

## Motast P99-2024

# Motast P99-2024 Smart Watch User Manual

Model: P99-2024

## INTRODUCTION

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This manual provides comprehensive instructions for the setup, operation, maintenance, and troubleshooting of your Motast P99-2024 Smart Watch. Please read this manual thoroughly to ensure proper use and to maximize the functionality of your device.

## 1. SETUP

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### 1.1 Unboxing and Initial Inspection

Carefully remove all components from the packaging. Verify that the following items are present:

- Motast P99-2024 Smart Watch
- Charging Cable
- User Manual (this document)



## SPECIFICATION

## COLOR

MODEL:	P99
DEVICE TYPE:	Color TFT-LCD Smart bracelet
DISPLAY:	1.96 inch
UNLOCK:	Touch screen unlock
SENSORS:	Three-axis sensor / Green light rate sensor
WATERPROOF RATING:	IP68
COMPATIBLE SYSTEMS:	Android 7.0 or above iOS 9.0 or above

### WARNING

- Please do not make the device disassemble, strike or throw into the fire.
- Please do not place the device in high temperature or deep water environment.
- Please must be connected to a power source in 5V/ 1A while charging device.
- Smart watch data cannot be used for medical purposes.  
The monitoring data is for . reference only.  
If you need medical help, please contact a professional doctor.

PRODUCER

Producer Name : Buzz Tech Co.,Ltd  
Address : Room 1011-1013,Plaza Building, Banmin 1st Road ,  
XIN' an Street , Bao' an District , Shenzhen , China  
Tel : 0755-27881278

UK  
REP

Company Name: CYRUS-Consulting Ltd  
Address : 40 Sheepcote Drive,Rugby, England,CV 239 FG  
E-Mail : manager@cyrus-consultingltd.co.uk

EC  
REP

Company Name: eVatmaster Consulting GmbH  
Address : Bettinastr. 30, 60325 Frankfurt am Main, Germany  
E-Mail : contact@evatmaster.com

标签粘贴区域

Image: The Motast P99-2024 Smart Watch packaging, showing the watch and its retail box.

## 1.2 Charging the Device

Before first use, fully charge your smart watch. Connect the charging cable to the charging port on the back of the watch and plug the USB end into a standard 5V/1A USB power adapter (not included). The watch will display a charging indicator. A full charge typically takes approximately 2 hours.

## 1.3 App Installation and Pairing

To unlock the full functionality of your Motast P99-2024 Smart Watch, you need to install the companion application on your smartphone. The watch is compatible with Android 7.0 or above and iOS 9.0 or above.

1. **Download the App:** Search for the official Motast app in the Google Play Store (for Android) or Apple App Store (for iOS) and install it.
2. **Enable Bluetooth:** Ensure Bluetooth is enabled on your smartphone.
3. **Open the App:** Launch the Motast app and follow the on-screen instructions to create an account or log in.
4. **Pair the Watch:** Within the app, navigate to the device pairing section. The app will search for available devices. Select "P99-2024" from the list to initiate pairing. Confirm the pairing request on both your phone and the watch if prompted.

## 2. OPERATING INSTRUCTIONS

### 2.1 Basic Navigation

The Motast P99-2024 features a 1.96-inch HD touchscreen for intuitive control. Swipe left, right, up, or down to access different functions and menus. Press the side button to return to the home screen or wake the device.



Image: The Motast P99-2024 Smart Watch displaying time, date, weather, and activity metrics on its main screen.

### 2.2 Call Function

Once paired with your smartphone, the watch supports Bluetooth calling, allowing you to answer and make calls directly from your wrist.

- **Answering Calls:** When an incoming call is received, the watch will display the caller ID. Tap the green phone icon on the screen to answer.
- **Making Calls:** Access the dial pad or contact list on the watch to initiate a call.



Image: The Motast P99-2024 Smart Watch displaying an incoming call and a dial pad for phone functions.

### 2.3 Sports Modes

The watch offers over 110 sports modes to track various physical activities. Select your desired activity from the sports menu to begin tracking metrics such as duration, calories burned, and heart rate.

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Image: The Motast P99-2024 Smart Watch displaying various sports tracking options like walking, basketball, football, and baseball.

## 2.4 Health Monitoring

Monitor your health metrics throughout the day with integrated sensors:

- **Heart Rate:** Continuous heart rate monitoring.
- **Sleep Monitor:** Tracks sleep patterns and quality.
- **Pedometer:** Counts steps taken and distance covered.
- **Calories:** Estimates calories burned based on activity.

