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› Smart Ring Bluetooth IP68 Waterproof Fitness Tracker User Manual

mingwear B0D415L5P6

Smart Ring Bluetooth IP68 Waterproof Fitness Tracker

Model: B0D415L5P6

Brand: mingwear

INTRODUCTION

Welcome to the user manual for your new mingwear Smart Ring. This device is designed to seamlessly integrate into your daily life, offering advanced health and fitness monitoring capabilities. With its lightweight design, IP68 waterproof rating, and long battery life, it's an ideal companion for tracking your well-being and activity levels.

This manual will guide you through the setup, operation, maintenance, and troubleshooting of your smart ring, ensuring you get the most out of its features.

SETUP

What's in the Box

- Smart Ring x 1
- Instruction Manual x 1
- Magnetic Charging Cable x 1

Measuring Your Ring Size

Before using your smart ring, ensure you have the correct size for accurate tracking and comfort. The mingwear Smart Ring is available in various US sizes. Follow these steps to measure your finger:

Measure the Size Before Buying

Step 1



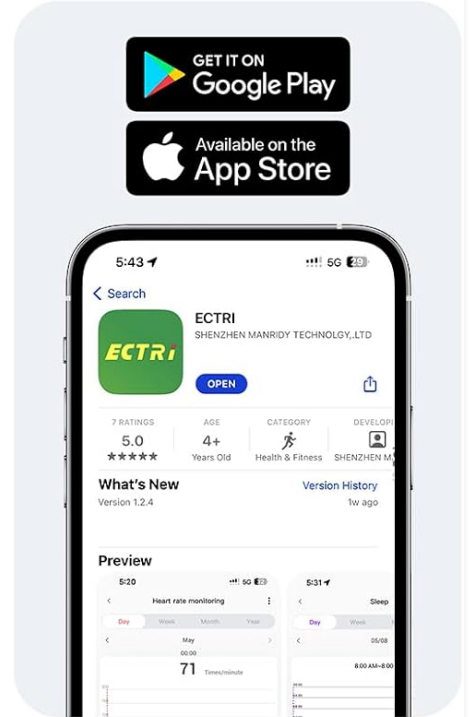
Free choice of
3 measurement
methods

Step 2



Buy your LZUEFK
ring in the
right size

Step 3



Download the
JYouPro app and
pair with it

Free App with no subscription fee

Image: Steps for measuring your finger size and downloading the companion app. This includes using a string, trying on a ring, and downloading the JYouPro app.

Comfortable and Timeless Smart Ring Design

Crafted from latex-free materials safeguarding fingers
from potential allergies.



Image: A detailed table for ring size measurement, providing International Code (United States), Diameter (mm), and Perimeter (mm) to help users find their correct ring size.

App Installation and Pairing

To unlock the full potential of your smart ring, download the companion app. The ring supports both the "ECTRI" and "JYouPro" applications.

1. Search for "ECTRI" or "JYouPro" in your device's app store (Google Play Store for Android, Apple App Store for iOS).
2. Download and install the application.
3. Open the app and follow the on-screen instructions to pair your smart ring via Bluetooth. Ensure Bluetooth is enabled on your smartphone.



Image: Screenshots of the JYouPro and ECTRI health applications, which provide fitness programs, sleep analysis, and health maintenance advice.

Charging the Smart Ring

Before first use, fully charge your smart ring. Connect the magnetic charging cable to the ring and a USB power source.

- Charging Time: Approximately 0.5 - 1 hour.
- Battery Life: 3-5 days on a full charge.

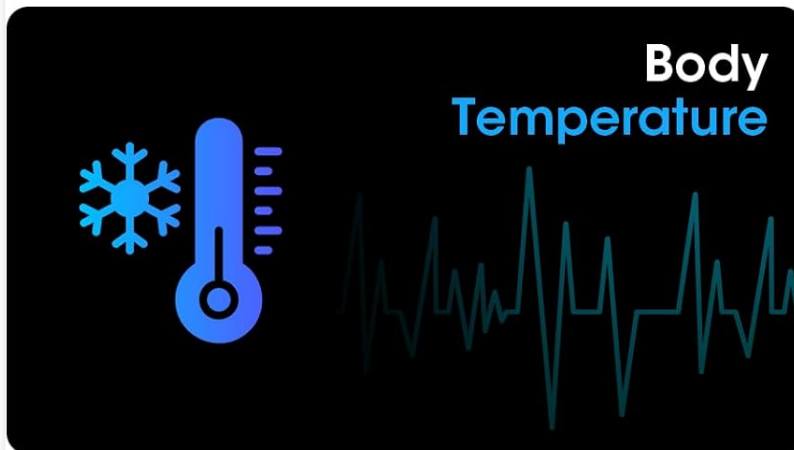
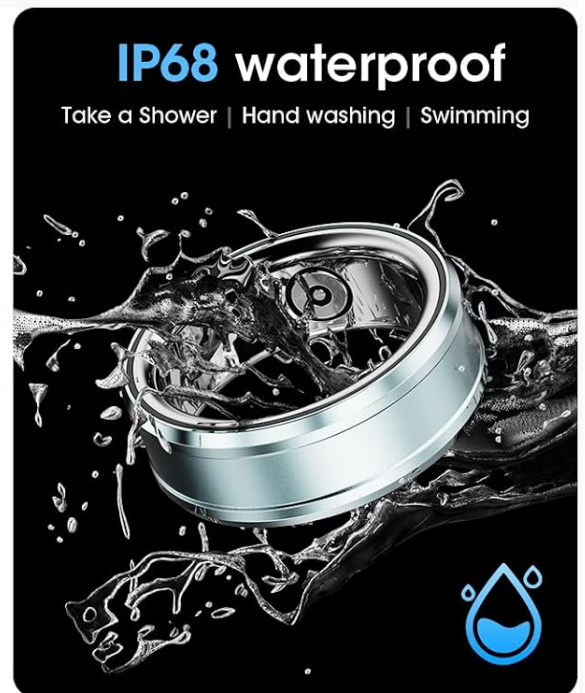


Image: A visual summary of the smart ring's key features, including 24/7 activity tracking, IP68 waterproof rating, body temperature monitoring, sleep master precision measurement, and battery life of 3-5 days with a 0.5-1 hour charge time.

