

FitStand 7131

FitStand Adjustable Standing Desk 71x31 Inch (Model 7131) User Manual

Your guide to assembly, operation, and maintenance.

1. INTRODUCTION

Thank you for choosing the FitStand Adjustable Standing Desk, Model 7131. This manual provides essential information for the safe and efficient use of your new desk. Please read these instructions carefully before assembly and operation, and retain them for future reference.

The FitStand Adjustable Standing Desk is designed to provide a versatile workspace, allowing seamless transitions between sitting and standing positions to promote a healthier work environment. It features a spacious 71x31 inch desktop, electric height adjustment, memory presets, a USB charging port, and a sedentary reminder.

2. IMPORTANT SAFETY INFORMATION

Adhering to these safety guidelines is crucial for preventing injury and ensuring the longevity of your desk:

- Always ensure the desk is properly anchored and stable on a level surface.
- Do not exceed the maximum weight limit of **176 pounds (80 kg)** on the desktop.
- Keep children and pets away from the desk during height adjustments.
- Utilize the **child lock feature** to prevent unintended height changes.
- Be aware of the **collision sensor** functionality, which is designed to stop movement if an obstruction is detected. However, always exercise caution.
- Avoid placing liquids directly on the control panel or near electrical components.
- Regularly check all fasteners to ensure they are tight.
- Take ergonomic reminders into account to prevent health issues from prolonged sitting or standing.

3. SETUP AND ASSEMBLY

Your FitStand Adjustable Standing Desk will arrive in two separate packages, which may not be delivered simultaneously. Please ensure you have received both packages before beginning assembly.

Detailed assembly instructions, including a list of all components and tools required, are provided with the product.

packaging. Follow these instructions carefully, step-by-step, to ensure correct and safe assembly.

Key Assembly Considerations:

- Ensure all parts are present and undamaged before starting.
- Assemble the desk on a soft, clean surface to prevent scratches.
- Tighten all screws and bolts securely, but do not overtighten.
- Properly route all cables using the integrated cable management features to avoid entanglement and damage.



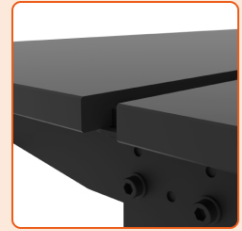
The FitStand Adjustable Standing Desk, Model 7131, set up in a home office environment with dual monitors and a laptop.



**Cable
Management Hole**



**Hooks on
Both Sides**



**2 Spliced
Panels**

Illustration of the desk's cable management hole, integrated hooks on both sides, and the two-panel desktop design.

4. OPERATING INSTRUCTIONS

The FitStand Adjustable Standing Desk offers intuitive controls for height adjustment and smart features to enhance your work experience.

4.1. Digital Control Panel

The desk is equipped with a digital control panel for easy operation.

Digital Control Panel



Memory Mode

3 Memory Height Settings
Ensuring Your Convenience

Child Lock

Providing A Worry-Free
Workspace For The Whole Family

USB Charging Port

Keep Your Devices Powered
Through Out The Day

Sedentary Reminder Operation

Stay Active And Avoid The
Pitfalls Of Prolonged Sitting

The digital control panel features buttons for memory settings (1, 2, 3), up/down adjustment, child lock, and sedentary reminder, alongside a USB charging port.

4.2. Height Adjustment

Use the **Up** and **Down** arrow buttons on the control panel to adjust the desk height. The desk can be adjusted from a minimum height of **28.7 inches** to a maximum height of **48.0 inches**.

Height Adjustments From 28.7" to 48.0"



Visual representation of the desk's height adjustment range, from 28.7 inches to 48.0 inches.

4.3. Memory Presets

The desk features three memory preset buttons (1, 2, 3) to save your preferred sitting and standing heights.

1. Adjust the desk to your desired height using the Up/Down arrows.
2. Press the **M** button, then immediately press one of the number buttons (1, 2, or 3) to save the current height.
3. To recall a saved height, simply press the corresponding number button (1, 2, or 3). The desk will automatically move to that position.

4.4. USB Charging Port

A powered USB port is integrated into the control panel, allowing you to conveniently charge your devices directly from the desk.



A smartphone connected to the desk's integrated USB charging port, demonstrating its functionality.

4.5. Sedentary Reminder

The sedentary reminder feature encourages you to alternate between sitting and standing throughout your workday.

- To activate the reminder, press the **alarm clock icon** button on the control panel.
- Each press adds 0.5 hours to the reminder interval.
- The desk will beep 5 times to remind you to change your posture.