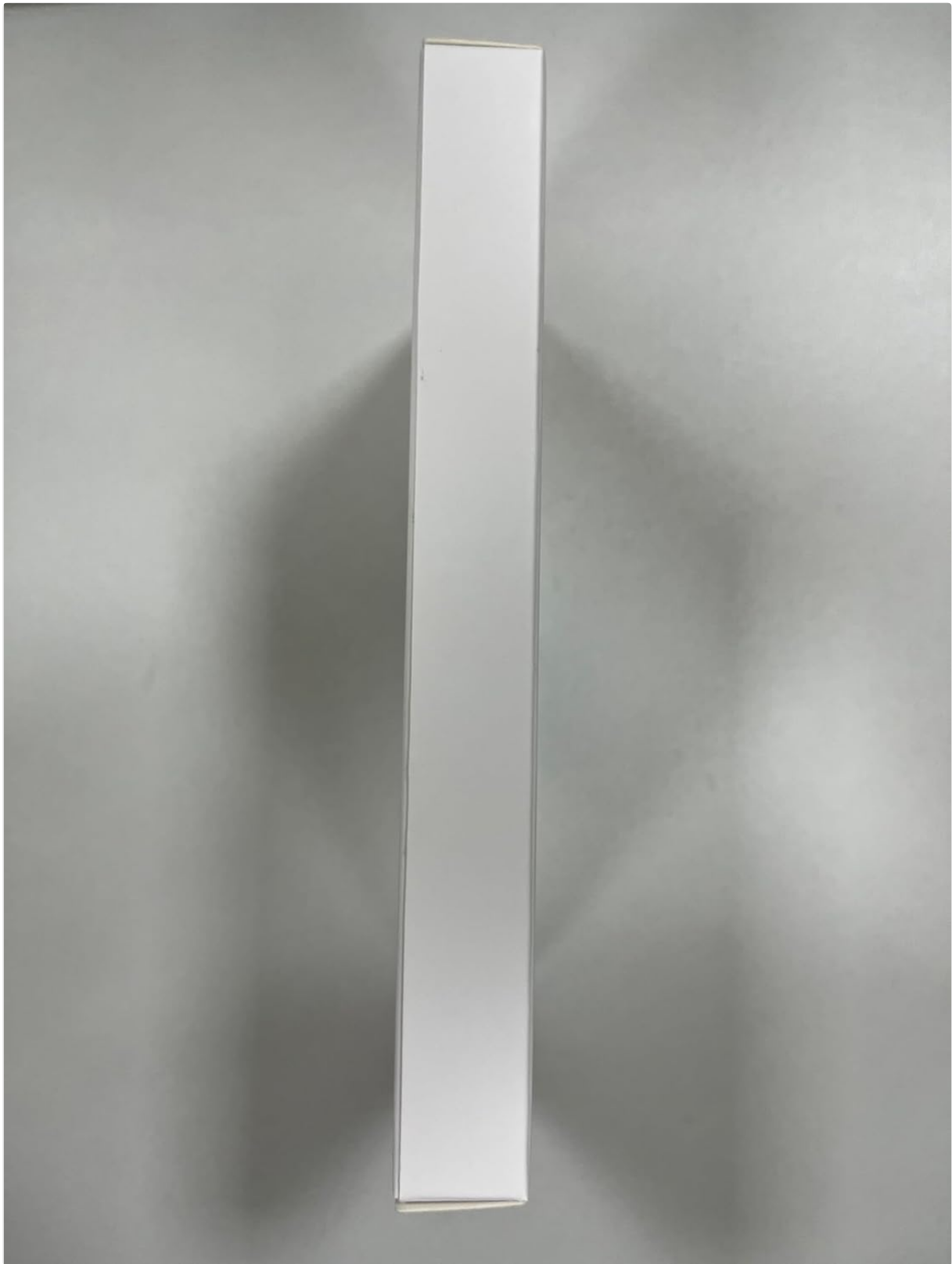


Image: The Motast P99-2024 Smart Watch displaying activity data including steps, calories burned, and heart rate.

## **2.5 Notifications**

Receive notifications from your smartphone directly on your watch. Ensure notification permissions are granted in the companion app and your phone's settings.

## **3. MAINTENANCE**

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### **3.1 Waterproofing (IP68)**

The Motast P99-2024 Smart Watch is IP68 waterproof, meaning it is resistant to dust and can withstand

immersion in water up to 1.5 meters for up to 30 minutes. It is suitable for daily use, such as hand washing, rain, and swimming in shallow water. **Do not use it for hot showers, saunas, or diving.**

### 3.2 Cleaning

Wipe the watch and strap regularly with a soft, dry cloth. If necessary, use a slightly damp cloth and then dry thoroughly. Avoid using harsh chemicals or abrasive materials.

### 3.3 Battery Care

To prolong battery life, avoid extreme temperatures. Charge the watch regularly, even if not in frequent use, to prevent deep discharge.

## 4. TROUBLESHOOTING

- **Watch not turning on:** Ensure the watch is fully charged. Connect it to the charger for at least 30 minutes.
- **Unable to pair with phone:**
  - Ensure Bluetooth is enabled on your phone.
  - Make sure the watch is within Bluetooth range (typically 10 meters).
  - Restart both your phone and the watch.
  - Clear the app's cache or reinstall the app.
- **Inaccurate tracking data:** Ensure the watch is worn snugly on your wrist, about one finger's width above your wrist bone. Avoid excessive movement during measurements.
- **Notifications not received:** Check app permissions on your phone and ensure notification access is granted to the Motast app. Verify that notifications are enabled within the app settings.

## 5. SPECIFICATIONS

Feature	Detail
Model	P99-2024
Display	1.96 Inches HD Touchscreen
Waterproof Rating	IP68
Compatible Systems	Android 7.0+ / iOS 9.0+
Connectivity	Bluetooth
Battery Type	Lithium Polymer
Item Weight	30 Grams (1.06 ounces)
Memory Storage Capacity	1 GB
Operating System	Wear OS

## 6. WARRANTY AND SUPPORT

For warranty information and customer support, please refer to the documentation included with your purchase or contact Motast customer service directly. Contact details may be available on the official

Motast website or through your retailer.

**Manufacturer:** Motast

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