

Everlast Elite 2 Boxing Gloves

Everlast Elite 2 Boxing Gloves User Manual

Model: Elite 2 Boxing Gloves

Brand: Everlast

1. INTRODUCTION

Welcome and thank you for choosing Everlast Elite 2 Boxing Gloves. These gloves are engineered for professional training, offering superior protection, comfort, and durability for various combat sports activities. This manual provides essential information for proper use, care, and maintenance to ensure optimal performance and longevity of your gloves.



Image 1.1: Front view of Everlast Elite 2 Boxing Gloves in Navy.

2. KEY FEATURES

The Everlast Elite 2 Boxing Gloves incorporate several design elements to enhance your training experience:

- **Superior Wrist Support:** Features a raised cuff panel and splint-style foam designed to provide elite support and help prevent injuries during intense training sessions.
- **Ultimate Impact Protection:** Constructed with triple-layer foam that effectively absorbs powerful strikes, complemented by integrated palm foam for increased padding and support.
- **Secure and Comfortable Fit:** Equipped with a full-length hook and loop strap for a snug and adjustable fit, and an ergonomic foam grip bar that offers a natural feel for heavy bag and sparring sessions.
- **EverCool Mesh Ventilation:** Incorporates EverCool mesh palm ventilation to keep hands dry and comfortable, preventing overheating and excessive sweat buildup within the gloves.
- **Durable Construction:** Crafted from synthetic leather with reinforced stitching, ensuring the gloves withstand the rigors of frequent use in combat sports training.

3. SETUP AND PREPARATION

3.1 Hand Wraps

It is highly recommended to use hand wraps before wearing your boxing gloves. Hand wraps provide additional support for your wrists and knuckles, absorb sweat, and contribute to the longevity of your gloves by maintaining internal hygiene.

3.2 Wearing the Gloves

1. Ensure your hands are clean and dry. Apply hand wraps if desired, ensuring they are snug but not restrictive.
2. Slide your hand into the glove, making sure your fingers are fully extended into the finger compartment and your thumb is correctly positioned in the attached thumb area.
3. Secure the hook and loop closure strap firmly around your wrist. The fit should be snug enough to prevent excessive movement but not so tight as to impede blood circulation or cause discomfort.
4. Check for a secure fit by gently moving your hand. The glove should feel stable and not shift significantly.



Image 3.1: Top view of a single Everlast Elite 2 Boxing Glove.

4. USAGE GUIDELINES

4.1 Intended Use

Everlast Elite 2 Boxing Gloves are designed for a range of training activities:

- Heavy Bag Training
- Speedbag Training
- Sparring (ensure appropriate glove weight for sparring partners)
- Mitt Work
- General Boxing and Combat Sports Training

4.2 Proper Punching Technique

Always utilize proper punching technique to maximize training effectiveness and minimize the risk of injury. It is advisable to consult a qualified boxing or combat sports instructor for guidance on correct form and technique.

4.3 Safety Precautions

- Always perform a proper warm-up before engaging in any training activity.
- Inspect your gloves for any signs of damage before each use. Do not use damaged gloves.
- Ensure proper hand wrapping for additional protection and support.
- Use the appropriate glove weight for your specific training type and body weight.
- Maintain adequate hydration during training sessions.

5. CARE AND MAINTENANCE

5.1 After Each Use

- Wipe down the exterior of the gloves with a damp cloth to remove sweat and dirt.
- Allow the gloves to air dry completely in a well-ventilated area. Avoid direct sunlight or artificial heat sources, as these can damage the synthetic leather and foam.
- Consider using glove deodorizers or cedar inserts to absorb residual moisture and prevent odor buildup.

5.2 Cleaning

For deeper cleaning, use a mild soap solution on a damp cloth to gently clean the exterior surfaces. Avoid using harsh chemicals, solvents, or abrasive cleaners, which can degrade the material.

5.3 Storage

Store your gloves in a cool, dry place away from extreme temperatures and direct sunlight. Do not store them in sealed bags or containers, as this can trap moisture and lead to odor or mildew formation.

5.4 Longevity

Adhering to these care and maintenance guidelines will significantly extend the lifespan and maintain the performance of your Everlast Elite 2 Boxing Gloves.

