iRest Track A321

iRest A321 Full Body Zero Gravity SL-Track Massage Chair

User Manual

1. Important Safety Warnings

Please read all instructions carefully before using the iRest A321 massage chair. Keep this manual for future reference.

- **Weight Capacity:** Do not exceed the recommended maximum weight capacity of 110 kg (242 lbs) to prevent product damage or user safety compromise.
- Ensure the chair is placed on a flat, stable surface.
- Keep children and pets away from the chair during operation.
- Do not insert any objects into the chair's openings.
- Unplug the chair from the power outlet when not in use or before cleaning.
- If you experience any discomfort during use, discontinue operation immediately.

2. Product Overview

The iRest A321 is a full-body massage chair designed to provide a comprehensive and relaxing massage experience. It features advanced 3D robotic hands, an extended SL-Track, Zero Gravity recline, full-body airbag compression, lumbar heating, foot rollers, Bluetooth speakers, and intelligent voice control.



Figure 2.1: The iRest A321 Full Body Zero Gravity SL-Track Massage Chair in a reclined position with a user.

Key Features:

- **Full Body Air Compression Massage:** Multi-directional airbag massage on shoulders, arms, waist, calves, and feet.
- **3D Robotic Hands with SL-Track:** Advanced 3D movement with flexible silicone massage heads simulating human touch, combined with 6 massage techniques (kneading, tapping, shiatsu, knocking, rolling) along a 135 cm SL-Track from neck to legs.
- **Zero Gravity Recline:** Three adjustable levels to reduce pressure on the spine and joints, simulating a weightless experience.
- **Lumbar Thermostatic Heating:** Direct heat application to deep muscles in the lumbar area for enhanced relaxation.
- **Foot Roller Massage:** Rhythmic pressure from fully wrapped airbags and rollers on the feet.
- **Bluetooth Speakers:** Integrated speakers in the headrest for audio playback.
- **Intelligent Voice Control:** Hands-free control for various functions.

3. Setup and Installation

3.1 Unpacking

1. Carefully remove the massage chair and all components from the packaging.
2. Inspect the chair for any signs of damage during transit. If damage is found, contact customer support immediately.
3. Retain packaging materials for future transport or if return is necessary.

3.2 Placement

- Place the chair on a level, stable, and dry surface.
- Ensure there is sufficient space around the chair for reclining and full operation. A minimum of 10 cm (4 inches) from a wall is recommended for recline.
- Avoid placing the chair near heat sources, direct sunlight, or in areas with high humidity.

3.3 Power Connection

- Locate the power cord at the back of the chair.
- Plug the power cord securely into a grounded electrical outlet.
- Ensure the power switch (usually located near the power cord inlet) is in the "OFF" position before plugging in.

4. Operating Instructions

4.1 Powering On/Off

- To power on, flip the main power switch at the back of the chair to the "ON" position.
- Press the power button on the remote control or the quick access panel.
- To power off, press the power button again. For complete shutdown, also flip the main power switch to "OFF" and unplug the chair.

4.2 Quick Access Buttons



Figure 4.1: Close-up of the quick access buttons for easier control, including the power button and various massage settings.

The iRest A321 features convenient quick access buttons located on the armrest for immediate control of common functions such as power, recline, and massage intensity. Refer to the detailed remote control section for full functionality.

4.3 Zero Gravity Function



Figure 4.2: Illustration of the Zero Gravity recline position, designed to simulate weightlessness and reduce spinal pressure.

The Zero Gravity feature intelligently distributes body pressure points to simulate a weightless experience, reducing stress on the spine and joints. There are 3 adjustable levels of Zero Gravity posture. Use the dedicated button on the remote control to cycle through these positions.

