

FLEXISPOT B0D3Q89YP2

FLEXISPOT Electric Standing Desk Instruction Manual

Model: B0D3Q89YP2

1. SAFETY INFORMATION

Please read all safety instructions carefully before assembly and operation to prevent injury or damage to the product.

- Ensure the desk is assembled on a flat, stable surface.
- Do not exceed the maximum load capacity of 80 kg (dynamic).
- Keep children and pets away from the desk during height adjustment.
- Ensure there are no obstructions above or below the desk when adjusting its height.
- Do not sit or stand on the desk frame.
- Only use the power adapter provided with the desk.
- Regularly check all screws and bolts to ensure they are tightened.

2. PRODUCT OVERVIEW

The FLEXISPOT Electric Standing Desk frame is designed for ergonomic versatility, allowing seamless transitions between sitting and standing positions. It features a robust steel construction and a digital control panel for easy height adjustments and memory presets.



Image 2.1: Overview of the FLEXISPOT Electric Standing Desk Frame and its digital control panel.

Key Components:

- **Adjustable Legs:** Two-stage lifting columns for smooth height transitions.
- **Crossbar:** Connects the legs and supports the desktop.
- **Feet:** Provide stability and include anti-slip pads.
- **Digital Control Panel:** For height adjustment and memory functions.
- **Motor:** Powers the height adjustment mechanism.
- **Control Box:** Houses the electronic components.

3. SETUP INSTRUCTIONS

Follow these steps to assemble your FLEXISPOT Electric Standing Desk frame. A desktop (not included) is required for full functionality.

3.1 Desktop Compatibility

The desk frame is designed to accommodate desktops with the following dimensions:

- **Length:** 100 cm to 160 cm (39.4 inches to 63 inches)
- **Width:** 50 cm to 80 cm (19.7 inches to 31.5 inches)



Image 3.1: Illustration of the adaptable desktop size range for the desk frame.

3.2 Assembly Steps

1. **Unpack Components:** Carefully remove all parts from the packaging and verify against the parts list (refer to your included physical manual for a detailed list).
2. **Assemble Feet:** Attach the feet to the bottom of each lifting column using the provided screws.
3. **Connect Crossbar:** Extend the crossbar to the desired width for your desktop. Securely attach the crossbar to the lifting columns.
4. **Install Control Box and Motor:** Mount the control box and motor according to the instructions in your physical manual, ensuring all cables are connected correctly.
5. **Attach Control Panel:** Secure the digital control panel to the underside of your chosen desktop in an accessible location.
6. **Mount Desktop:** Carefully place your desktop onto the assembled frame. Align the pre-drilled holes (if any) or

mark and drill new pilot holes. Secure the desktop to the frame using appropriate screws.

7. **Cable Management:** Organize and secure all cables to prevent tangling and ensure safe operation.

8. **Initial Power-Up:** Plug the power adapter into the control box and then into a wall outlet.

4. OPERATING INSTRUCTIONS

Your FLEXISPOT Electric Standing Desk is equipped with a user-friendly digital control panel for effortless height adjustment.