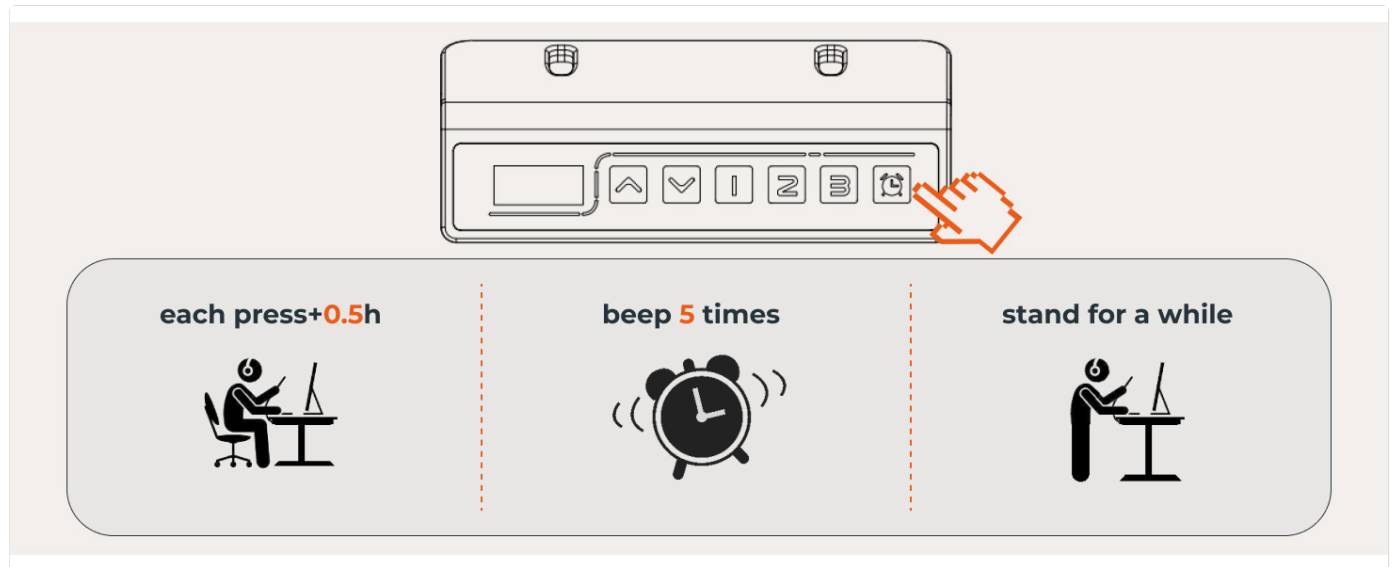


Diagram explaining the sedentary reminder: each press adds 0.5 hours, the desk beeps 5 times, prompting the user to stand for a while.

4.6. Child Lock

Activate the child lock feature to prevent accidental adjustments. Refer to the product's detailed assembly manual for specific instructions on engaging and disengaging the child lock.

4.7. Collision Sensor

The desk is equipped with a collision sensor that automatically stops movement if it encounters an obstruction during adjustment. This enhances safety and prevents damage to the desk or surrounding objects.

4.8. Quiet Operation

The desk operates with a low noise level, under 50dB, ensuring minimal disruption in your workspace.

