

Maraawa BSX583

Maraawa Automatic Upper Arm Blood Pressure Monitor

MODEL: BSX583

Introduction

The Maraawa Automatic Upper Arm Blood Pressure Monitor, Model BSX583, is designed for convenient and accurate blood pressure measurement at home. Equipped with an upgraded high-tech chip and professional AVG algorithms, this device provides reliable readings to help users monitor their cardiovascular health. Its user-friendly design, large backlit screen, and dual-user memory make it suitable for individuals and families.

Safety Information

- Consult your physician before using this device for any medical condition.
- Do not self-diagnose or self-treat based on measurements from this device. Always follow the advice of a healthcare professional.
- Keep the device out of reach of children.
- Use only the cuff provided with the device.
- Avoid taking measurements in a moving vehicle or during strenuous activity.

Package Contents

The Maraawa Blood Pressure Monitor package includes the following items:

- Blood Pressure Monitor Unit
- Large Upper Arm Cuff
- Type-C USB Cable
- Instruction Manual
- Storage Pouch

In the Package



Image: The Maraawa Blood Pressure Monitor package contents, showing the main unit, the large cuff, a Type-C cable, and the instruction manual, all neatly arranged on a wooden surface.

Product Features

- **High Accuracy:** Equipped with an upgraded high-tech chip and professional AVG algorithms for precise blood pressure detection.
- **Large Backlit Screen:** Provides clear readings even in low light conditions.
- **Dual-User Mode:** Supports storage of 2 x 99 readings, allowing two users to track their measurements independently.
- **Easy to Operate:** Simple and clear button design for straightforward use.
- **Large Adjustable Cuff:** Made of comfortable material, designed to fit most adult arm sizes (22-42cm).
- **Automatic Shutdown:** The device automatically powers off after 60 seconds of inactivity to conserve battery life.
- **Multiple Power Options:** Can be powered by 4xAAA batteries or via the included Type-C USB cable.

Advanced Chip with High Accuracy

Adopting professional AVG algorithms
to ensure accurate readings



Image: The Maraawa Blood Pressure Monitor display showing blood pressure readings, with a background illustrating an advanced chip, emphasizing high accuracy.

USER1

99

sets
memory

USER2

99

sets
memory



Dual User Mode

99 memories for each

Image: The Marawa Blood Pressure Monitor displaying readings, with graphics indicating dual-user mode (User 1 and User 2) each storing 99 sets of memory, alongside an elderly couple.

Large Backlit Screen

Get clear readings even at nights or at darklight



Image: The Maraawa Blood Pressure Monitor with its large backlit screen illuminated, showing clear blood pressure readings, highlighting its readability in various lighting conditions.

Setup

Follow these steps to set up your Maraawa Blood Pressure Monitor:

1. **Install Batteries:** Open the battery compartment on the back of the monitor and insert 4xAAA batteries, ensuring correct polarity. Alternatively, connect the device using the provided Type-C USB cable for power.
2. **Connect Cuff:** Plug the air tube from the cuff securely into the air jack on the left side of the monitor unit.
3. **Apply Cuff:** Wrap the cuff around your upper arm, ensuring it is 2-3 cm above your elbow. The air tube should run down the inside of your arm, aligned with your middle finger. The cuff should be snug but not overly tight, allowing two fingers to fit underneath.

Easy to Operate



Image: A four-panel illustration demonstrating the correct way to apply the blood pressure cuff: 1. Wrap the cuff around the upper arm. 2. Ensure it's 2-3cm above the elbow. 3. Make sure the cuff is wrapped in the right direction. 4. Press START to begin measurement.

2 Options to Power



Image: The Maraawa Blood Pressure Monitor showing its two power options: a battery compartment for 4xAAA batteries and a Type-C USB port for cable connection.

Your browser does not support the video tag.

Video: A demonstration of setting up the Maraawa Blood Pressure Monitor, including inserting batteries, connecting the cuff, and initiating a measurement.

Operating Instructions

To take a blood pressure measurement:

1. Sit comfortably with your back supported and feet flat on the floor. Rest your arm on a table so the cuff is at heart level.
2. Press the **START/STOP** button. The cuff will automatically inflate and then slowly deflate, taking your measurement.
3. Your systolic, diastolic, and pulse readings will be displayed on the screen.
4. The device will automatically store the reading in the selected user's memory.

Your browser does not support the video tag.

Video: A user demonstrates the ease of use of the blood pressure monitor, showing how to plug in the cuff, power on the device, and navigate through past readings using the memory function.

Interpreting Results (WHO Classification)

The monitor includes a color-coded indicator on the left side of the display, based on the World Health Organization (WHO) classification for blood pressure levels. This visual guide helps you quickly understand your readings:

- **Red:** Indicates high blood pressure.
- **Yellow:** Indicates elevated blood pressure.
- **Green:** Indicates normal blood pressure.

Memory Function

The device features a dual-user mode, allowing two individuals to store their readings separately. Each user can store up to 99 sets of measurements.

- To switch between User 1 and User 2, press the **SET** button when the device is off.
- To view past readings, press the **MEM** button. Each press will cycle through the stored measurements, displaying the date, time, and blood pressure values.

Power Options

The Maraawa Blood Pressure Monitor offers flexible power options:

- **Battery Power:** Insert 4xAAA batteries into the compartment on the underside of the device. This allows for portable use.
- **USB Power:** Connect the provided Type-C USB cable to the device and a compatible USB power source (e.g., wall adapter, computer, power bank).

Maintenance and Care

- Clean the monitor unit and cuff with a soft, dry cloth. Do not use abrasive cleaners or immerse the device in water.
- Store the device in a cool, dry place, away from direct sunlight and extreme temperatures.
- Remove batteries if the device will not be used for an extended period to prevent leakage.
- Handle the cuff and air tube carefully to avoid damage.

Troubleshooting

Problem	Possible Cause	Solution
Device does not power on	Low or depleted batteries; incorrect battery installation; power cable not connected.	Replace batteries; ensure correct polarity; connect Type-C USB cable.
Inaccurate readings	Improper cuff placement; movement or talking during measurement; incorrect posture.	Re-apply cuff correctly; remain still and silent during measurement; ensure proper sitting posture.
Cuff does not inflate	Air tube not securely connected; cuff leakage.	Check air tube connection; inspect cuff for damage.

Specifications

- **Product Dimensions:** 5.2 x 2.78 x 4.41 inches
- **Item Weight:** 1 Pound (16 ounces)
- **Model Number:** BSX583
- **Manufacturer:** Maraawa
- **Power Source:** Battery Powered (4xAAA) or Type-C USB
- **Display Type:** LCD
- **Target Use Body Part:** Arm
- **Cuff Size:** Adjustable, fits 22-42cm arm circumference
- **Memory:** 2 users x 99 readings

Warranty and Support

Maraawa is committed to providing excellent after-sales service. If you encounter any product defects, failures, or have questions during the use of your blood pressure monitor, please contact us immediately. Our dedicated support team is ready to assist you wholeheartedly.

For support, please refer to the contact information provided in your instruction manual or visit the official Maraawa website.

ASK A QUESTION ABOUT THIS MANUAL

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