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> naspaluro Ergonomic Office Chair C-01 User Manual

naspaluro C-01

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Model: C-01

INTRODUCTION

This manual provides detailed instructions for the assembly, operation, maintenance, and troubleshooting of your naspaluro Ergonomic Office Chair, Model C-01. Designed for optimal comfort and support, this chair features adaptive lumbar support, an adjustable headrest, and flip-up armrests to enhance your sitting experience in various environments, including office and home settings.



The naspaluro C-01 Ergonomic Office Chair provides comfort and support for extended periods of use.

SAFETY INFORMATION

Always follow the user manual for safe assembly and use. Exercise caution when adjusting the headrest, backrest, and armrests

to prevent injury. Do not stand on the chair. Ensure all components are securely fastened before use. Keep children away from moving parts during assembly and adjustment.

SETUP AND ASSEMBLY

Your naspaluro C-01 office chair is designed for easy assembly. All necessary hardware and a detailed user manual are included. Please follow these general steps for assembly. For specific visual guidance, refer to the assembly diagram.

1. **Unpack Components:** Carefully remove all parts from the packaging and lay them out on a clean, flat surface. Verify all components are present against the parts list in the included manual.
2. **Attach Casters to Base:** Insert the casters into the holes at the ends of the chair base until they click securely into place.
3. **Insert Gas Lift:** Place the gas lift cylinder into the center hole of the chair base.
4. **Assemble Seat and Backrest:** Attach the seat mechanism to the underside of the seat cushion. Then, connect the backrest to the seat assembly using the provided screws.
5. **Attach Armrests:** Secure the armrests to the seat assembly. Ensure they are oriented correctly.
6. **Mount Headrest:** Attach the adjustable headrest to the top of the backrest.
7. **Connect to Gas Lift:** Carefully place the assembled seat and backrest onto the gas lift cylinder.
8. **Final Check:** Ensure all screws are tightened and all parts are securely connected before using the chair.



Visual guide for assembling the naspaluro C-01 office chair, typically completed in about 20 minutes.

OPERATING INSTRUCTIONS

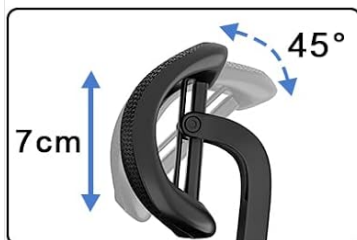
The naspaluro C-01 chair offers multiple adjustment features to customize your seating experience for maximum ergonomic benefit.

- **Seat Height Adjustment:** Locate the lever under the right side of the seat. To raise the seat, lift the lever while taking your weight off the chair. To lower the seat, lift the lever while seated. Release the lever to lock the height.

- **Backrest Recline (Rocking Motion):** The backrest can recline between 90° and 120°. To activate the rocking motion, pull out the lever located under the seat. To deactivate and lock the backrest in an upright position, push the lever in. The tension of the rocking motion can be adjusted by turning the round knob under the seat (turn clockwise to tighten, counter-clockwise to loosen).
- **Adaptive Lumbar Support:** The C-shaped lumbar support is designed to adapt to your lower back curve, providing flexible support. It can rotate up to 20° and offers up to 4cm depth adjustment to conform to your body.
- **Adjustable Headrest:** The headrest can be adjusted in height and angle (up to 45° rotation, 7cm height adjustment) to provide optimal neck and head support. Gently push or pull the headrest to find your preferred position.
- **Flip-up Armrests:** The armrests can be flipped up 90° to allow the chair to be pushed closer to your desk, saving space. Simply lift the armrests upwards until they lock into the vertical position. To lower them, pull them down.
- **360° Swivel and Casters:** The chair features a 360° swivel function and smooth-rolling nylon casters for easy movement across hard floors.

Rocking Motion

NOTE: Unable to lock the tilt of backrest



Adjustments for rocking motion, headrest angle, and height.

Flip-up Armrests

Saving Space



Flip-up armrests for space-saving storage under a desk.

