

## iTOMA 318

# iTOMA White Noise Machine 318 User Manual

Model: 318

## 1. INTRODUCTION

Thank you for choosing the iTOMA White Noise Machine 318. This device is designed to create a relaxing and comfortable environment conducive to sleep, relaxation, focus, and meditation. It offers a variety of soothing sounds, a convenient sleep timer, adjustable volume, and Bluetooth connectivity for personalized audio playback.



Figure 1: Front view of the iTOMA White Noise Machine 318.

## 2. PRODUCT FEATURES

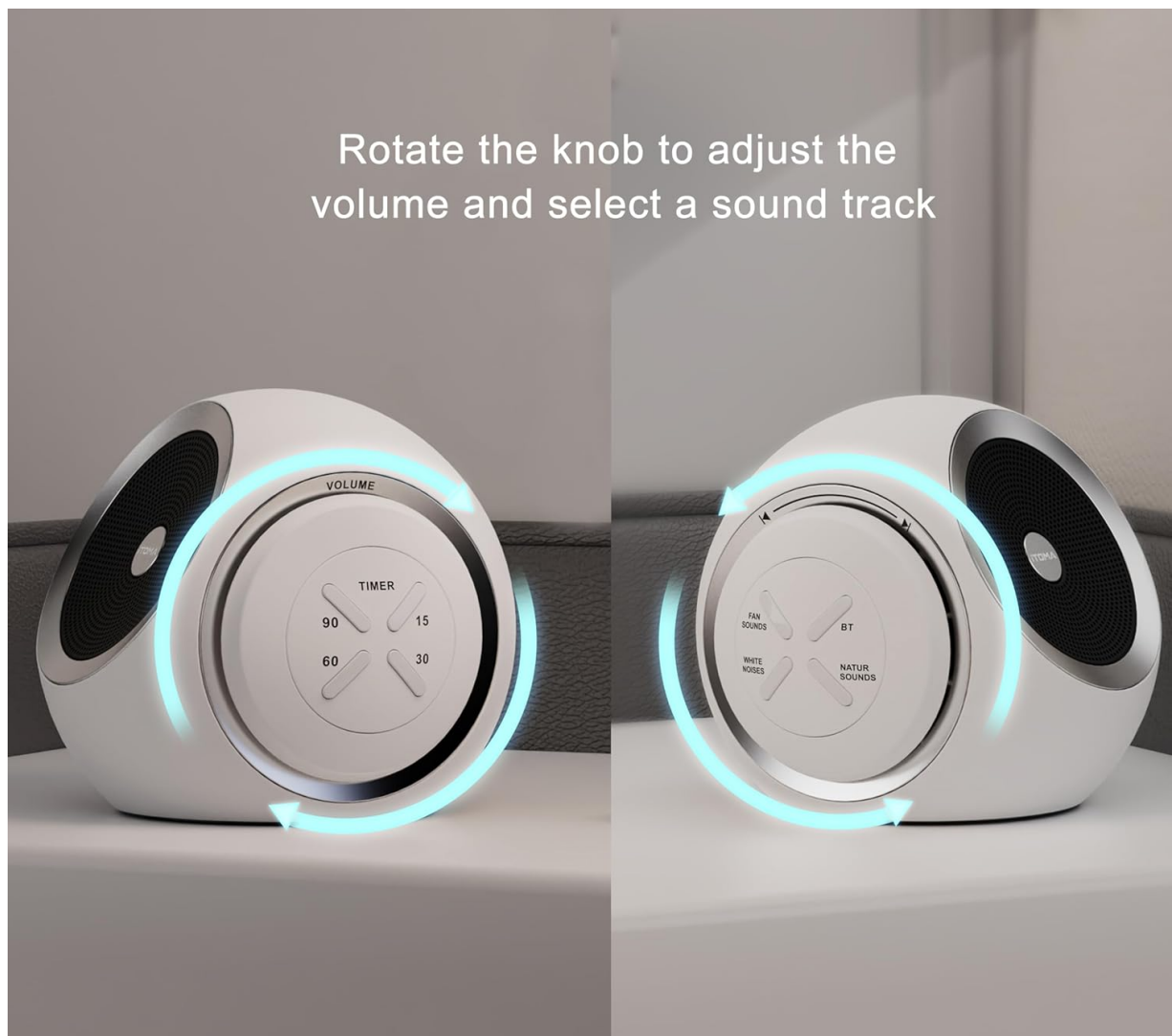
- **Compact and User-Friendly Design:** Engineered for ease of use and portability, suitable for various settings.
- **30 Soothing Sound Options:** Includes 10 white noises, 10 fan sounds, and 10 nature sounds (Rain, Sea waves, Brook, Bird, etc.) to cater to diverse preferences.
- **Adjustable Volume Levels:** Offers a wide range of volume settings, from very low to adequately high, to effectively mask disturbing noises.
- **Auto-Off Sleep Timer:** Features 4 timer settings (15, 30, 60, or 90 minutes) for automatic shutdown, ideal for naps or bedtime routines. Continuous play option is also available.
- **Bluetooth Connectivity:** Built-in Bluetooth speaker allows connection to smartphones or tablets for playing personal music or audio during relaxation, yoga, or meditation.