OPERATING INSTRUCTIONS

Health Monitoring

The smart ring continuously monitors various health metrics. View detailed data and analysis in the companion app.

- **Heart Rate (HR):** Automatic 24-hour heart rate monitoring.
- **Blood Oxygen (SpO2):** Monitors blood oxygen saturation levels.
- **Sleep Monitoring:** Automatically tracks sleep data from 9:30 pm to 12:00 pm the next day, analyzing sleep quality (deep sleep, light sleep, awake time) and providing suggestions.
- **Body Temperature:** Monitors your body temperature.

Nanotechnology Small Yet Extraordinary



HR



SpO₂



Sleep



Temperature



Movement



Pedometer



Image: The smart ring highlighting its nanotechnology and various health tracking capabilities, including heart rate, blood oxygen, sleep, temperature, movement, and pedometer functions.

Sleep Specific Analysis

Generate professional sleep data through APP

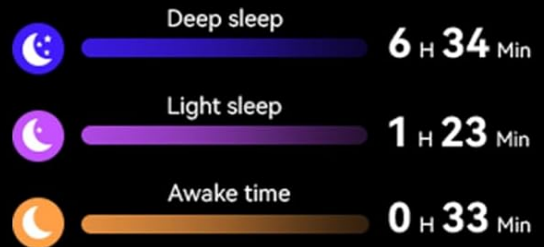


Image: A visual representation of the sleep specific analysis provided by the smart ring's app, showing deep sleep, light sleep, and awake time data.



Image: A graphic illustrating the health management capabilities of the smart ring, specifically highlighting heart rate monitoring, sleep monitoring, and oximetry monitoring.

Exercise Tracking

The smart ring automatically tracks your exercise status and provides data through the app.

- **Metrics:** Steps, distance, calories burned.
- **Modes:** Multiple exercise modes available in the app.

Remote Control Photography

Use your smart ring to remotely control your phone's camera.

1. Open the companion app.
2. Navigate to the device page and select the R3 icon for remote control photography.
3. Simply shake your hand to capture photos.

MAINTENANCE

Waterproof Features

The smart ring features IP68 waterproof technology, making it resistant to water and sweat.

- You do not need to remove the ring when washing hands.
- It is suitable for showering and swimming.

General Care

- Clean the ring regularly with a soft, dry cloth.
- Avoid exposing the ring to extreme temperatures or harsh chemicals.
- Store the ring in a cool, dry place when not in use.

TROUBLESHOOTING

Connectivity Issues

- **Ring not connecting to app:** Ensure Bluetooth is enabled on your phone. Restart both the ring (if possible, by placing it on charger) and the app. Check if the app is updated to the latest version.
- **Data not syncing:** Ensure the ring is within Bluetooth range of your phone. Check the app's settings for manual sync options.

Inaccurate Readings

- **Health data seems off:** Ensure the ring is worn correctly and snugly on your finger. Avoid wearing it too loosely or too tightly. Clean the sensors on the inside of the ring.
- **Sleep data issues:** Ensure the ring is worn throughout the night. Check the app's settings for sleep tracking preferences.

Battery Life Concerns

- **Battery draining quickly:** Ensure the ring is fully charged. Reduce the frequency of continuous monitoring if not needed.
- **Ring not charging:** Ensure the magnetic charging cable is properly connected to the ring and the power source. Try a different USB port or adapter.

SPECIFICATIONS

Feature	Detail
Product Dimensions	2.36 x 3.94 x 3.94 inches
ASIN	B0D415L5P6
Batteries Required	1 A battery
Manufacturer	mingwear
Standing Screen Display Size	1 Millimeter
Memory Storage Capacity	6 MB
Operating System	Android Wear 1.0
Special Feature	Activity Tracking
Battery Capacity	18 Milliamp Hours
Connectivity Technology	Bluetooth
Wireless Communication Standard	Bluetooth
Battery Cell Composition	Lithium Ion
GPS	No GPS
Shape	Round
Screen Size	1 Millimeter

WARRANTY AND SUPPORT

mingwear is committed to providing high-quality products and excellent customer service.

- **Warranty:** Your smart ring comes with a 24-month warranty from the date of purchase.
- **Customer Service:** We offer 7/24 hours customer service to assist you with any questions or issues.

Certifications

Each mingwear product undergoes strict third-party certifications to ensure quality and safety. These include:

- FCC
- CE
- UKCA
- TELEC
- IC
- ROHS



Image: A graphic detailing mingwear's commitment to quality, including a 24-month warranty, 24/7 customer service, and adherence to international certifications such as FCC, CE, UKCA, TELEC, IC, and RoHS.

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ASK A QUESTION ABOUT THIS MANUAL

Ask about setup, troubleshooting, compatibility, parts, safety, or missing instructions. Manuals+ will review the question and use this page's manual context to help answer it.

Name

Anonymous

Email

you@example.com

After a successful submission, we securely hash the supplied account or form email before sending it to Microsoft Advertising for conversion attribution. [Privacy details](#).

Question

Example: How do I reset this device or fix this error?

Details

Model number, symptoms, what you tried, or the section of the manual you are using.

Submit question

