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Amzhero D26

Amzhero Health Fitness Tracker User Manual

Model: D26

1. INTRODUCTION

Welcome to the user manual for your new Amzhero Health Fitness Tracker. This device is designed to help you monitor your health and fitness activities with precision and convenience. It features 24/7 health monitoring, multiple sports modes, smart notifications, and a durable, waterproof design. Please read this manual thoroughly to understand the full capabilities of your device and ensure proper use and maintenance.



Image: The Amzhero Health Fitness Tracker, showcasing its display with various health metrics.

2. WHAT'S IN THE BOX

Upon opening the package, please verify that all components are present:

- Amzhero Health Fitness Tracker (Model D26)
- Two (2) Silicone Straps (one Small, one Large)
- Magnetic Charging Cable
- User Manual (this document)

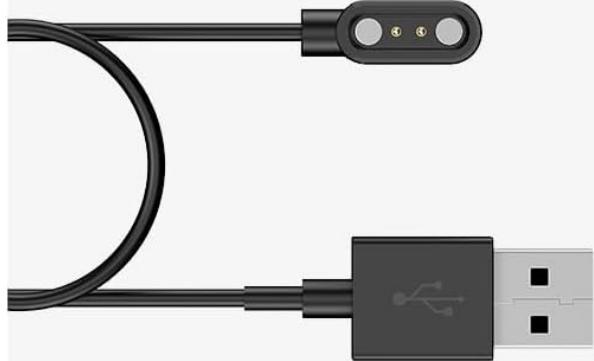
In the box



Device



2× Straps



Charger

Image: All items included in the product packaging.

3. SETUP GUIDE

3.1 Charging the Device

Before first use, fully charge your fitness tracker. Connect the magnetic charging cable to the charging points on the back of the device and plug the USB end into a standard USB power adapter (not included) or a computer USB port. A full charge takes

approximately 2 hours and provides up to 15 days of normal use or 7 days in sports modes.

Stay Connected to Your Day



Image: The fitness tracker being charged with its magnetic cable.

3.2 App Installation

To unlock the full functionality of your fitness tracker, download and install the "Gloryfit" application on your smartphone. The app is compatible with iOS 9.0 / Android 6.0 or above.

1. Scan the QR code provided in the quick start guide (if applicable) or search for "Gloryfit" in your phone's app store (Apple App Store for iOS, Google Play Store for Android).

2. Install the application.
3. Open the app and follow the on-screen instructions to create an account and set up your personal profile.

3.3 Pairing with Smartphone

Ensure your fitness tracker is charged and your phone's Bluetooth is enabled.

1. Open the "Gloryfit" app on your smartphone.
2. Navigate to the "Device" or "My Device" section within the app.
3. Tap "Add Device" or "Search for Device."
4. Select "D26" or the corresponding device name from the list of found devices.
5. Confirm the pairing request on both your phone and the fitness tracker if prompted.
6. Once paired, the app will synchronize data with your tracker.

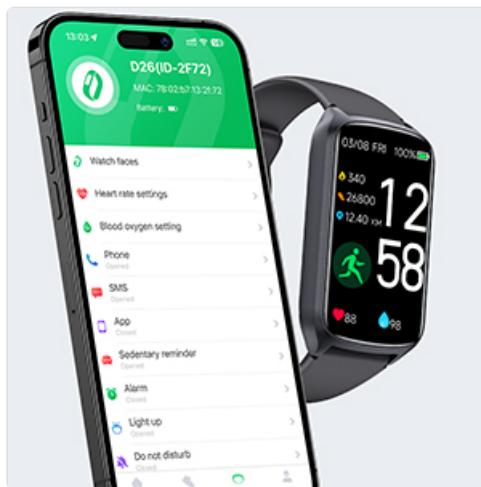


Image: Pairing the fitness tracker with the Gloryfit app on a smartphone.

4. OPERATING INSTRUCTIONS

4.1 Basic Navigation

The Amzhero Fitness Tracker features a 1.47-inch HD bright color touchscreen display for easy interaction.

- **Swipe Up/Down:** Scroll through menus and notifications.
- **Swipe Left/Right:** Access quick functions or different data screens.
- **Tap:** Select an item or enter a function.
- **Press Side Button:** Return to the previous screen or watch face.

4.2 Health Monitoring

Your tracker continuously monitors various health metrics. For accurate readings, ensure the device is worn snugly on your wrist.

- **Heart Rate:** Provides 24/7 heart rate monitoring. View real-time data on the watch or detailed graphs in the app.
- **Blood Oxygen (SpO2):** Measures your blood oxygen saturation levels.
- **Blood Pressure:** Estimates your blood pressure. *Note: This device is not a medical device and should not be used for medical diagnosis or treatment. Consult a healthcare professional for accurate medical readings.*
- **Sleep Tracking:** Automatically monitors your sleep patterns, including deep sleep, light sleep, and awake time. Provides a sleep score and analysis in the app to help improve sleep habits.
- **Stress Monitoring:** Helps you understand your stress levels and provides guidance on relaxation.