### 3. PACKAGE CONTENTS

- 1 × iTOMA White Noise Machine 318
- 1 × Power Adapter
- 1 × User Manual (this document)

### 4. PRODUCT OVERVIEW

The iTOMA White Noise Machine 318 features an intuitive design with easily accessible controls. The main unit is compact and spherical, with a speaker grille on the front and control knobs on the side.



*Figure 2: The mechanical knob design for volume and sound selection.*

## Controls:

- **Volume Knob:** Located on the side, this knob allows you to adjust the sound output level.
- **Sound Selection Knob:** Also on the side, this knob is used to cycle through the different sound categories (White Noises, Fan Sounds, Nature Sounds) and individual sounds within each category.
- **Timer Button:** A dedicated button to set the auto-off timer.
- **Bluetooth Button:** Activates Bluetooth pairing mode.

## 5. SETUP

1. Unpack the iTOMA White Noise Machine 318 and its accessories from the packaging.
2. Place the device on a stable, flat surface.
3. Connect the provided power adapter to the DC IN port on the back of the unit.
4. Plug the power adapter into a standard electrical outlet. The device is now ready for use.

## 6. OPERATING INSTRUCTIONS

### 6.1 Power On/Off

To power on the device, rotate the main knob on the side. Rotate it again to power off.

### 6.2 Sound Selection

Rotate the sound selection knob to cycle through the 30 available sounds. Sounds are categorized into White Noises, Fan Sounds, and Nature Sounds.



Figure 3: Visual representation of the 30 available soothing sounds.

### 6.3 Volume Adjustment

Use the volume knob to increase or decrease the sound output. The device offers 16 distinct volume levels.

### 6.4 Sleep Timer

Press the Timer button to activate the auto-off function. Each press cycles through the available timer settings: 15 minutes, 30 minutes, 60 minutes, 90 minutes, or continuous play. An indicator light will confirm the selected timer duration.



*Figure 4: Sleep timer options for the device.*

## 6.5 Bluetooth Pairing

To use the device as a Bluetooth speaker:

1. Press the Bluetooth button on the device. The Bluetooth indicator light will flash, indicating pairing mode.
2. On your smartphone or tablet, enable Bluetooth and search for available devices.
3. Select "iTOMA 318" from the list of devices to pair.
4. Once paired, the Bluetooth indicator light will remain solid, and you can play audio through the device.





Figure 5: Bluetooth connectivity for playing personal audio.

## 6.6 Product Video

Your browser does not support the video tag.

*Video 1: An official product video demonstrating the iTOMA White Noise Machine 318's features and operation.*

## 7. MAINTENANCE

- **Cleaning:** Wipe the device with a soft, dry cloth. Do not use liquid cleaners or abrasive materials.
- **Storage:** Store the device in a cool, dry place when not in use.
- **Avoid Water:** Keep the device away from water and moisture.

