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› EaseZen Foot Massager for Neuropathy (Model: 785366492590) Instruction Manual

EaseZen 785366492590

EaseZen Foot Massager for Neuropathy

MODEL: 785366492590 - INSTRUCTION MANUAL

INTRODUCTION

The EaseZen Foot Massager is a rechargeable TENS and EMS foot stimulator designed to promote blood circulation, relieve neuropathy, leg pain, swelling, cramps, and plantar fasciitis. This device offers 10 modes and 20 intensity levels for a personalized experience. It is equipped with a remote control and an LCD display for ease of use.

IMPORTANT SAFETY INFORMATION

Please read all safety warnings and instructions before using this device. Failure to do so may result in injury or device malfunction.

General Precautions:

- Ensure both bare feet are placed on the foot stimulator simultaneously for proper operation. The device will not function with only one foot.
- When using electrode pads, connect both pads to the main unit via the electrode cables and attach both pads to your body to complete the electrical circuit. A single pad will not function.
- Do not use the foot stimulator while it is charging. Fully charge the device before use.

Do Not Use If You Have:

- Deep vein thrombosis
- A pacemaker or other metal implants
- Heart disease
- Cerebral hemorrhage
- Abnormal blood pressure
- Acute cardiovascular and cerebrovascular conditions
- Wounds or inflammation in the area of application
- Are pregnant

PRODUCT OVERVIEW & WHAT'S IN THE BOX

The EaseZen Foot Massager is designed for user comfort and convenience, featuring an ergonomic curved sole design and a clear LCD display. It is slim and lightweight for easy portability.



Image: The EaseZen Foot Massager unit, remote control, electrode pads, electrode cables, and USB charging cable are included in the package.

Package Contents:

- EaseZen Foot Stimulator Unit
- Remote Control (requires 2 AAA batteries, included)
- Electrode Pads (2 pairs)
- Electrode Cables
- USB Charging Cable
- Product Manual

SETUP

1. **Install Remote Batteries:** Open the battery compartment on the back of the remote control and insert the 2 AAA batteries provided, ensuring correct polarity.

2. **Charge Main Unit:** Connect the USB charging cable to the foot stimulator unit and a suitable USB power source (DC 5V 1A adapter recommended). The display numbers will flash (25, 50, 75, 100) indicating charging progress. When fully charged, '100' will be displayed and remain steady. A full charge takes approximately 2 hours and provides up to 210 minutes of use.
3. **Prepare for Use:** Place the foot stimulator unit on a flat surface. Ensure your feet are clean and bare for optimal contact with the footpads.
4. **(Optional) Connect Electrode Pads:** If you intend to use the electrode pads for other body parts, connect the electrode cables to the main unit and then attach the pads to the desired areas of your body. Ensure both pads are attached to form a complete circuit.

