

TRUENESS Blood Glucose Test Strips

TRUENESS Blood Glucose Test Strips User Manual

For use with TRUENESS and TRUENESS AIR Blood Glucose Meters

1. INTRODUCTION

The TRUENESS Blood Glucose Test Strips are designed for use with the TRUENESS and TRUENESS AIR Blood Glucose Meters to quantitatively measure glucose in fresh capillary whole blood samples. This system is intended for self-monitoring by people with diabetes and by healthcare professionals as an aid in managing diabetes.

These test strips provide reliable and accurate results, supporting effective diabetes management. They require a small blood sample and deliver results quickly.



FSA/HSA
ELIGIBLE

TRUENESS® Blood Glucose Test Strips deliver quick, accurate results for confident at-home testing.



Image: TRUENESS Blood Glucose Test Strips packaging, indicating 50 test strips per box.

2. PRODUCT FEATURES

- **Reliable Technology:** Engineered for precision in measuring glucose levels when paired with TRUENESS meters.
- **Fast Results:** Delivers blood glucose results in just 5 seconds.
- **Small Sample Size:** Requires only 1 microliter of blood.
- **No Coding Required:** Simplifies the testing process, making it easy for first-time users.
- **Built-in Fill Detection:** Ensures adequate blood sample for accurate testing.
- **Compatibility:** Designed exclusively for use with TRUENESS and TRUENESS AIR Blood Glucose Meters.

RESULTS IN 5 SECONDS!



Available
in Multiple
Pack Sizes



Fast, Accurate
Blood Glucose
Testing



Ketone Test
Alert



Fill Detection
Feature



Small 1 μ L
Sample Size



Image: Key features of the TRUENESS Blood Glucose Monitoring System, including fast results and small sample size.

3. SETUP AND PREPARATION

3.1 Before You Begin

- Ensure your TRUENESS or TRUENESS AIR Blood Glucose Meter is clean and functioning correctly.
- Wash your hands thoroughly with soap and warm water, then dry them completely.
- Gather all necessary supplies: TRUENESS Test Strip, lancing device, and lancet.

3.2 Inserting a Test Strip

1. Remove a test strip from its vial. Immediately close the vial cap tightly to protect remaining strips from moisture.
2. Insert the contact end of the test strip into the test strip port of your TRUENESS meter until it stops. The meter will turn on automatically.
3. Wait for the meter to display the blood drop symbol, indicating it is ready for a blood sample.

TEST IN 2 EASY STEPS

Please read entire Meter Owner's Booklet and Quick Reference Guide for Testing before use



Image: Visual guide for inserting a test strip and applying a blood sample.

4. OPERATING INSTRUCTIONS

4.1 Obtaining a Blood Sample

1. Prepare your lancing device with a fresh lancet according to its instructions.
2. Prick the side of your fingertip to obtain a blood drop.
3. Gently squeeze your finger to form a round drop of blood.

4.2 Applying the Blood Sample

1. Touch the tip of the test strip to the blood drop. The strip will automatically draw the blood into the reaction zone. Do not apply blood to the top of the strip.
2. Hold the strip to the blood drop until the meter beeps or the blood drop symbol disappears, indicating sufficient blood has been applied.
3. The meter will count down, and your blood glucose result will appear on the display in 5 seconds.

4.3 Event Tagging

TRUENESS meters allow for event tagging (e.g., before-meal or after-meal) to help track how food affects your blood glucose levels. Refer to your meter's user manual for specific instructions on how to use this feature.



Test Strips

Each strip is engineered for precision in measuring glucose levels.