Elastic Lumbar Support



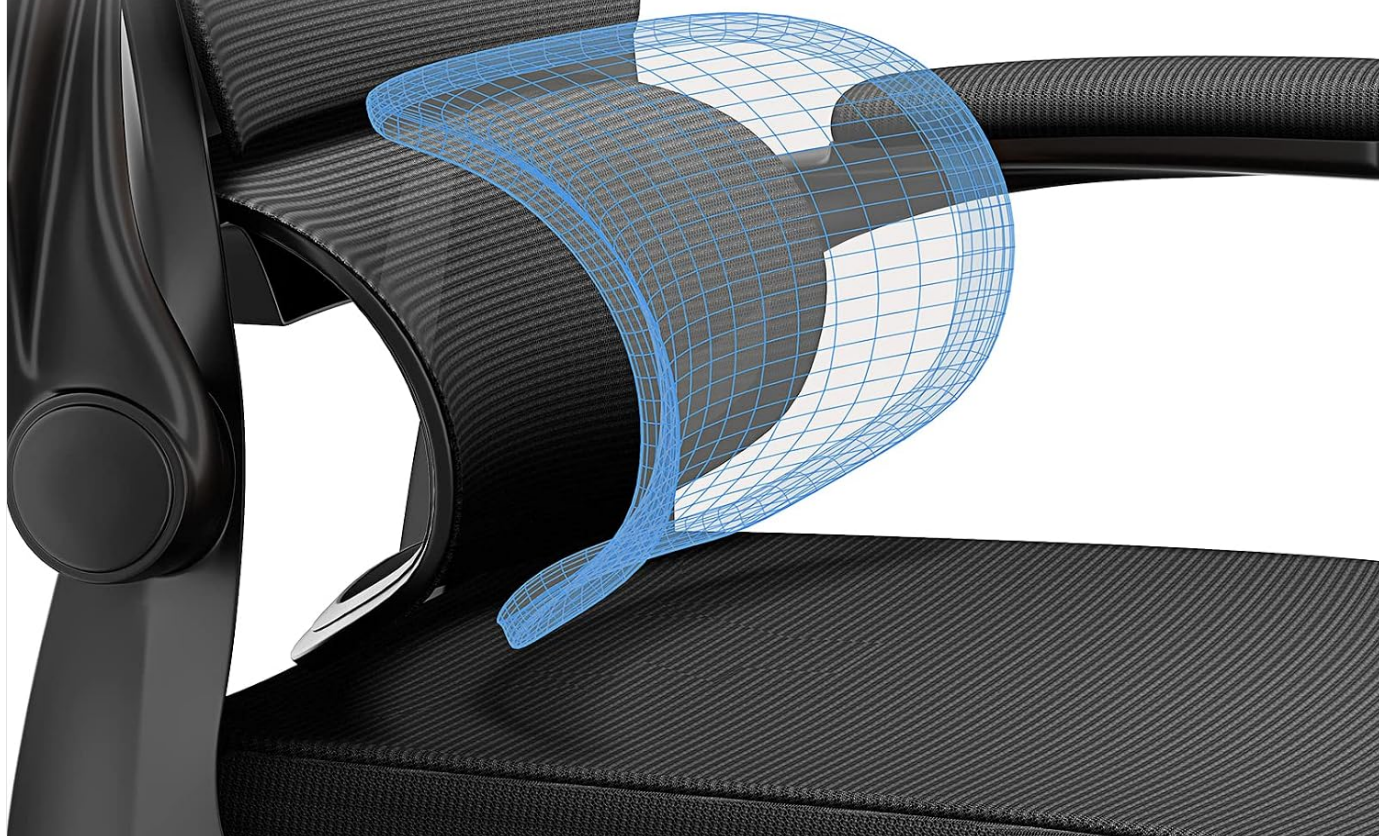
Adaptive
lumbar support



20° Rotation



4cm Depth



Detail of the adaptive lumbar support, designed to contour to your back.

MAINTENANCE

Regular maintenance helps prolong the life and performance of your office chair.

- **Cleaning:** Wipe mesh and fabric surfaces with a damp cloth and mild soap. Avoid harsh chemicals. For the base and plastic parts, use a soft, dry cloth.
- **Tighten Fasteners:** Periodically check and tighten all screws and bolts to ensure stability and prevent squeaking.
- **Caster Care:** Clean casters regularly to remove hair and debris that may hinder smooth movement.
- **Lubrication:** If any mechanisms, such as the gas lift or recline, become stiff or noisy, a small amount of silicone-based lubricant can be applied to moving parts.

TROUBLESHOOTING

If you encounter any issues with your naspaluro C-01 office chair, refer to the following common solutions:

- **Chair Squeaks or Creaks:**

Solution: Check all bolts and screws and tighten them. Apply a small amount of silicone lubricant to the moving parts of the chair mechanism, especially under the seat.

• **Chair Does Not Adjust Height:**

Solution: Ensure the gas lift lever is fully engaged or disengaged as required. Check if the gas lift cylinder is properly seated in the base and seat mechanism. If the issue persists, the gas lift may need replacement.

• **Backrest Does Not Recline or Lock:**

Solution: Verify that the recline lock lever is correctly positioned. Adjust the recline tension knob to ensure it's not too tight or too loose.

• **Casters Not Rolling Smoothly:**

Solution: Remove any hair, dust, or debris accumulated around the caster wheels. Clean the wheels thoroughly.