4.1 Digital Control Panel Functions

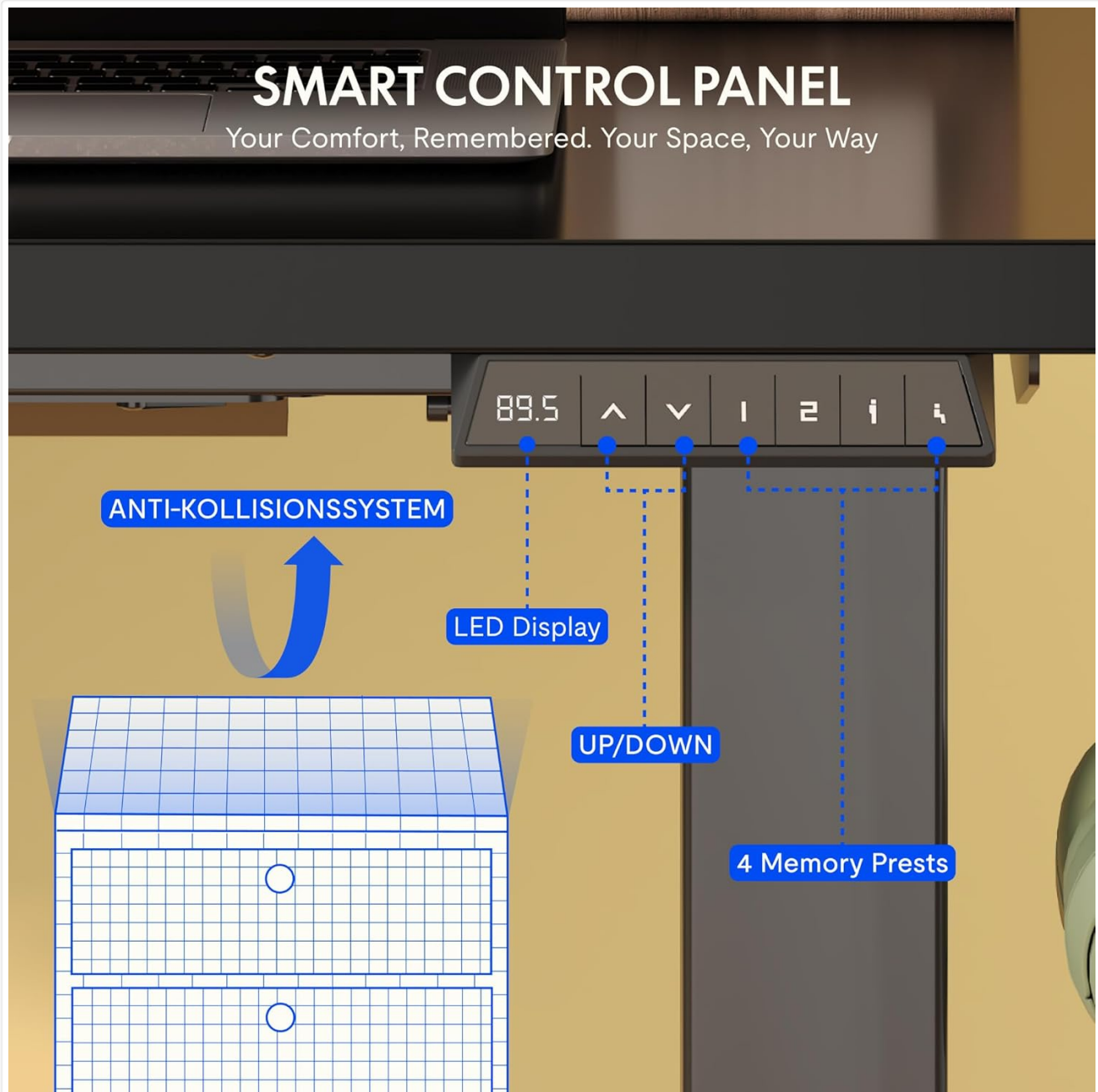


Image 4.1: Detailed view of the digital control panel.

- **Up/Down Buttons (▲ / ▼):** Press and hold to manually adjust the desk height up or down. The current height is displayed on the LED screen.
- **Memory Presets (1, 2, 3, 4):** These buttons allow you to save and recall up to four preferred height settings.
- **'M' Button (or 'Set' button, if present):** Used to save a height into a memory preset.

4.2 Setting Memory Presets

1. Adjust the desk to your desired height using the Up/Down buttons.
2. Press the 'M' button (or 'Set' button). The LED display will show 'S-'.
3. Within 3 seconds, press one of the number buttons (1, 2, 3, or 4) to save the current height to that preset. The display will show the number you pressed, confirming the setting.

4.3 Anti-Collision System

The desk is equipped with an advanced anti-collision system. If the desk encounters an obstacle during height adjustment, it will automatically stop and reverse slightly to prevent damage or injury. This feature enhances safety during operation.



Image 4.2: Visual representation of the anti-collision system and other features.

