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ChillTreat ChillTreat Massage Gun

ChillTreat Massage Gun Deep Tissue with Extension Handle Instruction Manual

Model: ChillTreat Massage Gun

Introduction

The ChillTreat Massage Gun is a deep tissue percussion massager designed to provide targeted pain relief and muscle relaxation. Featuring an ergonomic extension handle, it allows users to easily reach various body parts, including the back, neck, shoulders, waist, and legs. This manual provides essential information for the safe and effective use of your massage gun.

Safety Information

For safe use, please observe the following guidelines:

- Avoid using the massager on broken skin or open wounds.
- Do not use the device while sleeping.
- Consult a healthcare professional if you have any medical conditions or are unsure about proper usage.
- Keep the massager dry; it is not water-resistant.
- If the massager causes discomfort or pain, stop using it immediately and seek professional advice.

Legal Disclaimer: Actual product packaging and materials may contain more and different information than what is shown on our website. We recommend that you do not rely solely on the information presented and that you always read labels, warnings, and directions before using or consuming a product.

Setup

Follow these steps to prepare your ChillTreat Massage Gun for first use:

1. Remove the massage gun from its packaging.
2. Plug the charging cable into a power source.
3. Connect the charging cable to the massage gun.
4. Wait for the device to be fully charged before using it.
5. Choose the appropriate massage head based on the body area you intend to massage.



Image: The ChillTreat Massage Gun's ergonomic design allows easy targeting of various pain spots, including the back and shoulders, compared to standard massage guns.

Operating Instructions

To operate your ChillTreat Massage Gun:

1. After attaching the desired massage head, press and hold the power button to turn on the device.
2. Select the desired speed level using the control buttons. The device offers 5 speed modes to customize your massage experience, from a gentle tapping sensation to an intense deep tissue massage.
3. Apply the massager with gentle pressure to the target muscle area. Move the device slowly across the muscle.
4. Remember to avoid applying pressure directly on bones, joints, or sensitive areas.
5. The device features a 15-minute auto-off function for safety and to prevent overuse.