25 Sports Modes



Image: Overview of health tracking features including sleep, heart rate, blood oxygen, and blood pressure.

4.3 Activity Tracking & Sports Modes

The tracker accurately records your daily activities and supports over 50 sports modes.

- **Daily Activity:** Tracks steps, distance, and calories burned throughout the day.
- **Sports Modes:** Select a specific sport (e.g., walking, running, cycling, swimming, yoga, hiking, treadmill, mountaineering) to get real-time data specific to that activity. The tracker provides professional analysis to help improve your performance.
- **GPS via Smartphone:** For outdoor activities, connect to your phone's GPS for accurate route tracking.

All Day

Activity Tracking



Calories Burned



Step Count



Tracking Distance

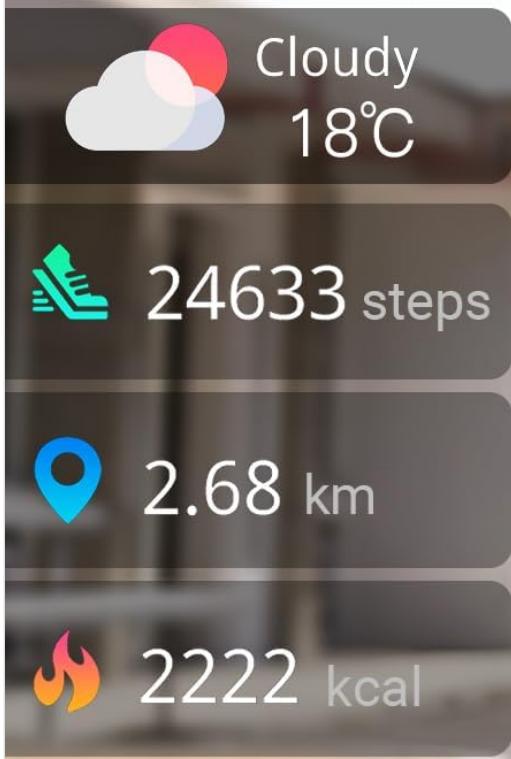


Image: The fitness tracker monitoring all-day activity, including steps, distance, and calories.

Keep Track of Health



Sleep Tracker



Heart Rate



Blood Pressure



Blood Oxygen



Heart Rate



Blood Oxygen



Blood Pressure

Image: The fitness tracker supports 25 sports modes, tracking various activities.

4.4 Smart Features

- Notifications:** Receive vibration alerts for incoming calls, text messages, and social media app notifications directly on your wrist. Manage notification settings through the Gloryfit app.
- Weather Forecast:** Check real-time weather updates on your watch.
- Music Control:** Control music playback on your smartphone (play, pause, skip tracks) directly from the tracker.
- Alarm Clock & Sedentary Reminders:** Set alarms and receive reminders to move if you've been inactive for too long.

Ultra Long Battery Life

15 DAY
Normal Use

7 DAY
Sports Modes

2 Hour
Magnetic



15 DAY



Image: The fitness tracker displaying smart notifications from various applications.

4.5 Water Resistance

The Amzhero Fitness Tracker is 5ATM waterproof, meaning it can withstand pressures equivalent to a depth of 50 meters. You can wear it while washing hands, in the rain, or during swimming activities. Avoid hot water, steam, or prolonged submersion in deep water.



Image: The fitness tracker is water-resistant, suitable for swimming and daily water exposure.

4.6 Menstrual Cycle Tracking

For female users, the Gloryfit app offers menstrual cycle tracking. Input your cycle data into the app, and the tracker will help predict your next period and ovulation days, providing timely reminders.

Menstrual cycle
13 days away from menstruation

06	07	08	09	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31	01	02
03	04	05	06	07	08	09

● Period days ● Predicted period
● Ovulation days ● Ovulation

Continuously record your menstrual periods every month to predict your next one more accurately

Average period 7/Day
Average cycle 28/...

Image: The app interface for menstrual cycle tracking.

5. MAINTENANCE

5.1 Cleaning Your Device

Regular cleaning helps maintain the device's performance and appearance.

- Wipe the screen and body with a soft, damp, lint-free cloth.
- For the silicone straps, you can wash them with mild soap and water, then rinse thoroughly and dry completely before reattaching to the device.

- Avoid using abrasive cleaners, solvents, or harsh chemicals, as these can damage the device.

5.2 Storage

When not in use for extended periods, store the fitness tracker in a cool, dry place away from direct sunlight and extreme temperatures. Ensure the device is partially charged (around 50%) before storing to preserve battery health.

5.3 Band Replacement

Your Amzhero Fitness Tracker comes with two strap sizes (Small and Large) for optimal fit. To replace the band:

1. Locate the quick-release pins on the underside of the strap where it connects to the tracker body.
2. Slide the pin inwards to detach the strap.
3. Align the new strap with the tracker body, insert one end of the pin into the corresponding hole, then slide the other end of the pin inwards to secure it into the opposite hole.
4. Gently pull on the strap to ensure it is securely attached.