5. MAINTENANCE

Proper maintenance ensures the longevity and optimal performance of your standing desk.

- **Cleaning:** Wipe the desk frame and control panel with a soft, damp cloth. Avoid abrasive cleaners or solvents.
- **Cable Management:** Periodically check that all cables are securely fastened and not pinched or damaged.
- **Fasteners:** Ensure all screws and bolts remain tight. Retighten if necessary.
- **Anti-Slip Pads:** Verify that the anti-slip pads on the feet are intact and providing stable contact with the floor.

6. TROUBLESHOOTING

If you encounter issues with your desk, refer to the following common problems and solutions:

| Problem | Possible Cause | Solution |
|--------------------------------------------|--------------------------------------------------------|--------------------------------------------------------------------------------------------------------------|
| Desk does not move. | Power cable disconnected, motor cable loose, overload. | Check all cable connections. Reduce weight on the desk. Perform a reset (see below). |
| Desk moves unevenly. | Uneven load, loose connections. | Distribute weight evenly. Check all connections. Perform a reset. |
| Error code displayed. | Specific system fault. | Refer to your physical manual for specific error code meanings. Often, a reset can resolve temporary errors. |
| Anti-collision system triggers frequently. | Sensitivity too high, minor obstructions. | Ensure clear path for desk movement. Some models allow sensitivity adjustment (refer to physical manual). |

6.1 Reset Procedure

A reset can often resolve minor operational issues. The exact procedure may vary slightly; refer to your physical manual for precise steps. A common reset method involves:

1. Press and hold the Down (▼) button until the desk reaches its lowest position and then slightly rises or makes a sound.
2. Release the button, then press and hold it again until the desk moves down slightly, then up, and stops. This indicates a successful reset.

If problems persist after troubleshooting, please contact customer support.

7. SPECIFICATIONS

Detailed technical specifications for the FLEXISPOT Electric Standing Desk frame:

DESK DIMENSIONS

Height Adjustment Range: 71.5-116 cm

Maximum Load Capacity: 80kg

Maximum Speed: 15mm/s

Low Noise Level: <50dB

Anti-collision Rebound Function

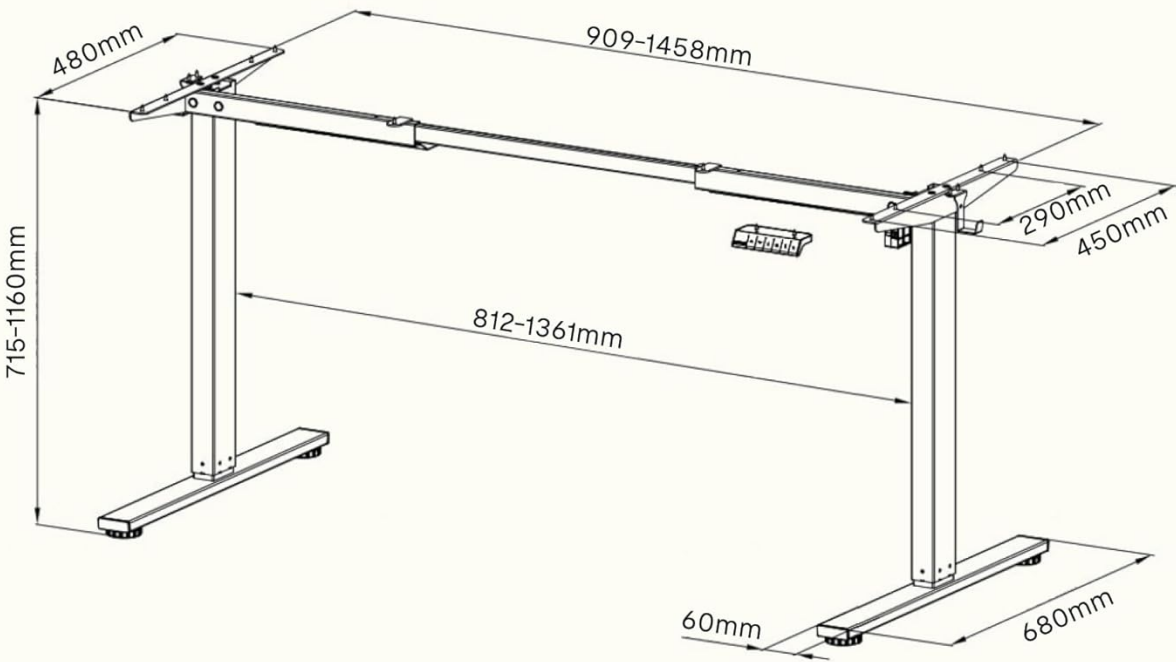


Image 7.1: Detailed desk dimensions and performance metrics.

| Feature | Detail |
|--------------------------|----------------------------------------------|
| Brand | FLEXISPOT |
| Model | B0D3Q89YP2 |
| Height Adjustment Range | 71.5 cm - 116 cm (28.1 inches - 45.7 inches) |
| Maximum Load Capacity | 80 kg (176 lbs) |
| Adaptable Desktop Length | 100 cm - 160 cm (39.4 inches - 63 inches) |
| Adaptable Desktop Width | 50 cm - 80 cm (19.7 inches - 31.5 inches) |
| Material | Alloy Steel |
| Control Panel | Digital with 6 buttons and 4 memory presets |

| Feature | Detail |
|---------------------------|---------------|
| Standby Power Consumption | < 0.5 W |
| Anti-Collision System | Yes |
| Certifications | CE/BIFMA/ROHS |

8. WARRANTY AND SUPPORT

FLEXISPOT is committed to providing high-quality products and customer satisfaction.

8.1 Warranty Information

- **Frame Warranty:** 5 years
- **Motor Warranty:** 3 years

These warranties cover manufacturing defects and malfunctions under normal use. Please retain your proof of purchase for warranty claims.

8.2 Technical Support

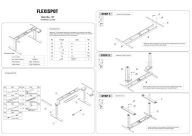



FLEXISPOT offers free lifetime technical support for your product. If you have any questions, require assistance with assembly, operation, or troubleshooting, please contact our support team.

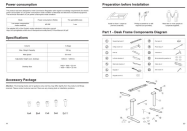

For further assistance, please visit the official FLEXISPOT store or contact customer service through your purchase platform.

FLEXISPOT Store: [Visit FLEXISPOT on Amazon](#)



Related Documents - B0D3Q89YP2

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|-------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
|  | Flexispot E7 Operation Instructions User manual for the Flexispot E7 height adjustable desk controller, detailing its functions, buttons, memory presets, child lock, USB charging, collision prevention, and troubleshooting. |
|  | FlexiSpot EH1-EU Electric Standing Desk Frame User Manual Comprehensive user manual for the FlexiSpot EH1-EU electric standing desk frame, detailing specifications, assembly instructions, wiring, operation, and troubleshooting for optimal use. |
|  | FlexiSpot E7QB Standing Desk User Manual Comprehensive user manual for the FlexiSpot E7QB standing desk, covering components, installation, usage, troubleshooting, and warranty information. |
|  | FlexiSpot EC1 Electric Height Adjustable Standing Desk Assembly Guide This assembly guide provides step-by-step instructions for setting up the FlexiSpot EC1 electric height-adjustable standing desk. It includes specifications, parts list, assembly procedures, keypad operation, troubleshooting tips, and warranty information. |

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|-----------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
|  | <p>FlexiSpot E7-Flow Electric Height Adjustable Desk Frame - User Manual</p> <p>Comprehensive user manual for the FlexiSpot E7-Flow electric height-adjustable desk frame, covering specifications, power consumption, installation, operation, and troubleshooting.</p> |
|  | <p>FlexiSpot E7B/E7W/E7S-Plus Height Adjustable Desk User Manual & Installation Guide</p> <p>Detailed user manual for FlexiSpot E7B-Plus, E7W-Plus, and E7S-Plus height adjustable desks. Includes technical specifications, step-by-step installation instructions, handset operation, troubleshooting guide, and warranty information.</p> |