Understanding Amplitude and Massage Heads

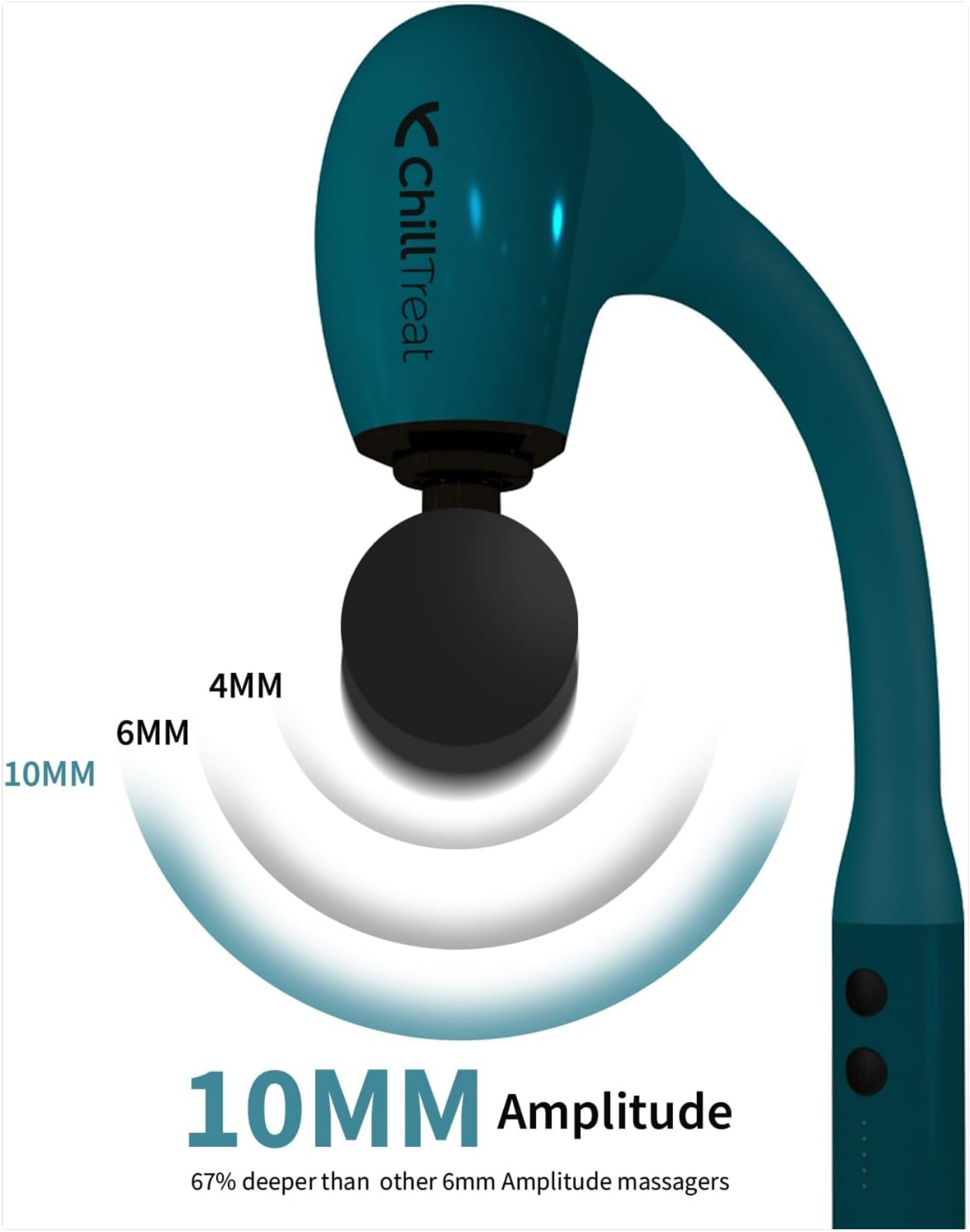


Image: The massage gun provides a 10mm amplitude, allowing for deeper muscle penetration compared to massagers with smaller amplitudes (e.g., 4mm or 6mm).

The ChillTreat Massage Gun features a 10 mm amplitude, which provides a deeper and more effective muscle massage compared to devices with smaller amplitudes (typically 6-8 mm). This helps to relax muscles, improve blood circulation, and rejuvenate the whole body.



Image: The four interchangeable massage heads included with the ChillTreat Massage Gun: Round for large muscle groups, Flat for tendons and soft tissues, Fork for spine muscles, and Bullet for pinpointing pain spots.

The massage gun comes with 4 specialized massage heads to target various muscle groups and needs:

- **Round Head:** Ideal for large muscle groups such as arms, back, hips, and thighs.
- **Flat Head:** Suitable for tendons, soft tissues, and general relaxation.
- **Fork Head:** Designed for use around the spine and neck.
- **Bullet Head:** Perfect for pinpointing specific pain spots and trigger points.



Image: The massage gun offers 5 speed levels for customizable intensity and features a 15-minute auto-off timer for safe usage.

Maintenance

Proper maintenance ensures the longevity and hygiene of your massage gun:

- Clean the massage heads and the device after each use with a damp cloth. Do not immerse the device in water.
- Store the massage gun in a cool, dry place away from direct sunlight and extreme temperatures.
- Ensure the device is fully charged before long-term storage to maintain battery health.

Troubleshooting

If you encounter any issues with your ChillTreat Massage Gun, please refer to the following common solutions:

- **Device not turning on:** Ensure the device is fully charged. If the battery is low, connect it to the charger and allow it to charge completely.

- **Weak percussion:** Check if the massage head is securely attached. If the battery is low, charge the device.
- **Unusual noise:** Discontinue use immediately and contact customer support if you hear any abnormal sounds.
- **Device stops during use:** The 15-minute auto-off feature may have activated. Simply restart the device if you wish to continue. If it stops prematurely, ensure it is fully charged.

For further assistance, please contact our customer support.

Specifications

Brand	ChillTreat
Model Number	ChillTreat Massage Gun
Product Dimensions	19.1L x 7.6W x 5.1H Centimetres (approx. 19.05 x 7.62 x 5.08 cm)
Item Weight	454 g (approx. 1 lb)
Power Source	Battery Powered (1 Lithium Polymer battery included)
Amplitude	10 mm
Speed Levels	5
Massage Heads	4 (Round, Flat, Fork, Bullet)
Special Features	Battery Powered, Ultra-Quiet (<45dB), Extension Handle, 15 Min Auto-Off
Material	Plastic
Color	Dark Cyan

Warranty and Support

ChillTreat provides a **12-month warranty service** for this product. If you have any questions, concerns, or require assistance with your massage gun, please do not hesitate to contact our customer support team. We aim to reply to all inquiries within 24 hours.
Please refer to your purchase documentation for specific contact details or visit the official ChillTreat website for support information.

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