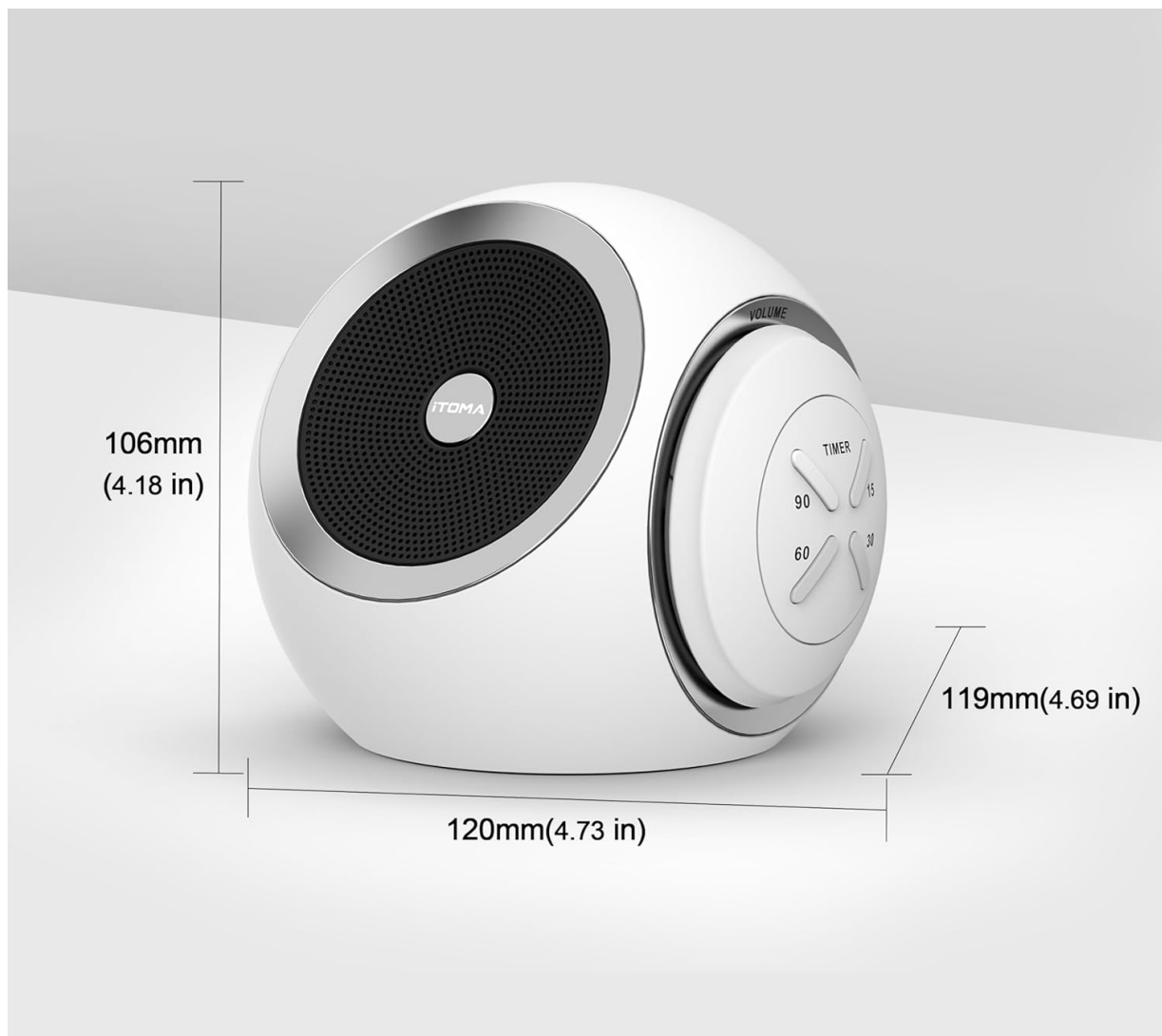
## 8. TROUBLESHOOTING

Issue	Possible Cause	Solution
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Issue	Possible Cause	Solution
Device does not power on	Not properly connected to power.	Ensure the power adapter is securely plugged into the device and a working electrical outlet.
No sound output	Volume is too low or muted.	Increase the volume using the volume knob.
Bluetooth not connecting	Device is not in pairing mode or out of range.	Press the Bluetooth button to enter pairing mode. Ensure your smartphone/tablet is within range (approx. 10 meters) and Bluetooth is enabled.
Sound quality is poor via Bluetooth	Interference or distance from paired device.	Move the paired device closer to the white noise machine. Avoid obstacles between devices.

## 9. SPECIFICATIONS

- **Model Name:** 318
- **Brand:** iTOMA
- **Product Dimensions:** 6.2 x 2.3 x 3.5 inches
- **Item Weight:** 1.37 Pounds
- **Material:** Acrylonitrile Butadiene Styrene (ABS), Plastic
- **Power Source:** Corded Electric
- **Sound Options:** 30 (10 White Noises, 10 Fan Sounds, 10 Nature Sounds)
- **Volume Levels:** 16
- **Sleep Timer:** 15, 30, 60, 90 minutes, or Continuous Play
- **Connectivity:** Bluetooth



*Figure 6: Product dimensions of the iTOMA White Noise Machine 318.*

## 10. IMPORTANT SAFETY INFORMATION






Statements regarding dietary supplements have not been evaluated by the FDA and are not intended to diagnose, treat, cure, or prevent any disease or health condition.

Always ensure the device is used in a safe environment and according to the instructions provided. Keep out of reach of children and pets. Do not disassemble or attempt to repair the device yourself.

## 11. WARRANTY AND SUPPORT

For warranty information or technical support, please refer to the contact details provided with your purchase or visit the official iTOMA website. Keep your purchase receipt as proof of purchase.



