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## VRPEFIT 80af6c23-39dd-4b21-b8f2-4b2cca4d5c95

# VRPEFIT Smart Watch User Manual

Model: 80af6c23-39dd-4b21-b8f2-4b2cca4d5c95

## INTRODUCTION

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This manual provides comprehensive instructions for the VRPEFIT Smart Watch, a versatile fitness tracker designed for both men and women. It features a 1.8-inch HD display, Bluetooth calling capabilities, and extensive health monitoring functions. Please read this manual thoroughly to ensure proper use and maintenance of your device.

The VRPEFIT Smart Watch offers a range of functionalities including sleep management, breathing training, stress measurement, water drinking reminders, sedentary reminders, and female menstrual period management. It is equipped with a built-in voice assistant and supports over 100 sports modes.

## PACKAGE CONTENTS

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- VRPEFIT Smart Watch (Hot Pink)
- Charging Cable
- User Manual

## SETUP

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### 1. Initial Charging

Before first use, fully charge your VRPEFIT Smart Watch. Connect the charging cable to the watch's charging port and a USB power source. A full charge typically takes approximately 2.5 hours. The watch has a 300mAh battery capacity, providing up to 7 days of battery life on a single charge.

### 2. App Installation

To unlock the full features of your smartwatch, download and install the **"VeryFit"** app on your smartphone. The app is compatible with most Android and iOS devices. Search for "VeryFit" in your device's app store.

### 3. Bluetooth Pairing

1. Ensure Bluetooth is enabled on your smartphone.
2. Open the "VeryFit" app and follow the on-screen instructions to add your device.
3. The app will search for available devices. Select "VRPEFIT Smart Watch" from the list to initiate pairing.

4. Confirm the pairing request on both your watch and smartphone.
5. Once paired, the watch will sync data with the app, and you will receive notifications.

## 4. Customizing Watch Faces

The smartwatch offers a variety of customizable watch faces. Through the "VeryFit" app, you can choose from over 100 cloud watch faces or upload your own photos to personalize the display.



Image: VRPEFIT Smart Watch display. The main screen shows the time (09:30), date (MON 24), and various metrics like heart rate (120), battery (100%), steps (27803), and calories (2568). A smaller image shows the watch displaying an incoming call from "Aleon" with options to accept or decline.

## OPERATING INSTRUCTIONS

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### 1. Navigation

The 1.8-inch HD touchscreen supports hand-swiping gestures for easy navigation. Swipe left, right, up, or down to access different menus, notifications, and features.

## 2. Voice Control & Bluetooth Calls

- **Voice Assistant:** Utilize the built-in voice assistant to ask questions, control music playback, check weather, set alarms, and more using voice commands.
- **Bluetooth Calls:** Connect your watch to your phone via Bluetooth 5.3. You can make and receive calls directly from your wrist. Customize call and message alerts to vibrate or ring.

## 3. Health Monitoring & Fitness Tracking

The smartwatch is equipped with advanced sensors for comprehensive health and fitness tracking:

- **Daily Activity:** Automatically tracks daily steps, distance, and calorie consumption.
- **Health Metrics:** Monitors heart rate, blood oxygen, stress levels, and sleep patterns throughout the day.
- **Sports Modes:** Features 20 built-in sports modes, expandable to over 100 through the app, to accurately track various physical activities.
- **Data Sync:** All health data can be synced to your smartphone via the "VeryFit" app for detailed analysis and progress tracking.

## 4. Multi-function Features

The VRPEFIT Smart Watch offers a wide array of additional functions:

- Weather updates
- Sedentary reminders
- Water-drinking alerts
- Menstrual cycle tracking for women
- Music playback and control
- Camera control
- Alarm clock
- Stopwatch
- Breathing exercises

## MAINTENANCE

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### 1. Waterproof Rating

The VRPEFIT Smart Watch has an IP68 waterproof rating, meaning it is resistant to dust and can withstand immersion in water up to 10 meters deep for a specified duration. It is suitable for daily activities such as hand washing, showering, and swimming. However, it is not recommended for hot water activities like hot tubs or saunas, as steam can damage the seals.

### 2. Cleaning and Care

- Regularly clean the watch and strap with a soft, damp cloth.
- Avoid using harsh chemicals, abrasive cleaners, or solvents, as these can damage the device.
- Ensure the charging contacts are clean and dry before charging to prevent corrosion.

### 3. Battery Care

To prolong battery life, avoid exposing the watch to extreme temperatures. Charge the device using the provided charging cable. The high-capacity 300mAh battery is designed for long-lasting performance.

## TROUBLESHOOTING

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If you encounter issues with your VRPEFIT Smart Watch, please refer to the following common solutions:

- **Watch Not Turning On:** Ensure the watch is fully charged. Connect it to the charger for at least 30 minutes.
- **Cannot Pair with Phone:**
  - Make sure Bluetooth is enabled on your phone and the watch.
  - Ensure the "VeryFit" app is open and running in the background.
  - Restart both your phone and the watch.
  - Forget the device in your phone's Bluetooth settings and try pairing again through the app.
- **Inaccurate Health Data:** Ensure the watch is worn snugly on your wrist, about one finger's width above the wrist bone. Clean the sensor on the back of the watch. While the watch provides comprehensive data, for medical accuracy, consult professional medical devices.
- **Notifications Not Received:** Check app permissions on your phone to ensure the "VeryFit" app has access to notifications. Ensure the watch is connected via Bluetooth.
- **Screen Unresponsive:** Try restarting the watch by pressing and holding the side button. If unresponsive, allow the battery to drain completely and then recharge.

## SPECIFICATIONS

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<b>Brand</b>	VRPEFIT
<b>Model Number</b>	80af6c23-39dd-4b21-b8f2-4b2cca4d5c95
<b>Display Size</b>	1.8 Inches
<b>Display Type</b>	LCD
<b>Resolution</b>	240 x 280
<b>Operating System</b>	Android/iOS
<b>Connectivity</b>	Bluetooth 5.3
<b>Battery Capacity</b>	300 Milliamp Hours (mAh)
<b>Charging Time</b>	2.5 Hours
<b>Battery Life</b>	Up to 7 days (typical use)
<b>Waterproof Rating</b>	IP68
<b>Memory Storage Capacity</b>	300 MB
<b>Parcel Dimensions</b>	28.2 x 9 x 1.9 cm
<b>Item Weight</b>	100 g

## WARRANTY AND SUPPORT

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### Warranty Information

Your VRPEFIT Smart Watch is covered by a return policy that allows for refund or replacement within 30 days of purchase. Please retain your proof of purchase for any warranty claims.

## Customer Support

For further assistance, technical support, or inquiries regarding your VRPEFIT Smart Watch, please contact VRPEFIT customer service through the official channels provided at the point of purchase or on the VRPEFIT brand website.