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> Mingdaln Men's 1.96" Outdoor Sports Smartwatch with Call (Answer/Dial), Fitness Tracking/Heartbeat Tracking, Multi-Sport Mode for Android iOS (Black) User Manual

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Mingdaln Men's 1.96" Outdoor Sports Smartwatch User Manual

Model: mingwear

INTRODUCTION

This manual provides comprehensive instructions for the Mingdaln Men's 1.96" Outdoor Sports Smartwatch. Please read this manual carefully before using the device to ensure proper operation and to maximize its features.

WHAT'S IN THE BOX

- Smart watch *1
- Magnetic charger *1
- User manual * 1

SETUP

1. Charging the Smartwatch

Before first use, fully charge the smartwatch. Connect the magnetic charger to the charging points on the back of the watch and plug the USB end into a power adapter (not included) or a computer's USB port. The watch display will indicate charging status.

2. App Installation and Pairing

To unlock the full functionality of your smartwatch, download the companion application on your Android or iOS smartphone. Search for the app name (usually indicated in the quick start guide or on the watch screen during initial setup) in your device's app store.

1. Enable Bluetooth on your smartphone.
2. Open the installed companion app and follow the on-screen instructions to create an account or log in.
3. Within the app, select "Add Device" or "Pair Device" and choose your smartwatch from the list of available Bluetooth devices.

4. Confirm the pairing request on both your phone and the smartwatch if prompted.

Once paired, the watch will synchronize time, date, and other settings with your phone.

OPERATING INSTRUCTIONS

Basic Navigation

The smartwatch features a 1.96" HD color touchscreen for navigation. Swipe left, right, up, or down to access different functions and menus. Press the side button(s) to return to the home screen or activate specific features as defined in the app settings.



The image displays the Mingdahn smartwatch's main interface showing the time (05:26 AM/PM), date (06-SEPT), steps taken (10349), current temperature (-24°C), and battery level. Smaller inset images illustrate the smartwatch's call features, including an incoming call screen, a phone call menu with options for recent calls, dial pad, and contacts, and a numeric dial pad for making calls.

Bluetooth Call and Message Reminder

Once paired with your smartphone, the smartwatch supports Bluetooth calls. You can answer, dial, and view recent calls directly from your wrist. The watch will also display notifications for incoming messages from various applications.

- **Answering Calls:** When a call comes in, tap the green phone icon on the watch screen.
- **Dialing:** Access the "Dial Pad" from the phone menu on the watch to enter numbers.
- **Contacts:** Synchronize your phone contacts via the app to make calls directly from your watch's contact list.
- **Message Notifications:** Swipe down from the top of the watch face to view recent message alerts.

Fitness Tracking and Multi-Sport Mode

The smartwatch is equipped with sensors to track various fitness metrics. It supports multiple sport modes for accurate data collection during your workouts.

- **Step Counter:** Automatically tracks your daily steps.
- **Heartbeat Tracking:** Monitors your heart rate throughout the day. Access the heart rate monitor function on the watch or through the app for real-time readings.
- **Multi-Sport Modes:** Select specific activities like running, walking, cycling, etc., to get tailored tracking data including calories burned and distance covered.

Sleep Monitoring System

Wear the smartwatch to bed to monitor your sleep patterns. The watch will track your sleep duration and quality, providing insights into light sleep, deep sleep, and awake times. View detailed sleep reports in the companion app.

Other Features

- **Weather Display:** Displays current weather conditions and temperature (requires app synchronization and location access).
- **Music Control:** Control music playback on your smartphone directly from the watch.
- **Remote Camera:** Use the watch as a remote shutter for your phone's camera.

MAINTENANCE

Water Resistance (IP67)

The smartwatch is IP67 waterproof, meaning it is resistant to dust and can withstand immersion in water up to 1 meter for 30 minutes. It is suitable for daily use, such as hand washing or light rain. Do not use it for swimming, diving, or in hot water/steam environments.

Cleaning and Care

- Wipe the watch and strap regularly with a soft, dry cloth.
- If necessary, use a slightly damp cloth with mild soap, then dry thoroughly.
- Avoid using harsh chemicals or abrasive materials.

Battery Care

To prolong battery life, avoid extreme temperatures. Charge the watch fully before long periods of inactivity. The watch is designed for long battery life, ensuring extended usage between charges.

TROUBLESHOOTING

Problem	Possible Solution
Watch not turning on	Ensure the watch is fully charged. Connect it to the magnetic charger and check if the charging indicator appears.

Problem	Possible Solution
Cannot pair with phone	Make sure Bluetooth is enabled on your phone. Ensure the watch is in pairing mode. Restart both the watch and your phone. Clear Bluetooth cache on your phone (if applicable). Try pairing through the companion app.
Inaccurate fitness data	Ensure the watch is worn snugly on your wrist. Calibrate settings in the companion app (e.g., stride length).
Notifications not appearing	Check app notification permissions on your phone. Ensure the watch is connected via Bluetooth. Verify notification settings within the companion app.

SPECIFICATIONS

Feature	Detail
Model Name	mingwear
Screen Size	1.96 Inches (Visible screen diagonal: 2" / 5 cm)
Shape	Rectangular
Connectivity Technology	Bluetooth
Wireless Communication Standard	Bluetooth
Special Feature	Activity Tracker, Bluetooth Call, Heartbeat Tracking, Sleep Monitoring, Message Reminder, Multi-Sport Mode
Battery Cell Composition	Lithium Ion
GPS	No GPS
Water Resistance	IP67
Manufacturer	mingwear
ASIN	B0D49L8W2M
Date First Available	May 16, 2024

WARRANTY AND SUPPORT

Your Mingdaln smartwatch comes with a standard manufacturer's warranty. Please refer to the product packaging or the official brand website for specific warranty terms and conditions. For technical support, troubleshooting assistance, or warranty claims, please contact the manufacturer or your point of purchase.

Note: Keep your purchase receipt as proof of purchase for warranty purposes.