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 <p>ITOMA CKS708</p> <p>User Manual</p> <p>It's my pleasure to help you!</p> <p>Visit our website at <a href="http://www.itoma.com">www.itoma.com</a></p>	<p><a href="#">iTOMA CKS708 User Manual</a></p> <p>User manual for the iTOMA CKS708 alarm clock radio, covering setup, operation, features like FM radio, Bluetooth, sleep timer, dimmer, and LED decor, along with important safety information, FCC warnings, and warranty details.</p>
 <p>ITOMA</p> <p>CKS2100</p> <p>Alarm Clock Radio User Manual</p>	<p><a href="#">iTOMA CKS2100 Alarm Clock Radio User Manual</a></p> <p>Comprehensive user manual for the iTOMA CKS2100 Alarm Clock Radio, covering setup, operation, alarm settings, sleep timer, and maintenance.</p>
 <p>ITOMA CKS912</p> <p>ADDO</p> <p>Children's Alarm Clock with Sleep Trainer, Regulator LED and Sleep Sound Machine</p> <p>Visit our website at <a href="http://www.itoma.com">www.itoma.com</a></p>	<p><a href="#">iTOMA CKS912 ADDO Children's Alarm Clock: User Manual &amp; Features</a></p> <p>Comprehensive user manual for the iTOMA CKS912 ADDO Children's Alarm Clock. Learn about sleep training, nighttime LED, sleep sounds, setup, and features.</p>
 <p>ITOMA CKS3301U Quick Guide</p> <p>Setting Time and Alarms</p>	<p><a href="#">iTOMA CKS3301U Quick Guide: Setting Time and Alarms</a></p> <p>Concise guide for the iTOMA CKS3301U alarm clock radio. Learn how to set the time, configure alarms, use snooze, and turn off the alarm.</p>



### [iTOMA CKS708 User Manual: Setup, Features, and Operation](#)

Comprehensive user manual for the iTOMA CKS708 alarm clock radio, covering setup, time setting, alarms, FM radio, Bluetooth, sleep timer, dimmer, and maintenance.