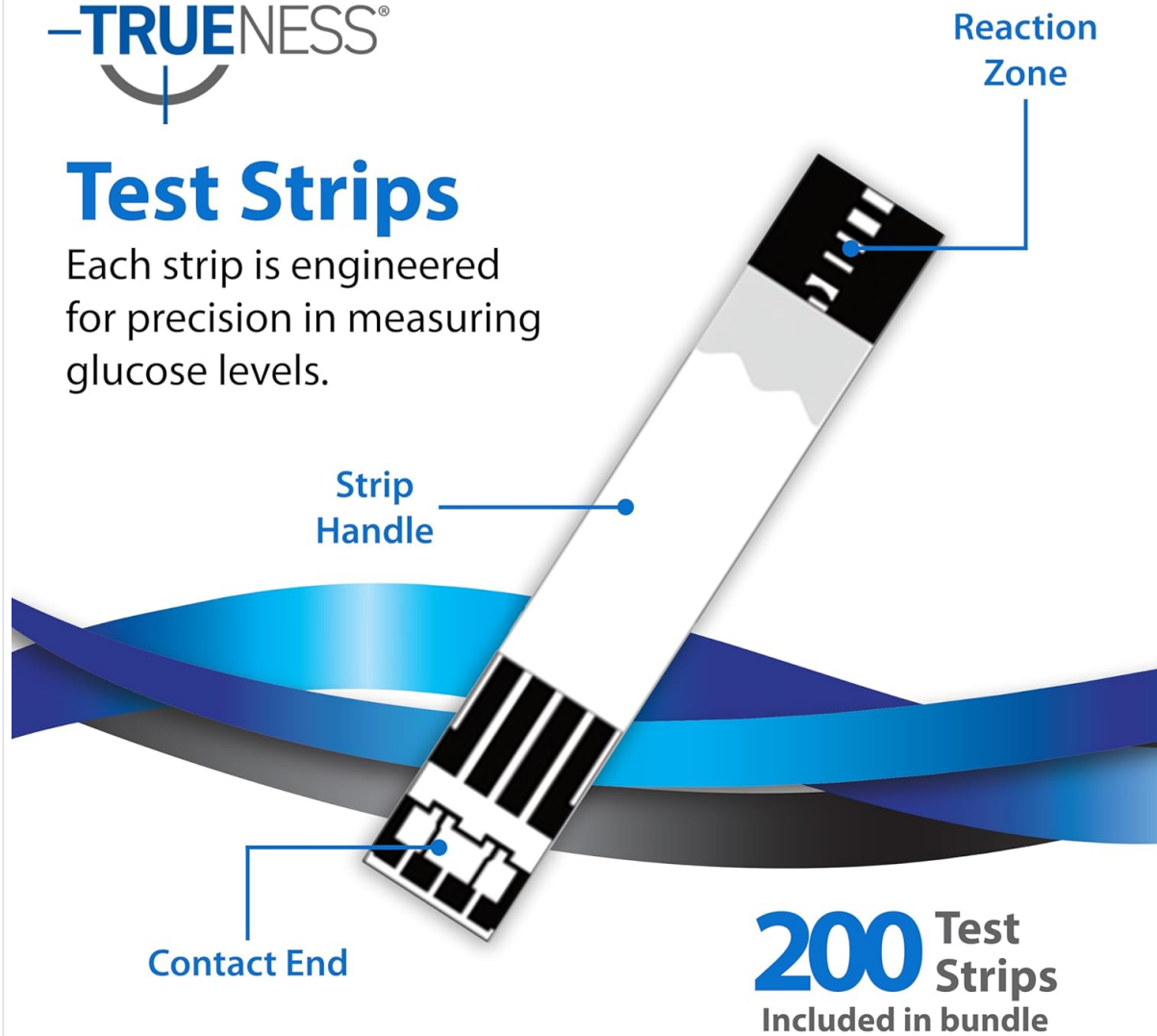


Image: Detailed view of a TRUENESS test strip, showing its components for proper handling and use.

5. MAINTENANCE AND STORAGE

5.1 Test Strip Storage

- Store test strips in their original vial with the cap tightly closed.
- Keep vials in a cool, dry place between 36-86°F (2-30°C). Do not refrigerate or freeze.
- Do not store test strips in direct sunlight or high humidity.
- Use test strips within the expiration date printed on the vial and within 6 months after first opening the vial. Write the opening date on the vial label.

5.2 Meter Care

Regularly clean your TRUENESS meter according to its specific user manual to ensure optimal performance and hygiene.

6. TROUBLESHOOTING

If you encounter issues during testing, refer to the following common troubleshooting tips. For detailed error codes and solutions, consult your TRUENESS Blood Glucose Meter's user manual.

- **Error Message / Inaccurate Result:** Ensure the test strip is not expired and the vial cap was tightly closed after use. Check that the blood sample size is adequate (1 microliter).
- **Meter Not Turning On:** Check the meter's batteries. Ensure the test strip is inserted correctly.
- **Ketone Test Alert:** Some TRUENESS meters offer ketone test alerts. If you receive such an alert, follow your healthcare professional's advice.

If problems persist, contact customer support.

7. SPECIFICATIONS

Feature	Specification
Product Name	TRUENESS Blood Glucose Test Strips
Sample Type	Fresh Capillary Whole Blood
Sample Volume	1 microliter (µL)
Test Time	5 seconds
Compatibility	TRUENESS and TRUENESS AIR Blood Glucose Meters
Storage Temperature	36-86°F (2-30°C)
UPC	810057410666
Quantity	200 Count (4 x 50-Count Boxes)

8. OFFICIAL PRODUCT VIDEOS

TRUENESS Test Strips Overview

Video: This video provides a concise overview of the TRUENESS Blood Glucose Test Strips, highlighting their ease of use, small sample size, and accuracy. It demonstrates the key features and benefits of the strips.

TRUENESS Features Video

Video: This video showcases various features of the TRUENESS Blood Glucose Monitoring System, including the test strips, and how they contribute to effective diabetes management.

TRUENESS Brand Video

Video: A brief brand video introducing the TRUENESS Blood Glucose Monitoring System and its commitment to accuracy and trust in diabetes care.

9. WARRANTY AND SUPPORT

TRUENESS products are distributed by Trividia Health, a company with 40 years of experience in diabetes management, ensuring value and dependability. For specific warranty information regarding your TRUENESS Blood Glucose Test Strips or meter, please refer to the documentation included with your meter or visit the official TRUENESS website.

For customer support, technical assistance, or to report any issues, please contact Trividia Health customer service directly. Contact information can typically be found on the product packaging or the official brand website.