4.4 SL-Track Massage System

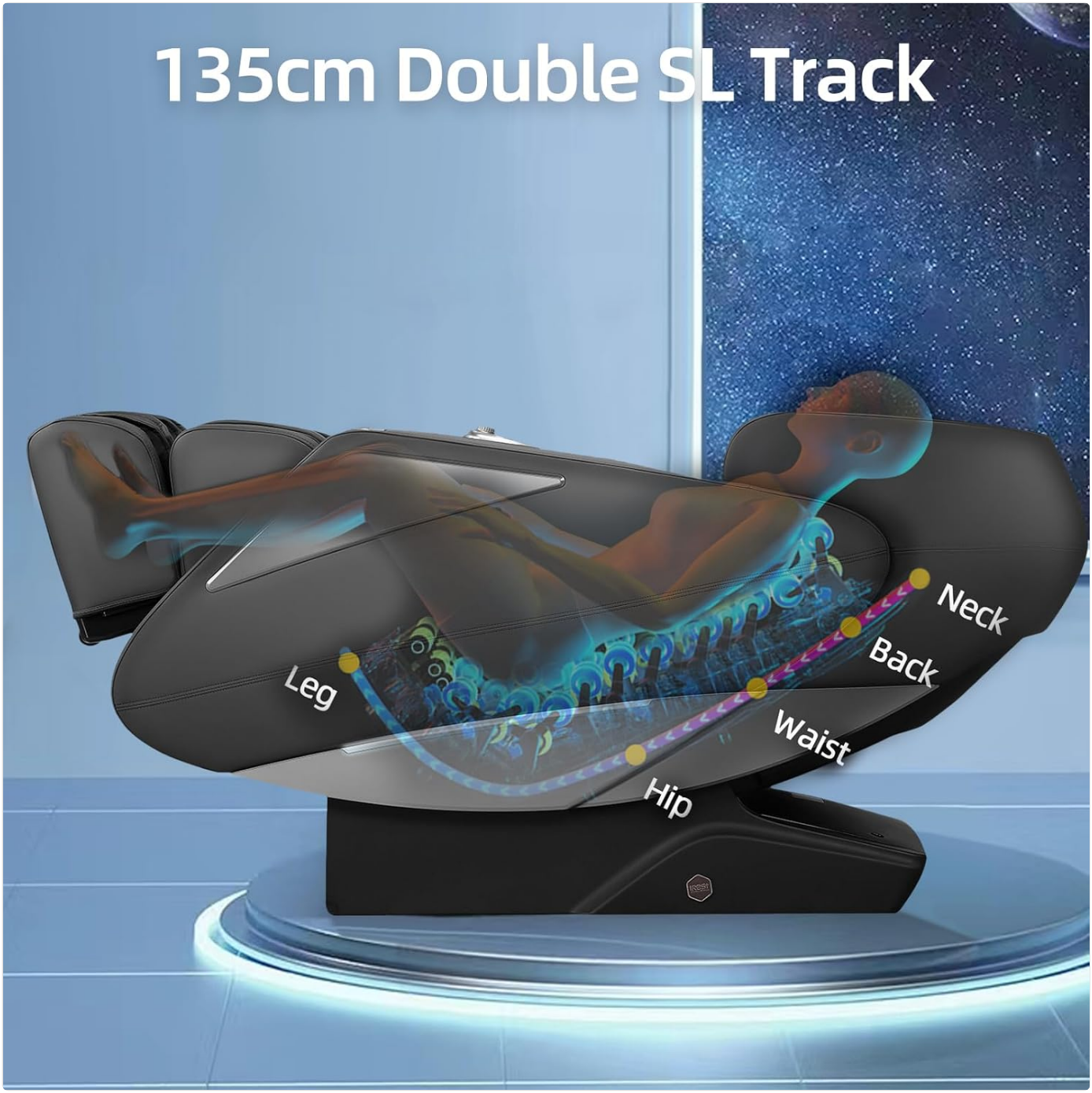


Figure 4.3: Diagram illustrating the 135cm SL-Track, showing how the massage rollers follow the natural curve of the spine from neck to legs.

The iRest A321 utilizes a 135 cm extra-long SL-Track that conforms to the natural curves of the body, providing a deep and comprehensive massage from the neck down to the glutes and hamstrings. The 3D robotic hands move along this track, applying various massage techniques.

4.5 Intelligent Voice Control



Figure 4.4: Visual representation of the intelligent voice control feature, showing example commands like "Hey Alice" and "Full body massage".

The iRest A321 supports intelligent voice control for hands-free operation. Simply use the designated wake-up phrase (e.g., "Hey Alice") followed by a command. Common commands include "Massage on," "Full body massage," and "Down the seat position." Refer to the remote control manual for a complete list of voice commands.

4.6 Bluetooth Pairing

- Ensure Bluetooth is enabled on your mobile device.
- On the massage chair's control panel or remote, activate Bluetooth pairing mode (refer to the remote control manual for specific instructions).
- On your device, search for "iRest A321" or a similar name in the Bluetooth settings and connect.
- Once paired, you can play audio through the chair's integrated speakers.

5. Maintenance

5.1 Cleaning

- Always unplug the chair before cleaning.
- Wipe the surface of the chair with a soft, damp cloth. Do not use abrasive cleaners, solvents, or harsh chemicals.
- For stubborn stains, use a mild soap solution and wipe thoroughly.
- Ensure the chair is completely dry before plugging it back in.

5.2 Storage

- If storing the chair for an extended period, unplug it and cover it to protect from dust.
- Store in a cool, dry place away from direct sunlight and extreme temperatures.

6. Troubleshooting

Problem	Possible Cause	Solution
Chair does not power on.	Power cord not securely plugged in; Main power switch is off; Power outlet malfunction.	Check power cord connection; Ensure main power switch is ON; Try a different outlet.
Massage function not working.	Chair is in standby mode; Specific massage program not selected.	Press the power button on the remote; Select a massage program from the remote control.
Bluetooth not connecting.	Bluetooth not enabled on device; Chair not in pairing mode; Interference.	Ensure Bluetooth is on your device; Activate pairing mode on chair; Move closer to chair.
Unusual noise during operation.	Normal operational sounds; Obstruction; Internal malfunction.	Some mechanical sounds are normal. If noise is loud or unusual, power off and contact support. Check for obstructions.

If the problem persists after attempting the above solutions, please contact iRest customer support.

7. Specifications

Attribute	Value
Brand	iRest
Model Number	Track A321
Dimensions (L x W x H)	78 x 78 x 120 cm (30.7 x 30.7 x 47.2 inches)
Item Weight	95 Kilograms (209.4 lbs)
Maximum Weight Capacity	110 kg (242 lbs)
Material	Metal (Frame)
Color	Black
Special Features	Ergonomic, Rolling, Heated

Attribute	Value
Care Instructions	Clean

8. Warranty and Support

iRest massage chairs come with an official two-year warranty. This warranty covers manufacturing defects and malfunctions under normal use conditions.

For warranty claims, technical support, or any inquiries regarding your iRest A321 massage chair, please contact iRest customer service. Please have your purchase receipt and model number ready when contacting support.

Customer Support:

- *Please refer to your purchase documentation or the iRest official website for the most current contact information.*

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Model: A321

Ask a question about this manual

Ask about setup, troubleshooting, compatibility, parts, safety, or missing instructions. Manuals+ will review the question and use this page's manual context to help answer it.

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Question

Example: How do I reset this device or fix this error?

Details

Model number, symptoms, what you tried, or the section of the manual you are using.

Submit question