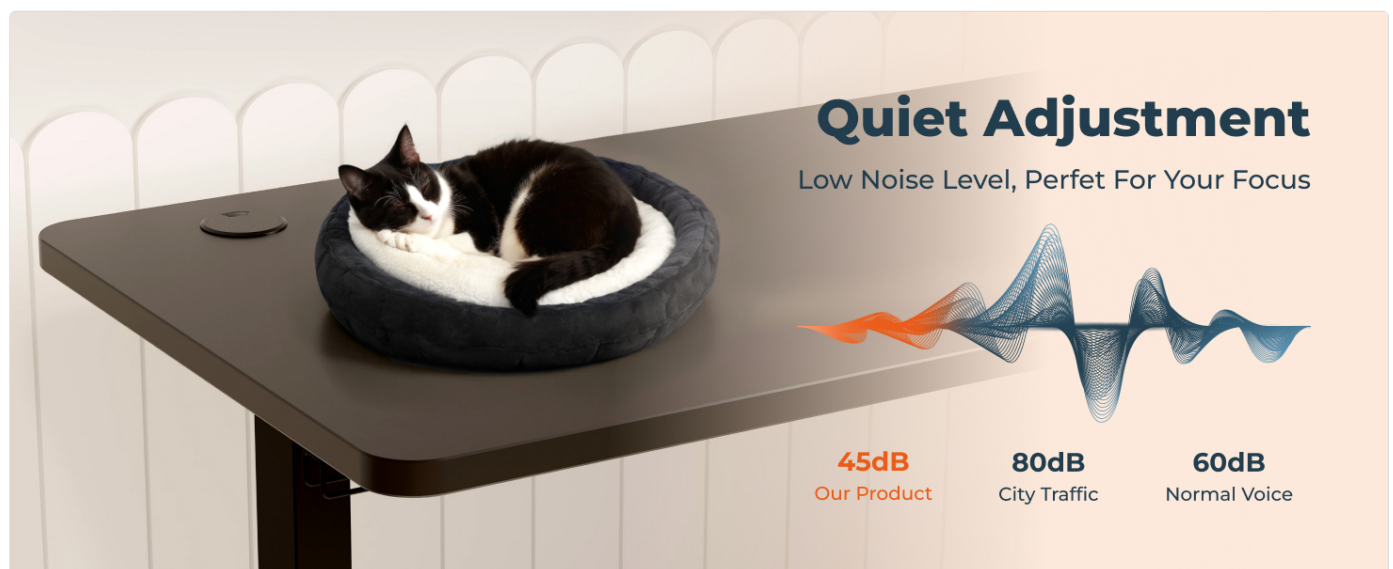


Illustration highlighting the desk's quiet adjustment at approximately 45dB, significantly lower than city traffic (80dB) or normal conversation (60dB).

5. MAINTENANCE

- Proper maintenance will ensure the longevity and optimal performance of your FitStand Adjustable Standing Desk.
- **Cleaning:** Wipe the desktop and frame with a soft, damp cloth. Avoid abrasive cleaners or harsh chemicals that could damage the finish.
 - **Cable Management:** Periodically check and organize cables to prevent tangles and ensure smooth operation during height adjustments.
 - **Fasteners:** Occasionally inspect all screws and bolts and tighten them if necessary.
 - **Weight Distribution:** Distribute weight evenly across the desktop to prevent strain on the lifting mechanism.

6. TROUBLESHOOTING

If you encounter any issues with your FitStand Adjustable Standing Desk, refer to the following common troubleshooting tips:

Problem	Possible Cause	Solution
Desk does not move or respond to controls.	Power cable disconnected; child lock engaged; motor overload.	Check power connection; disengage child lock; unplug for 10 minutes to reset motor.
Uneven height adjustment.	Uneven weight distribution; loose fasteners.	Redistribute weight; check and tighten all assembly fasteners.
Desk stops during adjustment.	Collision sensor activated; weight exceeds limit.	Remove obstruction; reduce weight on desk.
Memory presets not working.	Presets not saved correctly.	Re-save desired heights following the instructions in Section 4.3.

If the problem persists after attempting these solutions, please contact FitStand customer support for further assistance.

7. SPECIFICATIONS

Below are the technical specifications for the FitStand Adjustable Standing Desk, Model 7131:

Feature	Detail
Brand	FitStand
Model	7131
Product Dimensions (D x W x H)	31"D x 71"W x 29"H (at lowest point)
Color	Black
Style	Modern
Base Material	Metal (Alloy Steel)

Feature	Detail
Top Material Type	Wood
Finish Type	Lacquered
Room Type	Bedroom, Classroom, Office, Study Room
Included Components	Desk Mount, Monitor Arm, Keyboard Tray, Cable Management Tray (Note: Components may vary, refer to packaging)
Required Assembly	Yes
Maximum Weight Recommendation	176 Pounds (80 kg)
Shape	Rectangular
Desk Design	Standing Desk
Tabletop Thickness	0.75 Inches
Maximum Height	48.0 Inches
Minimum Height	28.7 Inches
Is Electric	Yes
UPC	810072852267

8. WARRANTY AND SUPPORT

The FitStand Adjustable Standing Desk, Model 7131, comes with a manufacturer's warranty. Please refer to the warranty card included in your product packaging for specific terms, conditions, and duration.

For technical support, warranty claims, or any questions regarding your product, please contact FitStand customer service through the official FitStand website or the contact information provided in your product documentation.

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ASK A QUESTION ABOUT THIS MANUAL

Ask about setup, troubleshooting, compatibility, parts, safety, or missing instructions. Manuals+ will review the question and use this page's manual context to help answer it.

Name

Anonymous

Email

you@example.com

After a successful submission, we securely hash the supplied account or form email before sending it to Microsoft Advertising for conversion attribution. [Privacy details](#).

Question

Example: How do I reset this device or fix this error?

Details

Model number, symptoms, what you tried, or the section of the manual you are using.

Submit question