6. TROUBLESHOOTING

If you encounter issues with your Amzhero Health Fitness Tracker, please refer to the following common solutions:

Problem	Possible Solution
Device not turning on or charging.	<ul style="list-style-type: none"> ◦ Ensure the charging cable is securely connected to both the tracker and the power source. ◦ Try a different USB port or power adapter. ◦ Clean the charging contacts on both the tracker and the cable.
Cannot pair with smartphone.	<ul style="list-style-type: none"> ◦ Make sure Bluetooth is enabled on your phone. ◦ Ensure the tracker is within Bluetooth range (typically 10 meters). ◦ Restart both the tracker and your smartphone. ◦ Forget the device in your phone's Bluetooth settings and try pairing again through the Gloryfit app. ◦ Ensure the Gloryfit app has necessary permissions (e.g., location, Bluetooth).
Inaccurate health readings (HR, SpO2, BP).	<ul style="list-style-type: none"> ◦ Ensure the tracker is worn snugly on your wrist, one finger-width above the wrist bone. ◦ Avoid excessive movement during measurement. ◦ Clean the sensor on the back of the device. ◦ <i>Remember, this device is for fitness tracking and not a medical device.</i>
Notifications not appearing.	<ul style="list-style-type: none"> ◦ Check notification settings within the Gloryfit app to ensure they are enabled for desired applications. ◦ Ensure your phone's notification settings allow the Gloryfit app to display notifications. ◦ Verify the Bluetooth connection is stable.

7. SPECIFICATIONS

Feature	Detail
Model Number	D26
Display Size	1.47 inches HD Color Display
Weight	2.89 ounces
Battery Type	Lithium Polymer
Battery Capacity	2 Amp Hours (300mAh)
Charging Time	Approx. 2 hours
Battery Life	Up to 15 days (normal use), 7 days (sports modes)
Water Resistance	5ATM
Connectivity	Bluetooth BLE5.0
GPS	Via Smartphone
App Compatibility	Gloryfit (iOS 9.0+ / Android 6.0+)
Included Bands	Small and Large sizes

8. WARRANTY AND SUPPORT

8.1 1-Year Limited Warranty

The Amzhero Health Fitness Tracker (Model D26) is covered by a 1-year limited warranty from the date of purchase. This warranty covers manufacturing defects and workmanship under normal use. It does not cover damage caused by misuse, accidents, unauthorized modifications, or failure to follow the instructions in this manual.

Please retain your proof of purchase for warranty claims.

8.2 Customer Support

If you have any questions, require technical assistance, or need to make a warranty claim, please contact Amzhero customer support through the platform where you purchased the product or refer to the contact information provided on the official Amzhero website. Please have your model number (D26) and purchase details ready when contacting support.

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Related Documents - D26

 D26 User Manual App Download	<u>D26 Smartwatch User Manual</u> Comprehensive user manual for the D26 smartwatch, covering setup, features, health tracking, app integration, and troubleshooting.
 D26 User Manual App Download	<u>D26 Smartwatch User Manual - Features, Setup, and Troubleshooting</u> Comprehensive user manual for the D26 smartwatch, covering product overview, charging, wearing instructions, touchscreen operations, health and sports features, app integration, device pairing, settings, and troubleshooting.

 AmzHero IDW19 User Manual <small>Fitness Smartwatch</small>	<p><u>AmzHero IDW19 Fitness Smartwatch User Manual</u></p> <p>This user manual provides comprehensive instructions for the AmzHero IDW19 Fitness Smartwatch, covering setup, health monitoring (heart rate, blood oxygen, stress, sleep), sports tracking, Alexa integration, Bluetooth calls, and various functions like stopwatch, alarm, timer, and more.</p>
	<p><u>D26 Wireless Karaoke Microphone & Speaker User Manual</u></p> <p>User manual for the D26 Wireless Karaoke Microphone & Speaker, detailing setup, functions, troubleshooting, and specifications. Supports Bluetooth and TF card playback with multiple sound modes and lighting effects.</p>
	<p><u>Wouxun KG-D26 Digital and Analogue Radio User Manual</u></p> <p>Comprehensive user manual for the Wouxun KG-D26 digital and analogue radio, covering preparation, basic operation, main functions, troubleshooting, and accessories.</p>
	<p><u>VELUX FS Deck Mounted Skylight Installation Guide</u></p> <p>Comprehensive installation instructions for the VELUX FS Deck Mounted Skylight, covering planning, tools, step-by-step assembly, and important safety and warranty information. Includes details on roof pitch, underlayment, flashing, and interior finishing.</p>

Documents - Amzhero – D26



[D26 Smartwatch User Manual - Features, Setup, and Troubleshooting](#)

Comprehensive user manual for the D26 smartwatch, covering product overview, charging, wearing instructions, touchscreen operations, health and sports features, app integration, device pairing, settings, and troubleshooting.

lang:en score:25 filesize: 3.91 M page_count: 17 document date: 2023-12-28



[D26 Smartwatch User Manual](#)

Comprehensive user manual for the D26 smartwatch, covering setup, features, health tracking, app integration, and troubleshooting.

lang:en score:24 filesize: 4.14 M page_count: 17 document date: 2023-12-14