Favorise la circulation sanguine, détend les muscles



$42\pm3\text{ C}$

Image: The ANLAN EMS Facial Massager illustrating the 42°C constant heating function to improve product absorption.

1. **Charge the Device:** Before first use, fully charge the device using the provided USB charging cable. The charging indicator will show the charging status.
2. **Cleanse Skin:** Ensure your face is clean and dry before applying any product.
3. **Apply Gel/Lotion:** Apply a conductive gel, serum, or lotion to the areas of your face where you intend to use the massager. This is crucial for effective EMS microcurrent delivery and to prevent discomfort.

6. OPERATING INSTRUCTIONS

The device features multiple modes and intensity levels. Select the appropriate settings based on your skin's needs and sensitivity.

6.1 Power On/Off

- Press and hold the power button to turn the device ON or OFF.

6.2 Mode Selection

Press the mode button to cycle through the available EMS modes and light therapy combinations:

- **V-Face Contouring:** EMS + Blue Light (Aims to strengthen muscles and improve contour support).
- **Anti-Wrinkle & Firming:** EMS + Red Light (Aims to accelerate nutrient penetration and reduce wrinkles).
- **Inflammation/Acne Reduction:** EMS + Blue Light (Aims to soothe inflammation and firm skin).
- **General Wrinkle Reduction:** EMS only (Optional photon therapy can be combined).

6.3 EMS Intensity Adjustment

Use the intensity buttons to adjust the EMS level (1-9 speeds):

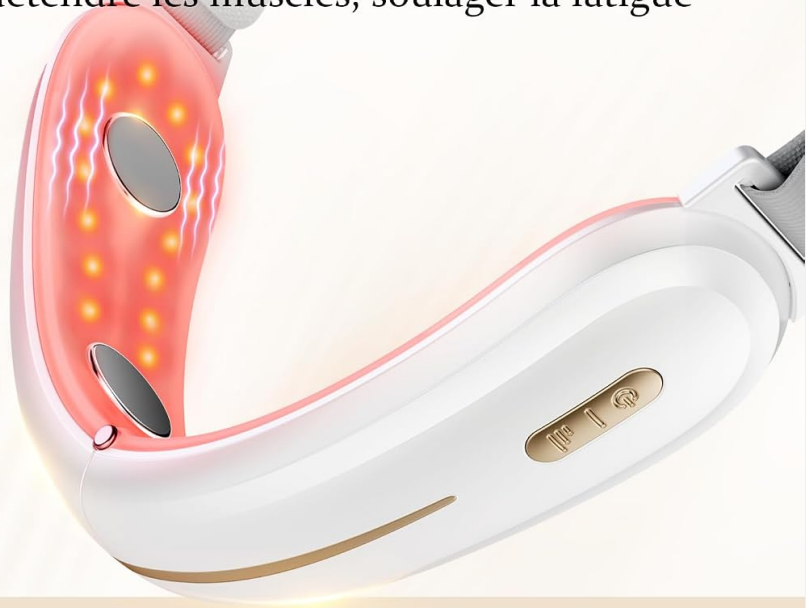
- **Speeds 1-3:** Gentle awakening of dormant muscle groups, suitable for sensitive skin or first-time users.
- **Speeds 4-6:** Lifting and firming, suitable for adjusting facial curves.
- **Speeds 7-9:** Deep muscle toning, suitable for improving jawline support.

VIBRATION DE MASSAGE RÉGLABLE

- Massage pour détendre les muscles, soulager la fatigue

9 niveaux
Ajustable

6 les
niveaux
intensité



Six niveaux d'intensité pour vous
au choix Basé sur
sensibilité cutanée

Image: The ANLAN EMS Facial Massager illustrating its adjustable vibration and EMS intensity levels, with 9 speeds and 6 intensity levels.

6.4 Usage Guidelines

- Gently place the device on your face, ensuring the electrode sheets are in full contact with the skin.
- Move the device slowly across the desired areas, following the natural contours of your face.
- The device will automatically shut off after 15 minutes. It is recommended to use for 10-15 minutes per session.
- For optimal results, consistent use is recommended.

BEAUTÉ SANS EFFORT - À VOTRE BOUT DES DOIGTS

- Soins précis V-Face de 10 minutes

L'appareil s'éteint automatiquement
s'éteint après 15 minutes d'utilisation.



Une vie mains libres et télécommandée.
Profitez pleinement de la vie.

Image: A user demonstrating hands-free operation of the ANLAN EMS Facial Massager, highlighting its convenience.

7. MAINTENANCE

- **Cleaning:** After each use, wipe the device's surface and electrode sheets with a soft, damp cloth. Do not use abrasive cleaners or immerse the device in water.
- **Charging:** Charge the device regularly to maintain battery health. Avoid completely draining the battery for extended periods.
- **Storage:** Store the device in a cool, dry place, away from direct sunlight and extreme temperatures.

8. TROUBLESHOOTING

Problem	Possible Cause	Solution
Device does not turn on	Low battery or no charge	Charge the device fully using the provided USB cable.
No EMS sensation	Insufficient conductive gel/lotion or poor skin contact	Ensure adequate gel/lotion is applied and the electrode sheets are in full contact with the skin. Increase EMS intensity if needed.
Device stops during use	Automatic 15-minute shut-off activated	This is normal operation. Restart the device if you wish to continue the session.

If the problem persists after attempting these solutions, please contact customer support.

9. SPECIFICATIONS

- **Model Number:** 01-AVLY41-02A
- **Brand:** ANLAN
- **Power Source:** Electric Cable
- **Dimensions:** 16.9 x 13.4 x 5.7 cm
- **Weight:** 290 grams
- **EMS Levels:** 9 speeds
- **Modes:** 4 EMS modes, Red Light Therapy, Blue Light Therapy, 42°C Heat
- **Automatic Shut-off:** 15 minutes
- **Water Resistance:** Not waterproof

10. WARRANTY AND SUPPORT

For warranty information or technical support, please refer to the contact details provided with your purchase or visit the official ANLAN website. Please retain your proof of purchase for any warranty claims.