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› Mingdaln Smart Watch for Men and Women (Answer Calls/Messages), Wireless Calling Fitness Smart Watch with IP67 Waterproof Fitness Tracker, Sleep and More Monitoring for Android iOS (Black)

mingwear 1ec29360-a6bb-48b7-b734-0d3f18c3061b

Mingdaln Smart Watch User Manual

Model: 1ec29360-a6bb-48b7-b734-0d3f18c3061b

INTRODUCTION

Thank you for choosing the Mingdaln Smart Watch. This device is designed to enhance your daily life by providing convenient access to communication, fitness tracking, and health monitoring features directly from your wrist. This manual will guide you through the setup, operation, and maintenance of your new smart watch.



Image: The Mingdaln Smart Watch, featuring a large rectangular display showing the time (08:30), date (MON 06/27), and a dynamic background. To the left, smaller screens illustrate call handling, a numeric dial pad, and a grid of application icons. The watch has a black strap with a subtle red stripe, and a silver crown on the side.

WHAT'S IN THE BOX

Upon unboxing your Mingdaln Smart Watch, please verify that all components are present:

- Smart watch *1
- Magnetic charger *1
- User manual * 1

SETUP

1. Charging the Smart Watch

Before first use, fully charge your smart watch. Connect the magnetic charger to the charging points on the back of the watch and plug the USB end into a power adapter (not included) or a computer's USB port. The watch display will indicate

charging status.

2. App Download and Pairing

1. Scan the QR code provided in the quick start guide or search for the companion app (e.g., "Mingdaln Fit" or similar, check packaging for exact name) on the App Store (iOS) or Google Play Store (Android).
2. Install the app on your smartphone.
3. Ensure Bluetooth is enabled on your smartphone.
4. Open the app and follow the on-screen instructions to create an account and pair your smart watch. The app will guide you through the pairing process, which typically involves selecting your device from a list of nearby Bluetooth devices.
5. Grant necessary permissions to the app for full functionality (e.g., notifications, location, contacts).

3. Initial Settings

Once paired, customize settings such as time format, units of measurement, and personal profile information within the app to ensure accurate tracking.

OPERATING INSTRUCTIONS

Basic Navigation

- **Touch Screen:** Swipe left/right to navigate between main functions, swipe up/down for quick settings or notifications. Tap to select.
- **Side Button/Crown:** Press to wake/sleep the screen, return to the home screen, or access the app menu. Rotate (if applicable) to scroll through lists.

Bluetooth Call and Message Reminder

After successful pairing, your watch can receive and make calls directly. It will also display notifications for incoming calls, SMS messages, and app alerts from your smartphone.

- **Answering Calls:** Tap the green phone icon on the watch screen when a call comes in.
- **Making Calls:** Access the dial pad or contact list on the watch to initiate a call.
- **Message Notifications:** Swipe down from the top of the watch face to view recent messages and notifications.

Fitness Tracking

The watch continuously monitors your activity. View your daily steps, distance, and calories burned directly on the watch or in the companion app for detailed statistics.

Sleep Monitoring System

Wear the watch to bed for automatic sleep tracking. The watch analyzes your sleep patterns, including deep sleep, light sleep, and awake times. Review your sleep data in the app to understand your sleep quality.

Other Features

- **Heart Rate Monitoring:** Access the heart rate function on the watch to measure your current heart rate.
- **Blood Oxygen Monitoring:** Measure your SpO2 levels.
- **Music Control:** Control music playback on your smartphone (play, pause, skip tracks).
- **Remote Camera:** Use the watch as a remote shutter for your smartphone camera.
- **Alarms:** Set alarms through the app to vibrate on your watch.

MAINTENANCE

Cleaning

Wipe the watch and strap regularly with a soft, damp cloth. Avoid using harsh chemicals or abrasive materials. Ensure the charging contacts are clean and dry before charging.

Water Resistance (IP67)

The Mingdaln Smart Watch is IP67 waterproof, meaning it is resistant to splashes, rain, and brief immersion in water up to 1 meter for 30 minutes. It is not suitable for hot showers, saunas, diving, or high-pressure water activities. Avoid prolonged exposure to water.

Battery Care

- Charge the watch regularly, avoiding complete discharge.
- Store the watch in a cool, dry place when not in use for extended periods.
- Use only the provided magnetic charger.

TROUBLESHOOTING

- **Watch not turning on:** Ensure the watch is fully charged. Connect it to the charger and wait a few minutes before attempting to power on.
- **Unable to pair with smartphone:**
 - Ensure Bluetooth is enabled on your phone and the watch is within range.
 - Restart both the watch and your smartphone.
 - Clear Bluetooth cache on your phone (Android) or forget the device and re-pair.
 - Check if the app is updated to the latest version.
- **Notifications not appearing:**
 - Ensure notification permissions are granted to the app on your smartphone.
 - Check if the app's notification settings are enabled for specific applications.
 - Ensure the watch is connected via Bluetooth.
- **Inaccurate fitness data:** Ensure the watch is worn snugly on your wrist, about one finger's width above the wrist bone. Update your personal information (height, weight) in the app for better accuracy.

SPECIFICATIONS

Feature	Detail
Brand	mingwear
Model Name	mingwear
Item Model Number	1ec29360-a6bb-48b7-b734-0d3f18c3061b
Screen Size	1.82 inches

Feature	Detail
Standing Screen Display Size	1.82 inches
Shape	Round
Operating System	Android, iOS
Special Feature	Activity Tracker
Connectivity Technology	Bluetooth
Wireless Communication Standard	Bluetooth
Battery Cell Composition	Lithium Polymer
GPS	GPS Via Smartphone
Waterproof Rating	IP67
Manufacturer	mingwear
Date First Available	May 17, 2024

WARRANTY AND SUPPORT

Your Mingdaln Smart Watch comes with a standard manufacturer's warranty. For specific warranty terms and conditions, please refer to the product packaging or contact Mingdaln customer support. If you encounter any issues not covered in this manual, please reach out to our support team for assistance.

For support, please visit the official Mingdaln website or contact the retailer where you purchased the product.

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ASK A QUESTION ABOUT THIS MANUAL

Ask about setup, troubleshooting, compatibility, parts, safety, or missing instructions. Manuals+ will review the question and use this page's manual context to help answer it.

Name

Anonymous

Email

you@example.com

After a successful submission, we securely hash the supplied account or form email before sending it to Microsoft Advertising for conversion attribution. [Privacy details](#).

Question

Example: How do I reset this device or fix this error?

Details

Model number, symptoms, what you tried, or the section of the manual you are using.

Submit question

Answered questions about this manual

Can you supply the names of the icons on the Mingdai G20 Smart Watch and explain how to access each one?

Based on the Mingdai Smart Watch manual, here are the primary icons and how to access them: App Menu (Grid of Icons): To access the full list of application icons, press the Side Button/Crown. You...

[Read full answer](#)