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› Energizer 260 Lumen LED Headlamp and Mountain House Chicken Teriyaki Meal Bundle User Manual

Energizer Energizer 260 Lumen LED Headlamp, Mountain House Chicken Teriyaki Meal (ASIN: B0D4QS93R)

Energizer 260 Lumen LED Headlamp and Mountain House Chicken Teriyaki Meal Bundle User Manual

INTRODUCTION

This manual provides detailed instructions for the safe and effective use of your Energizer 260 Lumen LED Headlamp and the preparation of the Mountain House Chicken Teriyaki Rice Backpacking Meal. This bundle is designed to support your outdoor adventures with reliable illumination and a convenient, nutritious meal.

ENERGIZER 260 LUMEN LED HEADLAMP

Overview

The Energizer 260 Lumen LED Headlamp offers hands-free lighting for various activities. It features multiple lighting modes, a durable design, and water resistance, making it suitable for demanding outdoor conditions.

Setup

1. **Battery Installation:** Open the battery compartment located at the back of the headlamp. Insert three (3) AAA alkaline batteries, ensuring correct polarity (+/-). Close the compartment securely.
2. **Adjusting the Headband:** Place the headlamp on your head. Adjust the elastic strap to achieve a comfortable and secure fit. The strap should be snug but not overly tight.



Image: The Energizer 260 Lumen LED Headlamp shown with three AAA batteries, illustrating the product components.

Operating

- **Power On/Off:** Press the power button once to turn the headlamp on. Press and hold the power button to turn it off.
- **Changing Modes:** With the headlamp on, press the power button repeatedly to cycle through the 7 available lighting modes. These modes include high, low, spot, flood, red, and flashing red.
- **Brightness:** The headlamp provides up to 260 lumens on its highest setting, illuminating objects up to 80 meters away. On the low setting, it can run for up to 35 hours.



Image: The Energizer headlamp in operation, demonstrating its 260-lumen output on a dark surface.

Maintenance

- **Cleaning:** Wipe the headlamp with a soft, damp cloth. Do not use abrasive cleaners or solvents.
- **Battery Replacement:** Replace batteries when the light dims significantly or fails to turn on. Always use fresh AAA alkaline batteries. Remove batteries during long periods of non-use to prevent leakage.
- **Water Resistance:** The headlamp is IPX4 water-resistant, meaning it can withstand splashing water from any direction. It is not designed for submersion.

IPX4 WATER RESISTANCE

WITHSTANDS SPLASHING



Image: The Energizer headlamp resting on wet rocks, highlighting its IPX4 water resistance feature.

Troubleshooting

- **Light not turning on:** Check battery installation for correct polarity. Replace batteries with fresh ones.
- **Light is dim:** Replace batteries.
- **Headlamp flickering:** Ensure battery compartment is securely closed and batteries are making proper contact.

Specifications

Light Output:	Up to 260 Lumens
Beam Distance:	Up to 80 meters
Run Time (Low):	Up to 35 hours
Power Source:	3 x AAA Alkaline Batteries

Water Resistance:	IPX4 (Splash Resistant)
Durability:	Withstands 1-meter drops

MOUNTAIN HOUSE CHICKEN TERIYAKI RICE BACKPACKING MEAL

Overview

The Mountain House Chicken Teriyaki Rice Backpacking Meal is a freeze-dried, gluten-free meal designed for convenience and nutrition in outdoor settings. It contains real chicken, vegetables, and rice in a sweet and tangy sauce, with no artificial ingredients.

Preparation

- Open Pouch:** Tear open the pouch at the indicated line. Remove the oxygen absorber packet.
- Add Hot Water:** Carefully add the specified amount of boiling water (check pouch for exact measurement) to the pouch. Stir thoroughly to ensure all ingredients are rehydrated.
- Seal and Wait:** Reseal the pouch and let it stand for 8-10 minutes. For best results, occasionally shake or gently knead the pouch to redistribute contents.
- Enjoy:** Open the pouch, stir again, and enjoy your meal directly from the pouch. No cleanup is needed.

CHICKEN TERIYAKI

WITH RICE, GREEN PEAS, CARROTS, PEPPERS & ONIONS



JUST ADD
WATER



READY IN
10 MINS



NO EXTRA
CLEANUP

12_g

PROTEIN
PER SERVING

Certified



Gluten-Free
by GFCO*



MOUNTAIN HOUSE®
ADVENTURE
MEALS™

CHICKEN TERIYAKI

WITH RICE, GREEN PEAS, CARROTS, PEPPERS & ONIONS
FREEZE DRIED

NO ARTIFICIAL PRESERVATIVES • NO ARTIFICIAL FLAVORS • NO ARTIFICIAL COLORS

2 SERVINGS • NET WT 4.2 OZ (118g)



Image: The Mountain House Chicken Teriyaki Rice Backpacking Meal in its sealed packaging, ready for preparation.



Image: The Mountain House Chicken Teriyaki Rice meal after preparation, served on a plate, showing its texture and ingredients.

Storage

The Mountain House meal is shelf-stable. Store in a cool, dry place. Do not puncture the pouch. Once prepared, consume immediately.

Ingredients and Nutrition

This meal contains real chicken, rice, green peas, carrots, peppers, onions, and bamboo shoots in a sweet and tangy sauce. It is certified gluten-free and contains no artificial preservatives, flavors, or colors. Refer to the product packaging for detailed nutritional information and allergen warnings.

SAFETY INFORMATION

Headlamp Safety

- Do not look directly into the LED light, as it can cause temporary vision impairment.

- Keep batteries out of reach of children. If swallowed, seek immediate medical attention.
- Dispose of used batteries according to local regulations.

Meal Safety

- Use caution when handling hot water during preparation.
- Ensure the meal is fully rehydrated before consumption to avoid digestive discomfort.
- Check the packaging for allergen information if you have dietary restrictions.

WARRANTY AND SUPPORT

For warranty information regarding the Energizer Headlamp, please refer to the packaging or visit the official Energizer website. For inquiries about Mountain House products, please visit their official website. For general product support, please contact the retailer where the bundle was purchased.