

[Manuals.plus](#) /

> [Armitron](#) /

> Armitron Sport Men's Digital Chronograph Resin Strap Watch User Manual

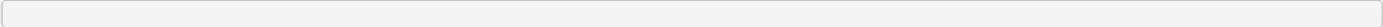
Armitron 40-8209YLW

Armitron Sport Men's Digital Chronograph Resin Strap Watch User Manual

Model: 40-8209YLW

INTRODUCTION

Welcome to the user manual for your new Armitron Sport Digital Chronograph Watch. This guide provides detailed instructions to help you set up, operate, and maintain your watch, ensuring optimal performance and longevity. Please read this manual thoroughly before using your watch.



Front view of the Armitron Sport Digital Chronograph Watch.

PRODUCT FEATURES

- Yellow resin case
- LCD display with time, seconds, day and date
- Functions include: chronograph, lap time, alarm, dual time, military time and backlight
- Yellow resin strap with buckle closure
- Water resistant to 100 feet (30M)

SETUP

Initial Setup

Your watch comes with a pre-installed battery. If the display is not active, press any button to wake it up. No specific battery activation steps are required for initial use.

Time and Date Setting

1. In normal time display mode, press the **MODE** button repeatedly until the time setting mode is displayed (usually indicated by flashing digits).
2. Use the **RESET** button to select the digit you wish to adjust (hours, minutes, seconds, year, month, day).
3. Use the **ST/STP** button to increase the selected digit. Hold to rapidly advance.
4. Once all settings are correct, press the **MODE** button to exit the setting mode and return to normal time display.

Side view of the watch, highlighting the control buttons.

OPERATING INSTRUCTIONS

Mode Navigation

Press the **MODE** button to cycle through the different functions: Time Display → Chronograph → Alarm → Dual Time.

Chronograph Function

1. From time display, press **MODE** to enter Chronograph mode. The display will show '0:00:00'.
2. Press **ST/STP** to start the stopwatch.
3. Press **ST/STP** again to pause the stopwatch.
4. Press **RESET** to reset the stopwatch to '0:00:00'.

Lap Time

While the chronograph is running, press the **RESET** button to record a lap time. The display will momentarily show the lap time while the chronograph continues to run in the background. Press **RESET** again to return to the running chronograph display.

Alarm Setting

1. From time display, press **MODE** twice to enter Alarm mode.
2. Press **RESET** to select the hour or minute digits.
3. Use **ST/STP** to adjust the selected digit.
4. Press **MODE** to confirm and exit.
5. To activate/deactivate the alarm, press **ST/STP** while in Alarm mode. An alarm icon will appear/disappear on the display.

Dual Time

1. From time display, press **MODE** three times to enter Dual Time mode.
2. Press **RESET** to select the hour or minute digits.
3. Use **ST/STP** to adjust the selected digit.
4. Press **MODE** to confirm and exit. This allows you to keep track of a second time zone.

Military Time (24-Hour Format)

In normal time display mode, press the **ST/STP** button to toggle between 12-hour (AM/PM) and 24-hour (military) time formats.

Backlight

Press the **LIGHT** button (usually located on the top right or left side of the watch) to illuminate the display for a few seconds, allowing visibility in low-light conditions.

MAINTENANCE AND CARE

Water Resistance

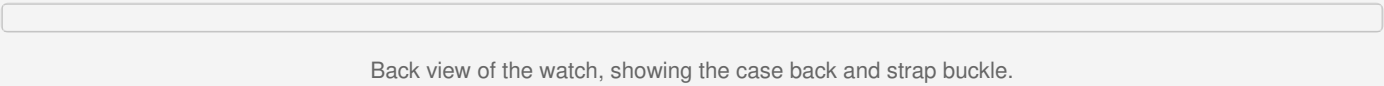
Your Armitron Sport watch is water resistant to 100 feet (30 meters). This means it is suitable for everyday use and can withstand splashes, rain, and brief immersion in water. It is **not** suitable for swimming, diving, or prolonged water activities. Do not operate buttons while the watch is wet or submerged.

Cleaning

To clean your watch, wipe it gently with a soft, damp cloth. Avoid using harsh chemicals, solvents, or abrasive cleaners, as these can damage the resin case and strap. For stubborn dirt, a mild soap solution can be used, followed by rinsing with clean water and drying thoroughly.

Battery Replacement

The watch uses a product-specific battery (included). When the display becomes dim or functions become erratic, it may be time to replace the battery. It is recommended to have the battery replaced by a qualified watch technician to ensure proper sealing and maintain water resistance.



TROUBLESHOOTING

Problem	Possible Cause	Solution
Display is blank or dim	Low battery	Replace battery.
Buttons not responding	Watch is wet; internal malfunction	Ensure watch is dry before operating buttons. If issue persists, consult support.
Time is incorrect	Time not set correctly; accidental button press	Re-set the time and date following the instructions in the 'Setup' section.
Alarm not sounding	Alarm not activated; alarm time not set	Ensure alarm is activated (alarm icon visible) and the alarm time is set correctly.

SPECIFICATIONS

Feature	Detail
Model Number	40-8209YLBW
Case Material	Resin
Strap Material	Resin
Display Type	LCD Digital
Water Resistance	100 feet (30M)
Functions	Chronograph, Lap Time, Alarm, Dual Time, Military Time, Backlight
Power Source	1 Product Specific battery (included)
Item Weight	3.35 ounces

Feature	Detail
Package Dimensions	4.17 x 3.54 x 2.87 inches

WARRANTY AND SUPPORT

Armitron watches are manufactured to high-quality standards. For specific warranty information, please refer to the warranty card included with your purchase or visit the official Armitron website. Keep your proof of purchase for any warranty claims.

For further assistance, technical support, or service inquiries, please contact Armitron customer service. Contact details can typically be found on the official Armitron website or on your product packaging.

© 2024 Armitron. All rights reserved.

ASK A QUESTION ABOUT THIS MANUAL

Ask about setup, troubleshooting, compatibility, parts, safety, or missing instructions. Manuals+ will review the question and use this page’s manual context to help answer it.

Name

Anonymous

Email

you@example.com

After a successful submission, we securely hash the supplied account or form email before sending it to Microsoft Advertising for conversion attribution. [Privacy details](#).

Question

Example: How do I reset this device or fix this error?

Details

Model number, symptoms, what you tried, or the section of the manual you are using.

Submit question