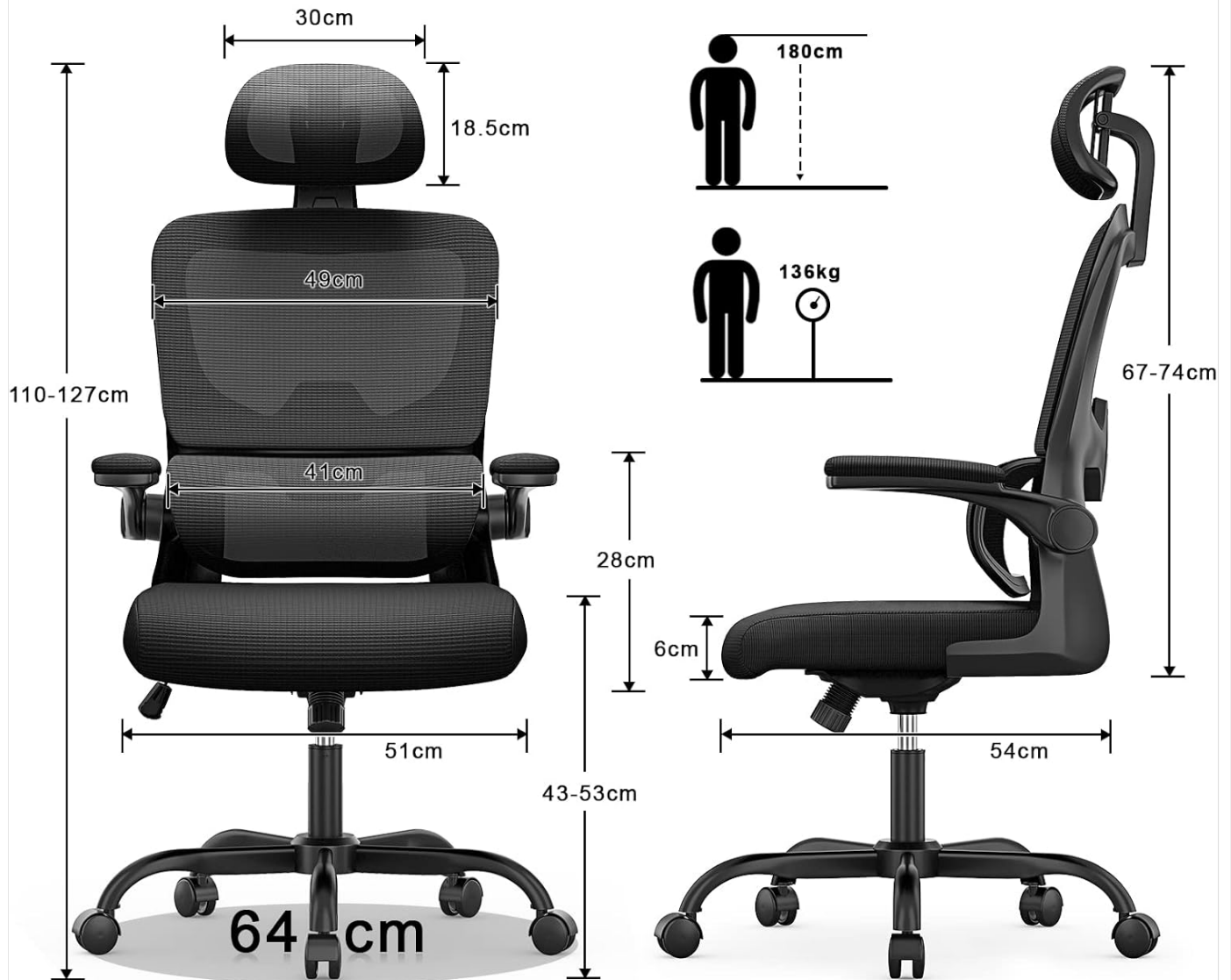
• **Chair Feels Unstable:**

Solution: Re-tighten all assembly screws. Ensure the chair is on a flat, even surface.

SPECIFICATIONS

Brand	naspaluro
Model Number	C-01
Color	Black
Material	Mesh (Backrest), Polyester (Seat), Aluminum/Nylon (Frame)
Product Dimensions	65P x 25l x 52.5H cm (Overall: 65 x 65 x 110-127 cm)
Item Weight	15 Kilograms
Maximum Recommended Weight	136 Kilograms
Special Features	Adjustable Height, Flip-up Armrests, Ergonomic, Adjustable Headrest, Adjustable Lumbar Support, Swivel Casters
Recline Positions	90° to 120° (Rocking Motion)
Assembly Required	Yes

Product Size



Detailed dimensions of the naspaluro C-01 office chair.

WARRANTY INFORMATION

For specific warranty details regarding your naspaluro C-01 Ergonomic Office Chair, please refer to the documentation included with your purchase or contact the seller directly. Warranty terms and conditions may vary based on region and retailer.

CUSTOMER SUPPORT

If you have any questions, require assistance with assembly, or need troubleshooting support that is not covered in this manual, please contact naspaluro customer service or your retailer. Please have your model number (C-01) and purchase date available when contacting support.

Contact Information: Refer to your purchase documentation or the seller's contact details on the platform where the product was purchased.

ASK A QUESTION ABOUT THIS MANUAL

Ask about setup, troubleshooting, compatibility, parts, safety, or missing instructions. Manuals+ will review the question and use this page's manual context to help answer it.

Name

Anonymous

Email

you@example.com

After a successful submission, we securely hash the supplied account or form email before sending it to Microsoft Advertising for conversion attribution. [Privacy details](#).

Question

Example: How do I reset this device or fix this error?

Details

Model number, symptoms, what you tried, or the section of the manual you are using.

Submit question

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