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QCY QCY Smart Watche GT SILVER

QCY Watch GT Smart Watch User Manual

Model: QCY Smart Watche GT SILVER
Brand: QCY

Introduction

This manual provides comprehensive instructions for the QCY Watch GT Smart Watch. Please read it carefully to ensure proper use and maintenance of your device.

The QCY Watch GT features a Retina 1.43 AMOLED HD Display, a metal watch frame and crown, and offers extensive health monitoring capabilities. It boasts up to 10 days of battery life and supports over 100 sports modes.



The QCY Watch GT, showcasing its sleek design with a silver metal frame, rotating crown, and a comfortable light grey silicone strap. The vibrant AMOLED display is active, showing time and health metrics.



A detailed view of the QCY Watch GT's 1.43-inch AMOLED HD display, emphasizing its high resolution (466x466 pixels), 60Hz refresh rate for smooth interactions, and a peak brightness of 1000 nits for clear visibility in various lighting conditions.

1. Getting Started

1.1 Package Contents

- QCY Watch GT Smart Watch
- Charging Cable
- User Manual

1.2 Charging the Device

Before first use, fully charge your QCY Watch GT. Connect the magnetic charging cable to the charging contacts on the back of the watch and plug the USB end into a power adapter (not included) or a computer's USB port.

A full charge typically takes approximately 2 hours. The watch display will indicate charging status.

1.3 App Installation and Pairing

To unlock the full potential of your QCY Watch GT, download the official QCY app on your smartphone. The app is available on both iOS and Android app stores.

1. Scan the QR code in the manual or search for "QCY" in your app store.
2. Install and open the QCY app.
3. Create an account or log in.
4. Follow the on-screen instructions in the app to pair your QCY Watch GT via Bluetooth. Ensure Bluetooth is enabled on your smartphone.
5. Confirm the pairing request on both your watch and smartphone.

2. Operating Your QCY Watch GT

2.1 Basic Navigation

The QCY Watch GT features a responsive touchscreen and a physical crown for navigation.

- **Touchscreen:** Swipe up, down, left, or right to navigate through menus and notifications. Tap to select items.
- **Crown:** Rotate the crown to scroll through lists or adjust settings. Press the crown to return to the watch face or access the app list.

2.2 Health Monitoring

The QCY Watch GT provides comprehensive health tracking features:

- **Heart Rate Monitoring:** Continuously monitors your heart rate throughout the day. View real-time data on the watch or detailed trends in the app.
- **SpO2 Monitoring:** Measures your blood oxygen saturation levels.
- **Sleep Monitoring:** Tracks your sleep patterns, including deep sleep, light sleep, and awake times. Provides insights into sleep quality.



The QCY Watch GT's health monitoring interface, displaying real-time heart rate (BPM), blood oxygen saturation (SpO2) percentage, detailed sleep duration and quality, and a dedicated section for menstrual cycle tracking, providing a holistic view of the user's health.

2.3 Sports Modes

With over 100 sports modes, the QCY Watch GT is designed to track a wide range of physical activities. Select your desired activity from the sports mode menu to record duration, calories burned, heart rate, and other relevant metrics.



The QCY Watch GT's extensive sports mode selection, featuring icons for over 100 different activities. Prominently displayed are options for Running, Treadmill, Walking, and Alpinism, indicating the watch's versatility for various fitness routines.

2.4 Call Answering

Stay connected on the go. When paired with your smartphone, you can answer incoming calls directly from your QCY Watch GT. This feature allows you to manage calls without needing to take out your phone, especially convenient during workouts or when your hands are occupied.

3. Maintenance and Care

3.1 Cleaning the Watch

Regularly clean your QCY Watch GT to ensure optimal performance and hygiene. Use a soft, lint-free cloth to wipe the screen and watch body. For stubborn dirt, slightly dampen the cloth with water. Avoid using harsh chemicals or abrasive

materials.

3.2 Battery Care

To prolong battery life, avoid exposing the watch to extreme temperatures. Charge the watch regularly, but avoid leaving it fully discharged for extended periods. If storing the watch for a long time, charge it to about 50% before storage.

4. Troubleshooting

If you encounter issues with your QCY Watch GT, refer to the following common solutions:

- **Watch not turning on:** Ensure the watch is fully charged. Connect it to the charging cable and allow it to charge for at least 10 minutes before attempting to power it on again.
- **Cannot pair with smartphone:**
  - Ensure Bluetooth is enabled on your smartphone.
  - Make sure the QCY app is installed and running.
  - Restart both your watch and smartphone.
  - Forget the device in your phone's Bluetooth settings and try pairing again through the QCY app.
- **Inaccurate health data:** Ensure the watch is worn snugly on your wrist, about one finger's width above the wrist bone. Keep the sensor clean.
- **Short battery life:** Reduce screen brightness, disable unnecessary notifications, and limit continuous heart rate monitoring if not needed.

For further assistance, please refer to the QCY app's help section or contact QCY customer support.

5. Specifications

Feature	Detail
Model Name	QCY Smart Watche GT SILVER
Display Type	AMOLED HD
Screen Size	1.43 Inches
Resolution	466 x 466 pixels
Connectivity	Bluetooth
Battery Life	Up to 10 days (typical usage)
Battery Capacity	280 mAh (Lithium)
GPS	No GPS
Special Features	Touchscreen, Time Display, Activity Tracker, Alarm Clock, Always On Display

Feature	Detail
Item Weight	54 g

6. Warranty and Support

6.1 Warranty Information

The QCY Watch GT comes with a standard manufacturer's warranty. For detailed warranty terms and conditions, please refer to the warranty card included in your product packaging or visit the official QCY website.

Extended warranty and accidental damage protection plans may be available for purchase. Please check with your retailer for options such as the 1 Year Extended Warranty Plan or 1 Year Accidental Damage Protection Plan.

6.2 Customer Support

For technical support, product inquiries, or warranty claims, please contact QCY customer service. You can find contact information on the official QCY website or through the QCY app.

Visit the Official QCY Store on Amazon for more product information and support resources.

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