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## Armitron 40-8209RBK

# Armitron Sport Men's Digital Chronograph Resin Strap Watch

Model: 40-8209RBK

## INTRODUCTION

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This manual provides comprehensive instructions for the Armitron Sport Men's Digital Chronograph Resin Strap Watch, Model 40-8209RBK. Please read this manual carefully to understand the functions and proper operation of your watch. This watch features a digital display with time, seconds, day, and date, along with functions such as chronograph, lap time, alarm, dual time, military time, and backlight. It is water-resistant to 100 feet (30 meters).

## SETUP AND INITIAL CONFIGURATION

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Your watch comes with a pre-installed battery. Follow these steps to set the time and date.

### Button Functions Overview

- **RESET Button (Top Left):** Used for resetting values or switching between 12/24-hour format.
- **MODE Button (Bottom Left):** Used to cycle through different modes (Time, Chronograph, Alarm, Dual Time).
- **ST/STP Button (Top Right):** Used for starting/stopping functions or adjusting settings.
- **EL Button (Bottom Right):** Activates the backlight.

### Setting Time and Date

1. From the normal time display, press the **MODE** button three times to enter the time setting mode. The seconds digits will begin to flash.
2. Press the **ST/STP** button to reset the seconds to zero.
3. Press the **RESET** button to move the flashing selection to the hour digits.
4. Press the **ST/STP** button to adjust the hour. Note the 'A' for AM and 'P' for PM indicators if in 12-hour format.
5. Press the **RESET** button to move the flashing selection to the minute digits.
6. Press the **ST/STP** button to adjust the minutes.

7. Continue pressing the **RESET** button to cycle through setting the month, date, and day of the week, adjusting each with the **ST/STP** button.
8. Once all settings are correct, press the **MODE** button to exit the setting mode and return to the normal time display.





Image: Front view of the Armitron Sport Digital Chronograph Watch, highlighting the digital display and button layout.

## OPERATING INSTRUCTIONS

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### Time Display and 12/24-Hour Format

In normal time mode, the watch displays the hour, minute, seconds, day, and date. To switch between 12-hour (AM/PM) and 24-hour (military) format, press the **RESET** button once.

### Chronograph (Stopwatch) Function

1. From normal time, press the **MODE** button once to enter Chronograph mode. The display will show "0:00:00".
2. Press the **ST/STP** button to start the chronograph.
3. Press the **ST/STP** button again to stop the chronograph.
4. To record a lap time while the chronograph is running, press the **RESET** button. The lap time will display for a few seconds before returning to the running chronograph.
5. To reset the chronograph to zero, ensure it is stopped, then press the **RESET** button.
6. Press the **MODE** button to return to normal time display.

### Alarm Function

1. From normal time, press the **MODE** button twice to enter Alarm mode. The alarm time will be displayed.
2. Press the **RESET** button to select the hour digits. They will flash.
3. Press the **ST/STP** button to adjust the hour.
4. Press the **RESET** button to select the minute digits. They will flash.
5. Press the **ST/STP** button to adjust the minutes.
6. To activate or deactivate the alarm, press the **ST/STP** button while in Alarm mode (without any digits flashing). An alarm icon will appear/disappear on the display.
7. Press the **MODE** button to return to normal time display.

### Dual Time Function

The dual time function allows you to keep track of a second time zone.

1. From normal time, press the **MODE** button three times to enter Dual Time setting mode. The hour digits of the second time will flash.
2. Press the **ST/STP** button to adjust the hour.
3. Press the **RESET** button to select the minute digits. They will flash.
4. Press the **ST/STP** button to adjust the minutes.
5. Press the **MODE** button to exit Dual Time setting mode.
6. To view the dual time, press the **MODE** button four times from normal time display.

## Backlight

Press the **EL** button (Bottom Right) to illuminate the display for a few seconds, allowing for visibility in low-light conditions.





*Image: Side view of the Armitron Sport Digital Chronograph Watch, illustrating the watch's profile and the arrangement of its control buttons.*

## MAINTENANCE

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### Water Resistance

This watch is water-resistant to 100 feet (30 meters). This means it is suitable for splashes, rain, and brief immersion in water, but it is **not recommended for swimming, diving, or prolonged water activities**. Do not operate buttons while the watch is wet or submerged, as this can compromise the water resistance.

### Cleaning

To clean your watch, wipe it with a soft, damp cloth. Avoid using harsh chemicals, solvents, or abrasive cleaners, as these can damage the watch case or strap.

### Battery Replacement

The watch uses 1 Product Specific battery (included). When the display dims or functions become erratic, the battery may need replacement. Battery replacement should ideally be performed by a qualified watch technician to ensure proper sealing and maintain water resistance.





*Image: Rear view of the Armitron Sport Digital Chronograph Watch, displaying the stainless steel case back and the black resin strap with its buckle closure.*

## **TROUBLESHOOTING**

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| Problem                   | Possible Cause   | Solution   |
|---------------------------|--|--|
| Display is blank or dim.  | Low or depleted battery.   | Replace the battery. Consult a professional watch technician.  |
| Time is incorrect.        | Time was not set correctly or has been reset.  | Refer to the "Setting Time and Date" section to reset the time.  |
| Buttons are unresponsive. | Temporary software glitch or watch is wet.   | Ensure the watch is dry. If still unresponsive, try removing and reinserting the battery (professional service recommended). |
| Water inside the display. | Water resistance compromised due to impact, improper sealing, or button operation while wet. | Immediately take the watch to a professional watch repair service to prevent further damage.                                 |

## SPECIFICATIONS

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**Model Number:** 40-8209RBK

**Brand:** Armitron Sport

**Display Type:** Digital LCD

**Case Material:** Resin (Red)

**Strap Material:** Resin (Black)

**Functions:** Chronograph, Lap Time, Alarm, Dual Time, Military Time, Backlight, Time, Seconds, Day, Date

**Water Resistance:** 100 feet (30 meters)

**Battery:** 1 Product Specific battery (included)

**Package Dimensions:** 4.17 x 3.54 x 2.83 inches

**Item Weight:** 3.88 ounces

## WARRANTY AND SUPPORT

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For warranty information or technical support, please refer to the official Armitron website or contact their customer service directly. Keep your purchase receipt as proof of purchase for any warranty claims.

You can visit the official Armitron store for more information: [Armitron Store](#)