6. TROUBLESHOOTING

6.1 Odor Buildup

- **Issue:** Gloves develop an unpleasant odor.
- **Solution:** Ensure gloves are thoroughly air-dried after each use. Utilize glove deodorizers or stuff with newspaper to absorb moisture. Avoid storing in enclosed, unventilated spaces.

6.2 Material Cracking/Peeling

- **Issue:** Synthetic leather shows signs of cracking or peeling.
- **Solution:** This can occur over time with heavy use or improper care. Avoid harsh cleaning chemicals and excessive exposure to direct sunlight or heat. While minor wear is normal, significant damage may indicate the need for replacement.

6.3 Loose Fit

- **Issue:** Gloves feel loose even with the strap tightened.
- **Solution:** Ensure you are using hand wraps for a more secure fit and added volume. Verify that the hook and loop closure is clean and free of debris for maximum adhesion.

7. PRODUCT SPECIFICATIONS

Feature	Detail
Brand	Everlast
Model Name	Elite 2 Boxing Gloves
Size	14oz
Color	Navy
Material	Synthetic Leather (Faux Leather)
Glove Type	Training
Closure Type	Hook and Loop
Age Range	Adult
Product Dimensions	14.37"L x 6.63"W
Item Weight	1.4 Pounds
Hand Orientation	Ambidextrous
Sport Type	Boxing
Manufacturer	Everlast
Part Number	P00003287
UPC	009283623876

8. WARRANTY INFORMATION

Everlast Elite 2 Boxing Gloves come with a manufacturer's warranty. For specific details regarding warranty coverage, duration, and the claims process, please refer to the official Everlast website or contact their customer support directly.

Warranty Description: With Warranty



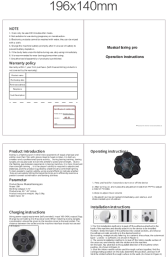

9. CUSTOMER SUPPORT



For further assistance, product inquiries, or support regarding your Everlast Elite 2 Boxing Gloves, please visit the official Everlast website or contact their customer service department.

Official Website: www.everlast.com

Everlast Amazon Store: [Visit the Everlast Store on Amazon](#)

Related Documents - Elite 2 Boxing Gloves

 OPERATING POLICIES AND PROCEDURES OF GOLDEN GLOVES OF AMERICA, INC.	Golden Gloves of America Operating Policies and Procedures Comprehensive operating policies and procedures for Golden Gloves of America, Inc., detailing franchise requirements, competition rules, tournament operations, financial guidelines, and disciplinary actions for amateur boxing.
	Everlast Powerlock Double End Reflex Ball Assembly Instructions Step-by-step assembly instructions for the Everlast Powerlock Double End Reflex Ball, detailing methods for securing the elastic rope using suction cups or carabiners, and adjusting the ball's height for optimal use.
	Musical Boxing Pro: Smart Music Boxing Target - Operation and Installation Guide Comprehensive guide for the Musical Boxing Pro, a smart music boxing target. Includes operation instructions, installation steps, product parameters, charging information, warranty policy, and FCC compliance details.
	Musical Boxing Pro: User Guide and Technical Specifications Learn how to operate, assemble, and charge the Musical Boxing Pro. This guide covers technical data, operational modes, and safety precautions for this electronic boxing training device.

 <p>SPORTNOW A91-378V00 Third Generation Smart Music Boxing Target INSTRUCTION MANUAL</p>	<p>SPORTNOW A91-378V00: Third Generation Smart Music Boxing Target Instruction Manual</p> <p>This manual provides detailed instructions for the SPORTNOW A91-378V00 Third Generation Smart Music Boxing Target, covering product description, installation, troubleshooting, usage, and precautions.</p>
 <p>User Guide FORTIS Bluetooth Music Boxing Machine</p>	<p>Fortis Bluetooth Music Boxing Machine User Guide</p> <p>User guide for the Fortis Bluetooth Music Boxing Machine (Model: FFBOXNGMUSA), covering installation, operation, control panel functions, and specifications. Learn how to set up and use your boxing machine for interactive fitness and music playback.</p>