## Breo Lucky 7

# Breo Lucky 7 Massage Gun with Heat User Manual

Model: Lucky 7

## Introduction

The Breo Lucky 7 Massage Gun with Heat is designed to provide deep tissue muscle massage and relaxation. This compact and portable device features multiple intensity levels, interchangeable massage heads, and an integrated heat function for enhanced therapeutic benefits. Please read this manual thoroughly before use to ensure safe and effective operation.




Image: The Breo Lucky 7 Massage Gun, a compact, white, L-shaped device, is shown with its three interchangeable silicone massage heads detached and positioned around it. The heads are a conical shape, a spherical shape, and a multi-point textured shape.

## Safety Information

To ensure safe operation and prevent injury or damage, please observe the following safety guidelines:

- Start with lower intensity levels and gradually increase as comfortable.
- Avoid using the massager on sensitive areas, directly over bones, joints, or injured skin.
- Do not use the device while sleeping or operating a vehicle.
- Keep the device away from water and liquids to prevent electrical hazards.
- Consult a physician before use if you have any medical conditions, are pregnant, or have a pacemaker.
- Do not disassemble, modify, or attempt to repair the device yourself. Contact customer support for assistance.
- Keep out of reach of children.

**Legal Disclaimer:** Statements regarding dietary supplements have not been evaluated by the FDA and are not intended to diagnose, treat, cure, or prevent any disease or health condition. This product is not a medical device.

## Package Contents

- Breo Lucky 7 Massage Gun
- 3 Silicone Massage Heads (Spherical, Multipoint, Magnetic Bead)
- USB Charging Cable
- Carrying Bag
- User Manual

## Setup

1. **Unpacking:** Carefully remove the massage gun and all accessories from the packaging.
2. **Initial Charge:** Before first use, fully charge the device. Connect the USB charging cable to the charging port on the massage gun and to a suitable USB power adapter (not included). The indicator light will show charging status.