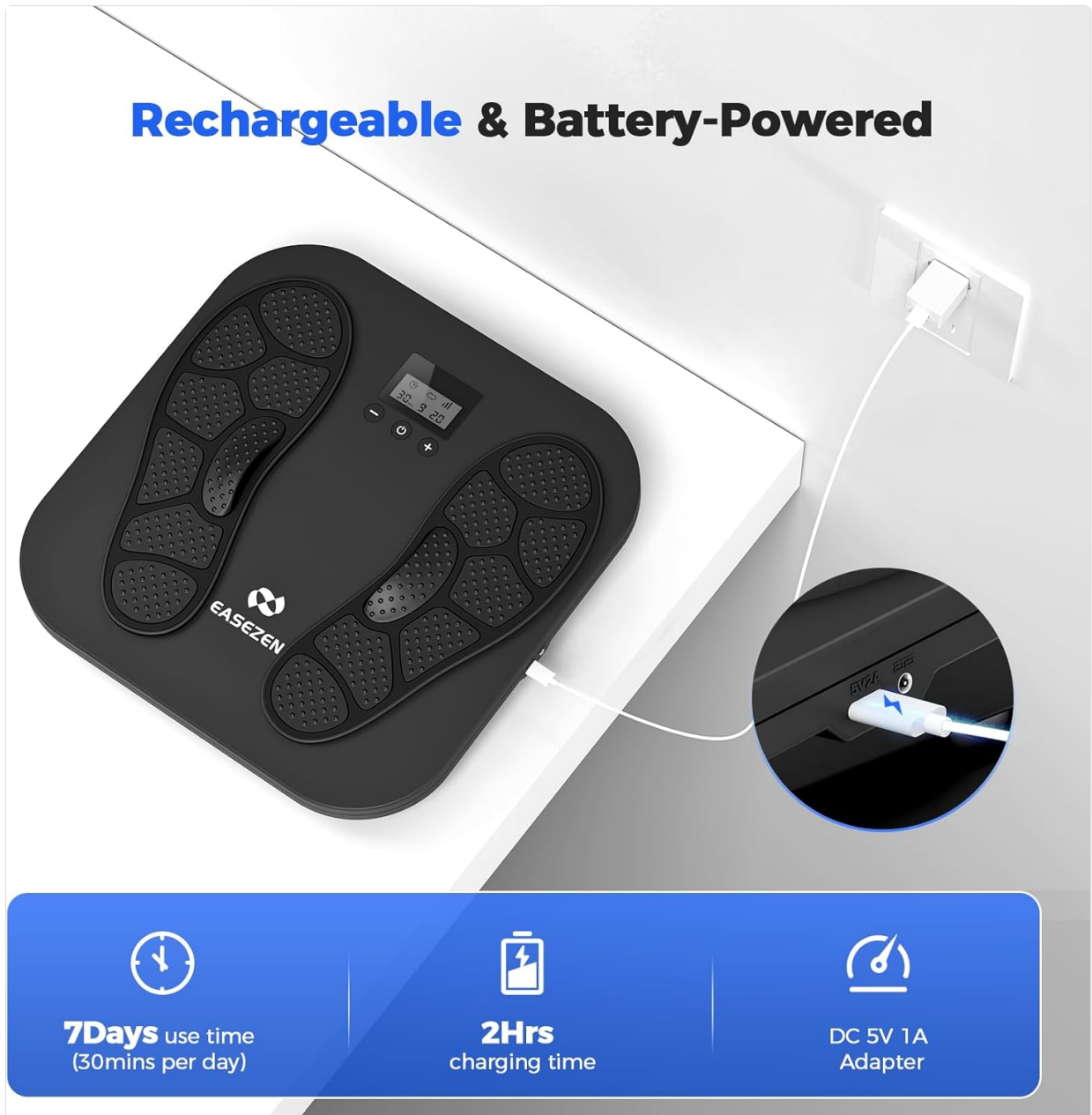


Image: The foot massager unit connected to a USB charger, illustrating its rechargeable nature.

OPERATING INSTRUCTIONS

1. **Power On:** Press the power button on the main unit or the remote control to turn on the device. The LCD display will illuminate.
2. **Place Feet:** Sit comfortably and place both bare feet on the designated footpads of the stimulator. Ensure full contact.
3. **Select Mode:** The device offers 10 different modes. Use the 'M' button on the unit or the mode button on the

remote to cycle through the modes (displayed as 1-9 and H for mode 10). Start with a lower mode to familiarize yourself with the sensations.

4. **Adjust Intensity:** The device has 20 intensity levels. Use the '+' and '-' buttons on the unit or remote to increase or decrease the intensity. Begin with the lowest intensity and gradually increase to a comfortable level.
5. **Using Electrode Pads (for body):** If using the electrode pads, select the appropriate mode and intensity for the body part you wish to stimulate. The pads provide targeted relief to areas like shoulders, back, arms, and legs.
6. **Automatic Shut-off:** The device is equipped with a 30-minute auto-off function to prevent overuse.
7. **Recommended Usage:** Use the foot stimulator twice a day for 15-30 minutes per session. Consistent use over 2-3 months may lead to noticeable results.
8. **Power Off:** Press and hold the power button on the unit or remote to turn off the device.

LCD Display & Remote Control

User-friendly for the elderly



Power On/Off, 10 Modes Switch

+ Increase Intensity

- Decrease Intensity

Image: Close-up of the LCD display and remote control, highlighting user-friendly buttons for power, mode, and intensity adjustments.

Video: Official product video demonstrating the EaseZen 2025 Upgraded Foot Massager for Neuropathy, showcasing its features and ease of use.

MAINTENANCE

- Clean the device with a soft, damp cloth. Do not use abrasive cleaners or immerse the unit in water.

- Store the device in a cool, dry place away from direct sunlight and extreme temperatures.
- Ensure electrode pads are clean and properly stored after each use to maintain their adhesive quality.

TROUBLESHOOTING & FAQ

- **Q: How long does it take to fully charge?**

A: It takes approximately 2 hours to fully charge.

- **Q: Can I use the foot stimulator when it is charging?**

A: No. To ensure electrical safety, the foot stimulator does not support use during charging. Please fully charge the foot stimulator before use.

- **Q: Why do the numbers on the screen flash when the foot stimulator is charging?**

A: When the foot stimulator is charging, the numbers 25, 50, 75 or 100 will flash on the display screen. When fully charged, 100 will be displayed on the display screen and stay still.

- **Q: Can I put only one foot on the stimulator?**

A: No, it will not work. Please place your both bare feet on the stimulator and ensure they are in full contact with the footpads.

- **Q: How long do I need to use it to see noticeable results?**

A: It is recommended that you use the device for approximately 30 minutes per day, and you will usually see noticeable results after 2-3 months of consistent use.

SPECIFICATIONS

Feature	Detail
Product Dimensions	13.9 x 13.62 x 3.07 inches
Item Weight	3.31 Pounds (1.5 Kilograms)
Item Model Number	785366492590
Power Source	USB Charging
Material	Silica gel
Modes	10
Intensities	20 levels
Auto-off Timer	30 minutes
Remote Control Batteries	2 AAA batteries (included)

WARRANTY & SUPPORT

EaseZen is committed to providing high-quality products and customer satisfaction. If you have any questions or require assistance with your EaseZen Foot Massager, please contact us through Amazon. EaseZen provides 24/7 after-sales service to address your concerns.