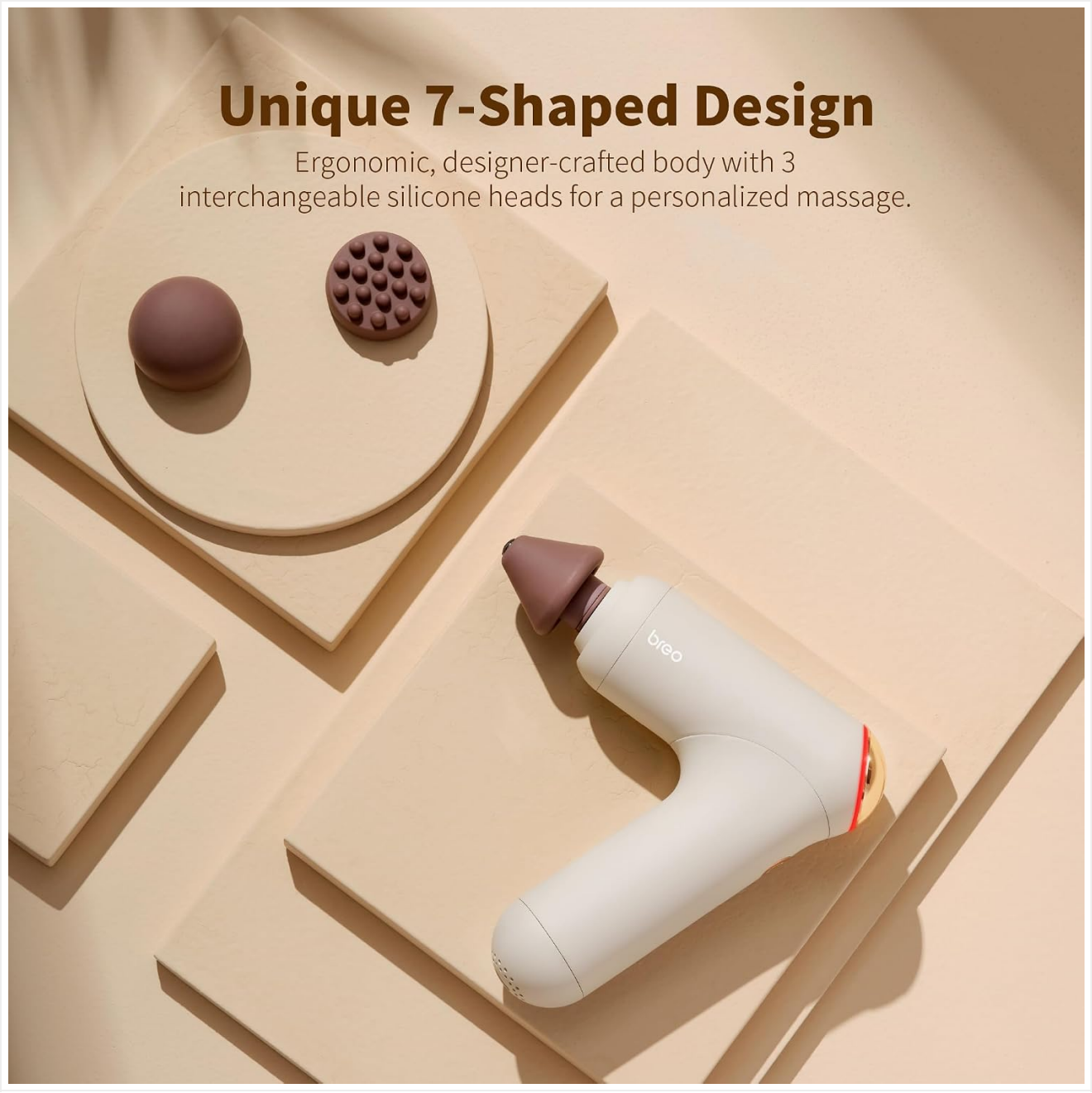



Image: A close-up view of the Breo Lucky 7 Massage Gun's control panel, highlighting the single button for operation. Icons for Power On/Off (hold for 2s), Adjust Speed (press to cycle 3 levels), and Heat Control (double press to switch levels) are visible.

3. **Attach Massage Head:** Select the desired silicone massage head. Align the base of the massage head with the opening on the front of the massage gun and push firmly until it is securely in place.
    - **Spherical Head:** Medium intensity, targets large muscle groups (arms, thighs, legs).
    - **Multipoint Head:** Low intensity, suitable for flat areas like the back and waist.
    - **Magnetic Bead Head:** High intensity, specialized for joints, trigger points, and meridian therapy.




Image: A visual representation of the three intelligent massage head designs: Spherical, Multipoint, and Magnetic Bead, each with a brief description of its intended use.

## Operating Instructions

1. **Power On/Off:** Press and hold the power button for 2 seconds to turn the device on or off.
2. **Adjust Speed:** Once powered on, press the power button briefly to cycle through the three massage intensity levels: Low, Medium, and High.
3. **Activate Heat Function:** Double-press the power button to activate the heat function. Double-press again to switch between the two heating levels (approximately 100°F and 110°F). The heat function can be used independently or in conjunction with massage.




Image: An internal view of the Breo Lucky 7 Massage Gun highlighting the heating element at the rear, indicating two heating levels: 1st gear 100°F and 2nd gear 110°F.

4. **Massage Application:** Gently press the massage head against the desired muscle area. Move the massager slowly over the area, applying light to moderate pressure. Do not apply excessive pressure or use on bony areas.
5. **Recommended Usage:** For optimal results, use for 10-15 minutes per session on each muscle group. Avoid prolonged use on a single area.

## Maintenance

- **Cleaning:** Turn off the device and disconnect it from the charger before cleaning. Wipe the exterior of the massage gun with a soft, damp cloth. Do not use abrasive cleaners or immerse the device in water.
- **Massage Heads:** The silicone massage heads can be removed and rinsed with mild soap and water. Ensure they are completely dry before reattaching.
- **Storage:** Store the massage gun and its accessories in the provided carrying bag in a cool, dry place, away from direct sunlight and extreme temperatures.
- **Battery Care:** To prolong battery life, avoid fully discharging the battery frequently. Charge the device regularly,

even if not in use for extended periods.

## Troubleshooting

| Problem | Possible Cause | Solution |
|---|---|---|
| Device does not turn on. | Battery is depleted. | Charge the device fully. |
| Device not charging. | Charging cable or adapter is faulty; connection is loose. | Ensure the cable is securely connected. Try a different USB cable or power adapter. |
| Massage head falls off during use. | Massage head not securely attached. | Remove and reattach the massage head, ensuring it is pushed firmly into place. |
| Heat function not working. | Heat function not activated or device malfunction. | Double-press the power button to activate heat. If issue persists, contact customer support. |

## Specifications

| Feature | Detail |
|---|---|
| Model Number | Lucky 7 |
| Product Dimensions | 6.69 x 9.65 x 6.42 inches |
| Item Weight | 14.4 ounces (408.23 Grams) |
| Power Source | Battery Powered |
| Battery Type | 2 Lithium Ion batteries (included) |
| Material | Plastic |
| Massage Intensity Levels | 3 (Low, Medium, High) |
| Heat Levels | 2 (approx. 100°F, 110°F) |
| Massage Heads | 3 Silicone (Spherical, Multipoint, Magnetic Bead) |

## Warranty and Support

For warranty information or technical support, please refer to the warranty card included with your product or visit the official Breo website. You may also contact Breo customer service directly for assistance with product issues or inquiries.
**Breo Official Store:** Visit the Breo Store on Amazon